

## Product Summary

Peppermint Vitality is a powerful essential oil that promotes and enhances healthy intestinal function,\* along with overall healthy gastrointestinal system comfort.\* Peppermint Vitality is celebrated for maintaining the efficiency of the digestive tract and supporting normal digestion.\* It may also support your performance during exercise when ingested or added to water during physical activity.\*

## Why We Love It

Native to the Middle East and Europe, the peppermint plant (*Mentha piperita*) can grow to be about 2 feet tall with feathery purple flowers blooming from July to August. This herb has been used throughout the world to flavor candies, teas, and give a distinct taste to culinary dishes for ages. The oil from this plant is a delicious and simple way to support a healthy digestive system.\*

- When taken as a dietary supplement, Peppermint Vitality supports gastrointestinal system comfort, healthy bowel function, normal digestion, and the efficiency of the digestive tract.\*
- Diluting into a bottle or glass of water before a workout may support performance during exercise, while adding a refreshing flavor that makes it easy to stay hydrated.\*
- While Peppermint Vitality is an indispensable dietary supplement, it can also be great for flavoring foods and beverages.

## Ingredients

Peppermint (*Mentha piperita*)<sup>†</sup> leaf oil

<sup>†</sup>100% pure, therapeutic-grade essential oil



## Supplement Facts

Serving Size: 2 drops

Amount Per Serving	%DV
Peppermint ( <i>Mentha piperita</i> ) leaf oil	120 mg**

\*\*Daily Value (DV) not established.

## Directions

Put 2 drops in a vegetarian gel capsule. Take 3 times daily or as needed.

## Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Not intended for use with infants.

## We Also Love

- DiGize™ Essential Oil Blend
- AromaEase® Essential Oil Blend
- Digest & Cleanse™
- Essentialzymes-4™
- AlkaLime®

## Fun Facts

- The term "mint" is derived from the Greek name "Minthe," a mythological nymph transformed into a plant by the goddess Persephone after she learned of her husband Pluto's love for Minthe.
- Ancient Romans and Greeks used to adorn themselves in crowns made of peppermint.

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.