

# PRODUCT GUIDE

*Updated 2012-2013*



YOUNG LIVING<sup>™</sup>  
ESSENTIAL OILS



# Welcome to Young Living

You are embarking on an exciting journey as you begin to discover the wonderful benefits of the Young Living products. Each new product you try has the possibility of helping you have a greater awareness of your physical, mental, and/or spiritual needs. This can be a wonderful adventure for you as you experience new beginnings and travel a path of greater wellness, helping you to reach your highest potential.

My logging accident at the age of 24 left me confined to a wheelchair for life, according to all medical prognosis. When I decided that I would not live that way, I was driven to find natural ways to heal myself. That belief and determination took me down an unknown path and led to what Young Living has become almost 40 years later.

I used many natural modalities to begin my journey of walking again. Thirteen years later I was able to run a half marathon and finished 96th out of 300 in that race. That was a great new beginning for me, although I was still limited in my activities and suffered with a lot of pain. At the same time, almost 13 years after my accident, I discovered essential oils, which has been life changing for me and helped me restore my body, enabling me to help and give hope to others.

This new guide will help you customize your Young Living experience. Whether you want to fill your Home with safe, purifying products; strengthen your physical Wellness; improve your emotional Balance; or enhance your natural Beauty, Young Living's 100% pure, therapeutic-grade essential oils and essential oil-infused products will

help you on your journey. When you can help yourself, your family, and friends and meet your financial needs at the same time, you have the best of both worlds.

Mary and I invite you to join us in our mission—to take Young Living Essential Oils to every home in the world. Together we can help each other and help those less fortunate to achieve a healthier and happier lifestyle filled with success and prosperity.

Sincerely,

Mary and Gary Young



Founders Mary and Gary Young



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# How to Use Essential Oils

Essential oils are the aromatic liquids found within shrubs, flowers, trees, roots, bushes, resins, and seeds. These oils, also known as nature's living energy, contain unique constituents that provide therapeutic results. Follow the guide below—along with the individual instructions on each label—to experience the amazing, health-promoting benefits of essential oils.



## Inhalation

Inhaling certain essential oils heightens the senses and can have many positive effects on the body. Try these ideas to use essential oils for inhalation:

- Inhale directly from the bottle.
- Diffuse with any of Young Living's premium diffusers.
- Carefully pour hot water into a bowl and add a few drops of essential oil. Cover your head and bowl in a tent-like fashion with a towel. Breathe deeply and slowly.



## Topical Application

Many essential oils are safe to use directly on the skin:

- Place 2–3 drops of oil in the palm of your hand or directly on the desired application area. Massage the oil in a circular motion onto the skin. Repeat if desired.
- Use one of Young Living's essential oil roll-ons or add an AromaGlide fitment to the bottle of your favorite essential oil for targeted application.

*CAUTION: Essential oils are very potent and some may be irritating to the skin. If irritation occurs, apply Young Living's V-6 Vegetable Oil Complex or any pure vegetable oil to the area to dilute.*



## Internal Consumption

Some essential oils make excellent dietary supplements or food flavorings. To take essential oils internally, try these tips:

- Place several drops into a gelatin capsule and swallow it with water.
- Add 1–2 drops to a glass of water, NingXia Red or other natural juice, or even yogurt.
- Add 1–2 drops (to taste) to your meals when cooking.
- Add 1–2 drops to a teaspoon of Young Living Yacon or Blue Agave and swallow.

Please Note: For specific application guidelines, see page 10.



# Seed to Seal

Young Living offers the purest therapeutic-grade essential oils by carefully controlling the entire Seed to Seal® process—from the time the seed is sourced until the oil is sealed in the bottle. Young Living's dedication to quality ensures that we provide pure, therapeutic-grade essential oils with the complete, optimal blend of plant chemicals to ensure maximum potency and results.

## Our Seed to Seal process covers five crucial steps:



### Seed

Potent essential oils come from plant species that have been authenticated by Young Living and industry experts through scientific research, field study, university partnerships, and on-site planting certification. Selecting seeds that produce the highest therapeutic value is a vital first step in our Seed to Seal process.



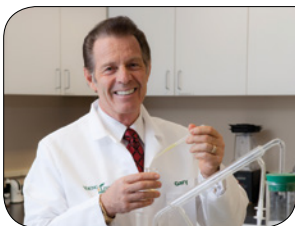
### Cultivate

Young Living's knowledge of soil preparation, balance of sun and water, responsible weed and pest control, and wild-craft harvesting ensures that stringent standards are met. We continue to conduct research and remain dedicated to growing the highest quality aromatic plants.



### Distill

Young Living's proprietary low-temperature, low-pressure steam distillation process ensures that the beneficial plant compounds in every batch of essential oil remain uncompromised during the extraction process. This process is completed at just the right time to ensure all beneficial constituents are present to maximize the quality of the oil.



### Test

Each batch of distilled oil passes through stringent testing—at our own internal labs and in third-party audits—to ensure its purity and potency. Each oil is tested during various stages of distillation to determine the release of different plant constituents.



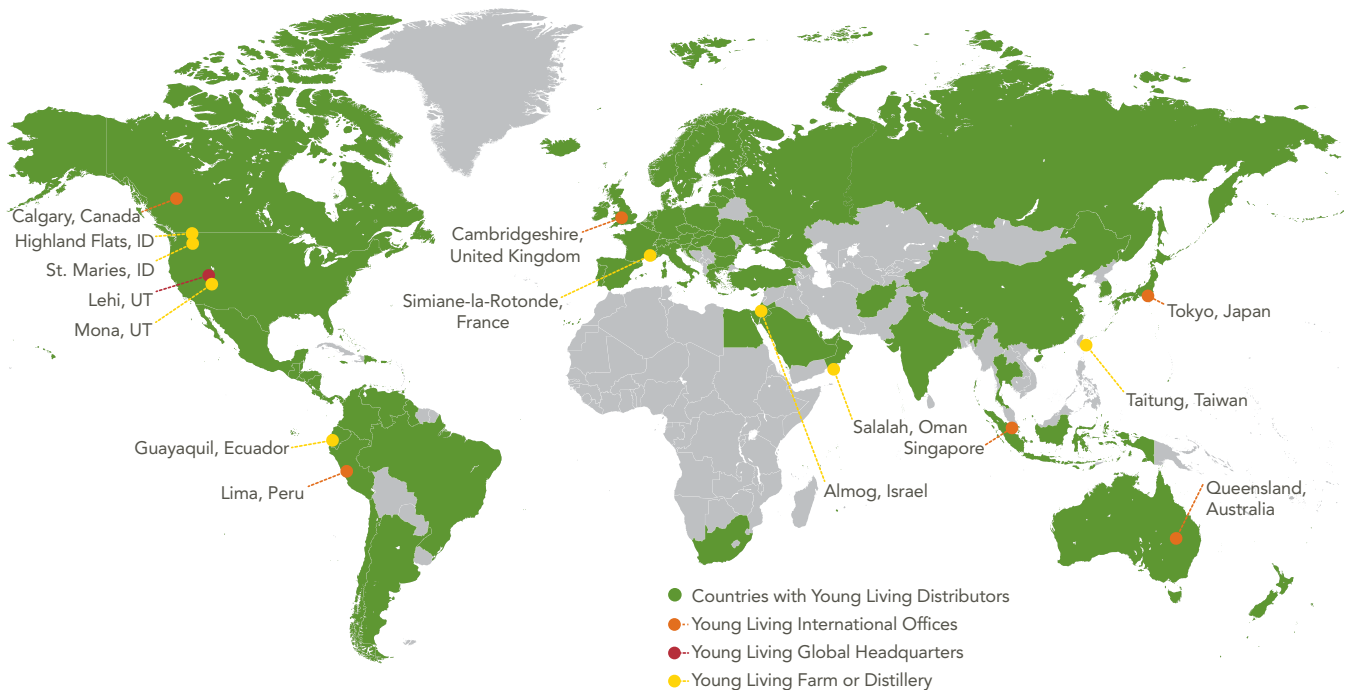
### Seal

Young Living completes our Seed to Seal process by carefully sealing and inspecting each bottle of essential oil at our own clean-room facility and shipping to members worldwide. Individual bottle labels are encoded with detailed tracking information that allows Young Living to trace each bottle of essential oil back to its source.

