

Product Summary

Lavender is a popular essential oil long loved for its calming, soothing fragrance. When diffused, Lavender adds a clean and fresh scent to any room. It is also a relaxing addition to body care products and baths.

Why We Love It

Lavender essential oil's smell is very similar to that of the fresh herb—clean, fresh, relaxing, and floral—which is why Lavender has always been such a favorite of gardeners and perfume makers. That relaxing smell makes Lavender a bubble bath's best friend! Just add a few drops to hot bath water at the end of a long day to unwind and let it all go. It's also great to diffuse while buried in a great book and drinking a cup of herbal tea.

- Want to get away? Create your own relaxing retreat by diffusing Lavender. Not only is its aroma soothing, but it also fills any space with a fresh, clean smell that eliminates odors.
- Unwind at the end of a long day by adding a cup of Epsom salt and few drops of Lavender to a hot bath.
- Add a few drops to your favorite shampoos, lotions, or skin care products to give your hair and skin extra radiance and for a beautiful smell that lasts all day.

Ingredients:

Lavandula angustifolia† (Lavender) oil † 100% pure, therapeutic-grade essential oil



Directions

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

Cautions

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. For external use only. Keep away from eyes and mucous membranes.

Fun Facts

- Young Living has three farms that grow lavender, located in Utah, Idaho, and France.
- Lavender is part of the mint family.
- It takes 27 square feet of lavender plants to make one 15-ml bottle of lavender oil.
- In ancient Greece, Pedanius Dioscorides, a physician, pharmacologist, and botanist, extolled the many qualities and uses of lavender.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

We Also Love

- Dewdrop™ Diffuser
- Rainstone™ Diffuser
- Idaho Balsam Fir Essential Oil
- Blue Cypress Essential Oil
- Peace & Calming® Essential Oil Blend
- Tranquil™ Essential Oil Roll-On
- RutaVaLa™ Essential Oil Blend
- Harmony™ Essential Oil Blend

Product Information

Lavender Essential Oil—15 ml
Item No. 3575