

Newsletter December 2023

YOUNG LIVING AFRICA



'Joy of Giving'

"It seemed to me that the people who were genuinely thriving in their lives were the ones who had made room for well-being, wisdom, wonder, and giving." – Arianna Huffington

Much like you, our trusted Brand Partners and Young Living Customers. **You make room for 'well-being'** by choosing to partner with the best wellness brand out there.

You make room for 'wisdom' by continuously learning and educating on the harmful toxins that exist in and around our everyday lives.

You make room for 'wonder' by finding interesting YL product uses and creating simple hacks that are easy for any newbie to apply in their daily life.

You make room for 'giving' by shopping our unique product combos and gifting them to someone who needs this solution the most.

So, this December, we want to celebrate 'The Joy of Giving' by bringing you exciting offers that encourage you to continue sharing your passion for 'clean living' with Young Living.

Be the gift of goodness for someone new this holiday – share the Young Living lifestyle.





The Art of Gifting: Elevating the Holidays with DIYs from Young Living

As the festive season embraces us with its warm glow, the quest for the perfect gift becomes a true art form. In a world inundated with material things, there's something remarkably special about the gifts we craft ourselves.

This holiday season, consider the unique magic of homemade DIYs using Young Living products – The essence of thoughtfulness – homemade gifts are not merely items; they're an embodiment of thoughtfulness and care. Crafting a present using Young Living's natural and aromatic products not only offers a tangible something but also conveys a message of well-being, emphasizing the significance of self-care and mindfulness in the gift receiver's life.



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From personalized essential oil blends to meticulously curated spa kits, these gifts can be tailored to suit individual preferences and the needs of your loved ones.

- Infuse their favorite scents
- Address their wellness concerns
- Introduce them to a new world of holistic living powered by Young Living



The process of making homemade gifts becomes an opportunity to connect, learn, and share experiences with friends and family. Engaging in DIYs using Young Living can help nurture togetherness, as you and your loved ones create memories and explore the world of natural wellness.

Eco-friendly and Sustainable Homemade DIYs often come with a smaller environmental footprint. Using natural, eco-friendly products from Young Living ensures that your gifts contribute to a sustainable lifestyle, free from harmful chemicals, and promoting a healthier environment.

Receiving Young Living DIY gifts is not just about handing over a package; it's about gifting wellness, mindfulness, and inspiring a journey towards a healthier lifestyle. These gifts offer an invitation for your loved ones to embark on their wellness journeys and empower them to embrace the goodness of nature.

This holiday season, as we exchange gifts, let's remember that the most cherished presents often come from the heart. The act of creating something with care and intention resonates far beyond unwrapping a gift. Consider embracing the joy of Young Living DIY gifts – a place where wellness meets creativity, and the holidays become an opportunity to share much love and well-being.

Use this time to craft memories that linger long after the holiday season ends – your loved ones will appreciate you more for it.



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Here's a good read on our newly launched products:

INTRODUCING THE SIMPLIFIED SUMMER RANGE!



Capture the spirit of summer with three sun-sational blends designed to whisk you away to where living is easy.
Collection includes:

- Orange Creamsicle Essential Oil Blend (10 ml)
- Seaside Essential Oil Blend (10 ml)
- Tropical Tango Essential Oil Blend (10 ml)



Simplified by Jacob + Kait is a line of essential oil blends created just for the smell of it™. Brought to you by Jacob and Kaitlyn Young in partnership with the **D. Gary Young Research Institute**, the **Summer Collection** features three limited-edition blends designed to transform your home into an oasis of scent.



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Start by taking your senses on a trip to the tropics with the scents of ripe coconuts, juicy oranges and fresh-picked florals in our **Tropical Tango essential oil** blend.

Featuring Ylang Ylang oil from our Finca Botanica Farm in Ecuador, this bright, blissful blend will have you feeling like you're living on island time.



When you want to relive the nostalgia of cool summertime sweets, count on **Orange Creamside blend**. Made with real Madagascar vanilla, this creamy, citrusy scent will bring back memories of simpler times and summer days spent outdoors with friends



Next, treat your senses to the crisp smell of **Seaside blend**. Inspired by the salty ocean air and warm summer nights, this blend is a vacation in a bottle.