For more detailed information on our Seed to Seal process, visit [youngliving.com](http://youngliving.com).



# Young Living Around the World



Young Living takes its vitality worldwide by shipping to over 100 countries. In 2013 we formally opened Canada and Germany and anticipate opening Hong Kong by the end of 2013. Other recent market openings include Ecuador, Peru, and Singapore, bringing us one step closer to achieving our goal of having Young Living essential oils in every home. We currently have offices in the United States, Japan, the United Kingdom, Australia, Singapore, Ecuador, Peru, and Canada, and we anticipate opening multiple new markets every year for the next decade.

## Young Living Farms

Having Young Living farms allows us to control the growing, distilling, sourcing, and testing of our essential oils. Gary Young personally travels the globe to locate prime farms that provide the optimal climate, soil, and growing conditions for the plants that become Young Living's essential oils. Having our own farms and partnering with carefully selected cooperative farms allows us to develop our exclusive Seed to Seal® process, which ensures that each Young Living product delivers the world-class quality customers have come to expect.



St. Maries, Idaho



Mona, Utah



Highland Flats, Idaho





Simiane-la-Rotonde, France



Guayaquil, Ecuador



Salalah, Oman

## St. Maries, Idaho, USA

These 200 acres of pristine farmland were purchased by Gary in 1992. The property had never before been plowed or exposed to chemicals, pesticides, or fertilizers of any kind. The soil, climate, and pure air make it an ideal location for crops such as lavender, melissa, and tansy.

## Mona, Utah, USA

This farm encompasses nearly 1,600 acres and is home to the largest privately owned essential oil distillery in the world. German chamomile, hyssop, clary sage, golden rod, and lavender are grown for distillation for our world market, and many other crops are grown here for research and display.

## Highland Flats, Naples, Idaho, USA

Since 2000 the Highland Flats farm has produced Young Living's balsam fir, Western red cedar, pine, and Idaho blue spruce oils. This farm is the site of our annual Winter Harvest, where many distributors join us for the hard, but rewarding, work of harvesting and chipping the overgrown balsam fir, Western red cedar, and pine trees and then transporting the chips for distillation in St. Maries. Soon, these oils will be produced on site at the Highland Flats distillery that is currently being constructed. Distributors may also join us for the annual Spring Reforestation project, where thousands of young balsam fir and Idaho blue spruce trees are planted each year to replace the harvested overgrowth and secure our future supply.

## Simiane-la-Rotonde, France

Well known for its rolling hills and fields of fragrant lavender, the region of Provence, France, is home to Young Living's scenic third farm. With help from local partners, this farm produces lavender, rosemary, and clary sage.

## Guayaquil, Ecuador

Since 2005 Young Living has operated a farm in Guayaquil, Ecuador. Plants that are grown, harvested, and distilled here include eucalyptus blue, dorado azul, zaragosa, lemongrass, rosa morta, oregano, ylang ylang, basil, and many more. The plant material of palo santo, ruta, rosewood, and ocotea is transported to the farm from different areas of Ecuador and Peru for distillation. The Ecuador farm's state-of-the-art distillery is the largest in South America.

## Salalah, Oman

In 2010 Gary started his operation for the extraction of *Boswellia sacra*, Sacred Frankincense, in Salalah, Oman. Young Living has partnered with local harvesters to secure our supply of this exclusive resin and increase cultivation to meet the growing demand for this precious oil. For the first time in centuries, *Boswellia sacra* is being distilled in Oman, and Young Living is the first and only company in the world to obtain permission to export this essential oil and bring it into the Western world.

## Almog, Israel

In partnership with a local grower, Young Living has established a farm and distillery in Almog, Israel. This property, located near the Dead Sea, is the site of pioneering botanical research and the source of the 2013 convention-exclusive Micromeria essential oil.

## Taitung, Taiwan

Following two research trips to Taiwan, Gary began an agricultural partnership in 2012 with local doctor Ginn S. Lee to produce Hong Kuai and Xiang Mao essential oils on a scenic property in the Taitung region. These two 2013 convention-exclusive essential oils are some of the rarest in the world and are deeply significant to Taiwanese citizens.



# How to Get Started

What are your dreams for your future? Whether you are looking for improved health, greater financial independence, or just an opportunity to help others, Young Living can help you get there! As a Young Living Independent Distributor, you will receive many benefits, including:

- 24 percent discount off retail price
- Potential to earn commissions
- Ability to enroll in the Essential Rewards program and earn free product
- Knowledge that you are part of a worldwide mission dedicated to helping others

To begin, go to our homepage at [youngliving.com](http://youngliving.com) and click "Member Sign-Up" in the top right-hand corner. The "Become a Member" link is at the bottom of the page. For additional assistance with your first order, contact our Customer Care Department at 1.800.371.3515.

## Select One of Our Three New Starter Kits



### Premium Starter Kit

Item No. **4672** Whsl. \$150 PV 100

#### (1) Everyday Oils Kit

#### (1) Home Diffuser

#### (1) Basic Starter Kit:

- (1) Kit Box & Insert
- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide

#### (1) Distributor Resource Guide

#### (1) S.E.E.D. Sharing for Success Booklet

#### (1) Stress Away 5 ml

#### (1) AromaGlide Roller Fitment

#### (2) Lavender Sample Packet

#### (2) Peppermint Sample Packet

#### (2) Peace & Calming Sample Packet

#### (2) Lemon Sample Packet

#### (2) Thieves Sample Packet

#### (3) Sample Packet Business Card

#### (2) NingXia Red 2 oz.

#### (1) Distributor Agreement

Contents may include additional items.





## Basic Plus Starter Kit

Item No. **4671** Whsl. \$75 PV 0

### (1) Home Diffuser

#### (1) Basic Starter Kit:

- (1) Kit Box & Insert
- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Distributor Resource Guide

(1) S.E.E.D. Sharing for Success Booklet

(1) Stress Away 5 ml

(1) AromaGlide Roller Fitment

(2) Lavender Sample Packet

(2) Peppermint Sample Packet

(2) Peace & Calming Sample Packet

(2) Lemon Sample Packet

(2) Thieves Sample Packet

(3) Sample Packet Business Card

(2) NingXia Red 2 oz.

(1) Distributor Agreement

Contents may include additional items.



