Idaho Balsam Fir

Distilled from the needles of the Idaho balsam fir trees on our Highland Flats tree farm, the woodsy aroma of this essential oil has a rejuvenating effect on the spirit and mind. Its herbaceous aroma is often used to calm and ground.

Aromatic usage: To enjoy the uplifting and rejuvenating aroma of Idaho Balsam Fir, diffuse this essential oil in your home, bedroom, or workplace.

Topical usage: Create a sense of confidence by wearing Idaho Balsam Fir as an empowering fragrance. Apply to the temples, neck, or wrists.