

Find some *fall-favorite ideas* with October's gift with purchase

From skin care to cozy diffuser blends, there are tons of fun ideas for using the unique products in this month's gift with purchase! Check out some of our favorite uses below.



Ready for fall?

Nutmeg essential oil has a warm, spicy aroma that is fresh and sharp. "Fall" in love with this delicious Pumpkin Spice diffuser blend highlighting **Nutmeg**.

Pumpkin Spice diffuser blend

- 4 drops Cinnamon Bark
- 1 drop Clove
- 1 drop Nutmeg

Are you ready for Halloween?

Try this Jack-o'-Lantern diffuser blend that won't disappoint, highlighting **Clove**. Clove has a warm aroma that is fall-tastically spicy and will instantly transport you to memories of pumpkin pie.

Jack-o'-Lantern diffuser blend

- 2 drops Clove
- 2 drops Cinnamon Bark
- 2 drops Ginger

Is the cold weather drying your skin?

Try the Heavenly Cinnamon mask, highlighting our amazing **Cinnamon Bark essential oil**. Cinnamon Bark has a warm, spicy aroma and creates a warming sensation when applied topically. Use the mask 2–3 times a week for best results.

Heavenly Cinnamon mask

Ingredients

- 1 tablespoon honey
- 1 tablespoon lemon juice
- 1 tablespoon ground nutmeg
- 1 tablespoon powdered cinnamon
- 2 drops Nutmeg
- 2 drops Cinnamon Bark

Directions

1. Combine all ingredients in a medium-sized bowl to form a thick paste.
2. The paste should have a consistency that sticks to your skin. Add lemon juice or other ingredients as necessary to reach your desired thickness.
3. Apply the paste to your entire face or to affected areas.
4. After 20 minutes, rinse off the mask and pat dry.

Ready for something new?

Make this October magical with your own scent-sational perfume inspired by **Patchouli essential oil**. Try this Patchouli-infused mix for a musky, complex aroma that will make you feel put together in any outfit.

Supplies:

- 3 drops Patchouli
- 5 drops Lavender
- 2 drops Ylang Ylang
- 10 ml perfume or roll-on bottle
- Grape seed oil or almond oil

Directions:

1. Add the drops of essential oil to your bottle and swirl to combine.
2. Fill the bottle with the carrier oil and swirl again.
3. Apply to desired areas.

The best way to warm up?

Spiced Turmeric Herbal Tea in a **Young Living Foundation mug**, of course! Spiced Turmeric Herbal Tea combines spices like ginger, turmeric, and chai masala with organic rooibos for a warm, inviting drink.

- Boil 8 ounces of water in your favorite teapot. Place tea bag in YLF mug. Pour near-boiling water over tea bag. Steep, covered, for 5 minutes. Remove tea bag.
- Mix with your favorite milk for your own version of golden milk.
- Enjoy as a soothing part of your evening routine.

Are you prepared for winter?

With chilly days and unpredictable weather on the way, it's important to do everything you can to make sure that everyone in your house makes healthy choices to maintain their health. Earn this bottle of **ImmuPro™ chewable tablets**.

- ImmuPro is a power-packed formula that combines naturally derived, immune-supporting Ningxia wolfberry polysaccharides with a unique blend of reishi, maitake, and agaricus blazei mushroom powders. Take 1–2 chewable tablets daily as needed at bedtime.