

# LEMON VERBENA

5 ml Item No. 32013



Brighten your day with Lemon Verbena! With an aroma that purifies your environment and invigorates your senses, it sends you to sunlit fields of lemon bliss. Renowned in the fragrance and tea industries, this fresh, uplifting, citrus-herbal aroma actually comes from a fragrant shrub, not a citrus fruit. Use this bright, zesty essential oil as a personal or home fragrance, to cleanse the skin and pamper it with antioxidants, or as a midday pick-me-up.

Young Living is proud to offer only true, 100 percent pure Lemon Verbena essential oil produced with our Seed to Seal® quality commitment. Because the plant yields very little oil, many essential oils marketed as Lemon Verbena are adulterated and blended with other oils or additives to increase the amount in a bottle. Not from us; we offer you only pure essential oils for your pure lifestyle.



## KEY INGREDIENTS

- 100 percent pure, Lemon Verbena essential oil produced with our Seed to Seal quality commitment
- Contains the powerful constituents citral and spathulenol

## BENEFITS AND FEATURES

- Contains antioxidants
- Creates a spa-like atmosphere to brighten and uplift your day
- Serves as a natural and pure personal fragrance
- 100 percent pure and unadulterated
- Purifies and refreshes the air when diffused
- Cleanses the skin
- Provides a fresh, lemony cleansing boost to household cleaners
- Contains the powerful constituents of citral and spathulenol

# LEMON VERBENA

## PRODUCT BACKGROUND

Lemon Verbena essential oil is produced by steam distilling the feather-shaped leaves of this flowering shrub, which has fragrant, lilac-colored flowers. Its distinct aroma was first documented in 1767 in Buenos Aires, Argentina. The plant was historically used to make a cleansing tea in South America and is renowned in the fragrance industry and used in many perfumes, soaps, and beauty products. Lemon Verbena is also used in the culinary world in some teas, ice creams, cakes, fruit syrups and spritzers, and as a seasoning for fish.



## SUGGESTED USE

- Diffuse in your home for a clean, lemony aroma that will refresh your living space and raise your spirits.
- Dilute and apply topically on your wrists or neck for a natural personal fragrance.
- Add a drop or two to your favorite DIY recipes for hand creams, sugar scrubs, or body mists.
- Dilute and apply topically to cleanse the skin and provide important antioxidants.

## DIRECTIONS

**Topical:** Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

## Ingredients:

*Aloysia citriodora*† (Lemon Verbena) oil

†100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS



Tangerine  
Item No. 3644



Bergamot  
Item No. 3503



Lemongrass  
Vitality  
Item No. 5626



Orange Rosehip  
Black Tea  
Item No. 32209

 Topical  Aromatic