

Product Summary

Oregano Vitality (*Origanum vulgare*) includes the naturally occurring constituent carvacrol and can help support your healthy lifestyle when taken as a dietary supplement.* Using Oregano Vitality is a great way to deliver spicy, savory flavor to your favorite recipes while adding the benefits of pure, therapeutic-grade essential oil to your diet.

Why We Love It

Oregano Vitality is perfect for adding a spicy, intense flavor to foods—especially Italian dishes that can't do without the fresh herb. Featuring the naturally occurring constituent carvacrol, Oregano Vitality is the perfect addition to your daily essential oil supplement. Try using Oregano Vitality when cooking instead of the fresh or dried herb to get new layers of flavor!

- Try adding a little Oregano Vitality to salad dressings or to your favorite chicken, seafood, or marinade recipes.
- Infuse a large bottle of olive oil with 15–20 drops and use it for cooking or dipping breads.
- Add 2–3 drops to your pesto sauces to give it your unique twist.
- Combine with Rosemary, Thyme, Basil, and Black Pepper Vitality oils to add authentic seasoning to your Italian recipes.

Ingredients

Oregano (*Origanum vulgare*)† leaf/stem oil
†100% pure, therapeutic-grade essential oil

Directions

Dilute 1 drop at a 1:1 ratio with V-6™ Vegetable Oil Complex or olive oil and put in a capsule. Take up to 3 times or as needed to support a healthy lifestyle regimen.*



Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Oregano (<i>Origanum vulgare</i>) leaf/stem oil	60 mg**

**Daily Value (DV) not established.

Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

You'll Also Love

- Basil Vitality Essential Oil
- Lemongrass Vitality Essential Oil
- Rosemary Vitality Essential Oil
- Thyme Vitality Essential Oil
- ImmuPower™ Essential Oil Blend
- Purification® Essential Oil Blend
- Thieves® Essential Oil Blend
- Longevity™ Softgels
- Ortho Sport® Massage Oil
- Raindrop Technique®

Fun Facts

- Oregano is a member of the mint family, is a relative of sweet marjoram, and is native to the Mediterranean and Eurasia.
- Origanum has been cultivated in Egypt for more than 3,000 years.
- The word "oregano" is thought to have been derived from the Greek oros (mountain) and ganos (brightness).

*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.