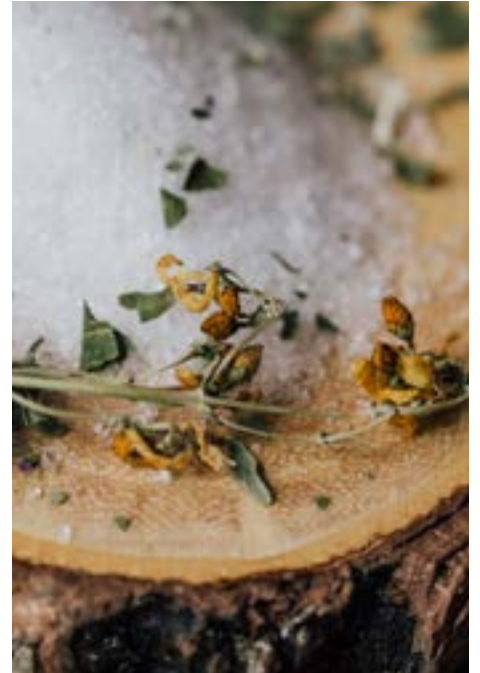




YOUNG LIVING[®]
ESSENTIAL OILS

2021 Holiday Launch event DIYs





Holiday cleaning

Pumpkin Spice Household Cleaner

By Anna Comer

SUPPLIES:

- 1 capful Thieves® Household Cleaner
- 16-ounce spray bottle, nearly full with water
- 7–10 drops each:

Cinnamon Bark
Cardamom

Nutmeg
Clove

Orange

DIRECTIONS:

Add all ingredients to the spray bottle, give it a gentle shake, and spray away!



5-minute potpourri

By Anna Comer

Simply gather your favorite fall foliage and dried botanicals, like pinecones and cinnamon sticks, and add a drop or two of your most-loved autumn essential oils. Try dropping Cinnamon Bark and Christmas Spirit™ directly on the pinecones and cinnamon sticks. This acts as a natural diffuser and can easily be refreshed throughout the holiday season!

Festive scents

BLOOM® spray

By Chelsea Young

SUPPLIES:

- 10 drops BLOOM essential oil blend
- BLOOM spritzer bottle
- Splash of witch hazel
- Water

DIRECTIONS:

1. Add BLOOM essential oil blend and witch hazel to our spritzer bottle.
2. Fill the remainder with water.
3. Enjoy as a perfume or a room spray.





Natural cologne

By Bryan Cooper

SUPPLIES:

- 7–10 drops Orange
- 7–10 drops Roman Chamomile
- 7–10 drops Blue Cypress
- V-6™ Vegetable Oil Complex or other carrier oil of your choice

DIRECTIONS:

1. Add essential oils to a 10 ml roller bottle.
2. Fill the rest with carrier oil.
3. Enjoy your natural cologne by applying on neck or wrists.

Giftable goodies

Gift tags

By Anna Negru

SUPPLIES:

- [Young Living free printable gift tags](#)
- Hole punch
- Hole punch reinforcement stickers or grommets
- Favorite holiday oils or blends—try Cinnamon Bark, Thieves®, Nutmeg, Orange, or Clove
- Cotton balls
- Ziploc bags or reusable containers
- Ribbon or twine

DIRECTIONS:

1. Print your desired number of Young Living gift tags, cut them out, punch a hole in the tops, and affix hole punch reinforcement stickers or grommets.
2. Drop up to 5 drops of your favorite holiday essential oils onto each cotton ball and place in containers, along with a dozen gift tags per cotton ball. Seal the containers and let the tags soak up the aromas overnight.
3. Thread the ribbon or twine through each hole punch and get creative with additional decorations. You might try adding:
Jingle bells Burlap Feathers
Clothespins Dried flowers
4. Using the twine or ribbon, tie these festive tags onto your gifts.





Bath salts

By Yamilka Muniz

SUPPLIES:

- 1 cup Epsom salt
- ½ cup coarse sea salt
- ¼ cup baking soda
- 10 drops essential oil of your choice; fun seasonal scents include Christmas Spirit™, Geranium Bourbon, or Winter Nights

DIRECTIONS:

1. Place Epsom salt, sea salt, and baking soda in a bowl.
2. Mix in essential oil.
3. Combine all ingredients in a jar with a tight seal and store for your next luxurious bath or to gift to others.

Holiday drinks

Protein hot chocolate

By Bryan Martin

INGREDIENTS:

- 8–12 ounces water or plant-based or dairy milk
- 2 scoops of Young Living Pure Protein Complete™, Chocolate Deluxe, plus extra for serving
- 1–3 drops Vitality™ essential oils to taste. You might try:
 - Orange Vitality
 - Nutmeg Vitality
 - Clove Vitality
 - Cinnamon Bark Vitality
 - Thieves Vitality

DIRECTIONS:

1. Heat water or milk over medium-low heat in a saucepan.
2. Whisk in protein powder, then add Vitality oils. Start with fewer drops and adjust to taste.
3. Pour into a large mug and garnish with marshmallows and a dusting of protein powder.
4. Serve hot.





Celebration Cider

By Bryan Martin

INGREDIENTS:

- 8–12 ounces apple cider
- 1–3 drops Vitality™ essential oils to taste. You might try:

Orange Vitality	Nutmeg Vitality
Clove Vitality	Cinnamon Bark Vitality
Thieves Vitality	

DIRECTIONS:

1. Heat apple cider in a saucepan over medium-low heat.
2. Whisk in Vitality oils. Start with fewer drops and adjust to taste.
3. Pour into a large mug, then garnish with cinnamon-dusted orange and apple slices.
4. Serve hot.

Holiday diffuser blends

Sugar & Spice

3 DROPS
CHRISTMAS SPIRIT™
3 DROPS VANILLA



Cozy by the Fire

3 DROPS CASSIA
3 DROPS CEDARWOOD
3 DROPS ORANGE



Ginger Bread Man

3 DROPS
CINNAMON BARK
3 DROPS GINGER
2 DROPS VANILLA



Tree Farm

3 DROPS EVERGREEN
ESSENCE
3 DROPS CEDARWOOD
1 DROP ORANGE



'Tis the Season

4 DROPS
CHRISTMAS SPIRIT™
2 DROPS VANILLA
1 DROP PEPPERMINT



Fa-la-la-la

5 DROPS
GRAPEFRUIT
2 DROPS
PEPPERMINT
2 DROPS STRESS
AWAY™



Candy Cane Sweet

5 DROPS
STRESS AWAY™
2 DROPS
PEPPERMINT



[Watch all 2021
Holiday Launch
DIYs here](#)