Product Summary
Peppermint (Mentha piperita) is one of the oldest and most highly regarded herbs for supporting normal digestion, including promoting healthy intestinal function and gastrointestinal system comfort.* This essential oil has been widely studied for its potential health benefits.* Peppermint is a hybrid of the watermint and spearmint plants and is native to the Middle East and Europe. Growing to approximately 2 feet tall, peppermint plants bloom from July through August, sprouting tiny, purple flowers.

Ingredients:
Peppermint (Mentha piperita)† leaf oil 100% pure, therapeutic-grade essential oil

Primary Benefits
• Supports gastrointestinal system comfort*
• Promotes healthy bowel function*
• Maintains efficiency of digestive tract*
• Supports normal digestion*
• May support performance during exercise *

Suggested Use
• Dietary: Put 2 drops in a capsule. Take 3 times daily or as needed.

Supplement Facts
Serving Size: 2 drops
Amount Per Serving %DV
Peppermint (Mentha piperita) leaf oil 120 mg‡

Did You Know?
• Peppermint generally grows best in moist, full sun or partly shaded locations.
• The term “mint” is derived from the Greek name “Minthe,” a mythological nymph transformed into a plant by the goddess Persephone after she learned of her husband Pluto’s love for Minthe.
• Ancient Romans and Greeks used to adorn themselves in crowns made of peppermint.

Caution
• Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Not intended for use with infants.

Complementary Products
• DiGize™ Essential Oil Blend
• AromaEase™ Essential Oil Blend
• Digest & Cleanse™
• Essentialzymes-4™
• AlkaLime™