



YOUNG LIVING
ESSENTIAL OILS

Power your day FROM SUNRISE TO SUNSET

From sunup to sundown, from head to toe, in every corner of your home, you'll find a use for the three all-star oils in the Seed to Seal® Story Collection!

PEPPERMINT

Each morning, reach for your Peppermint first thing.

Enjoy a focused and clarifying aroma. Adding a few drops of Peppermint to your shower will have you crossing off your to-dos in no time.

TEA TREE

Freshen your skin, hair, and home with this go-to refreshing scent.

SKIN

Bask in Tea Tree's benefits:

- Add 1–3 drops to your favorite moisturizer.
- Indulge in a luxurious and relaxing bath by adding Tea Tree to the bathwater.
- Bash the appearance of blemishes by adding Tea Tree to your skin care routine.

HAIR

Try this hair mask recipe:

- 4 drops Tea Tree
- 2 tablespoons coconut oil
- ½ cup vinegar

Combine ingredients and gently comb through hair; let sit for up to an hour, then wash and style as usual.

HOME

Give this all-purpose degreaser a whirl:

- 6 drops Tea Tree
- 4 drops Lemon
- ½ cup vinegar
- 3 tablespoons baking soda

Add ingredients to a glass bottle and shake well.

LAVENDER

Bedtime? Lavender helps you drift off to dreamland.

Try this diffuser blend while you unwind:

3 LAVENDER

3 CEDARWOOD