

PRODUCT SUMMARY

Oregano Vitality essential oil does more than provide your meals with a depth of flavor; it may also support a healthy lifestyle when taken as a dietary supplement.*

Oregano Vitality makes flavoring savory dishes simple. With a distinctive, herbaceous flavor, it is an indispensable addition to Mediterranean and Mexican cuisines, though it can enhance the flavors in all your favorite recipes, from grilled chicken to roasted vegetables.

While the potent flavor of Oregano Vitality makes it a delicious addition to dishes when used sparingly on its own, be sure to use a carrier oil such as V-6™ Vegetable Oil Complex or olive oil to dilute this powerful oil when taking it as a supplement.

KEY INGREDIENTS

Oregano essential oil

EXPERIENCE

Oregano Vitality adds an earthy, warm flavor to savory dishes, along with the ability to provide immune support and cleansing for the digestive system.*

PRODUCT BACKGROUND

Oregano gets its name from the Greek words "oros" and "ganos," which combined mean "joy of the mountains." It's no surprise that Oregano has a Greek name, as it's believed to have origins in Greece and in the mountains of the Mediterranean.

This hardy, bushy plant can grow to around 30 inches in height, and it sprouts purple flowers. Oregano is part of the mint family, and its essential oil is steam distilled from the leaves. Varieties of oregano can be found all over the world.

OREGANO VITALITY™



Dietary



Dilute

BENEFITS & FEATURES

- Supports a healthy lifestyle regimen*
- May be used to enhance the flavor of foods
- Is cleansing for the digestive system*
- Has antioxidant properties*
- Provides immune support*

SUGGESTED USE

- Add Oregano Vitality in small amounts to various dishes for extra flavoring, particularly in Mexican and Mediterranean dishes.
- Put 1 drop of Oregano Vitality and 1 drop of V-6 oil in a veggie capsule and take it as a dietary supplement daily to help support a healthy immune system.*
- Add a drop to a green smoothie to help cleanse the digestive system.*

OREGANO VITALITY™



DIRECTIONS

Dilute 1 drop with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Oregano (<i>Origanum vulgare</i>) leaf/stem oil	60 mg**

**Daily Value (DV) not established.

INGREDIENTS

Oregano (*Origanum vulgare*)† leaf/stem oil
†100% pure, therapeutic-grade essential oil

ALSO AVAILABLE

Oregano Essential Oil (Item No. 3602)

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Oregano Vitality on its own?

A. Dilute 1 drop of Oregano Vitality with 1 drop of a carrier oil. Put it in a capsule and take it up to 3 times daily.

Q. How much Oregano Vitality should be used in recipes?

A. Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Oregano flavor in your dish; add more as needed.

Q. Is there a difference between Oregano essential oil and Oregano Vitality?

A. Oregano essential oil and Oregano Vitality contain the same essential oil. Oregano essential oil is labeled for topical and aromatic use, and Oregano Vitality is labeled for dietary use. The designation of the two product allows you to share all the ways to use Oregano in the correct way.

COMPLEMENTARY PRODUCTS

Basil Vitality™
Essential Oil
Item No. 5583



Coriander Vitality™
Essential Oil
Item No. 5635



Lemon Vitality™
Essential Oil
Item No. 5625



Rosemary Vitality™
Essential Oil
Item No. 5629

