Product Summary
The warm, spicy aroma of Light the Fire™ includes Mastrante and Northern Lights Black Spruce from Young Living’s Ecuador and Canada farms, along with Nutmeg, Cassia, Ocotea, Canadian Fleabane, Lemon, Pepper, and Hinoki. This unique and inspired essential oil blend was formulated by D. Gary Young for Young Living’s 2015 International Grand Convention. Diffuse this blend for an inspiring fragrance in any environment or add it to V-6™ Vegetable Oil Complex for a powerful aromatic experience. Light the Fire includes the naturally occurring constituents beta-caryophyllene, alpha-pinene, beta-pinene, and limonene.

Ingredients
Myristica fragrans† (Nutmeg) kernel oil, Cinnamomum cassia† (Cassia) leaf oil, Lippia alba† (Mastrante) leaf/stem oil, Ocotea quixos† (Ocotea) leaf oil, Conyza canadensis† (Canadian fleabane) oil, Citrus limon† (Lemon) peel oil, Piper nigrum† (Pepper) fruit oil, Chamaecyparis obtusa† (Hinoki) oil, Picea mariana† (Northern Lights black spruce) leaf oil †100% pure, therapeutic-grade essential oil

Primary Benefits
• Light the Fire has a warm, spicy aroma.
• Diffuse this oil for an inspiring fragrance in any environment.
• Add to V-6 massage oil for a powerful scent experience.

Suggested Use
Topical Directions: Dilute 1 drop with 4 drops of V-6 or olive oil. Test on a small area of skin on the underside of the arm and apply to desired area as needed.

Caution
• Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

Complementary Products
• Build Your Dream™ Essential Oil Blend
• Live With Passion™ Essential Oil Blend
• Magnify Your Purpose™ Essential Oil Blend
• Present Time™ Essential Oil Blend
• Valor® Essential Oil Blend
• Valor II™ Essential Oil Blend
• Hong Kuai Essential Oil

Did You Know?
• Cassia is an evergreen tree originating in southern China and is in the same family as Cinnamon.
• This specific Mastrante chemotype (Lippia alba, Chemotype III) is grown at our Ecuador farm and available exclusively through Young Living.
• Ocotea has a cinnamon-like aroma, is native to South America, and comes from an evergreen tree that is part of the Laurel family.