

A cluster of dried, reddish-brown berries, likely goji berries, is scattered in the top right corner of the page against a dark red background.

NingXia Red® 14-day Reset

A Simple Guide for Sharing Your Results

We love seeing the results you're experiencing with the NingXia Red® 14-Day Reset! As you post your stories on social media, here are some tips to rev up engagement and confidently share the benefits you've seen.

Before and after photos

When sharing photos, here are a few considerations:

- Try to use the same lighting, clothing, background, pose, and facial expression for both shots for continuity.
- Avoid filters; make sure the clarity and resolution are the same.
- Include time stamps and dates.
- Make sure the images are positive, clean, and aspirational and align with Young Living's mission.
- Obtain permission before using copyrighted photos.

Your story

Be factual, honest, and inclusive of all factors as you share your story. Make sure to share several of the things you've done on your wellness journey, such as eating balanced meals, exercising consistently, etc.

Avoid:

- Words like "miracle" or "never seen before"
- Statements like "lose weight without diet or exercise," "lose weight and eat whatever you want," and "lose weight permanently and never diet again"

Include:

- How the NingXia Red® beverage has impacted your wellness journey based on the features and benefits it provides

Features and benefits

The NingXia Red® drink is clinically shown to:

- Significantly increase physical energy levels while reducing physical limitations*
- Improve sleep patterns, increasing time asleep*
- Reduce daily stress significantly to improve mental well-being*

Additional benefits

- Provides energy support without caffeine*
- Supports whole-body health and wellness*
- Helps prevent oxidative stress*
- Provides a nutrient infusion for whole-body support*
- Contains a synergistic blend of Orange, Tangerine, Lemon, and Yuzu premium essential oils
- Contains powerful ingredients that are involved in many antioxidant processes*
- Supports normal eye health*
- Supports healthy digestion*

*The information in this presentation is not intended to diagnose, treat, cure or prevent any disease. This information is for the South African and Namibian markets only.