We made it with Neroli oil from the blossoms of the bitter orange tree near the Mediterranean ocean.

HOW TO USE THESE BLENDS:

GENERAL USE

- Diffuse any of these summer-scented essential oil blends to turn your home into a summertime getaway.
- Dilute your favorite summer essential oil blend with a carrier oil and add it to your evening shower gel, body oil, or DIY bath bomb recipes for a burst of sunshine scent.

TROPICAL TANGO

- Add a few drops of Tropical Tango in your diffuser to fill your space with the island-inspired scents of exotic flowers, creamy coconuts, and juicy fruits.
- Put 1 drop of Tropical Tango diluted with 2–4 drops of V-6™ Vegetable Oil Complex into the palm of your hand; then cup your hands around your nose and breathe deeply to transport yourself to an island paradise.



ORANGE CREAMSICLE

- Breathe in Orange Creamsicle's uplifting aroma straight from the bottle for an aromatic pick-me-up when your day overwhelms you.
- Put a few drops of Orange Creamsicle in a USB car diffuser to cheer up your morning commute with the nostalgic scents of summer.



Charcoal Bar Soap

Charcoal Bar Soap is made with powerful skin-cleansing agents, moisturizing ingredients, and Orange Blossom essential oil blend for clean, moisturized, and fresh-smelling skin.

DIRECTIONS

- Work soap into a lather with water.
- Scrub skin with lathered bar.
- Rinse thoroughly.





NINGXIA RED 25 Day Challenge

13 November 2023 - 8 December 2023

Hey you Go-Getter!

It's time to pour a glass, set your goals and watch your wellness game take flight! One of the reasons why you should drink NingXia Red is because it supplies the body with a wide spectrum of antioxidant activity that will energize, fortify, and replenish you.

The body experiences a natural phenomenon called oxidation every day, which can produce harmful byproducts called free radicals. If left uncontrolled, these free radicals can damage cells, much like the chemical reaction that takes place when a half-eaten apple turns brown.

So, if there's one nutritious drink you need in your life, it's definitely this one! We have even created a NingXia Red Drink ER Bundle to make your life easier and help you reach those much-desired wellness goals.!

P.S. Be sure to join our NingXia Red Drink – 25 Challenge Facebook Group and get ready to be enhanced by the power of Wolfberry and Young Living essential oils!

[JOIN HERE](#)



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ON SPECIAL THIS MONTH

YOUNG LIVING
ESSENTIAL OILS

RED, SET, GO NINGXIA RED DRINK CHALLENGE

13 NOVEMBER - 07 DECEMBER 2023



YOUNG LIVING
ESSENTIAL OILS



YOUNG LIVING
ESSENTIAL OILS

34% OFF
SAVE R592



SOCIAL MEDIA



YL Fan Favourite: NingXia Red 25 Day Challenge

Young Living chose to create a Private Facebook Group to share fun and exciting facts, useful tips, and tasty recipes with Brand partners who have actually chosen to participate in the **25-day NingXia Red Drink Challenge**. The content shared, focused on all of the contents within the bundle, such as Ningxia, Sulfurzyme powder and Lime essential oil.

With generous support and feedback, motivating the change into a more energised, productive, and hydrated individual, after participating in the 25-day Ningxia Red drink challenge.

Are you "Red-Y" to try it for yourself?



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That is it for November – stay tuned to our socials in December and get ready to see exciting monthly promotions, more continuation of our Product Education and events

Keep oiling up; sharing your favorite things about our fabulous Young Living products and tagging us on your fun and creative posts!

This month's hashtags:

*#TheJoyOfGiving #JoyOfGiving #25DayNingXiaChallenge
#YoungLivingAfrica*

TRADING HOURS



Africa Support

Monday - Thursday: 8:30am - 16:30pm
Friday: 8:30am - 16:00pm
Closed on: 25- 31 December 2023

Experience Centre and Will Call

Monday - Thursday: 9am - 4:30pm
Friday: 9am - 4:00pm
Saturday: 9am- 12:00pm
Closed on: 14, 15, 25 & 26 December 2023



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EVENTS



Check out all the Cape Town
GoodAndWellYL Expo action!



Check out all the Johannesburg
GoodAndWellYL Expo action!

YOUNG LIVING[®]
ESSENTIAL OILS

