

Product Summary

Lemongrass (*Cymbopogon flexuosus*) essential oil is distilled from the herbs and leaves of the plant and has a distinct lemon-lime citrus scent. Lemongrass is commonly diffused to create a calming and relaxing atmosphere, used as part of an uplifting massage, or worn for its delightful fragrance. Lemongrass includes the naturally occurring constituents neral, geranial, limonene, and beta-caryophyllene and is a key ingredient in Purification[®] and En-R-Gee[™] essential oil blends and Ortho Ease[®] and Ortho Sport[®] Massage Oils.

Why We Love It

Lemongrass essential oil brings a pleasant citrus scent that can uplift any space. When diffused, Lemongrass imparts a light, refreshing fragrance that is reminiscent of fresh lemons and limes. Or, add Lemongrass to hair and skin care products to leave your skin looking and smelling fantastic. If you can't get enough of its scent, add extra Lemongrass to boost the fragrant qualities in our blends and massage oils that contain it as a key ingredient.

- Add to Ortho Sport[®] Massage Oil or dilute with V-6 and apply topically for an uplifting after-activity massage.
- Combine a few drops of Lemongrass, along with Purification[®] essential oil blend, with distilled water and witch hazel in a spray bottle and spritz around the house to freshen linens, closets, and other spaces.
- Use with Thieves[®] Household Cleaner or other household cleaning products to add a clean, refreshing aroma.
- Add a few drops to laundry, the dishwasher, or your shoes to give them a welcoming, citrus fragrance.
- Give your Bath & Shower Gel a burst of citrus to elevate your morning routine.

Ingredient

Lemongrass (*Cymbopogon flexuosus*)[†] leaf oil
[†]100% pure, therapeutic-grade essential oil



Directions

Diffuse for an uplifting citrus scent, dilute and apply topically, or add to Bath & Shower Gel Base or lotions to invigorate your daily regimen.

Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

We Also Love

- Rainstone[™] Ultrasonic Diffuser
- Helichrysum Essential Oil
- DiGize[™] Essential Oil Blend
- En-R-Gee[™] Essential Oil Blend
- Longevity[™] Essential Oil Blend
- PanAway[®] Essential Oil Blend
- Purification[®] Essential Oil Blend
- Thieves[®] Essential Oil Blend
- Ortho Ease[®] Massage Oil
- Ortho Sport[®] Massage Oil
- V-6[™] Vegetable Oil Complex
- BLM[™]
- Sulfurzyme[®]

Fun Facts

- Lemongrass oil is steam distilled from herbs and leaves.
- Lemongrass is a perennial grass native to India, Sri Lanka, Burma, and Thailand and is also grown in Guatemala.
- Lemongrass is also available in our Vitality line of dietary essential oils, labeled for internal use!