

# SACRED FRANKINCENSE<sup>™</sup>

### PRODUCT SUMMARY

Treat yourself to essential oil-infused self-care. Sacred Frankincense enhances your beauty regimen and adds a boost to your spiritual practices. Apply this skin-loving oil to maintain the appearance of healthy-looking skin, and use the uplifting, inspiring aroma of Sacred Frankincense to elevate your yoga and meditation practices. Because of its many benefits, Sacred Frankincense oil is also an important ingredient in the Freedom Sleep<sup>™</sup> and Freedom Release<sup>™</sup> collections, Common Sense<sup>™</sup>, Progessence<sup>™</sup> Plus, and ART<sup>®</sup> Sheerlumé Brightening Cream.

#### KEY INGREDIENTS

Sacred Frankincense essential oil

#### EXPERIENCE

Enjoy Sacred Frankincense's elevating aroma and the benefits of healthy-looking skin.

#### PRODUCT BACKGROUND

Sacred Frankincense has ancient origins: the *Boswellia* sacra species was offered as a holy gift and used throughout history in worship. Its use is noted in texts dating back to biblical times. Ancient Greeks and Romans imported the resin to use in religious and spiritual rites, burning it as incense, using it during cremations, and consuming it. This sacred oil is used and beloved around the world and has been internationally traded for almost 5,000 years.



#### BENEFITS & FEATURES

- Promotes the appearance of healthy-looking skin
- Reduces the appearance of uneven skin tone
- Includes the naturally occurring constituents alphapinene, limonene, boswellic acid, sabinene, beta caryophyllene
- Promotes feelings of calm, relaxation, and tranquility

#### SUGGESTED USE

- Diffuse during meditation for greater spiritual mindfulness, deeper grounding, and renewed purpose.
- Use during a relaxing massage after strenuous activity.
- Maintain healthy-looking skin and reduce the appearance of uneven skin tone when you add Sacred Frankincense to your beauty regimen.

# SACRED FRANKINCENSE $^{m}$

### DIRECTIONS

**Topical:** Apply 2-4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Keep it in a cool, dark place.

**Flammable:** Do not use near fire, flame, heat, or sparks. Do not store above room temperature.

# INGREDIENTS

Boswellia sacra<sup>†</sup> (Sacred frankincense) oil † 100% pure, therapeutic-grade essential oil

# FREQUENTLY ASKED QUESTIONS

#### Q. Can Sacred Frankincense oil be ingested?

A. Sacred Frankincense is not intended for consumption; however, Frankincense Vitality<sup>™</sup> has been labeled for use as a dietary supplement.

# Q. Does Sacred Frankincense need to be diluted for topical application?

A. No, dilution is not required, except for the most sensitive skin. Use as needed.

# Q. Is there a UV warning associated with Sacred Frankincense?

A. No, Sacred Frankincense oil does not cause photosensitive reactions.

#### COMPLEMENTARY PRODUCTS

Car Vent Diffuser Rose Gold Item No. 25109





Northern Lights Black Spruce essential oil Item No. 5313



Copaiba Essential Oil Item No. 3431



Elemi Essential Oil Item No. 3540



\*These statements have not been evaluated by the Food and Drug Administration. Young living products are not intended to diagnose, treat, cure, or prevent any disease

