BENEFITS & FEATURES

• Supports normal brain and heart function*
• Contains a high proportion of unsaturated fatty acids and omega-3 fatty acids
• Includes GPC, ALCAR, and bioidentical CoQ10, all studied for their beneficial properties*
• Supports heart health by replenishing the body with CoQ10*
• Features an improved, smoother texture
• Includes no added preservatives
• Formulated with turmeric

KEY INGREDIENTS

Pomegranate juice and extract, Acai puree, Sacha inchi oil, Fractionated coconut oil, Rhododendron extract, Bioidentical CoQ10, and Vitamin D3

FORMULATED WITH

Peppermint (Mentha piperita)
Fennel (Foeniculum vulgare)
Anise (Pimpinella anisum)
Lemon (Citrus limon)
Lime (Citrus aurantifolia)

EXPERIENCE

Support normal heart and brain function every day with the nutty, fruity taste of MindWise!* This cognitive and cardiovascular health supplement* uses essential oils, pomegranate juice and extract, medium-chain triglyceride oils, and more to help you support your wellness with each daily dose. Store a bottle in your fridge or stash the single-serve packets anywhere you need them!

PRODUCT BACKGROUND

The vegetarian oil base of MindWise comes from cold-pressed sacha inchi seeds harvested in the Peruvian Amazon to deliver a high proportion of unsaturated fatty acids and omega-3 fatty acids. We also formulated MindWise with vitamin D3, medium-chain triglycerides, and our MindWise memory blend—made with bioidentical CoQ10, ALCAR, and GPC—so it’s equipped to support normal brain function and cardiovascular health.*
DIRECTIONS
16-oz. Bottle: Take 1 tablespoon (3 teaspoons) once daily. Children (4+ years) should take 1–2 teaspoons once daily. Should be taken with a meal. Shake well before each use. Consume within 30 days of opening.


CAUTIONS
Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Not recommended for children under the age of 4. Keep in a cool, dark place.

FREQUENTLY ASKED QUESTIONS
Q. What products are complementary to MindWise?
A. Mineral Essence™, NingXia Red®, and NingXia Nitro® are all complementary products.

Q. Why was MindWise reformulated?
A. MindWise was reformulated with a more bioidentical source of CoQ10 that better assimilates with the body, a better flavor, and a smoother texture.

Q. What are the differences between the new and old version of MindWise?
A. The biggest differences are the lecithin emulsion system, the biodentical CoQ10, a better flavor, and generous amounts of vitamin D3. The lithium has also been removed from the formula for international market expansion.

SUPPLEMENT FACTS

<table>
<thead>
<tr>
<th>Serving Size 1 Tablespoon</th>
<th>Amount Per Serving</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>Total Fat</td>
<td>0.3 g</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>2 g</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>1 g</td>
<td></td>
</tr>
<tr>
<td>Includes 1 g Added Sugars</td>
<td></td>
<td>2%</td>
</tr>
<tr>
<td>Vitamin D (as cholecalciferol)</td>
<td>20 mcg</td>
<td>100%</td>
</tr>
</tbody>
</table>

Proprietary MindWise™ Memory Blend 378.4 mg **
Pomegranate (Punica granatum) fruit extract
Rhododendron (Rhododendron chrysanthemum) leaf extract
L-Alpha glycerylphosphorylcholine (LPC)
Acetyl-L-Carnitine (ALCAR)
Ceramide Q10 (as ubiquinone)
Turmeric (Curcuma longa) root powder

Proprietary MindWise™ Oil Blend 397.5 mg **
Sacha inchi (Plukenetia volubilis) seed oil
Medium chain triglycerides (from fractionated coconut oil)
Lemon (Citrus limon) leaf oil
Peppermint (Mentha piperita) leaf oil
Fennel (Foeniculum vulgare) seed oil
Anise (Pimpinella anisum) seed oil
Lime (Citrus aurantifolia) peel oil

*Percent Daily Values (DV) are based on a 2000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Water, Pomegranate (Punica granatum) juice concentrate, Açaí (Euterpe oleracea) puree, Glycerin, Sunflower lecithin, Natural flavors, Malic acid, Citric acid, Luo han guo fruit extract
No Preservatives
*100% pure, therapeutic-grade essential oil

COMPLEMENTARY PRODUCTS

Mineral Essence™
Item No. 3222

NingXia Red®
Item No. 3044

NingXia Nitro®
Item No. 3064

OmegaGize™
Item No. 3097

*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.