

## PRODUCT SUMMARY

Marjoram is found in many savory dishes, especially those from Mediterranean countries like Italy. Steam distilled from the leaves of the plant, Marjoram Vitality™ essential oil has a similar flavor to Oregano Vitality and is the perfect complement to fish, chicken, soup, and vegetables dishes. Marjoram Vitality provides powerful antioxidant support for a healthy lifestyle and supports the digestive and immune systems when combined with a healthy diet.\*

## KEY INGREDIENTS

Marjoram essential oil

## EXPERIENCE

Marjoram Vitality has a gentle, herbaceous flavor that can elevate the depth of many of your favorite dishes, including marinades, salad dressings, and soups.

## PRODUCT BACKGROUND

The marjoram plant is native to the Mediterranean region and belongs to the Lamiaceae botanical family. Related to mint, its leaves are oval shaped and light green in color. Ancient Greeks referred to marjoram as “the joy of the mountain,” and today it’s a popular herb in many Thanksgiving recipes.

## BENEFITS & FEATURES

- Has a mild, herbaceous, and savory flavor
- Provides powerful antioxidant support that support a healthy lifestyle and may support your digestive system when combined with a healthy diet\*
- Can be taken as a dietary supplement to support a healthy immune system\*

## DIRECTIONS

Dilute 1 drop of Marjoram with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily or as needed.



## SUGGESTED USE

- Substitute 1 drop of Marjoram Vitality per tablespoon of fresh marjoram in your favorite recipes. If less is called for, dip a toothpick in the Marjoram Vitality bottle and swirl it through your wet ingredients.
- Infuse a bottle of extra virgin olive oil with a drop of Marjoram Vitality to elevate salad dressings, marinades, and bread dips.
- Add a drop or two to a fruit smoothie or green juice to support a healthy immune system.\*

## CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

# MARJORAM VITALITY™



## INGREDIENTS

Marjoram (*Origanum majorana*)† leaf oil

†Pure essential oil

## Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Marjoram ( <i>Origanum majorana</i> ) leaf oil	60 mg**

\*\*Daily Value (DV) not established.

## FREQUENTLY ASKED QUESTIONS

**Q.** How do you properly ingest Marjoram Vitality on its own?

**A.** Dilute 1 drop of Marjoram Vitality with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily or as needed.

**Q.** How much Marjoram Vitality should be used when substituting for fresh or dried marjoram in recipes?

**A.** Substitute 1 drop of Marjoram Vitality per tablespoon of fresh marjoram in your favorite recipes. If less is called for, dip a toothpick in the Marjoram Vitality bottle and swirl it through your wet ingredients.

**Q.** Is there a difference between Marjoram Vitality and Marjoram essential oil?

**A.** Marjoram essential oil and Marjoram Vitality contain the same essential oil. Marjoram Vitality is labeled for dietary use, and the classic Marjoram essential oil is labeled for topical and aromatic use. The designation of the two products allows you to share all the ways to use Marjoram in the correct way.

## COMPLEMENTARY PRODUCTS

Marjoram Essential Oil  
Item No. 3584



Bergamot Vitality™  
Item No. 5616



Lavender Vitality™  
Item No. 5590



Orange Vitality™  
Item No. 5627