## Basic Starter Kit

Item No. **4670** Whsl. \$40 PV 0

#### (1) Basic Starter Kit:

- (1) Kit Box & Insert
- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Distributor Resource Guide
- (1) S.E.E.D. Sharing for Success Booklet

(1) Stress Away 5 ml

(1) AromaGlide Roller Fitment

(2) Lavender Sample Packet

(2) Peppermint Sample Packet

(2) Peace & Calming Sample Packet

(2) Lemon Sample Packet

(2) Thieves Sample Packet

(3) Sample Packet Business Card

(2) NingXia Red 2 oz.

(1) Distributor Agreement

Contents may include additional items.



# Essential Rewards

Ensure you always have the benefits of your favorite Young Living products on hand with the convenience of the Essential Rewards autship program, where products are shipped hassle free from our door to yours! Available exclusively to Young Living distributors, the Essential Rewards autship program offers many benefits.

- Priority shipments of your favorite Young Living products
- Discounted pricing on exclusive product kits
- Reduced shipping rates
- Eligibility for compensation
- Earn up to 20 percent back on each qualifying order

## Choose an Essential Rewards Kit



### Lifestyle Essential Rewards Kit

Item No. **4730** Whsl. \$139 PV 139

Can't decide where to start? Try one product each from our Home, Wellness, Beauty, and Balance categories!

(1) NingXia Red 2 Pack

(1) Thieves 5 ml

(1) Lavender Mint Shampoo

(1) Lavender Mint Conditioner

(1) Stress Away Roll-On



## Home Essential Rewards Kit

Item No. **4726** Whsl. \$139 PV 139

Perfect for helping to purify your home and to protect your family!

- |                                     |                                    |
|-------------------------------------|------------------------------------|
| (1) Purification 5 ml               | (1) Thieves Foaming Hand Soap      |
| (1) NingXia Red Singles 30 count    | (1) Lemon 5 ml                     |
| (1) Deep Relief Roll-On             | (1) Thieves AromaBright Toothpaste |
| (1) Thieves Waterless Hand Purifier | (1) Thieves Dental Floss           |



## Wellness Essential Rewards Kit

Item No. **4727** Whsl. \$139 PV 139

A month's supply of our best nutrition products to support overall health.

- |                        |                        |
|------------------------|------------------------|
| (1) Longevity Softgels | (1) NingXia Red 2 Pack |
| (1) Life 5             | (1) Slique Essence     |



## Beauty Essential Rewards Kit

Item No. **4728** Whsl. \$139 PV 139

Pamper and nourish your skin with our best-selling essential oil-infused beauty products.

- |                            |                                |
|----------------------------|--------------------------------|
| (1) Progessence Plus       | (1) Boswellia Wrinkle Cream    |
| (1) A-R-T Foaming Cleanser | (1) A-R-T Beauty Masque Packet |



## Balance Essential Rewards Kit

Item No. **4729** Whsl. \$139 PV 139

Find balance and the fortitude to handle life's daily challenges.

- |                            |                       |
|----------------------------|-----------------------|
| (1) Valor 5 ml             | (1) Lavender 5 ml     |
| (1) OmegaGize <sup>3</sup> | (1) Frankincense 5 ml |
| (1) Stress Away Roll-On    |                       |
| (1) Peace & Calming 5 ml   |                       |



# Essential Oil Singles

Over the past two decades, Young Living has researched and perfected a proprietary Seed to Seal® process that creates the world's finest essential oils. We verify the most beneficial seed species, follow pure cultivating practices, participate in the entire distillation process, implement rigorous testing for quality assurance, and seal and inspect all individual bottles before carefully shipping them worldwide. Our dedication to perfection is what makes us stand out in our field as the world leader in essential oils.



These application symbols are intended to guide you in essential oil use; however, qualified health professionals may offer additional guidance and should be contacted for serious health conditions. Always check individual label directions before use.

- ☀ Photosensitivity: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
- ★ Neat: No dilution required.
- 🌿 Dilute: Dilution required. See label for use.
- 👃 Aromatic: Inhale directly or use a Young Living diffuser.
- 🍷 Dietary: See label for suggested use.

## Basil *Ocimum basilicum*

Item No. **3500** 15 ml Whsl. \$24.75 Retail \$32.57 PV 24.75 🌿 🍷 🍷



As part of Young Living's Raindrop Technique, Basil oil brings relief and balance to the body. Basil will refresh a fatigued mind and restore mental clarity and alertness.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

## Black Pepper *Piper nigrum*

Item No. **3611** 5 ml Whsl. \$18.75 Retail \$24.67 PV 18.75 🌿 🍷 🍷



Traditionally, Black Pepper was used to increase endurance and for its support of normal inflammatory systems.\* Black pepper essential oil may comfort and energize a tired body.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex to apply topically to large muscle groups, or take as a dietary supplement.

## Angelica *Angelica archangelica*

Item No. **3078** 5 ml Whsl. \$41.75 Retail \$54.93 PV 41.75 ☀ 🌿 🍷 🍷



Angelica has soothing qualities that help relax nerves and muscles. Historically, it was referred to as the "oil of angels," in part because of its ability to calm anxiety, restore happy memories, and bring peaceful sleep. Traditional medical practitioners used Angelica as a stimulant, digestive tonic, and expectorant.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Bergamot *Citrus bergamia*

Item No. **3503** 15 ml Whsl. \$27.00 Retail \$35.53 PV 27 ☀ 🌿 🍷



Bergamot is used during times of emotional stress. Its light, citrusy scent has a relaxing effect that builds confidence and uplifts moods, especially during a woman's monthly cycle.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

## Blue Cypress *Callitris intratropica*

Item No. **3083** 5 ml Whsl. \$29.00 Retail \$38.16 PV 29 🌿 🍷 ★



Blue Cypress is steam distilled from the wood of the tree, which is indigenous to Australia. It has a wide variety of traditional uses, which include supporting the body's natural response to irritation and injury as well as aiding normal breathing. This oil also has historical use as an additive in perfumes and as an adhesive.

**How to Use:** Directly inhale, diffuse, or apply topically.

## Blue Tansy *Tanacetum annuum*

Item No. **3084** 5 ml Whsl. \$31.25 Retail \$41.12 PV 31.25 ★ 🏆



Blue Tansy has a slightly sweet, herbaceous aroma. It has also been called Moroccan Chamomile and is rich in sesquiterpenes similar to those found in German Chamomile.

**How to Use:** Directly inhale, diffuse, or apply topically.

## Cardamom *Elettaria cardamomum*

Item No. **3080** 5 ml Whsl. \$24.00 Retail \$31.58 PV 24 🌿 🏆 🌸



Cardamom is a member of the ginger family of botanical plants. Cardamom has historical uses that include internal consumption to protect the stomach and inhalation to invigorate the mind.\*\* Cardamom has also been used traditionally to alleviate mental fatigue and nervous strain.

**How to Use:** Directly inhale, diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

## Carrot Seed *Daucus carota*

Item No. **3081** 5 ml Whsl. \$20.75 Retail \$27.30 PV 20.75 ★ 🌸



Carrot Seed has a mildly sweet aroma with earthy, herbaceous hints. Traditionally, it has been used for digestive complaints due to its tonic properties. This oil also has historical use in aromatherapy for joint conditions.\*\*

**How to Use:** Apply topically or take internally as a dietary supplement.

## Cedarwood *Cedrus atlantica*

Item No. **3509** 15 ml Whsl. \$11.25 Retail \$14.80 PV 11.25 ★ 🏆 🌸



Cedarwood contains the constituent cedrol, which promotes relaxation, balance, and increased mental focus. This oil also offers soothing benefits as part of a massage.

