

## INDICATIONS

Sulfurzyme combines MSM, an organic form of dietary sulfur, with pure wolfberry powder for a supplement that supports recovery time and acute inflammation associated with exercise and overall joint health.

## CONTRAINDICATIONS

There are no known contraindications.

## WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosage(s) unless on the advice of a healthcare practitioner. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

## INTERACTIONS

There are known interactions with blood thinning and blood pressure medication. Consult your healthcare provider before taking this medicine.

## HUMAN REPRODUCTION

Safety during pregnancy and lactation has not been established.

## DOSAGE AND DIRECTIONS FOR USE

Take 2 capsules 2 times daily or as needed. Take 1 hour before or after meals.

## SIDE EFFECTS

If you have fever, vomiting, bloody diarrhea or severe abdominal pain, consult a health care practitioner prior to use. If symptoms of digestive upset (e.g. diarrhea) occur, worsen, or persist beyond 3 days, discontinue use and consult a health care practitioner.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

## IDENTIFICATION

Clear, size 00 capsule shell containing a light to dark orange powder.

## PRESENTATION

White plastic bottle with a screw top lid. Branded label.

## STORAGE INSTRUCTIONS

Keep refrigerated after opening.  
Protect from heat, light and moisture.

## KEEP OUT OF THE REACH OF CHILDREN

### REGISTRATION NUMBER

TBA

### DATE OF REGISTRATION

TBA

## NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Young Living South Africa (Pty) Ltd  
Clearwater Office Park, Building 6, Millennium Boulevard  
Strubensvalley, Roodepoort, Johannesburg, 1735

## DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

September 2020

## PATIENT INFORMATION LEAFLET

### SCHEDULING STATUS

Unscheduled

### PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

Sulfurzyme capsules

### READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- Sulfurzyme is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Sulfurzyme capsules carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share Sulfurzyme capsules with any other person.
- Ask your pharmacist or health care practitioner if you need more information or advice.

### WHAT SULFURZYME CAPSULES CONTAINS:

Sulfurzyme Blend

1039mg

Consisting of:

MSM (Methylsulfonylmethane)  
Ninxia wolfberry (Lycium barbarum)

The other ingredients are:

Hypromellose,  
Rice flour,  
Magnesium stearate,  
Silica.

### WHAT SULFURZYME CAPSULES IS USED FOR

Category D: Complementary medicine

Sulfurzyme combines MSM, an organic form of dietary sulfur, with pure wolfberry powder for a supplement that supports recovery time and acute inflammation associated with exercise and overall joint health.

### BEFORE YOU TAKE SULFURZYME CAPSULES

Do not take Sulfurzyme if you are hypersensitive (allergic) to any of the ingredients. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

### PREGNANCY AND BREASTFEEDING

If you are pregnant or lactating (breastfeeding), consult a health care professional prior to use.

### TAKING OTHER MEDICINES WITH SULFURZYME CAPSULES

Always tell your healthcare provider if you are taking any other medicine.

## HOW TO TAKE SULFURZYME CAPSULES

Do not share medicines prescribed for you with any other person. Always take Sulfurzyme capsules exactly as your doctor or healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure. Keep out of the reach of children.

The usual dosage is:

Take 2 capsules 2 times daily or as needed. Take 1 hour before or after meals.

## IF YOU TAKE MORE SULFURZYME CAPSULES THAN YOU SHOULD

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

## POSSIBLE SIDE EFFECTS

Sulfurzyme capsules may have side effects. Not all side effects reported for Sulfurzyme capsules are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist or healthcare professional.

## STORAGE AND DISPOSING OF SULFURZYME CAPSULES

Store all medicines out of the reach of children.

Store in the original package / container.

Keep the container tightly closed.

Protect from light, heat and moisture.

Do not store in the bathroom.

Do not use after the expiry date stated on the bottle.

Do not use Sulfurzyme capsules if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

## PRESENTATION OF SULFURZYME CAPSULES

White plastic bottle with a screw top lid. Branded label.

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# SULFURZYME

## PROFESSIONAL INFORMATION

### SCHEDULING STATUS

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### PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

Sulfurzyme capsules

### COMPOSITION:

Sulfurzyme Blend

1032mg

INGREDIENTS	WT. PER CAPSULE (MG)
Methylsulfonylmethane (MSM)	800.00
Wolfberry (Lycium barbarum) fruit powder	100.00

Inactive ingredients:

INGREDIENTS	WT. PER CAPSULE (MG)
Rice flour	10.00
Magnesium stearate NF veg source	10.00
Silicon dioxide fumed kosher	1.00
Hypromellose Veggie cap	118.00

## PHARMACOLOGICAL CLASSIFICATION

Category D: Complementary medicine

## PHARMACOLOGICAL ACTION

Methylsulfonylmethane (MSM) has become a popular dietary supplement used for a variety of purposes, including its most common use as an anti-inflammatory agent. A variety of health-specific outcome measures are improved with MSM supplementation, including inflammation, joint/muscle pain, oxidative stress, and antioxidant capacity. Due to its enhanced ability to penetrate membranes and permeate throughout the body, the full mechanistic function of MSM may involve a collection of cell types. Results from in vitro and in vivo studies suggest that MSM operates at the crosstalk of inflammation and oxidative stress at the transcriptional and subcellular level. Wolfberry contains betaine, which is a known liver protectant. Wolfberry is an excellent source of ascorbic acid or vitamin C. Neutral volatile compounds identified include steroids, glycolipids (including the cerebrosides), glycosides, glucopyranosides, and alkaloids (spermine alkaloid, polyhydroxylated alkaloids). Flavonoids, phenolic amides, cyclic peptides, and sesquiterpenes have also been described. Additionally, rutin, chlorogenic acid, and lyciumosides have been identified in the leaf and phenolic amides identified in the root bark.