

PRODUCT SUMMARY

Frankincense is rich with tradition, and its taste is unmistakable. Frankincense Vitality essential oil carries a rich, sweet, woody flavor and properties that can help support overall well-being and a healthy immune system when taken internally.*

Frankincense Vitality is also a key ingredient in Young Living's Longevity™ Vitality essential oil blend. Add Frankincense Vitality to your favorite foods or beverages to enjoy its unmistakable flavor.

KEY INGREDIENTS

Frankincense essential oil

EXPERIENCE

Frankincense Vitality has a complex, sweet, and woody flavor with hints of citrus.

PRODUCT BACKGROUND

Distilled from the resin of trees, Frankincense essential oil is considered a holy oil in the Middle East, where it has been used in religious ceremonies for thousands of years. It is even mentioned in one of the oldest known scientific records, the Ebers papyrus, dating back to the 16th century BC.

Young Living distills Frankincense oil from the resin of *Boswellia carterii* trees located in northern Africa, near the Arabian Peninsula.



Dietary

BENEFITS & FEATURES

- May support overall well-being*
- Supports healthy immune function*
- Can be taken as a dietary supplement for general health*
- Can be added to your favorite foods or beverages

SUGGESTED USE

- Take Frankincense Vitality internally as a dietary supplement by adding 1–2 drops to a vegetarian capsule to assist overall well-being and healthy immune function.*
- Add it to water or a green smoothie to enjoy Frankincense Vitality's subtle citrusy flavor.
- Pair it with your favorite Young Living products, including NingXia Red[®], PowerGize™, or ImmuPower™, for an added boost to your day that will support your overall health.*

FRANKINCENSE VITALITY™



DIRECTIONS

Put 2 drops in a capsule and take 3 times daily.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

ALSO AVAILABLE

Frankincense Essential Oil (Item No. 3548)

Supplement Facts

Serving Size: 1 drop

| Amount Per Serving | %DV |
|--|---------|
| Frankincense (<i>Boswellia carteri</i>)† gum/resin oil | 60 mg** |

**Daily Value (DV) not established.

INGREDIENTS

Frankincense (*Boswellia carterii*)† gum/resin oil

†Pure essential oil

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Frankincense Vitality?

A. Put 2 drops in a capsule and take up to 3 times daily.

Q. How much Frankincense Vitality should be used in recipes?

A. Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Frankincense flavor in your dish; add more as needed.

Q. Is there a difference between Frankincense essential oil and Frankincense Vitality?

A. Frankincense essential oil and Frankincense Vitality contain the same essential oil. Frankincense essential oil is labeled for topical and aromatic use, and Frankincense Vitality is labeled for dietary use. The designation of the two product allows you to share all the ways to use Frankincense in the correct way.

COMPLEMENTARY PRODUCTS

Lavender Vitality™
Essential Oil
Item No. 5590



Orange Vitality™
Essential Oil
Item No. 5627



NingXia Red®
Item No. 3042



Clear Vegetable
Capsules
No. 3193

