

PATIENT INFORMATION LEAFLET
SCHEDULING STATUS: Unscheduled
 Category D, Complementary Medicines: Health Supplements.
 Discipline: 34.13 Other
PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM
SULFURZYME™, 300 capsules

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU
 • **SULFURZYME™** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **SULFURZYME™** carefully to get the best results from it.
 • Keep this leaflet. You may need to read it again. • Do not share **SULFURZYME™** with any other person. • Ask your pharmacist or healthcare practitioner if you need more information or advice.

WHAT IS IN THIS LEAFLET
 • What **SULFURZYME™** is and what it is used for • What you need to know before you take **SULFURZYME™** • How to take **SULFURZYME™** • Possible side effects. • How to store **SULFURZYME™** • Contents of the pack and other information.

WHAT SULFURZYME™ CONTAINS
 Each capsule of **SULFURZYME™** contains:
SULFURZYME™ blend 1800 mg
 Actives 800 mg
 Methylsulfonylmethane (MSM) 800 mg
 Wolfberry (Lycium barbarum) fruit powder 100 mg
 Inactives 118 mg
 Hypromellose Veggie cap 10 mg
 Rice flour 10 mg
 Magnesium stearate NF veg source 10 mg
 Silicon dioxide fumed kosher 1 mg

WHAT SULFURZYME™ IS USED FOR
Sulfurzyme™ combines MSM, an organic form of dietary sulfur, with pure wolfberry powder for a supplement that supports recovery time and acute inflammation associated with exercise and overall joint health.

BEFORE YOU TAKE SULFURZYME™
 Do not take **SULFURZYME™** if you are hypersensitive (allergic) to any of the ingredients. This medicine has not been evaluated by SAHPRA for quality, safety, or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PREGNANCY AND BREASTFEEDING
 Safety during pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please do not take this medicine.

DRIVING AND USING MACHINES
 It is not always possible to predict to what extent **SULFURZYME™** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgment and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to

which **SULFURZYME™** affects you.
TAKING OTHER MEDICINES WITH SULFURZYME™
 Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE SULFURZYME™
 Do not share medicines prescribed for you with any other person. Always take **SULFURZYME™** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.
 Directions for use: **Adults** Take 2 capsules up to 2 times daily or as needed, or as recommended by your healthcare professional.
Take 1 hour before or after meals. Do not take at bedtime.
NOT SUITABLE FOR CHILDREN

IF YOU TAKE MORE SULFURZYME™ THAN YOU SHOULD
 In the event of overdose, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE SULFURZYME™
 Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS
SULFURZYME™ may have side effects:
 If you have fever, vomiting, bloody diarrhoea or severe abdominal pain, consult a health care practitioner prior to use. If symptoms of digestive upset (e.g. diarrhoea) occur, worsen, or persist beyond 3 days, discontinue use and consult a health care practitioner.
SULFURZYME™ might lower blood sugar levels. Taking **SULFURZYME™** along with diabetes medications might cause blood sugar to drop too low. Monitor your blood sugar closely. Should you be taking any medication or having any medical conditions relating to high blood pressure, diabetes, anticoagulants or liver medication, please inform your healthcare professional prior to using this supplement as there may be interactions with medication.
 Not all side effects reported for **SULFURZYME™** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

REPORTING OF SIDE EFFECTS
 If you get side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "Adverse Drug Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/index/8>. By reporting side effects, you can help provide more information on the safety of **SULFURZYME™**.

STORAGE AND DISPOSING OF SULFURZYME™
 Keep refrigerated after opening. Store all medicines out of the reach of children. Protect from direct sunlight and heat. Store in the original packaging. Keep the bottle tightly closed. Replace the protective cap after each use. Do not use after the expiry date stated on the bottle/packaging. Do not use **SULFURZYME™** if you notice visible signs of deterioration. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF SULFURZYME™
 White plastic bottle with a screw top lid. Branded label.

IDENTIFICATION OF SULFURZYME™
 Clear, size 00 capsule shell containing a light to dark orange powder.

