

Product Summary

Now available in a 15-ml bottle, Young Living's Stress Away™ essential oil blend is a natural solution created to combat normal stresses that creep into everyday life. Stress Away is the first product to contain the unique stress-relieving combination of lime and vanilla pure, therapeutic-grade essential oils. Stress Away also includes copaiba and lavender to reduce mental rigidity and restore equilibrium. Featuring powerful plant constituents, such as the cedrol found in cedarwood and the eugenol that occurs naturally in vanilla, Stress Away can help induce relaxation and reduce occasional nervous tension.* All of these ingredients are expertly blended with the exotic scent of ocotea, Young Living's exclusive Ecuador single.

Primary Benefits

- Reduce stress in anticipation of mental tension*
- Reduce stressors that could negatively impact sleep*
- Elevate an individual's state of mind*

Who Should Use Lime Essential Oil?

- Individuals who are looking for a sense of relaxation*
- Those looking to calm nerves in tense situations*
- Individuals who are easily agitated by their surroundings*

Suggested Use

- Dietary: Add 2 drops to water as needed.
- Topical: Shake well and apply generously on wrists or back of neck as desired.
- Aromatic: Diffuse up to 1 hour 3 times daily.

Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Did You Know?

- Ocotea essential oil is derived from the tall ocotea tree and has a long history of traditional uses in Amazonia.



Supplement Facts

Serving Size: 2 drops
Servings Per Container: About 125

Amount Per Serving	%DV
Proprietary Stress Away® Oil Blend:	120 mg **
Copaiba (Copaifera reticulata) [†] resin oil	
Lime (Citrus aurantifolia) [†] rind oil	
Cedarwood (Cedrus atlantica) [†] bark oil	
Vanilla (Vanilla planifolia) absolute oil	
Ocotea (Ocotea quixos) [†] leaf oil	
Lavender (Lavandula angustifolia) flower oil	

** Daily Value (DV) not established.

- Copaiba is the only essential oil extracted through tapping, similar to how maple and rubber are gathered.
- The vanilla in Stress Away does not contain water, unlike most vanilla oil sold on the market today.
- Stress Away was named by Young Living distributors.

Complementary Products

- Lime essential oil
- Lavender essential oil
- Peace & Calming® essential oil blend

Key Scientific Studies

- Tisserand R, Balacs T. *Essential Oil Safety: A Guide to Health Care Professionals*. Churchill Livingstone. 1995.
- Gruenwald J, Brendler T, Jaenicke C. *PDR for Herbal Medicines*. Medical Economics Company Inc. 1998.
- Leung AY, Foster S. *Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics*. John Wiley & Sons. 1996.

Product Information

Stress Away—15 ml
Item No. 4630