**How to Use:** Directly inhale or diffuse, take internally as a dietary supplement, or apply topically.

## Celery Seed *Apium graveolens*

Item No. **3082** 15 ml Whsl. \$26.00 Retail \$34.21 PV 26 🏆 🌸 🌿



Steam distilled from the dried seeds, Celery Seed essential oil was historically used to soothe physical discomforts.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

## Cinnamon Bark *Cinnamomum verum*

Item No. **3515** 5 ml Whsl. \$24.00 Retail \$31.58 PV 24 🌿 🏆 🌸



Cinnamon Bark is believed to have antiseptic properties and is supportive of the body's natural defenses.

**How to Use:** For dietary or topical use. Always dilute with V-6 Vegetable Oil Complex before topical or internal use.

## Cistus *Cistus ladanifer*

Item No. **3518** 5 ml Whsl. \$62.75 Retail \$82.57 PV 62.75 ★ 🌸



Cistus is believed to be the biblical rose of Sharon, and its honey-like fragrance calms nerves and elevates emotions. Traditionally, this oil was used to support the body's natural defenses.\*\*

**How to Use:** Apply topically to chakra or acupressure points or take as a dietary supplement.

## Citronella *Cymbopogon nardus*

Item No. **3085** 15 ml Whsl. \$17.75 Retail \$23.36 PV 17.75 ★ 🏆 🌸



Citronella is popularly used as an insect deterrent. Traditionally, it has also been used to prevent food spoilage due to fungus and bacteria.

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.  
Consult individual product labels for safety information.



## Clary Sage *Salvia sclarea*

Item No. **3521** 15 ml Whsl. \$47.50 Retail \$62.50 PV 47.50 🌿 🌿 🌿



Clary Sage was traditionally used to ease menstrual discomfort.\*\* The herbaceous aroma of Clary Sage also relieves stress, relaxes the mind, and balances moods, which is believed to aid in a restful night's sleep and enhance the ability to dream.

**How to Use:** Diffuse; take as a nutritional supplement; dilute with V-6 Vegetable Oil Complex, apply topically to spine, abdomen, or feet; or add to bathwater.

## Clove *Syzygium aromaticum*

Item No. **3524** 15 ml Whsl. \$15.25 Retail \$20.07 PV 15.25 🌿 🌿 🌿



Traditionally used for its antiseptic properties,\*\* Clove is an important ingredient in Young Living's Thieves oil blend. Containing high amounts of eugenol, it boosts the body's natural defenses and regulates the body's natural response to stress.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

## Copaiba *Copaifera reticulata*

Item No. **3431** 15 ml Whsl. \$43.00 Retail \$56.58 PV 43 🌿 🌿 🌿



Tapped directly from the copaiba tree in Brazil, this oil supports the body's natural response to irritation and injury. It also may be used to soothe minor physical discomforts.

**How to Use:** Diffuse, apply topically, or take as a dietary supplement.

## Coriander *Coriandrum sativum*

Item No. **3527** 5 ml Whsl. \$29.75 Retail \$39.14 PV 29.75 🌿 🌿 🌿



Coriander has a sweet, warm fragrance and is believed to support pancreatic function and proper digestion when taken as a dietary supplement.\*

**How to Use:** Directly inhale or diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take internally as a dietary supplement.

## Cypress *Cupressus sempervirens*

Item No. **3530** 15 ml Whsl. \$19.25 Retail \$25.33 PV 19.25 🌿 🌿 🌿



Cypress oil was traditionally used to support the circulatory system.\*\* Its fresh, herbaceous aroma can promote a sense of security and grounding.

**How to Use:** Directly inhale, diffuse, or dilute with V-6 Vegetable Oil Complex to apply topically.

## Dill *Anethum graveolens*

Item No. **3536** 5 ml Whsl. \$15.75 Retail \$20.72 PV 15.75 🌿 🌿 🌿



Dill oil is known to calm the mind and body. It can also be used as an ingredient in recipes to add extra flavor.

**How to Use:** Directly inhale, diffuse, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

## Dorado Azul *Hyptis suaveolens*

Item No. **3598** 5 ml Whsl. \$29.50 Retail \$38.82 PV 29.50 🌿 🌿 🌿



One of the newest essential oils from Ecuador, Dorado Azul is exclusive to Young Living. It has an herbaceous scent and is for topical or aromatic use.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, or apply topically.

## Elemi *Canarium luzonicum*

Item No. **3540** 15 ml Whsl. \$21.25 Retail \$27.96 PV 21.25 🌿 🌿 🌿



Part of the same family as Frankincense and Myrrh, Elemi has been traditionally used to support skin health and improve overall skin tone.\*\* It may also soothe fatigued muscles and help clear the mind.

**How to Use:** Directly inhale, diffuse, or apply topically.

## Eucalyptus Blue *Eucalyptus bicostata*

Item No. **3597** 5 ml Whsl. \$15.00 Retail \$19.74 PV 15 🌿 🍋



Eucalyptus Blue is an exclusive Ecuador oil that is high in eucalyptol, which promotes normal respiratory function. This eucalyptus species is grown and distilled on Young Living's farm in Ecuador.

**How to Use:** Directly inhale, diffuse, or dilute with V-6 Vegetable Oil Complex and apply topically.

## Eucalyptus Globulus *Eucalyptus globulus*

Item No. **3539** 15 ml Whsl. \$14.50 Retail \$19.08 PV 14.50 🍋 🌿 🌸



Eucalyptus Globulus contains a high percentage of eucalyptol, a key ingredient in many oral-care products. Inhale its fresh, sharp scent to support healthy respiratory function.\*

**How to Use:** Directly inhale, diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

## Eucalyptus Radiata *Eucalyptus radiata*

Item No. **3538** 15 ml Whsl. \$18.50 Retail \$24.34 PV 18.50 🌿 🍋



Eucalyptus Radiata is a key ingredient in Young Living's Thieves oil blend due to its wide range of purifying properties. This oil contains citral, a constituent known for its cleansing abilities.

**How to Use:** Directly inhale, diffuse, or dilute with V-6 Vegetable Oil Complex to apply topically.

## Fennel *Foeniculum vulgare*

Item No. **3542** 15 ml Whsl. \$17.25 Retail \$22.70 PV 17.25 🍋 🌸 🌿



Traditionally, Fennel was used to support women's health and promote healthy digestive function.\*\*

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

## Frankincense *Boswellia carteri*

Item No. **3548** 15 ml Whsl. \$71.75 Retail \$94.41 PV 71.75 🌿 🍋 🌸 🌿



Frankincense is used to support skin health. Its earthy, balsamic scent has calming properties that can increase spirituality and inner strength.

**How to Use:** Diffuse, take as a dietary supplement, or apply topically to desired area.

See also Sacred Frankincense.

## Galbanum *Ferula gummosa*

Item No. **3551** 5 ml Whsl. \$54.75 Retail \$72.04 PV 54.75 🌸 🍋



Galbanum is referenced in the Old Testament and was used traditionally to aid with respiratory, digestive, and nervous complaints, as well as spiritual grounding.\*\*

**How to Use:** Directly inhale, diffuse, or apply topically.

## Geranium *Pelargonium graveolens*

Item No. **3554** 15 ml Whsl. \$41.25 Retail \$54.28 PV 41.25 🌸 🍋 🌿



Geranium was traditionally used for its gentle antiseptic properties and for promoting a healthy respiratory system.\*\* This oil is beneficial for women's health.

