

# Vanilla

## Essential Oil

Product size: 5ml Item No. 34931



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### DIRECTIONS

#### Topical

Dilute 1 drop with 1 drop V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

#### Aromatic

Diffuse up to 30 minutes 3 times daily.

### INGREDIENTS

Vanilla planifolia (Vanilla) fruit extract, Caprylic/capric triglyceride (Fractionated coconut oil) †Premium essential oil

Vanilla is produced from *Vanilla planifolia*, an orchid that grows long bean pods. The process of obtaining Vanilla is extensive, as it can take up to four years for the vine to mature. The vine produces orchid blossoms that bloom for only 24 hours and must be pollinated by hand within 8–12 hours for the bean pod to grow. The entire process—growing, pollinating, drying, curing, and preparing for export—takes about one year.

Young Living's Vanilla is not strictly an extract or an absolute, both of which contain mostly alcohol and do not blend well with essential oils. Noticing these flaws in mainstream vanilla extracts and absolutes, the D. Gary Young Research Institute worked to find a vanilla product that would meet our Seed to Seal® quality commitment and blend well with our essential oils. The result is a first-of-its-kind extraction method that yields a Vanilla oleoresin in fractionated coconut oil that diffuses and blends beautifully with essential oils.

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