PASÏENTINLICHTINGSBLAADJIE
SKEDULERINGSSTATUS: Ongeskeduleer. Kategorie D: Komplementêre Medisyne.
 Dissipline: 34.13 Ander
HANDELSNAAM, STERKTE, EN FARMASEUTIESE FORMAAT
SULFURZYME™, 300 Kapsule

LEES DIE HELE INLICHTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAAT BELANGRIKE INLICHTING VIR JOU
 • **SULFURZYME™** is sonder 'n doktervoorskrif beskikbaar en is 'n aanvullende (komplementêre) medisyne. Jy moet **SULFURZYME™** egties nog steeds versigtig gebruik om die beste resultate te verkry. • Hou hierdie voulietjie, dit mag dikwils nodig wees dat jy dit weer lees. • Moenie **SULFURZYME™** met enige ander persoon deel nie. • Raadpleeg jou apteker of gesondheidsorgpraktisyn indien jy meer inligting of advies benodig.

WAT IS IN HIERDIE VOUOLIET
 • Wat **SULFURZYME™** is en waarvoor dit gebruik word. • Wat jy moet weet voordat jy **SULFURZYME™** neem. • Hoe om **SULFURZYME™** te neem. • Moontlike nuwe effekte. • Hoe om **SULFURZYME™** op te slaan. • Inhoud van die pakket en ander inligting.

WAT SULFURZYME™ BEVAAT
 Elke kapsule **SULFURZYME™** bevat:
SULFURZYME™ mengsel 1800 mg
 Aktiewes 800 mg
 Methylsulfonylmethane (MSM) 800 mg
 Wolfberry (Lycium barbarum) vrugte poeier 100 mg
 Onaktiewes 118 mg
 Hypromellose Veggie kapsule 10 mg
 Rysemel 10 mg
 Magnesium stearate NF groente bron 10 mg
 Silikondioksied fumed (kosher) 1 mg

WAARVOOR SULFURZYME™ GEBRUIK WORD
Sulfurzyme™ kombineer MSM, 'n organiese vorm van dieet swael, met suiver wolfbesie poeier vir 'n aanvulling wat herstel tyd en akute inflammasie wat verband hou met oefening en algehele gesondheid ondersteun.

VOORDAT SULFURZYME™ GEBRUIK WORD
 Moenie **SULFURZYME™** gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie. Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

SWANGERSKAP EN BORSVOEDING
 Veiligheid tydens swangerskap en borsvoeding is nog nie vasgestel nie. As u swanger is of borsvoed, dink dat u swanger kan wees of van plan is om 'n babba te hê, moet asseblief nie hierdie medisyne neem nie.

BESTUUR EN GEBRUIK MASJENE
 Dit is nie altyd moontlik om te voorspel in watter mate **SULFURZYME™** die daaglikse aktiwiteite van 'n pasiënt kan inmeng nie. Pasiënte moet eeter maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met gestelike waaksaamheid, oordeel en/of gesonde koördinasie en visie nie, byvoorbeeld bestuur, ry, vlieg, seil, masjien / toerusting bedryf, totdat hulle bewus is van die maatskappij se **SULFURZYME™** jou raak.

AS JY ANDER MEDISYNE SAAM MET SULFURZYME™ NEEM
 Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM SULFURZYME™ TE GEBRUIK
 Moenie jou medisyne met enige iemand anders deel nie. Neem **SULFURZYME™** altyd presies soos aangebeel in die voulietjie of soos voorgeskryf deur jou dokter of gesondheidsorg werker. Bevestig met jou dokter, apteker of gesondheidsorgpraktisyn indien jy onseker is. Aanwysings vir gebruik: **Volwassenes** Neem 2 kapsules tot 2 keer per dag of soos nodig, of soos aangebeel deur jou gesondheidsorgwerker.
Neem 1 uur voor of na etes. Moenie naby slaaptyd neem nie.
NIE GESKIK VIR KINDERS NIE

INDIEN JY MEER SULFURZYME™ GEBRUIK HET AS WAT JY MOES
 Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter, of apteker. Indien geneene beskikbaar is, kontak die naaste hospitaal of gifbeheersentrum.