**How to Use:** Diffuse, apply topically, or take as a dietary supplement.

## German Chamomile *Matricaria recutita*

Item No. **3086** 5 ml Whsl. \$36.50 Retail \$48.03 PV 36.50 🌸 🍋 🌿



German Chamomile has been used to support the body's natural response to irritation and injury. This oil contains chamazulene, a compound studied for its ability to help the body's natural inflammatory response.

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.



## Ginger *Zingiber officinale*

Item No. **3557** 5 ml Whsl. \$13.25 Retail \$17.43 PV 13.25 🌿 🌱 🌿



Traditionally, Ginger oil has been used to soothe minor digestive discomforts.\*\* Ginger's uplifting aroma may also increase stamina.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Goldenrod *Solidago canadensis*

Item No. **3562** 5 ml Whsl. \$14.50 Retail \$19.08 PV 14.50 🌿 🌱 🌿



Goldenrod has traditionally been used to support circulation and cardiac function and also to improve libido.\*\*

**How to Use:** Diffuse, directly inhale, dilute for topical application, or take as a dietary supplement.

## Grapefruit *Citrus paradisi*

Item No. **3560** 15 ml Whsl. \$16.75 Retail \$22.04 PV 16.75 🌿 🌱 🌿



Grapefruit's sweet, zesty scent is uplifting and revitalizing. Traditionally, this oil was used to support the body's natural defenses.\*\* When inhaled, Grapefruit can create a feeling of fullness.\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Helichrysum *Helichrysum italicum*

Item No. **3563** 5 ml Whsl. \$83.75 Retail \$110.20 PV 83.75 ⭐ 🌿 🌱 🌿



Containing restorative properties, Helichrysum was traditionally used to minimize bruising and varicose veins, as well as to support circulatory health and relieve muscle tension.\*\*

**How to Use:** Diffuse, apply directly to desired area, or take as a dietary supplement.

## Hinoki *Chamaecyparis obtusa*

5 ml Whsl. \$24.75 Retail \$32.57 PV 24.75 🌿 🌱 🌿



Hinoki comes from the Japanese cypress and has a rich, invigorating lemon aroma that can uplift the mind and increase spiritual awareness. Historically, Hinoki oil was used to refresh the soul, settle the mind, and relax the body.

**How to Use:** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

## Hyssop *Hyssopus officinalis*

Item No. **3566** 5 ml Whsl. \$25.25 Retail \$33.22 PV 25.25 🌿 🌱 🌿



Hyssop has a slightly sweet scent and was considered a sacred oil by ancient Egyptians and Greeks. Traditionally, Hyssop was revered for supporting body systems.\*\*

**How to Use:** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

## Idaho Balsam Fir *Abies balsamea*

Item No. **3316** 15 ml Whsl. \$59.75 Retail \$78.62 PV 59.75

Item No. **3314** 5 ml Whsl. \$24.75 Retail \$32.57 PV 24.75 🌿 🌱 🌿



Traditionally, Idaho Balsam Fir was applied topically or taken internally to soothe physical ailments.\*\* This oil may also be used to balance moods, promote a sense of well-being, and increase spirituality.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex and apply topically to large muscle groups or on the chest, or take as a dietary supplement.

## Idaho Blue Spruce *Picea pungens*

Item No. **3093** 5 ml Whsl. \$24.75 Retail \$32.57 PV 24.75 🌿 🌱 🌿



Idaho Blue Spruce is an exclusive oil that is distilled at Young Living's St. Maries farm in Idaho. This amazing oil contains high percentages of alpha-pinene and limonene, with a pleasing evergreen aroma that relaxes both mind and body.

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Idaho Tansy *Tanacetum vulgare*

Item No. **3656** 5 ml Whsl. \$29.50 Retail \$38.82 PV 29.50 🌿 🍷 🌟



Idaho Tansy has an herbaceous scent and has traditionally been used to soothe minor bruises, sprains, or overworked muscles.\*\* It is also considered to be an insect deterrent.

**How to Use:** Diffuse to deter insects or dilute with V-6 Vegetable Oil Complex and apply topically.

## Jasmine *Jasminum officinale*

Item No. **3569** 5 ml Whsl. \$76.50 Retail \$100.66 PV 76.50 🌟 🍷 🌿



Considered to be exotic and romantic, Jasmine supports skin health and is used in several Young Living personal-care products. The sweet, floral aroma of Jasmine relaxes the mind, boosts self-confidence, and promotes a positive outlook on life.

**How to Use:** Diffuse, directly inhale, or apply topically.

<sup>†</sup>Jasmine is an absolute, or essence, rather than an essential oil.

## Juniper *Juniperus osteosperma and scopulorum*

Item No. **3572** 15 ml Whsl. \$28.75 Retail \$37.83 PV 28.75 🌿 🍷 🌟



The earthy, woody scent of Juniper promotes spirituality and encourages self-esteem. When applied topically, Juniper is beneficial to oily skin. Traditionally, it was taken internally for purification and cleansing.\*\*

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Laurus Nobilis *Laurus Nobilis*

Item No. **3574** 5 ml Whsl. \$24.25 Retail \$31.91 PV 24.25 🌿 🍷 🌟



Laurus Nobilis has a spicy scent similar to the bay leaves used in cooking. Uplifting, calming, and grounding, it supports the digestive and respiratory systems.\* Ancient Greeks and Romans used leaves of the laurel tree to crown their victors, and the Greeks crowned their scholars with them as well.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Lavender *Lavandula angustifolia*

Item No. **3575** 15 ml Whsl. \$23.50 Retail \$30.92 PV 23.50 🌟 🍷 🌿



Lavender is the most versatile essential oil and is often used to cleanse and soothe minor burns, cuts, and other skin irritations. Its refreshing, relaxing scent has balancing properties that also calm the mind and body.

**How to Use:** Diffuse, directly inhale, take as a dietary supplement, or apply topically.

See also St. Maries lavender.

## Ledum *Ledum groenlandicum*

Item No. **3579** 5 ml Whsl. \$62.75 Retail \$82.57 PV 62.75 🍷 🌿

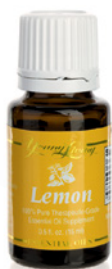


Ledum was used in native Inuit folk medicine to support proper liver health and cleansing.\*\*

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, or apply topically.

## Lemon *Citrus limon*

Item No. **3578** 15 ml Whsl. \$11.25 Retail \$14.80 PV 11.25 🌟 🌿 🍷 🌟



Taken internally, Lemon is an excellent source of d-limonene, believed to boost the body's natural defenses.\* Lemon oil's fresh, citrus scent is an instant pick-me-up, promoting energy and mental clarity.

**How to Use:** Diffuse, directly inhale, take as a dietary supplement, dilute with V-6 Vegetable Oil Complex, or apply topically.

## Lemongrass *Cymbopogon flexuosus*

Item No. **3581** 15 ml Whsl. \$11.25 Retail \$14.80 PV 11.25 🌿 🍷 🌟



Lemongrass has traditional usage as a digestive aid\*\* and may also provide relief when applied topically to foot maladies.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

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## Lemon Myrtle *Backhousia citriodora*

Item No. **3079** 5 ml Whsl. \$22.50 Retail \$29.61 PV 22.50 🌿 🍋 🌀



Lemon Myrtle boosts the body's natural defenses.\* It can be used as a cleansing agent to purify household surfaces. The refreshing and uplifting lemon scent may help clear the mind to enhance concentration or promote a peaceful night's sleep.

