

Sample Packets

Essential Oils

Having your favorite essential oils on hand is easier than ever with our .25-ml sample packets. Carry Lavender, Lemon, Peppermint, Thieves®, and Peace & Calming® in your purse or wallet and enjoy the convenience of these light-weight, easy-to-use packets. These samples are also great for introducing others to essential oils, and our travel-size 10-packs make it easy to share wherever you go!

USAGE TIPS

Peppermint: Diffuse peppermint essential oil or rub a drop of oil under the nose to help improve alertness.

Lavender: Diffuse or inhale lavender essential oil to calm your mind, body, and spirit.

Thieves: Put a few drops of Thieves essential oil blend in a capsule and swallow with water to support your immune system.*



*Due to possible skin sensitivity, test one or two drops on a small area of skin before general topical use.

YOUNG LIVING™
ESSENTIAL OILS