INDIEN JY VERGEET HET OM SULFURZYME™ TE NEEM
 Moenie 'n dubbele dosis neem om te vergoed vir die dosis wat oorgeslaan is nie.

MOONTLIKE NUWE EFFEKTE
SULFURZYME™ kan nuwe effekte veroorsaak.
 As jy koors, braking, bloedige diaree of ernstige buikpyn het, raadpleeg 'n gesondheidsorgpraktisyn voor gebruik. As simptome van spyovertrengingsstelsel ontstel (bv diaree) voorkom, verhoog of voortduur langer as 3 dae, staak gebruik en raadpleeg 'n gesondheidsorgpraktisyn.

SULFURZYME™ kan bloedsuikervallende verlaag. Die neem van **SULFURZYME™** saam met diabetes medikasie kan veroorsaak dat bloedsuiker te laag daal. Monitor jou bloedsuikervallende noukeurig. Indien u medikasie neem of enige mediese toestande het wat verband hou met hoë bloeddruk, diabetes, antistommiddels of lewermedikasie, moet u u gesondheidsorgwerker in kennis stel voordat u hierdie aanvulling gebruik, aangesien daar interaksies met medikasie kan wees. Nie alle nuwe-effekte wat vir **SULFURZYME™** geassosieer is word in hierdie pamflet ingesluit nie. Raadpleeg u dokter, apteker of ander gesondheidsorgwerker vir advies indien u algemene gesondheid versleg of as u enige ongewenste effekte ervaar. As u enige nuwe-effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy jou dokter, apteker of gesondheidsorgwerker daarvan in kennis stel.

BERING EN WEGDOEN VAN SULFURZYME™
 Hou verhoel na oopmaak. Bewaar alle medikasie buite bereik en sig van kinders. Beskerm die produk teen sonlig en direkte hitte. Bewaar in die oorspronklike houër.
 Hou die houër dig toe. Moenie na die vervaldatum wat op die houër aangedui is gebruik nie. Moenie **SULFURZYME™** gebruik indien jy enige sigbare tekens van produk verandering opmerk nie. Moenie van ongebruikte medisyne ontstasie raak in dreine of rioolstelsel nie (bv. toilette).

AANBIEDING VAN SULFURZYME™
 Wit plastiek bottel met 'n skroef top deksel. Handeleietjie.

IDENTIFIKASIE VAN SULFURZYME™
 Duidelike, grootte 00 kapsule - dop wat 'n ligte tot donker oranje poeier bevat.

REGISTRASIONOMMER/REGISTRATION NUMBER:
 Om aangekondig te word./To be announced

NAAM EN BESIGHEIDSDRES VAN DIE REGISTRASIESERTIFIKAATHOUER
 Young Living South Africa (Edms) Bpk
 Clearwater Office Park, Building 6
 Millennium Boulevard, Strubensvalley
 Rooopoot, Johannesburg 1735
www.youngliving.com/en_ZA

NAME AND ADDRESS OF REGISTRATION HOLDER
 Young Living South Africa (Pty) Ltd
 Clearwater Office Park, Building 6
 Millennium Boulevard
 Strubensvalley
 Rooopoot, Johannesburg 1735
www.youngliving.com/en_ZA

TOEGANG TOT OOREENSTEMMENDE PROFESSIONELE INLICHTING/ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION
 sien inligting op bogenoemde webwerf./See information on the website above.

HIERDIE VOUOLIET WAS LAAS HERSEEN OP/THIS LEAFLET WAS LAST REVISED ON
 08 Februarie 2023/08 February 2023

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| Colors: <input checked="" type="checkbox"/> K <input type="checkbox"/> WHITE |
| Market: ZA Version: 2 Dieline Size: N/A |
| Product Name: Sulfurzyme Insert |
| YL Component #: 8324338INS Finished Good #: 324338 |
| Proof #: n/a |
| Sent to Print: n/a Initials: aj |
| Disposition: New to market |
| Label Notes: n/a |