**How to Use:** Directly inhale, diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

## Lime *Citrus latifolia*

Item No. **3074** 15 ml Whsl. \$11.00 Retail \$14.47 PV 11 ☀️ 🌿 🍋 🌀



Lime has traditionally been used to flavor foods and is sought after for its invigorating and energizing citrus aroma. Lime may provide antioxidant support and reduce inflammation when taken internally and may also help with headaches, colds, and nausea.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Marjoram *Origanum majorana*

Item No. **3584** 15 ml Whsl. \$34.75 Retail \$45.72 PV 34.75 🌿 🍋 🌀



Marjoram has a penetrating effect that relaxes muscles and calms the body. Traditionally, this oil was used to ease muscle spasms.\*\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Melaleuca Alternifolia *Melaleuca alternifolia*

Item No. **3587** 15 ml Whsl. \$26.00 Retail \$34.21 PV 26 🌿 🍋 🌀



Melaleuca Alternifolia, commonly known as tea tree oil, has long been used to ease a wide variety of ailments and maintain the body's natural defenses.\*\* This oil can also be used in skin care for its cleansing effects.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, or apply topically.

## Melaleuca Ericifolia *Melaleuca ericifolia*

Item No. **3501** 15 ml Whsl. \$36.50 Retail \$48.03 PV 36.50 ★ 🍋 🌀



Known as "Rosalina" in Australia, Melaleuca Ericifolia is milder and gentler than Melaleuca Alternifolia but is the most powerful natural compound for clarifying the skin.

**How to Use:** Diffuse, directly inhale, or apply topically.

## Melaleuca Quinquenervia *Melaleuca quinquenervia*

Item No. **3089** 15 ml Whsl. \$29.75 Retail \$39.14 PV 29.75 🌿 🍋 🌀



Commonly known as niaouli, Melaleuca Quinquenervia supports and stimulates proper skin health with stronger properties than Melaleuca Alternifolia essential oil.

**How to Use:** Directly inhale, diffuse, or dilute with V-6 Vegetable Oil Complex to apply topically.

## Melissa *Melissa officinalis*

Item No. **3589** 5 ml Whsl. \$157.75 Retail \$207.57 PV 78.75 🍋 ★ 🌀



Melissa is high in citral, a constituent known for its purifying and cleansing properties. This oil has a grassy, lemon scent that is uplifting and can help balance emotions.

**How to Use:** Diffuse, directly inhale, apply topically except on sensitive areas, or take internally as a dietary supplement.

## Mountain Savory *Satureja montana*

Item No. **3590** 5 ml Whsl. \$24.75 Retail \$32.57 PV 24.75 🌿 🍋 🌀



Mountain Savory is an energizing oil that revitalizes and stimulates the body. It also has strong purifying properties and supports the body's natural defenses.\*

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

**Myrrh** *Commiphora myrrha*Item No. **3593** 15 ml Whsl. \$64.75 Retail \$85.20 PV 64.75 ★ 🏆 🌿

An ancient biblical oil, myrrh has a long history of use in skin care for its restorative benefits to aging and dry, chapped skin. Myrrh is supportive to the body's natural cellular repair process.\*\*

**How to Use:** Diffuse, apply topically, or take as a dietary supplement.

**Myrtle** *Myrtus communis*Item No. **3596** 15 ml Whsl. \$26.75 Retail \$35.20 PV 26.75 🌿 🏆 🌿

Traditionally, Myrtle was used to support respiratory function and thyroid health.\*\* It also promotes uplifting and euphoric emotions.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

**Neroli** *Citrus aurantium*Item No. **3088** 5 ml Whsl. \$103.75 Retail \$136.51 PV 103.75 ★ 🏆 🌿

Neroli has a citrusy, floral scent and in ancient times was highly regarded by the Egyptians for its healing properties.

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

**Nutmeg** *Myristica fragrans*Item No. **3599** 5 ml Whsl. \$13.00 Retail \$17.11 PV 13 🌿 🏆 🌿

Nutmeg has a warm, spicy aroma, and its revitalizing properties boost the body's energy levels.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

**Ocotea** *Ocotea quixos*Item No. **3556** 5 ml Whsl. \$34.75 Retail \$45.72 PV 34.75 🌿 🏆 🌿

Extracted from an Ecuadorian tree, Ocotea has a complex aroma, which may increase feelings of fullness.\* Ocotea also has natural cleansing and purifying properties.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

**Orange** *Citrus sinensis*Item No. **3602** 15 ml Whsl. \$10.75 Retail \$14.14 PV 10.75 🌞 🌿 🏆 🌿

Orange supports the body's natural cellular repair process.\* Its sweet fragrance induces relaxation and encourages positive emotions.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

**Oregano** *Origanum vulgare*Item No. **3605** 15 ml Whsl. \$27.75 Retail \$36.51 PV 27.75 🏆 🌿 🌿

Warming to the skin, Oregano is a key part of Young Living's Raindrop Technique and is known as a purifying oil.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

**Palmarosa** *Cymbopogon martinii*Item No. **3077** 15 ml Whsl. \$19.75 Retail \$25.99 PV 19.75 ★ 🏆 🌿

Palmarosa is steam distilled from the leaves of the plant. This oil can be stimulating and soothing to the body and mind.

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

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## Palo Santo *Bursera graveolens*

Item No. **3607** 5 ml Whsl. \$32.75 Retail \$43.09 PV 32.75 🌿 🍷 🌀



Palo Santo—one of Young Living's exclusive Ecuador oils—was used traditionally to ward off negative emotions and protect against harmful spiritual influences.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, or apply topically.

## Patchouli *Pogostemon cablin*

Item No. **3608** 15 ml Whsl. \$33.75 Retail \$44.41 PV 33.75 🍷 ⭐ 🌀



In addition to combating negative emotions, Patchouli has historically been used to relieve nausea.\*\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Peppermint *Mentha piperita*

Item No. **3614** 15 ml Whsl. \$21.50 Retail \$28.29 PV 21.50 🌿 🍷 🌀



Peppermint essential oil can help aid normal digestion\* and has traditionally been used to ease tension and promote healthy respiratory function.\*\* Its fresh, minty aroma combats mental and physical fatigue.

**How to Use:** Diffuse; dilute with V-6 Vegetable Oil Complex and apply topically to forehead, temples, and neck; or take as a dietary supplement.

## Petitgrain *Citrus sinensis*

Item No. **3617** 5 ml Whsl. \$34.75 Retail \$45.72 PV 34.75 ⭐ 🍷 🌀



Petitgrain is mentally refreshing and emotionally balancing when used aromatically. This oil is also beneficial for skin and hair health. Traditionally, Petitgrain has been used to support a healthy nervous system, as well as to improve instances of excessive perspiration and oily skin and hair.

**How to Use:** Directly inhale, diffuse, apply topically, or take as a dietary supplement.

## Pine *Pinus sylvestris*

Item No. **3618** 15 ml Whsl. \$15.00 Retail \$19.74 PV 15 🌿 🍷 🌀



Pine oil has traditionally been used to support a healthy respiratory system.\*\* It can also help protect against negative spiritual and emotional influences.

