

Product Summary

Diffuse Frankincense essential oil during meditation to help with grounding and purpose or add it to your personal care products to promote a beautiful complexion.

Why We Love It

The smell of grounding essential oils can be a great way to deepen your yoga practice, meditation, or prayer. Give your spiritual moments a little extra enlightenment by diffusing Frankincense essential oil. Its rich, woody aroma is very grounding, uplifting, and invites spiritual connection. Diffuse 6–10 drops of Frankincense for new, deeper insights.

- Diffuse during meditation to find your sense of grounding and purpose.
- Use for massage after activity such as workouts, athletic events, or just a long day.
- Add to your favorite moisturizers to smooth and refine your already-radiant look!

Ingredients

Boswellia carterii† (Frankincense) oil † 100% pure, therapeutic-grade essential oil

Directions

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.



Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Flammable: Do not use near fire, flame, heat, or sparks. Do not store above room temperature.

Fun Facts

- Frankincense essential oil is considered a holy oil in the Middle East, where it has been used in religious ceremonies for thousands of years and was one of the gifts given to Christ at his birth.
- Frankincense is mentioned in one of the oldest-known scientific records, the Ebers Papyrus, dating from the 16th century B.C.
- Young Living distills its Frankincense oil from the resin of Boswellia carterii trees located in northern Africa near the Arabian Peninsula.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



FRANKINCENSE ESSENTIAL OIL

We Also Love

- Aria™ Ultrasonic Diffuser
- Bamboo™ Diffuser
- Sacred Frankincense Essential Oil
- The Gift™ Essential Oil Blend
- 3 Wise Men™ Essential Oil Blend
- Boswellia Wrinkle Cream™
- Wolfberry Eye Cream™

Product Information

Frankincense Essential Oil—5 ml

Item No. 3549

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