

MIND OVER MATTER

Item No. 33415



Mind Over Matter bolsters you on your toughest days, when your head just isn't in the right place and you'd give anything to get it back together again. Designed by aromatherapy professionals, this kit includes powerhouse oils and blends M-Grain™, Deep Relief™, and Peppermint, which will instantly refresh, soothe, and cool when applied to the head, temples, and neck. Apply, diffuse, or inhale these oils; each one offers comfort when you need it most. Conveniently sized to go anywhere in a custom-designed zipper pouch, this kit helps you get ahead of the situation.



CONTENTS

- Deep Relief essential oil blend, 5 ml
- M-Grain essential oil blend, 5 ml
- Peppermint essential oil, 5 ml
- Gold-plated reflexology ring
- Product information booklet
- Travel zipper pouch

BENEFITS AND FEATURES

- Complete aromatherapy kit designed to help you take back your life when your head is just not in the right place.
- M-Grain essential oil blend was formulated specifically with Basil and Marjoram, which have been traditionally used to comfort and soothe topically. It instantly refreshes and cools when applied to the head, temples, and neck. Its herbaceous and minty aroma helps to create an atmosphere conducive to releasing tension.
- Deep Relief essential oil blend provides a soothing and cooling sensation when applied to shoulders, neck, and scalp.
- Peppermint essential oil produces a refreshing and focused environment when diffused. When inhaled or diffused, it creates an invigorating and refreshing experience to clear the mind.
- The reflexology ring brings balance and harmony to your fingertips to help you relax.

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PRODUCT BACKGROUND

Young Living is proud to offer a customized, on-the-go solution to cool and refresh your head and temples, utilizing the powerful benefits of essential oils. Every Young Living essential oil is Seed to Seal® certified and natural, pure, and safe for you and your family. These Seed to Seal-backed oils harness the best natural solutions the earth has to offer to help you live your best life. Deep Relief, M-Grain, and Peppermint are powerhouse oils that offer naturally potent constituents to help cool, revitalize, and create an atmosphere conducive to releasing tension.



SUGGESTED USE

- Apply to temples, neck, and scalp for an instantly cooling and refreshing sensation.
- Inhale or apply to your chest for a revitalizing and stimulating aroma.
- Treat yourself to an on-the-go massage by applying Deep Relief along the nape of your neck, shoulders, or any other area you desire.
- Diffuse to create an atmosphere conducive to releasing tension.
- Add Peppermint to hot bathwater and enjoy the revitalizing scent and soothing aromatic steam.

DIRECTIONS

Refer to individual oil labels for complete directions.

CAUTIONS

Refer to individual oil labels for complete cautions.