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex and apply topically, or take as a dietary supplement.

## Ravintsara *Cinnamomum camphora*

Item No. **3620** 5 ml Whsl. \$27.75 Retail \$36.51 PV 27.75 🌿 🍷



Traditionally, Ravintsara was used to support healthy respiratory function.\*\* Containing cleansing and purifying properties, Ravintsara is commonly used in meditation.

**How to Use:** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

## Roman Chamomile *Chamaemelum nobile*

Item No. **3512** 5 ml Whsl. \$35.50 Retail \$46.71 PV 35.50 🍷 ⭐ 🌀



Roman Chamomile has calming, relaxing properties and has been traditionally used to soothe muscle spasms.\*\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Rose *Rosa damascena*

Item No. **3623** 5 ml Whsl. \$185.50 Retail \$244.08 PV 91 ⭐ 🍷 🌀



Steam distilled from rose petals, this oil removes emotional blocks and limitations to success. It is also deeply nourishing and beneficial to the skin. Twenty-two pounds of rose petals are distilled for every 5-ml bottle of oil produced.

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Rosemary *Rosmarinus officinalis*

Item No. **3626** 15 ml Whsl. \$14.75 Retail \$19.41 PV 14.75 🍷 🌿 🌀



Traditionally, Rosemary was used to improve mental clarity and concentration.

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Sacred Frankincense *Boswellia sacra*

Item No. **3552** 15 ml Whsl. \$89.75 Retail \$118.09 PV 89.75

Item No. **3550** 5 ml Whsl. \$42.25 Retail \$55.59 PV 42.25 ★ 🍷 🌀

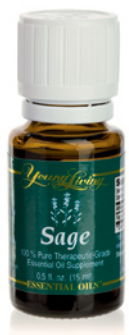


Sacred Frankincense essential oil comes from the *Boswellia sacra* frankincense tree. This oil is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

**How to Use:** Diffuse, inhale directly, apply topically, or take as a dietary supplement.

## Sage *Salvia officinalis*

Item No. **3632** 15 ml Whsl. \$28.25 Retail \$37.17 PV 28.25 🌿 🍷 🌀



Historically, Sage was used for oral hygiene and skin care. It was also thought to provide support for women's natural cycles.\*\*

**How to Use:** Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, apply topically to large muscle groups, or take as a dietary supplement.

## Sandalwood *Santalum album*

Item No. **3634** 5 ml Whsl. \$89.75 Retail \$118.09 PV 89.75 ★ 🍷 🌀



Traditionally, Sandalwood was used for a variety of purposes such as promoting healthy, beautiful skin and encouraging deeper meditation. Sandalwood is also supportive of the body's natural defenses.\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Spearmint *Mentha spicata*

Item No. **3638** 5 ml Whsl. \$10.75 Retail \$14.14 PV 10.75 🌿 🍷 🌀



Traditional usage of Spearmint oil was to aid digestion and support respiratory health.\*\*

**How to Use:** Diffuse, directly inhale, apply topically, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

## Spikenard *Nardostachys jatamansi*

Item No. **3640** 5 ml Whsl. \$41.75 Retail \$54.93 PV 41.75 ★ 🍷



Historically, Spikenard has been used as an aid for digestive health; this oil was also supportive of the respiratory system.\*\*

**How to Use:** Diffuse, directly inhale, or apply topically.

## St. Maries Lavender *Lavandula angustifolia*

Item No. **3559** 15 ml Whsl. \$40.50 Retail \$53.29 PV 40.50 ★ 🍷 🌀



Harvested on our pristine Young Living farm in St. Maries, Idaho, Lavender soothes minor burns, cuts, and other skin irritations. It is also known for its calming and relaxing properties.

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Tangerine *Citrus reticulata*

Item No. **3644** 15 ml Whsl. \$16.00 Retail \$21.05 PV 16 🌞 🌿 🍷 🌀



Tangerine contains the constituent d-limonene, a powerful antioxidant. Traditionally, Tangerine was used to support the body's natural defenses and encourage proper digestion.\*\* Its sweet fragrance may elicit feelings of happiness and wellness.

**How to Use:** Diffuse, directly inhale, apply topically, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

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## Tarragon *Artemisia dracunculus*

Item No. **3647** 5 ml Whsl. \$19.50 Retail \$25.66 PV 19.50 🍀 🌿 🌸



Historically, Tarragon oil was used to soothe and support digestive function.\*\*

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

## Thyme *Thymus vulgaris*

Item No. **3650** 15 ml Whsl. \$33.75 Retail \$44.41 PV 33.75 🌿 🍀 🌸



Traditionally, Thyme was regarded for its cleansing properties and used to support the body's natural defenses.\*\*

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

## Tsuga *Tsuga canadensis*

Item No. **3352** 5 ml Whsl. \$24.00 Retail \$31.58 PV 24 🌿 🍀 🌸



Tsuga has purifying properties and is spiritually uplifting. Its fresh aroma is the result of steam distilling needles of the conifer tree.

**How to Use:** Diffuse, directly inhale, or apply topically.

## Valerian *Valeriana officinalis*

Item No. **3648** 5 ml Whsl. \$37.50 Retail \$49.34 PV 37.50 🍀 🌿 🌸



Historically, Valerian was regarded for its calming properties and ability to induce rest.\*\*

**How to Use:** Diffuse, apply topically, or take as a dietary supplement.

## Vetiver *Vetiveria zizanioides*

Item No. **3651** 5 ml Whsl. \$20.75 Retail \$27.30 PV 20.75 🌿 🍀 🌸



Vetiver has been used traditionally for relaxation and to ease general anxiety.\*\* With an aroma similar to Patchouli, Vetiver has a grounding effect. It may also be used as a topical cleanser.

**How to Use:** Diffuse, apply topically, or take as a dietary supplement.

## Western Red Cedar *Thuja plicata*

Item No. **3511** 5 ml Whsl. \$14.75 Retail \$19.41 PV 14.75 🍀 🌿



Western Red Cedar has purifying properties and may also be spiritually uplifting.

**How to Use:** Diffuse or directly inhale.

## Wintergreen *Gaultheria procumbens*

Item No. **3658** 15 ml Whsl. \$17.75 Retail \$23.36 PV 17.75 🌿 🍀 🌸



Young Living's Wintergreen contains natural methyl salicylate, which is regarded for its soothing properties, particularly when used in massage for stressed muscles and head tension.

**How to Use:** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically in massage.

## Ylang Ylang *Cananga odorata*

Item No. **3659** 15 ml Whsl. \$40.75 Retail \$53.62 PV 40.75 🌿 🍀 🌸



Traditional usage of Ylang Ylang was to relax the mind and balance emotions.\*\* This oil may also help control negative feelings such as frustration and anger.

**How to Use:** Diffuse, directly inhale, apply topically, or take as a dietary supplement.

# Essential Oil Blends

The efficacy and harmony of the oils is of the utmost importance when developing an essential oil blend. Young Living's years of rigorous research combined with extensive lab testing and farming expertise means every essential oil blend contains complementary constituents that deliver the expected therapeutic result. To meet such demanding standards, Gary Young oversees the development and formulation of Young Living's unique essential oil blends.



