

ESSENTIAL OILS: A TIMELINE

For centuries, people have used essential oils in religious ceremonies, to support wellness, and for cosmetics. These oils hold a special place in world history, so we thought we would take a look back at how for essential oils have come.



MESOPOTAMIA 3500 BC





First-known distillation apparatus developed in Tep



CHINA 3000 BC





Legendary ruler Shen Nung publishes a groundbreaking book containing information on more than 300 botanica and their uses



EGYPT 1470 BC





Queen Hatshepsut, ruler of Egypt, undertakes a legendary expedition to the land of Punt. The greatest of all the riche brought back by her army is a grove of myrrh trees.



EGYPT 1330 BC





King Tutankhamun is buried with alabaster jars designed to hold the precious essential oils the boy king would need in the afterlife.



MACEDONIA 345 BC





Alexander the Great burned incense during his youth, even being berated by his tutor, Leonidas of Epirus, for his extraograph use of the incense.



ISRAEL O AD





According to the Bible, wise men visit the Christ child and bring the most precious of gifts, including frankincense and



ITALY 100 AD





Pliny the Elder, a Roman historian, writes his Natural History



PERSIA 1000 AD





Physician Avicenna produced floral essential oils suc as rose essence using steam distillation, setting the groundwork of aromatherapy



FRANCE 1930 AD





Dr. René-Maurice Gattefossé begins his pioneering researc on the therapeutic properties of essential oils, which led to the publication of his Aromatherapy book.



FRANCE 1980 AD





Dr. Jean-Claude Lapraz conducts in-depth research on the beneficial properties of essential oils and their component



USA 1985 AD





D. Gary Young begins researching essential oils, which