# ECUADORIAN OREGANO

Item No. 33860

Immerse yourself in the traditions of the lush South American tropics with Ecuadorian Oregano essential oil. This pure essential oil is cultivated and distilled in the rich soil of Young Living's Finca Botanica Farm and Distillery in Chongon, Ecuador. Ecuadorian Oregano is a powerful herb, found in villages and houses throughout South America, where grandmothers and herbalists alike have used it for generations.

Ecuadorian Oregano is not technically oregano, but is named such because of its softly herbaceous, oregano-like scent. This naturally pure essential oil offers a cleansing, invigorating aroma, and pairs perfectly with a relaxing massage for overworked muscles. If you love the soft, herbaceous scent of Oregano but need similar properties to Peppermint, R.C.™, or Cool Azul®, Ecuadorian Oregano is just for you!



#### KEY INGREDIENTS

Pure, Ecuadorian Oregano essential oil produced with our Seed to Seal quality commitment

#### BENEFITS AND FEATURES

Pairs perfectly with Ortho Ease® or Ortho Sport® to massage on overworked muscles

- Cleanses and purifies the air of strong odors when diffused
- Creates a cleansing, invigorating experience when inhaled or diffused with R.C. or Eucalyptus oils
- Pairs well with Thieves® essential oil blend and Thieves cleaning products
- Soft, herbaceous, oregano-like aroma
- Great substitute for Oregano essential oil in blends or the Raindrop Technique® for a milder, softer oregano aroma
- Key component in Cool Azul® Pain Relief Cream
- Includes the natural constituents of carvacrol, gamma terpinene, and para-cymene

## **DIRECTIONS**

Topical: Dilute 1 drop with 4 drops of  $V-6^{TM}$ Vegetable Oil Complex or olive oil. Test on small area of skin on underside of arm. Apply to desired area as needed.

Aromatic: Diffuse up to 10 minutes 3 times daily.

## **CAUTIONS**

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.



## PRODUCT BACKGROUND

The story of this unique essential oil starts in Ecuador, where Young Living Founder D. Gary Young came across a hardy, semi-succulent that produced a surprising amount of essential oil. Its aroma was similar to many oregano species with a moderately high carvacrol content. Ecuadorian Oregano (Plectranthus amboinicus) is thought to be originally from Africa but has spread throughout the world.

As such, it has many common English names like Mexican mint, Spanish thyme, Indian mint, French thyme, Mexican thyme, Cuban oregano, and Three-in-one herb. Another way to identify this oil is by its common and former scientific synonyms, which are: Coleus amboinicus, Coleus aromaticus, and Plectranthus aromaticus.

#### **INGREDIENTS:**

Plectranthus amboinicus<sup>†</sup> (Ecuadorian Oregano) oil

†Pure essential oil

#### COMPLEMENTARY PRODUCTS



Oregano Vitality™ Item No. 5594



 $R.C.^{^{\mathrm{TM}}}\,essential$ oil blend Item No. 3409



Ortho Ease® Massage Oil Item No. 3033



Thieves® essential oil blend Item No. 3423









- Photosensitive





