




YOUNG LIVING[®]
ESSENTIAL OILS

90-DAY CALENDAR

INCOME-PRODUCING ACTIVITIES



“As the clouds move in our lives, they obscure the vision
of the greatness and beauty that is there before us.”

—YOUNG LIVING FOUNDER D. GARY YOUNG

D. Gary Young

Lavender from the Young Living Lavender
Farm and Distillery in Mona, Utah

week one

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:00am		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

- ☐
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- ☐
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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week one
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

NOTES

Share list

[illegible]

Reflections and learnings

What worked well this week?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

[illegible]

Questions for my team leader:

[illegible]

week two

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week two
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

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Questions for my team leader:

[illegible]

week three

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

- ☐
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- ☐
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- ☐
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- ☐
-

Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week three
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

[illegible]

Questions for my team leader:

[illegible]

week four

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class
- Following up
 - Getting a new customer or brand partner started

week four
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

[illegible]

My favorite essential oil experience from the past week:

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Questions for my team leader:

week five

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week five
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

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Questions for my team leader:

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week six

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
-
- ☐
-

Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class

- Following up
 - Getting a new customer or brand partner started

week six
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
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Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

My favorite essential oil experience from the past week:

Questions for my team leader:

week seven

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
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3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week seven
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____ Leg 2: _____ Leg 3: _____ Leg 4: _____ Leg 5: _____ Leg 6: _____		Leg 1: _____ Leg 2: _____ Leg 3: _____ Leg 4: _____ Leg 5: _____ Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

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Questions for my team leader:

[illegible]

week eight

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class

- Following up
 - Getting a new customer or brand partner started

week eight
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

Learnings from my Young Living journey:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

My favorite essential oil experience from the past week:

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Questions for my team leader:

week nine

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
-
- ☐
-

Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class
- Following up
 - Getting a new customer or brand partner started

week nine
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

[illegible]

Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly textured appearance and is set against a dark background.

Questions for my team leader:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

week ten

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
-
- ☐
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Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class
- Following up
 - Getting a new customer or brand partner started

week ten
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

[illegible]

Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Questions for my team leader:

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

week eleven

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
-
- ☐
-

Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list
 - Creating value-adding posts on social media
 - Sharing with two new people each day
 - Attending an event or holding a class
- Following up
 - Getting a new customer or brand partner started

week eleven
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

NOTES

Share list

[illegible]

Reflections and learnings

What worked well this week?

Learnings from my Young Living journey:

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My favorite essential oil experience from the past week:

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Questions for my team leader:

week twelve

Month/Day		Month/Day		Month/Day	
MONDAY		TUESDAY		WEDNESDAY	
Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
9:		9:		9:	
10:		10:		10:	
11:		11:		11:	
12:		12:		12:	
1:		1:		1:	
2:		2:		2:	
3:		3:		3:	
4:		4:		4:	
5:		5:		5:	
6:		6:		6:	
7:		7:		7:	
8:		8:		8:	
Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness	

To do (personal)

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- ☐
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- ☐
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- ☐
-

Month/Day		Month/Day		Month/Day		Month/Day	
THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Daily gratitude		Daily gratitude		Daily gratitude		Daily gratitude	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
9:		9:		9:		9:	
10:		10:		10:		10:	
11:		11:		11:		11:	
12:		12:		12:		12:	
1:		1:		1:		1:	
2:		2:		2:		2:	
3:		3:		3:		3:	
4:		4:		4:		4:	
5:		5:		5:		5:	
6:		6:		6:		6:	
7:		7:		7:		7:	
8:		8:		8:		8:	
Share with		Share with		Share with		Share with	
Follow up with		Follow up with		Follow up with		Follow up with	
Acts of kindness		Acts of kindness		Acts of kindness		Acts of kindness	

Income-producing activities

- Adding new names to your first 40+ list

• Creating value-adding posts on social media

• Sharing with two new people each day

• Attending an event or holding a class
- Following up

• Getting a new customer or brand partner started

week twelve
in review

Month/Day		Month/Day	
WEEKLY REVIEW		WEEKLY PREVIEW	
PV		PV	
OGV		OGV	
# on Subscribe to Save		# on Subscribe to Save	
Personally enrolled		Personally enrolled	
OGV		OGV	
Leg 1: _____		Leg 1: _____	
Leg 2: _____		Leg 2: _____	
Leg 3: _____		Leg 3: _____	
Leg 4: _____		Leg 4: _____	
Leg 5: _____		Leg 5: _____	
Leg 6: _____		Leg 6: _____	
Income		Income	
Rank		Rank	

[illegible]

Share list

[illegible]

Reflections and learnings

What worked well this week?

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Learnings from my Young Living journey:

My favorite essential oil experience from the past week:

[illegible]

Questions for my team leader:

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“We’ve got to
build for
tomorrow,
not just
for today.”

— D. Gary Young —

