

PRODUCT SUMMARY

Vetiver essential oil's aroma is earthy, eclectic, and exotic. It originates from a perennial grass native to the tropical regions in Asia. Because Vetiver is steam distilled from the plant's root, the oil has a woody scent. It was used in ancient times, and the oil's popularity still exists as an ingredient in colognes and fragrances—especially for men—as well as in soaps and moisturizers.

Vetiver is great to diffuse in work and study areas because its diverse aroma helps create an uplifting environment. Due to its viscosity, we recommend diluting Vetiver with a carrier oil.

KEY INGREDIENTS

Vetiver essential oil

EXPERIENCE

Diffusing Vetiver's earthy, exotic aroma can help promote a nostalgic, focused environment. You can also add it to your skin care cream to support the appearance of an even skin tone.

PRODUCT BACKGROUND

Vetiver is a perennial bunchgrass from the Poaceae family and is native to India. The plant's roots can grow 7–10 feet long, and their deep, tangled webs help make the plant tolerant against drought and protect against soil erosion. The essential oil is extracted from the plant's root through steam distillation. Centuries ago, vetiver was a taxable commodity in India because of its unique value and benefits.



Topical



Aromatic

BENEFITS & FEATURES

- Has an earthy, balancing aroma
- Aromatic features promote a focused environment and a calm, relaxing atmosphere
- Eases occasional restlessness as part of a bedtime routine
- May help appearance of even skin tone
- Includes the naturally occurring constituents isovalencenol, khusimol, and beta-vetivone
- Included in ART[®] Creme Masque, Inspiration[™], Lady Sclareol[™], and SleepEssence[™]

SUGGESTED USE

- Dilute Vetiver's earthy aroma with V-6[™] Vegetable Oil Complex and diffuse it around the house or in your office to promote a focused environment.
- Add 5–10 drops of Vetiver to your hot bath for a relaxing, calming aroma to ease occasional restlessness as part of your bedtime routine.
- Add a few drops of Vetiver to V-6 and massage it on skin for a dual benefit: a calming aroma and the appearance of an even skin tone.
- Combine V-6, 3 drops of Lavender, and 2 drops of Vetiver for a calming diffuser blend that's perfect for a relaxing evening after a long day of work.

VETIVER



DIRECTIONS

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

INGREDIENTS

Vetiveria zizanoides[†] (Vetiver) root oil
†100% pure, therapeutic-grade essential oil

FREQUENTLY ASKED QUESTIONS

Q. Can Vetiver essential oil be ingested?

A. Vetiver is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

Q. Does Vetiver essential oil need to be diluted for topical application?

A. No, Vetiver does not require dilution; however, due to its high viscosity, we suggest diluting it with V-6 oil when adding it to your diffuser.

Q. Is there a UV warning associated with Vetiver essential oil?

A. No, Vetiver will not cause photosensitivity.

COMPLEMENTARY PRODUCTS

Clary Sage Essential Oil
Item No. 3521



Ylang Ylang Essential Oil
Item No. 3659



Lavender Essential Oil
Item No. 3575



Desert Mist™
Ultrasonic Diffuser
Item No. 21558

