

OILS INCLUDED

15 ml AromaSleep™ essential oil blend
15 ml Freedom™ essential oil blend
15 ml Inner Harmony™ essential oil blend
5 ml Valor® essential oil blend

PRODUCT SUMMARY

When it's time to hit the sheets, you want calm, relaxed energy and positive thoughts. Nothing makes drifting off to dreamland feel better than feeling soothed and settled. The Freedom Sleep collection features an array of essential oil blends, all formulated to make bedtime your favorite part of the day. With this selection of oil blends, you'll find aromas that range from complex and empowering to sweet and relaxing, all developed with your best rest in mind.

KEY INGREDIENTS

AromaSleep essential oil blend:

Lavender, Geranium, Roman Chamomile, Bergamot, Tangerine, Sacred Frankincense™, Valerian

Freedom™ essential oil blend:

Balsam Copaiba, Sacred Frankincense™, Vetiver, Lavender, Idaho Blue Spruce, Peppermint, Palo Santo, Valerian, Rue

Inner Harmony essential oil blend:

Geranium, Lavender, Royal Hawaiian Sandalwood™^Δ, Ylang Ylang, Idaho Blue Spruce

Valor essential oil blend:

Black Spruce, Camphor Wood, Blue Tansy, Frankincense, Geranium

^Δ Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC

PRODUCT BACKGROUND

We believe in the freedom to live the life you choose. That means feeling empowered, inspired, and connected—at peace with the everyday. Featuring only Young Living-exclusive blends, this selection has been carefully curated to create one of YL's most coveted collections. Find your freedom with a wide range of inspiring aromas.



Topical



Aromatic

BENEFITS AND FEATURES

- Encourages relaxation for a more restful night's sleep
- Generates positive energy flow throughout the body
- Helps relax and calm thoughts and feelings

FREEDOM SLEEP™ COLLECTION



SUGGESTED USE

AromaSleep essential oil blend: Diffuse this gentle blend at bedtime.

Freedom essential oil blend: Use this complex aroma on its own to help boost your positive energy or combine it with the other blends in this collection to enhance benefits.

Inner Harmony essential oil blend: Inhale this luxurious blend when you're seeking balance and spiritual awareness.

Valor essential oil blend: Feel empowered when you diffuse or apply this grounding scent.

DIRECTIONS

For additional usage instructions and cautions, please refer to each product label or YoungLiving.com/safetyguidelines.

COMPLEMENTARY PRODUCTS

Freedom Release™ collection
Item No. 4734



AromaLux® Diffuser
Item No. 4695



AromaGlide® Roller Fitments
Item No. 5072

