# **Bioenergetics: The Science Behind Essential Oils**

# The Effect of Bioenergetics, Spinning Energy, and Essential Oils in Improving Health and Sustaining Wellness

by Dr. Carlos Orozco.\* PhD\*\*

## **Outline:**

This handout, which is an outline of the talk given by Dr. Carlos Orozco at the International Grand Convention of Young Living, highlights the relationship between bioenergetics, spinning energy, and its effect in the bio-energetic quantum field using essential oils. Such a relationship has profound effects upon the structure and function of living organisms. This allows a process of transformation to restore health by generating and maintaining a state of wellness.

Young Living essential oils have specific frequencies that increase the natural ability of the human body to repair itself through a biophysical and biochemical healing process. To do so, the frequencies of essential oils are transferred by spinning energy to the body through a vortex, which is the ultimate expression of the quantum energy field. Harmony is then established and wellness becomes sustainable.

## **Acknowledgment:**

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# **Background:**

Everything in the cosmos spins and vibrates at certain frequencies. Frequencies apply to Hertzian waves and are measured in cycles per second (cps) or Hertz (Hz). When two waves share the same frequency, a counterclockwise spin is generated resulting in the formation of a vortex. The energy generated by the spin to form the vortex is known as zero point energy, the energy of the vacuum, scalar energy, or spinning energy 5-8. The space that it is made of is known as the quantum energy field.

Nature always works with efficiency, that is, it applies the minimum amount of energy to get the maximum benefit <sup>2,4,5</sup>. In this respect, the word quantum is a word that describes the minimum amount of energy needed to generate natural changes within living organisms. Young Living essential oils have the highest frequencies among all substances from living organisms and it is through resonance that they are able to pass them onto humans and animals.

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#### The Numerology of Nature

The following is a list of 10 numbers used by nature to allow for spinning energy to flow freely.

1. Harmony

2. Duality

3. Stability

4. Communication

5. Gratitude

6. Isomerism

7. Cycle

8. Perfection

9. Foundation

0. Origin

#### What is Spinning Energy?

Energy allows everything to resonate through vibration and frequencies <sup>2, 3, 5</sup> and thus exist as we know it; this is what matter is. Spinning energy also known as zero point energy <sup>5, 6</sup> is energy that starts a vortex, allowing for instant or spontaneous change. Zero point energy is the point where spinning energy is actually generated.

Spinning energy is the energy of the beginning that generates the momentum to produce a twist between standing waves, also known as zero point energy, ground energy, or the energy of the vacuum<sup>22</sup>. It is the energy at zero point between standing waves that results in the generation of a vortex, and it is reached at  $273^{\circ}$ C or  $0^{\circ}$ K  $^{12, 13, 19}$ . It is the energy that validates the Heisenberg's Uncertainty Principle  $^{8, 13}$ , also known as resonance  $^{7, 13}$ . Heisenberg's principle states that it is impossible to predict the exact position of an electron at any given time, as electrons spin around the nucleus of atoms at speeds equal or greater than the speed of light (300,000 km per second)<sup>3, 13</sup>. In other words, the speed is very fast and it can generate enormous power.

Perhaps the most relevant application of spinning energy is its ability to fully optimize the body's molecular and cellular functions and remind the body of its own self-healing capability. To do so, spinning energy allows for harmony to be restored between the body and its environment, known as the zero point field<sup>9</sup>. This force can be very powerful, with a lot of energy generated from the spin. Indeed, this force can be so powerful and able to produce instant changes that support the body's natural healing abilities<sup>3,4</sup>.

The zero point field connects everything in the universe, and we are part of this vast, dynamic cobweb of energy exchange. Therefore, spinning energy connects space and time<sup>7</sup>. This concept has tremendous implications, as our bodies do have the capacity for self-healing. It is a matter of synchronizing and modulating internal frequencies through vibration<sup>3,9,10,12</sup>.

Once the information is received, decoded, and translated by the organelles that make up the cell, the innate ability for self-healing occurs almost spontaneously or in a short period of time<sup>4, 14</sup>. All that is needed is communication (flow of information) between two Hertzian waves, which are an expression of energy<sup>2</sup>. This happens through the generation of a counter-clockwise spin that is able to allow the expression of the quantum energy field that results in the formation of a vortex<sup>4, 16 to 19</sup>. Young Living essential oils raise the frequency of the human body through resonance. In doing so, they transfer spinning energy that allows the body to repair itself <sup>4, 19,20</sup>.

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# About the Author:

Dr. Carlos Orozco has over 25 years of experience in biomedical and clinical research and over 30 years teaching at the graduate and postgraduate level at Griffith University in Brisbane, Australia, and at the King Khalid University Hospital in Saudi Arabia, where he held the position of associate professor in gynecology and fertility. He has been an associate researcher at the Karolinska Institute in Stockholm, Sweden, the Woman's Clinic in Tübingen, Germany, the National Institute of Nutrition in Mexico City, Mexico, the National Institute of Respiratory Diseases in Mexico City, Mexico, and he is a member of the New York Academy of Sciences. He has published in major peer-reviewed medical and scientific journals. Dr. Orozco practices natural and energetic medicine specializing in quantum healing, oncology, fertility, sleeping, and nutrition. He holds a doctorate from the School of Biomedical Sciences at Griffith University in Brisbane, Australia. He has been trained in experimental biology, majoring in biophysics and biochemistry, immunology, nutrition, acupuncture, naturopathy, and allopathic medicine. He lectured in chemistry, biochemistry, cosmetic chemistry, anatomy and physiology, and nutrition at the College of Natural Medicine from the Australian Institute of Applied Sciences in Brisbane, Australia. He is a consultant in quantum healing at the Park Road Medical Centre in Brisbane, Australia. He is the principal scientific advisor of

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