

## PRODUCT SUMMARY

With its light, woody scent and the naturally occurring constituent alpha-pinene, Hinoki makes a great addition to your essential oil collection. Steam distilled from Japanese cypress trees, Hinoki essential oil has been used historically for refreshing the soul. Today, the oil is used to create a calm, relaxing ambiance that can help increase spiritual awareness.

## KEY INGREDIENTS

Hinoki essential oil

## EXPERIENCE

With a woody, citrus-like scent, Hinoki creates a peaceful atmosphere. Diffuse this oil throughout your home to create a relaxing feeling or apply it topically for a calming ritual with skin benefits.

## PRODUCT BACKGROUND

Hinoki essential oil comes from the Hinoki cypress tree, *Chamaecyparis obtusa*, which is native to central Japan. The essential oil is distilled from the tree's red-brown wood, and it retains the warm, slightly citrusy aroma.

Because of this tree's valuable qualities, it is numbered among the Five Sacred Trees of Kiso, which includes the most prized trees of the Kiso region. Today, it can be found as a popular ornamental tree both in Japan and around the world.



Topical



Aromatic



Dilute

## BENEFITS & FEATURES

- Has a light, woody, citrus-like scent
- Supports feelings of calm and relaxation
- Can support feelings of spiritual awareness
- Is a great complement to a post-workout massage
- Includes the naturally occurring constituent alpha-pinene

## SUGGESTED USE

- Diffuse Hinoki at work, school, or while studying for a calming aroma.
- Add it to your bath to create a peaceful atmosphere.
- Use it with massage after exercise for a soothing, relaxing experience.
- Diffuse or apply it topically during yoga or meditation for a relaxing aroma that can increase spiritual awareness.
- Use it in your daily skin care routine to support the appearance of healthy-looking skin.



# HINOKI

## DIRECTIONS

Topical: Dilute 1 drop Hinoki with 1 drop V-6™ Vegetable Oil Complex and apply to desired area as needed.

Aromatic: Diffuse up to 30 minutes 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## INGREDIENTS

*Chamaecyparis obtusa*† (Hinoki) oil

† 100% pure, therapeutic-grade essential oil

## FREQUENTLY ASKED QUESTIONS

**Q. Can Hinoki essential oil be ingested?**

A. Hinoki is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

**Q. Does Hinoki need to be diluted for topical application?**

A. Yes, dilute 1 drop of Hinoki with 1 drop of V-6™ Vegetable Oil Complex and apply to desired area as needed.

**Q. Is there a UV warning associated with Hinoki?**

A.No, Hinoki will not cause photosensitivity.

## COMPLEMENTARY PRODUCTS

Lemongrass  
Essential Oil  
Item No. 3581



Grounding™  
Essential Oil Blend  
Item No. 3348



Sacred Frankincense™  
Essential Oil  
Item No. 3552



V-6™ Vegetable  
Oil Complex  
Item No. 3031

