

PRODUCT SUMMARY

Your detoxification system works hard; give it some love with Cumin Vitality! Cumin is a cleansing support superstar, delivering internal cleansing properties and support for your body's most important detoxifying organs, like the liver, kidneys, and digestive system. Toasted, spicy, and earthy, it's also an international cuisine fan favorite. A drop of Cumin Vitality will make all the difference between mediocre and memorable in your chili, curry, and stew recipes.

- Nix those toxins. Support your liver and the body's natural cleansing processes with Cumin Vitality.
- Settle down. Taking Cumin Vitality after meals can help ease digestive discomfort to keep your healthy digestive system going strong.

KEY INGREDIENTS

Pure, Seed-to-Seal[®]-certified Cumin essential oil from Egypt

EXPERIENCE

Cumin Vitality adds a warm, spicy flavor to your favorite savory dishes. It also provides cleansing properties and is your best friend for a healthy liver and a comfortable digestive system.

PRODUCT BACKGROUND

Cumin Vitality essential oil is produced by distilling the seeds of the cumin plant and can deepen and enrich the flavor of Indian, North African, and Middle Eastern recipes. Cumin is a small, flowering, herbaceous plant from the Apiaceae family that is native to the Middle East and South Asia.

Although we now think of it as a spice, cumin was once used by the ancient Egyptians during ceremonial rituals. In the Middle Ages, cumin seed was known as a symbol of love and fidelity and was often carried by brides and grooms at the wedding ceremony for good luck.



BENEFITS & FEATURES

- Supports healthy liver function and provides cleansing and detoxifying properties*
- Supports a healthy digestive system to ease digestive discomfort*
- Offers antioxidant properties*
- Supports your healthy immune system*
- Gives recipes a rich, spicy flavor
- Non-GMO Project verified

SUGGESTED USE

- Add 1-2 drops to water or hot tea to take advantage of Cumin Vitality's cleansing properties.
- Add 1-2 drops of Cumin Vitality to a capsule and take it daily as a dietary supplement to support a healthy, comfortable digestive system.
- Add Cumin Vitality for an added flavor boost in many recipes, including Indian, Latin American, and North African cuisines.

CUMIN VITALITY™



DIRECTIONS

- Dilute 1 drop with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily.
- Substitute Cumin Vitality for fresh or ground cumin in recipes.
- Add 1-2 drops to water, tea, or smoothies.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Cumin (<i>Cuminum cyminum</i>) seed oil	60 mg**

**Daily Value (DV) not established.

INGREDIENTS

Cumin (*Cuminum cyminum*)† seed oil

†Pure Essential Oil

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Cumin Vitality on its own?

A. Dilute 1 drop of Cumin Vitality with 1 drop of carrier oil in a capsule and take up to 3 times daily. Substitute Cumin Vitality for fresh or ground cumin in recipes. Add 1-2 drops to water, tea, or smoothies.

Q. How much Cumin Vitality oil should be used when substituting for whole or ground cumin seed in recipes?

A. Because of the oil's high potency, start by dipping a toothpick in Cumin Vitality and swirl it through your ingredients for a light cumin flavor. Add more as needed.

Q. Can Cumin Vitality be diffused or applied topically?

A. Cumin Vitality is not labeled for aromatic or topical use.

Q. Does Cumin Vitality contain GMOs?

A. Cumin Vitality, along with all of Young Living's Vitality oils, are Non-GMO Project verified.

COMPLEMENTARY PRODUCTS

Detoxzyme®
Capsules
Item No. 3203



Slique® Tea - Ocotea
Oolong Cacao
Item No. 4560



Black Pepper
Vitality™
essential oil
Item No. 5617



Cilantro Vitality™
essential oil
Item No. 26944

