

PRODUCT SUMMARY

Cedarwood (*Cedrus atlantica*) essential oil's woody, warm, balsamic aroma creates a relaxing, calming, and comforting atmosphere when diffused to help support a relaxing nighttime routine. The cleansing and moisturizing properties associated with Cedarwood essential oil also make it a great addition to your favorite skin care products. When applied topically, it can help maintain the appearance of healthy, youthful skin. You can also massage Cedarwood oil into your scalp to enhance the appearance of healthy-looking hair.

KEY INGREDIENTS

Cedarwood essential oil

EXPERIENCE

Cedarwood essential oil has a warm, relaxing aroma that is soothing when diffused. It can be used topically on skin and hair to moisturize and condition.

PRODUCT BACKGROUND

The biblical Cedars of Lebanon are the *Cedrus libani*, which are very closely related to the cedars in contemporary Cedarwood oil. Historically, ancient Egyptians used Cedarwood oil in ceremonial rites.

Young Living's Cedarwood oil comes from Morocco and the United States, and it is steam distilled from the bark of the tree. Cedarwood is a key ingredient in Brain Power™, Grounding™, Highest Potential™ and Cel-Lite Magic™ Massage Oil.



Topical



Aromatic



Photosensitive

BENEFITS & FEATURES

- Creates a relaxing, calming, and comforting atmosphere when diffused to support a relaxing nighttime routine
- Helps maintain the appearance of youthful skin and healthy-looking hair
- Has skin-cleansing properties
- Is a natural deodorizer
- Includes naturally occurring constituents that are high in sesquiterpenes

SUGGESTED USE

- Diffuse Cedarwood in the evening to create a relaxing atmosphere and help neutralize odors.
- Apply 1–2 drops onto your pillow before going to bed.
- Add a couple of drops to a DIY outdoors spray blended with oils such as Citronella, Rosemary, Tea Tree, Myrtle, Clove, or Lemongrass to use at sporting events or while camping.
- Pamper yourself with an at-home scalp massage. Warm a few drops between your hands and rub it into your scalp for healthy-looking hair.
- Add Cedarwood to your favorite lotions and skin care products to help cleanse and moisturize the skin.

CEDARWOOD



DIRECTIONS

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Cedrus atlantica[†] (Cedarwood) bark oil

[†]100% pure, therapeutic-grade essential oil

FREQUENTLY ASKED QUESTIONS

Q. Can Cedarwood be ingested?

A. Cedarwood is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

Q. Does Cedarwood need to be diluted for topical application?

A. Dilution is not required, except for the most sensitive skin. Use as needed.

Q. Is there a UV warning associated with Cedarwood?

A. Yes, Cedarwood may cause photosensitive reactions. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

COMPLEMENTARY PRODUCTS

Desert Mist™
Ultrasonic Diffuser
Item No. 21558



Valor® Essential
Oil Blend
Item No. 3430



Frankincense Essential Oil
Item No. 3548



Lavender
Essential Oil
Item No. 3349

