

Product Summary

Einkorn Nuggets are a delicious combination of non-GMO Einkorn flour, whey protein, and pure essential oils—all dipped in our rich, banana puree-sweetened Ecuadorian dark chocolate.

The benefits of Einkorn—considered one of the earliest and purest forms of cultivated wheat—include higher nutritional value and fewer digestive concerns compared to other varieties of wheat. Unlike modern wheat, which has been hybridized to contain multiple sets of chromosomes, Einkorn is a diploid, which is believed to make it simpler to digest. Einkorn is packed with thiamin, protein, fiber, and lutein—a powerful antioxidant. Evidence suggests the gliadin protein found in Einkorn may be milder for individuals sensitive to gluten.*

Young Living further bolstered Einkorn Nuggets by adding GMO-free, growth hormone-free whey protein, considered one of the most bioavailable proteins for human digestion and an abundant source of amino acids. This delicious snack also features almond butter and peppermint and spearmint essential oils and is sweetened with sugar-free stevia, Ecuadorian dark chocolate, and coconut syrup.

Primary Benefits

- Provides 4 grams of bioactive protein per serving*
- Provides amino acids, fiber, and other nutrients*

Who Should Use This Product?

- Individuals and families interested a delicious wellness snack
- Individuals interested in additional protein

Cautions

Product contains soy, milk, tree nuts, and wheat. This product was processed on machinery that was used to process products containing peanuts.

Suggested Use

Consume 1-2 nuggets daily as desired.



Nutrition Facts			
Serving Size: 1 piece (15 g)			
Serving Per Container: 14			
Amount Per Serving			
Total Calories	30	Total Calories 45	
		%DV*	
Total Fat	5 g	8%	
Saturated Fat	1 g	2%	
Total Fat	0 g	0%	
Cholesterol	0 g	0%	
Sodium	25 mg	1%	
Potassium	45 mg	1%	
Total Carbohydrate	5 g	0%	
Fiber	1 g		
Sugars	2 g		
Protein	4 g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	4%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ingredients

Almond butter (Prunus amygdalus), Dark chocolate 70% [Arriba cocoa, Banana puree, Cocoa butter, Soy lethicin (Non GMO)], Whey protein isolate, Whey protein crisps (Milk protein concentrate, Tapioca starch, Calcium carbonate), Coconut syrup, Einkorn flour (Triticum monococcum), Mineral salt, Stevia, Peppermint (Mentha piperita) leaf oil, Mentha spicata (Spearmint) leaf oil

Did You Know?

- Einkorn is German for “single grain.”
- Each Einkorn Nugget contains 4 grams of protein.
- Einkorn is known as the oldest variety of wheat and is believed by many to be the wheat of biblical history.
- Einkorn wheat has 14 chromosomes, while modern wheat has 42.
- Einkorn has the highest amount of lutein, a powerful carotenoid, of any wheat.
- Ecuadorian dark chocolate is sweetened with banana puree.

Complementary Products

Slique Bars™

Ecuadorian Dark Chocolessence™

NingXia Red®

Product Information

Einkorn Nuggets 14 ct.—Item No. 5025

Einkorn Nuggets 2 pk.—Item No. 5026