PRODUCT SUMMARY
With its light, woody scent and the naturally occurring constituent alpha-pinene, Hinoki makes a great addition to your essential oil collection. Steam distilled from Japanese cypress trees, Hinoki essential oil has been used historically for refreshing the soul. Today, the oil is used to create a calm, relaxing ambiance that can help increase spiritual awareness.

KEY INGREDIENTS
Hinoki essential oil

EXPERIENCE
With a woody, citrus-like scent, Hinoki creates a peaceful atmosphere. Diffuse this oil throughout your home to create a relaxing feeling or apply it topically for a calming ritual with skin benefits.

PRODUCT BACKGROUND
Hinoki essential oil comes from the Hinoki cypress tree, Chamaecyparis obtusa, which is native to central Japan. The essential oil is distilled from the tree’s red-brown wood, and it retains the warm, slightly citrusy aroma. Because of this tree’s valuable qualities, it is numbered among the Five Sacred Trees of Kiso, which includes the most prized trees of the Kiso region. Today, it can be found as a popular ornamental tree both in Japan and around the world.

BENEFITS & FEATURES
• Has a light, woody, citrus-like scent
• Supports feelings of calm and relaxation
• Can support feelings of spiritual awareness
• Is a great complement to a post-workout massage
• Includes the naturally occurring constituent alpha-pinene

SUGGESTED USE
• Diffuse Hinoki at work, school, or while studying for a calming aroma.
• Add it to your bath to create a peaceful atmosphere.
• Use it with massage after exercise for a soothing, relaxing experience.
• Diffuse or apply it topically during yoga or meditation for a relaxing aroma that can increase spiritual awareness.
• Use it in your daily skin care routine to support the appearance of healthy-looking skin.
DIRECTIONS
Topical: Dilute 1 drop Hinoki with 1 drop V-6™ Vegetable Oil Complex and apply to desired area as needed.
Aromatic: Diffuse up to 30 minutes 3 times daily.

CAUTIONS
Keep out of reach of children. For external use only.
Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Q. Can Hinoki essential oil be ingested?
A. Hinoki is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

Q. Does Hinoki need to be diluted for topical application?
A. Yes, dilute 1 drop of Hinoki with 1 drop of V-6™ Vegetable Oil Complex and apply to desired area as needed.

Q. Is there a UV warning associated with Hinoki?
A. No, Hinoki will not cause photosensitivity.

INGREDIENTS
Chamaecyparis obtusa† (Hinoki) oil
† 100% pure, therapeutic-grade essential oil

FREQUENTLY ASKED QUESTIONS

COMPLEMENTARY PRODUCTS

Sacred Frankincense™ Essential Oil
Item No. 3552

Lemongrass Essential Oil
Item No. 3581

Grounding™ Essential Oil Blend
Item No. 3348

V-6™ Vegetable Oil Complex
Item No. 3031

Sacred Frankincense™ Essential Oil
Item No. 3552