



## PRODUCT SUMMARY

With a warm, gentle fragrance and numerous skin care benefits, Manuka essential oil is the perfect addition to your daily wellness and beauty regimen. Add it to your favorite skin care products to support the appearance of healthy-looking skin and reduce the appearance of blemishes. You can also enjoy its sweet aroma by diffusing it, adding it to household cleaners, and massaging it into tired feet. Manuka includes the naturally occurring constituents leptospermone, copaene, and isoleptopsermone.

#### KEY INGREDIENTS

Manuka essential oil

#### EXPERIENCE

Manuka has a soft and earthy aroma that can uplift spirits and help awaken feelings of confidence and clarity.

#### PRODUCT BACKGROUND

Manuka (*Leptospermum scoparium*) comes from the myrtle family and is native to Australia and New Zealand. Manuka essential oil has a woodsy, slightly sweet scent and is steam distilled from the leaves and stems of the plant. It can be compared to Tea Tree oil, as it shares many of the same benefits. Young Living's Manuka is wildcrafted from the East Cape region of New Zealand.







#### BENEFITS & FEATURES

- Has a warm, calming aroma
- Is cleansing and soothing when applied topically
- Reduces the appearance of blemishes and supports the appearance of heathy-looking skin
- Can be applied to feet or toenails to keep them looking healthy
- Includes the naturally occurring constituents leptospermone, copaene, and isoleptopsermone

# SUGGESTED USE

- Diffuse Manuka alone or combine it with a citrus oil such as Tangerine, Orange, or Grapefruit for a refreshing aromatic experience.
- Apply a few drops to your scalp before shampooing your hair for an invigorating scalp massage.
- Add it to your favorite face wash to help reduce the appearance of blemishes.
- Add it to your favorite skin care products to help your skin stay bright and healthy looking.
- Place a few drops in a foot bath for a relaxing, spa-like experience and to help the appearance of healthy feet and toenails.

# MANUKA



#### DIRECTIONS

**Topical:** Apply 2–4 drops directly to desired area. Dilution is not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 30 minutes 3 times daily.

#### CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

# INGREDIENTS

Leptospermum scoparium<sup>†</sup> (Manuka) branch/leaf oil <sup>†</sup>100% pure, therapeutic-grade essential oil

#### FREQUENTLY ASKED OUESTIONS

### Q. Can Manuka be ingested?

A. Manuka is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

# Q. Does Manuka need to be diluted for topical application?

A. Dilution is not required for topical application, except for the most sensitive skin.

Q. Is there a UV warning associated with Manuka?

A. No, Manuka does not cause photosensitivity.

#### COMPLEMENTARY PRODUCTS

Desert Mist™ Ultrasonic Diffuser Item No. 21558



M-Grain<sup>™</sup> Essential Oil Blend Item No. 3387



Lavender Essential Oil Item No. 3575



Exodus II<sup>™</sup> Essential Oil Blend Item No. 3338

