

# HEALTHY, HAPPY HOME:

*Thieves Household Cleaner,  
Stress Away Essential Oil Blend*

## *Breathe Fresh Life into Your Home*

A relaxed, toxin-free environment is the foundation for a healthy life. Whether you're just getting started on the journey toward wellness or you've been on your personal path for a while, detoxifying your home should be a first and ongoing step. Here, you'll spend at least one third of your lifetime sleeping and a large portion of the rest of your day eating meals, relaxing, and interacting with family and friends.

Improving your home environment can begin with two simple changes in your household routine: using Thieves® Household Cleaner and Stress Away™ essential oil blend.



*Get a Toxin-Free Clean with*

## **THIEVES** *Household Cleaner*

The first step to household wellness can be swapping out your regular cleaning products with Thieves Household Cleaner, which is free of the potentially harmful chemicals and harsh ingredients in common cleaning products. Thieves Household Cleaner can replace most other types of cleaning products you use in your home. Now more powerful than ever, it banishes dirt, dust, grime, and grease and leaves behind a pleasant, spicy aroma.



### *Why Use Thieves Household Cleaner?*

- Safe ingredients from renewable plant and mineral sources
- Vegetable-based surfactants
- Now with increased cleansing power
- Every fragrant drop is infused with pure essential oils
- 100% recyclable packaging



*Happy Homes Start with*

## **STRESS AWAY** *Essential Oil Blend*

Have you ever wondered what your home smells like to visitors? One of the first things people notice when they walk into a room is its smell. Almost everything in your home affects its odor—from those fresh flowers you picked up on the way home to the old shoes in the closet.

You can set the stage for a healthy, harmonious, and sweet-smelling home with Stress Away essential oil blend. This relaxing blend contains the pure essential oils of Lime, Cedarwood, Vanilla, Lavender, Copaiba, and Ocotea. Not only will it banish unpleasant odors, it will also provide the soothing benefits of aromatherapy to the whole household.

### *How to Enjoy Stress Away Essential Oil Blend*

- Diffuse in your home for 30–60 minutes per day to purify the air and neutralize odors.
- Using the roll-on, apply to your wrists and pulse points.
- Rub between your palms and brush over pillows. (Test a corner of the fabric first.)
- Add 10–15 drops to bowls of decorative wicker balls just before company arrives.