

## Product Summary

Pure Protein Complete™ is a comprehensive protein supplement that combines a proprietary 5-protein blend, amino acids, and ancient peat and apple extract to deliver 25 grams of protein per serving. Its foundation of protein from whey, goat's milk, peas, egg whites, and organic hemp seed provides a full range of amino acids, including D-aspartic acid, threonine, L-serine, glutamic acid, glycine, alanine, valine, methionine, isoleucine, leucine, tyrosine, phenylalanine, lysine, histidine, arginine, proline, hydroxyproline, cystine, tryptophan, and cysteine, along with a proprietary enzyme blend.

Ancient peat and apple extract, along with a powerful B-vitamin blend, complete the formula. Together they support ATP production, the energy currency of the body.

This innovative formula makes Pure Protein Complete the perfect option for those looking for a high protein supplement that features a full range of amino acids.

## Primary Benefits

- Excellent source of protein (25 grams)
- Provides a balance of amino acids
- Supports ATP production\*
- Protein metabolism support
- No trans fat
- rBGH-free whey
- Soy free

## Who Should Use Pure Protein Complete?

- Individuals looking for an excellent source of protein
- Individuals interested in taking advantage of a full range of amino acids



## Supplement Facts

Serving Size: 2 scoops (41 g)  
Servings Per Container: About 18

Amount Per Serving		%DV*	
<b>Calories</b>	160		
Calories from Fat	15		
<b>Total Fat</b>	1.5 g	2%*	
Saturated Fat	1 g	5%*	
Trans Fat	0 g	**	
<b>Cholesterol</b>	50 mg	17%*	
<b>Sodium</b>	240 mg	10%*	
<b>Total Carbohydrates</b>	12 g	4%*	
Total Dietary Fiber	1 g	4%*	
Sugars	10 g	**	
<b>Protein</b>	25 g	50%*	
Thiamin	50%	• Vitamin B12	50%
Riboflavin	50%	• Biotin	50%
Niacin	50%	• Pantothenic Acid	50%
Vitamin B6	50%	• Calcium	10%
Folate	50%	• Zinc	100%

**Pure Protein Proprietary Blend:** 31.75 g \*\*  
rBGH-free whey protein concentrate, Goat whey protein concentrate, Egg albumin, Pea protein isolate, Organic hemp seed protein, Ancient peat, and Apple extract

**Enzyme Proprietary Complex:** 55 mg \*\*  
Alpha and Beta amylase, Protease, Lipase, Cellulase, Lactase and L. acidophilus, Papain, and Bromelain

\*Percent Daily Value based on 2,000-calorie diet.

\*\*Daily Value (DV) not established.

## Did You Know?

- Best served chilled.
- Ancient peat and apple extract have been shown to support the production of ATP.\*
- Pure Protein Complete is now available in two flavors: Vanilla Spice and Chocolate Deluxe.

## Ingredients

Protein blend (rBGH-free whey protein concentrate, Goat whey protein concentrate, Egg albumin, Pea protein isolate, Organic hemp seed protein, and Sunflower lecithin), Organic evaporated cane juice crystals, Natural flavors, Xanthan gum, Amino acid blend (L-leucine, L-isoleucine, L-valine, L-methionine, L-lysine, and L-glutamine), Sodium chloride, Ancient peat, Apple extract, Zinc (Zinc picolinate), Enzyme complex (Alpha and Beta amylase, Protease, Lipase, Cellulase, Lactase and L. acidophilus, Papain, and Bromelain), Rebaudioside (Stevia rebaudiana), Biotin, Organic ground nutmeg, Vitamin B3 (Niacin), Vitamin B5 (d-Calcium pantothenate), Orange (Citrus sinensis)<sup>†</sup> rind oil, Vitamin B6 (Pyridoxine hydrochloride), Vitamin B1 (Thiamin hydrochloride), Lou han guo (Siraitia grosvenori) Fruit extract, Vitamin B2 (Riboflavin), Vitamin B12 (Methylcobalamin), and Folic acid  
<sup>†</sup>100% pure, therapeutic-grade essential oil

## Suggested Use

Add 2 scoops of Pure Protein Complete to 8 oz. of cold water. May be mixed with rice, almond, or other milk. Shake or stir until smooth. For added flavor, add fruit or essential oils.

## Cautions

- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Contains milk and egg-derived ingredients

## Complementary Products

- NingXia Red<sup>®</sup>
- NingXia Nitro<sup>™</sup>
- YL Shaker Bottle
- OmegaGize3<sup>®</sup>

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.