



May Flowers DIY BODY SPRAY

FIVE INGREDIENTS, THREE MINUTES, VOILA!

Wondering how to best use that bottle of Geranium Bourbon you received?

It hails from an island off the coast of Madagascar and offers a distinctly floral aroma with delicate rosy undertones. Try it in this easy DIY body spray recipe for a whiff of springtime freshness. All it takes is five ingredients and three minutes; then spray and go!

INGREDIENTS:

- 8-ounce glass spray bottle
- 1 tablespoon vegetable glycerin
- 1 tablespoon witch hazel
- 6 ounces distilled water
- 15 drops Geranium Bourbon essential oil
- 7 drops Lavender essential oil
- 5 drops Bergamot essential oil

DIRECTIONS:

1. Add vegetable glycerin, witch hazel, and water into the glass bottle.
2. Add drops of essential oils.
(YL tip: Start with about 30 drops of essential oil. For stronger scents, add more.)
3. Shake well before each use, being careful to spritz only onto skin, as the spray may stain fabrics.