AromaEase™ Essential Oil Blend

Utilize the powerful constituents found in Ginger, Cardamom, Peppermint, Fennel, and Spearmint essential oils to help soothe occasional stress with Young Living’s new AromaEase essential oil blend. Diffuse, breathe in directly from the bottle, or apply topically to the solar plexus Vita Flex points and abdominal energy centers to help support healthy energy flow and vitality.

Ingredients
Mentha piperita† (Peppermint) oil, Mentha spicata† (Spearmint) leaf extract, Zingiber officinale† (Ginger) root oil, Elettaria cardamomum† (Cardamom) seed oil, Foeniculum vulgare† (Fennel) oil

†100% pure, therapeutic-grade essential oil

Primary Benefits
- Opens and releases energetic blocks and brings feelings of balance when applied to the abdomen
- Promotes relaxation and comfort
- Grounds and calms the body
- Uplifts, refreshes, and invigorates
- Supports clarity during times of stress

Who Should Use AromaEase Essential Oil Blend?
- Those who have difficulty with travel
- Anyone wanting to encourage settled energy in the solar plexus energy centers
- Individuals looking to calm and balance the body
- People wanting to create an atmosphere of peace and stillness

Suggested Use
- Topical: Dilute 1 drop with 1 drop of V-6™ or olive oil and apply to desired area as needed.
- Aromatic: Diffuse up to 30 minutes 3 times daily.

Cautions
- Keep out of reach of children.
- Dilute before applying to skin.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Not intended for children under the age of 6 without the advice of a health professional.
- Not for internal use.

Did You Know?
- Peppermint refreshes and reenergizes the mind.
- Spearmint helps open and release emotional blocks and brings feelings of balance and a lasting sense of well-being.
- The gentle, stimulating aroma of Ginger supports courage.

Complementary Products
- Aroma Diffuser
- DiGize™ Essential Oil Blend
- JuvaFlex™ Essential Oil Blend
- Release™ Essential Oil Blend
- Tranquil™ Essential Oil Roll-On
- GLF™ Essential Oil Blend
- Patchouli Essential Oil

Product Information
AromaEase Essential Oil Blend
Item No. 4749