

## Product Summary

Lemon Vitality essential oil features a bright, fresh flavor. Treasured for its tangy citrus taste, Lemon is one of the most distinct, versatile, and ubiquitous flavors in the culinary world. Containing the naturally occurring constituent limonene, Lemon Vitality is also useful as a daily dietary supplement.

## Why We Love It

- Dishes from every corner of the world can be enhanced with a drop of Lemon Vitality essential oil—sweet dishes like baked goods and frostings take on a bright citrus taste, and savory main courses come to life. Even adding a drop or two to your drinking water can take the ordinary to extraordinary, making it fun and delicious to stay hydrated! And since Lemon Vitality contains naturally occurring constituents, it's an integral ingredient in Thieves®, NingXia Red®, and Inner Defense®.
- Give your drinking water a burst of citrus flavor by adding a few drops of Lemon Vitality.
- Toss your veggies with Lemon Vitality and olive oil prior to roasting for a delicious side dish.
- Make sauces for chicken and fish brighter by including Lemon Vitality.
- Enhance your freshly squeezed lemonade with a few drops of Lemon Vitality.
- Add a twist of extra citrus goodness to your daily NingXia Red® shot with a surge of Lemon Vitality flavor.

## Ingredients

Lemon (*Citrus limon*)† peel oil

†100% pure, therapeutic-grade essential oil



## Supplement Facts

Serving Size: 2 drops

Amount Per Serving	%DV
Lemon ( <i>Citrus limon</i> ) peel oil	120 mg**

\*\*Daily Value (DV) not established.

## Directions

Put 2 drops in a vegetarian gel capsule and take twice daily or as needed.

## Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. If contact with skin occurs, avoid direct sunlight or UV rays for up to 12 hours.

## We Also Love

- Jade Lemon™ Essential Oil
- Frankincense Essential Oil
- Thieves® Essential Oil Blend
- Balance Complete™
- NingXia Red®
- Inner Defense®

## Fun Facts

- Lemon trees are small evergreens that are thought to have first grown in northeast India.
- Lemon Vitality essential oil is a key ingredient in Thieves®, NingXia Red®, and Inner Defense®.
- It takes approximately 25 lemons to create one 5-ml bottle of Lemon Vitality essential oil.

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.