

# CITRUS FRESH<sup>™</sup> VITALITY<sup>™</sup>

#### PRODUCT SUMMARY

Citrus Fresh Vitality essential oil blend perfectly combines member-favorite citrus oils with the refreshingly cool taste of Spearmint to add a striking and unique pop of flavor to culinary dishes. This mix of Orange, Grapefruit, Mandarin, Tangerine, Lemon, and Spearmint essential oils can be used to add zest to chicken, salmon, and gourmet salads. You can also try it on the go: Add it to your water to keep you motivated to stay hydrated. Citrus Fresh Vitality can also provide an internal boost with its antioxidants and cleansing properties.\* Indulge with Citrus Fresh Vitality and never feel dull about the food you're eating again!

#### KEY INGREDIENTS

Orange, Grapefruit, Mandarin, Tangerine, Lemon, and Spearmint essential oils

#### EXPERIENCE

Citrus Fresh Vitality has a pleasant and invigorating taste. With the combination of citrus-based essential oils and Spearmint, Citrus Fresh Vitality is perfectly tart with a subtle hint of minty flavor.

#### PRODUCT BACKGROUND

Citrus Fresh Vitality was created to enhance the flavor of baked goods, marinades for chicken and seafood, salad dressings, and so much more! It combines essential oils from beloved citrus fruits such as grapefruit—first discovered in Barbados—and lemon—thought to have origins in India. Using a combination of steam-distillation and cold-pressed techniques, these essential oils come together for an unforgettable flavor!



#### BENEFITS & FEATURES

- Has an invigorating citrus flavor
- Contains antioxidant properties\*
- Supports overall wellness\*
- Contains cleansing properties\*
- Includes the naturally occurring constituents limonene and carvone

#### SUGGESTED USE

- Add 1–2 drops to every 2 ounces of your favorite fruit and vegetable juices and smoothies.
- Infuse your water with a burst of flavor by adding 2–3 drops to your glass throughout the day.
- Use Citrus Fresh Vitality in recipes such as fruit salads, salad dressings, and marinades to enhance the flavor.
- Add 1–2 drops to a vegetarian capsule and use it as a dietary supplement to support general wellness.\*

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#### DIRECTIONS

Put 2 drops in a capsule and take 3 times daily.

#### CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. If contact with skin occurs, avoid direct sunlight or UV rays for up to 24 hours.

#### ALSO AVAILABLE

Citrus Fresh<sup>™</sup> Essential Oil Blend (Item No. 3318)

# Supplement Facts Serving Size: 2 drops Amount Per Serving %DV Amount Per Serving %DV Proprietary Citrus Fresh<sup>™</sup> Oil Blend 120 mg\*\* Orange (Citrus sinensis) peel oil 120 mg\*\* Tangerine (Citrus reticulata) peel oil Grapefruit (Citrus paradisi) peel oil Lemon (Citrus limon) peel oil Lemon (Citrus reticulata) peel oil Spearmint (Mentha spicata) leaf oil \*\*Daily Value (DV) not established.

#### I N G R E D I E N T S

Orange (Citrus sinensis)<sup>†</sup> peel oil, Tangerine (Citrus reticulata)<sup>†</sup> peel oil, Grapefruit (Citrus paradisi)<sup>†</sup> peel oil, Lemon (Citrus limon)<sup>†</sup> peel oil, Mandarin (Citrus reticulata)<sup>†</sup> peel oil, Spearmint (Mentha spicata)<sup>†</sup> leaf oil <sup>†</sup>Pure Essential Oil

#### FREQUENTLY ASKED QUESTIONS

#### Q: Can Citrus Fresh Vitality be ingested?

A: Yes, Citrus Fresh Vitality is labeled as a dietary supplement and is safe for internal use.

### Q. How much Citrus Fresh Vitality should be used in recipes?

A. Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Citrus Fresh flavor in your dish. Add more as needed.

## Q. Is there a difference between Citrus Fresh essential oil blend and Citrus Fresh Vitality?

A. Citrus Fresh essential oil blend and Citrus Fresh Vitality contain the same essential oils. Citrus Fresh essential oil blend is labeled for topical and aromatic use, and Citrus Fresh Vitality is labeled for dietary use. The designation of the two product allows you to share all the ways to use Citrus Fresh in the correct way.

#### COMPLEMENTARY PRODUCTS

Orange Vitality™ Essential Oil Item No. 5627







Peppermint Vitality Essential Oil Item No. 5628



NingXia Red® Item No. 3042



\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.