

PRODUCT SUMMARY

Frankincense essential oil (*Boswellia carterii*) has a broad range of uses, from enhancing spiritual and meditative practice to use in beauty routines. Frankincense has an earthy, uplifting aroma that's perfect for grounding and spiritual connectedness. Create a safe and comforting environment by diffusing this oil's empowering aroma, particularly when you are seeking purpose or engaged in prayer or meditation.

In addition to elevated spiritual experiences, Frankincense can help you maintain the appearance of radiant skin. Its ability to smooth the appearance of healthy skin explains why this oil is a key ingredient in our Boswellia Wrinkle Cream™.

KEY INGREDIENTS

Frankincense essential oil

EXPERIENCE

Frankincense essential oil provides a grounding aroma that is perfect for creating a grounding experience during yoga or meditation. It can also be used topically to promote the appearance of healthy-looking skin.

PRODUCT BACKGROUND

Frankincense essential oil is considered a holy oil in the Middle East, where it has been used in religious ceremonies for thousands of years and was one of the gifts given to Christ at his birth. Frankincense is mentioned in the Ebers Papyrus, an ancient Egyptian scroll from approximately 1500 BCE, that documents its use.

Young Living distills Frankincense oil from the resin of *Boswellia carterii* trees located in northern Africa, near the Arabian Peninsula. Frankincense is a key ingredient in many products, including Boswellia Wrinkle Cream, Brain Power™, Awaken™, Highest Potential™, and Forgiveness™.



Topical



Aromatic

BENEFITS & FEATURES

- Has a sweet, honey-like, and woody fragrance
- Has a stimulating aroma
- Promotes the appearance of healthy-looking skin
- Reduces the appearance of uneven skin tones
- Promotes feelings of relaxation and tranquility

SUGGESTED USE

- Add Frankincense to your moisturizer to highlight your natural beauty and promote the appearance of healthy-looking skin and even skin tones.
- Add a few drops to V-6™ Vegetable Oil Complex and use it in a massage after activity.
- Invite elevated spiritual experiences every day by diffusing this oil in your home.
- Incorporate Frankincense into your yoga ritual by diffusing it during your routine to promote feelings of relaxation and tranquility.

FRANKINCENSE



DIRECTIONS

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Flammable: Do not use near fire, flame, heat, or sparks. Do not store above room temperature.

INGREDIENTS

Boswellia carterii[†] (Frankincense) oil

[†]Pure essential oil

ALSO AVAILABLE IN

Frankincense Vitality™ (Item No. 5587)

FREQUENTLY ASKED QUESTIONS

Q. Can Frankincense oil be ingested?

A. Frankincense is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products. Try Frankincense Vitality™ if you are interested in a product specifically labeled for internal use

Q. Does Frankincense need to be diluted for topical application?

A. Dilution is not required, except for the most sensitive skin. Use as needed.

Q. Is there a UV warning associated with Frankincense?

A. No, Frankincense is not known to cause photosensitive reactions.

COMPLEMENTARY PRODUCTS

Desert Mist™
Ultrasonic Diffuser
Item No. 21558



The Gift™ Essential
Oil Blend
Item No. 6500



Myrrh Essential Oil
Item No. 3593



3 Wise Men™
Essential Oil Blend
Item No. 3426

