



Interactive games for hosts—small groups

1. Which oil am I?:

Split into two teams or play all together in a small group. Hold an index card with the name of an essential oil written on it to your forehead or tape it to your back and have your team give you clues (color of the plant, region of origin, benefits, etc.) as you try to guess which oil you have. After the game ends, you can sit down and discuss with your group about the benefits/uses of some of these oils.

Materials:

- Index cards
- Marker or pen
- Tape (optional)

<https://i.pinimg.com/originals/bc/ba/07/bcba0758d4752e46e88287d0d637ad74.jpg>



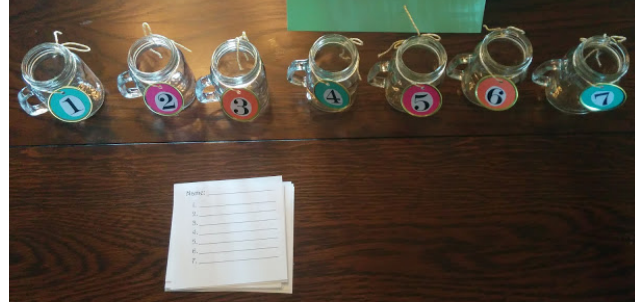
2. Name that scent:

Put one drop of oil on a cotton ball and drop it in a cup that you have numbered. Make sure to write down which oil goes in each cup. Have each guest fill out their guesses about each scent/cup as they enter your event and use this as an icebreaker. You can go down the list and talk about each oil's smell, benefits, price, etc. The guest with the most correct answers wins a prize. *Tip: We suggest using essential oil singles like Lemon, Lavender, and Peppermint. However, you could use blends or less-common oils depending on the level of difficulty you feel the group can handle.*

Materials:

- Various essential oils

- Cotton balls
- Cups for each cotton ball to sit in
- Slips of paper for guesses
- Pens/pencils



<http://sews2reap.blogspot.com/2016/10/essential-oil-class-or-party-set-up-in.html>

3. Guessing jar:

Fill a vase with any essential oil-related product (single oil bottles, Rattan sticks, [NingXia Red® single sachets](#), etc.). As guests enter your event, have them guess how many of the item are in the container, write their answer and full name, and put it in a bowl.

Whoever gets the closest to the correct amount wins! *Tip: Come up with a tiebreaker in case you have 2+ people guess the correct answer.*

Materials:

- Large jar or vase
- Product to fill with
- Bowl for guesses
- Slips of paper for guesses
- Pens/pencils

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4. Matching game:

Print out worksheets with two columns: one side with essential oil names and the other with benefits. The goal of the game is to draw a line from each oil to how its aroma can be used. Examples of this are Peppermint=refreshing and focused, Lavender=calming and soothing, Lemon=energizing and clean, etc. Whoever gets the most matches correct wins.

Tip: You can throw in a couple of tougher matches depending on the level of difficulty you

feel the group could handle. Also, pair a beginner with a more advanced oil user so they can get introduced to one another and nobody feels left out if they're brand new to YL products.

Materials:

-Printer/ink

-Paper

-Pens/pencils