PRODUCT SUMMARY
Inspire your inner athlete with PowerGize™! This supplement—infused with Blue Spruce, Goldenrod, and Cassia essential oils—is specially formulated to help men of all ages boost stamina and performance.* With botanicals from around the world, PowerGize helps sustain energy levels, strength, mental and physical vibrancy, and vitality when used in addition to physical activity.*

Although both men and women can benefit from PowerGize, it’s custom-formulated for men. Along with other exotic ingredients, the Eurycoma longifolia found in PowerGize helps support the male reproductive system.* PowerGize also contains compounds that are known to increase muscle size and strength, enhance tone, and accelerate recovery in men.*

PowerGize is also formulated with KSM-66, a premium ashwagandha root extract, which is touted for its properties that support immunity, mental clarity, concentration, and alertness.*

KEY INGREDIENTS
Formulated with ashwagandha root extract, Eurycoma longifolia and Tribulus terrestris and infused with Idaho Blue Spruce, Golden Rod, and Cassia essential oils.

EXPERIENCE
PowerGize uses exotic ingredients from around the world to help support stamina, performance, mental and physical vibrancy, and strength.*

PRODUCT BACKGROUND
We created PowerGize for men of all ages who want to improve their physical performance, enhance their physique, and feel physically and emotionally vibrant.*

The supplement draws benefits from ingredients used around the world, including the ashwagandha root. Ashwagandha belongs to the Solanaceae family and is also known is Indian ginseng or winter cherry. It has been used in Indian Ayurvedic medicine, as well as Southeast Asian and African folk medicine.

BENEFITS & FEATURES
- Helps maintain balanced energy levels for physical performance and endurance.*
- Helps boost stamina and enhance sports performance.*
- When paired with physical activity, sustains energy levels, strength, and vitality.*
- Helps support healthy muscles, increase muscle size and strength, and enhance muscle tone and the rate of muscle recovery in men.*
- Promotes a balanced sense of energy and calm.*
- Helps promote mental clarity, concentration, and alertness.*
- Helps promote a healthy response to everyday stress, overwork, and fatigue.*
- Helps relax the body and mind.*
- Promotes overall well-being and hormonal health.*
- Supports the male reproductive system.*
- Eurycoma longifolia supports healthy testosterone levels in both men and women.*
- Ashwagandha is touted for its antioxidant and immune-supporting properties.*
DIRECTIONS
Take 2 capsules daily.

CAUTIONS
Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

INGREDIENTS
Hypromellose, Rice flour, Silicon dioxide.

Supplement Facts
Serving Size 2 Capsules
Servings Per Container 30

<table>
<thead>
<tr>
<th></th>
<th>Amount Per Serving</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin B6 (as pyridoxine HCL)</td>
<td>12 mg</td>
<td>600%</td>
</tr>
<tr>
<td>Magnesium (as magnesium bisglycinate)</td>
<td>20 mg</td>
<td>6%</td>
</tr>
<tr>
<td>Zinc (as zinc glycinate chelate)</td>
<td>5 mg</td>
<td>35%</td>
</tr>
<tr>
<td>PowerGize™ Energy Blend</td>
<td>995.25 mg</td>
<td>**</td>
</tr>
</tbody>
</table>

Ashwagandha (Withania somnifera) root extract, Longjack (Eurycoma longifolia) root powder, Fenugreek (Trigonella foenum-graecum) (50% saponin) seed extract, Epimedium (Epimedium brevicomum) leaf powder, Desert hyacinth (Cistanche tubulosa) root powder, Tribulus (Tribulus Terrestris) (45% saponin) fruit/leaf extract, Muira puama (Ptychopetalum olacoides) bark powder, Idaho Blue spruce (Picea pungens)† aerial parts oil, Goldenrod (Solidago canadensis)† flowering top oil, Cassia (Cinnamomum aromaticum)† branch/leaf oil

**Daily Value not established.

FREQUENTLY ASKED QUESTIONS

Q. Information about PowerGize seems to list specific benefits for men. Is this supplement safe and effective for women?
A. Absolutely! PowerGize benefits both men and women. Some ingredients are especially helpful to men, but they still benefit women—just to a lesser degree.

Q. Where is PowerGize made?
A. PowerGize is manufactured in the USA. However, some of its ingredients come from other parts of the world, such as China, India, and Brazil.

A. PowerGize is NOT recommended for children or pets. Adults, including the elderly, should consult a physician prior to consuming PowerGize to ensure it fits with their medical regimen and goals.

Q. Does Young Living test PowerGize quality and safety?
A. Yes. Young Living tests every product at multiple steps in the manufacturing process, starting with each raw material and ending with finished product testing.

COMPLEMENTARY PRODUCTS

Super B™ Item No. 3240
NingXia Red® Item No. 3042
NingXia Nitro™ Item No. 3064
En-R-Gee™ Item No. 3336

*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.