## Abundance

Item No. **3300** 15 ml Whsl. \$33.25 Retail \$43.75 PV 33.25 ★ 🐾



Abundance™ combines oils such as orange and ginger, which were used by ancient cultures to attract prosperity and magnify joy and peace.

**How to Use:** Diffuse, directly inhale, or apply topically over the heart, wrists, and temples.

**Essential Oils:** Orange, Clove, Cinnamon Bark, Frankincense, Ginger, Spruce, Patchouli, Myrrh

## Acceptance

Item No. **3303** 5 ml Whsl. \$37.75 Retail \$49.67 PV 37.75 ★ 🐾



Containing coriander and geranium essential oil, Acceptance™ encourages feelings of self-worth. This blend may also help overcome denial and procrastination.

**How to Use:** Diffuse, directly inhale, or apply topically.

**Essential Oils:** Frankincense, Sandalwood, Geranium, Blue Tansy, Neroli, Coriander, Bergamot, Ylang Ylang, Geranium

## Aroma Life

Item No. **3306** 15 ml Whsl. \$43.25 Retail \$56.91 PV 43.25 ★ 🐾



Aroma Life™ uses marjoram and ylang ylang essential oils to energize your life force and promote heart vitality.

**How to Use:** Diffuse, directly inhale, or apply topically.

**Essential Oils:** Cypress, Helichrysum, Ylang Ylang, Marjoram

## Aroma Siez

Item No. **3309** 15 ml Whsl. \$31.50 Retail \$41.45 PV 31.50 🌿



A key blend in Young Living's exclusive Raindrop Technique, Aroma Siez™ combines lavender and peppermint essential oils to relax tight muscles and ligaments.

**How to Use:** Dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Basil, Lavender, Cypress, Marjoram, Peppermint

## Australian Blue

Item No. **3311** 15 ml Whsl. \$62.75 Retail \$82.57 PV 62.75 ★ 🐾



Australian Blue™ will uplift the spirit and purify the body. This blend contains blue cypress, which is distilled from rare *Callitris intratropica* wood in Australia and revered throughout the aboriginal culture.

**How to Use:** Diffuse, directly inhale, or apply topically.

**Essential Oils:** Blue Cypress, Cedarwood, White Fir, Ylang Ylang, Blue Tansy

## Awaken

Item No. **3312** 15 ml Whsl. \$47.00 Retail \$61.84 PV 47 ★ 🐾



Awaken™ blend contains geranium and sandalwood essential oils. Expertly formulated to help you become aware of limitless potential, Awaken is the first step toward making positive life changes.

**How to Use:** Diffuse, apply topically, or inhale directly.

**Essential Oils:** Joy, Present Time, Harmony, Forgiveness, Dream Catcher



## Believe

Item No. **4661** 15 ml Whsl. \$35.75 Retail \$47.04 PV 35.75 ★ 🍷



Believe contains Idaho blue spruce, balsam fir, and frankincense essential oils that may encourage feelings of strength and faith. As you move past emotional barriers, you will be able to reach your true, unlimited potential.\*

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium

## Christmas Spirit

Item No. **3315** 15 ml Whsl. \$18.75 Retail \$24.67 PV 18.75 🌿 🍷



Experience the positive energy and emotions of the holidays all year long with orange, cinnamon, and spruce essential oils in Christmas Spirit™.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Orange, Cinnamon Bark, Spruce

## Clarity

Item No. **3321** 15 ml Whsl. \$38.50 Retail \$50.66 PV 38.50 🌿 🍷



Clarity™ contains basil, rosemary, and peppermint essential oils to promote a clear mind and restore mental alertness, especially when feeling fatigued or drowsy.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex, or apply topically.

**Essential Oils:** Basil, Roman Chamomile, Cardamom, Geranium, Bergamot, Rosemary, Lemon, Ylang Ylang, Peppermint, Jasmine, Palmarosa, Coriander

## DiGize

Item No. **3324** 15 ml Whsl. \$32.75 Retail \$43.09 PV 32.75 🌿 🍷



DiGize™ is a blend of pure tarragon, ginger, peppermint, and other essential oils that promote healthy digestion and soothe stomach discomforts.\*

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

**Essential Oils:** Tarragon, Juniper, Anise, Ginger, Fennel, Patchouli, Peppermint, Lemongrass

## Brain Power

Item No. **3313** 5 ml Whsl. \$59.75 Retail \$78.62 PV 59.75 ★ 🍷



Brain Power™ is a blend of essential oils high in sesquiterpenes—like sandalwood, blue cypress, and frankincense—to give your mind a boost, clarify thought, and develop greater focus.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Sandalwood, Melissa, Helichrysum, Cedarwood, Blue Cypress, Frankincense, Lavender

## Citrus Fresh

Item No. **3318** 15 ml Whsl. \$15.25 Retail \$20.07 PV 15.25 🌿 🍷



Citrus Fresh™ is a blend of energizing citrus oils designed to stimulate mental activity, boost creativity, and increase clarity of thought.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

**Essential Oils:** Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint

## Common Sense

Item No. **3091** 5 ml Whsl. \$30.00 Retail \$39.47 PV 30 🍷



Common Sense™ is a proprietary blend of Young Living essential oils formulated to enhance an individual's reasonable and rational decision-making abilities.

**How to Use:** Diffuse or inhale directly.

**Essential Oils:** Frankincense, Ylang Ylang, Ocotea, Ruta, Dorado Azul, Lime

## Dragon Time

Item No. **3327** 15 ml Whsl. \$44.25 Retail \$58.22 PV 44.25 🌿 🍷



Dragon Time™ contains natural phytoestrogens to balance women's emotions, especially during their monthly cycle. This blend is recommended for both young and mature women.

**How to Use:** Inhale directly or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Clary Sage, Lavender, Yarrow, Fennel, Marjoram, Jasmine

## Dream Catcher

Item No. **3330** 15 ml Whsl. \$67.00 Retail \$88.16 PV 67  



Dream Catcher™ is designed to harness the power of positive dreams and guard against clouded vision, helping you realize your desires and stay on the path to fulfillment.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Sandalwood, Pepper, Anise, Tangerine, Bergamot, Blue Tansy, Ylang Ylang, Juniper

## Egyptian Gold

Item No. **3332** 5 ml Whsl. \$38.50 Retail \$50.66 PV 38.50   



Egyptian Gold™ contains biblical oils that enhance moments of devotion and reverence.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex, apply topically, or take as a dietary supplement.

**Essential Oils:** Frankincense, Hyssop, Lavender, Myrrh, Cedarwood, Idaho Balsam Fir, Spikenard, Rose, Cinnamon Bark

## EndoFlex

Item No. **3333** 15 ml Whsl. \$27.50 Retail \$36.18 PV 27.50   



EndoFlex™ is a blend of spearmint, geranium, and other pure essential oils that support the endocrine system and help maintain overall vitality.\*

**How to Use:** Diffuse, inhale directly, apply topically, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

**Essential Oils:** Spearmint, Geranium, German Chamomile, Sage, Myrtle, Nutmeg

## En-R-Gee

Item No. **3336** 15 ml Whsl. \$20.75 Retail \$27.30 PV 20.75  



En-R-Gee™ is a revitalizing blend of pure rosemary, juniper, and lemongrass essential oils that uplifts and energizes mind and body.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Rosemary, Nutmeg, Pepper, Juniper, Idaho Balsam Fir, Lemongrass, Clove

## Envision

Item No. **3337** 5 ml Whsl. \$16.50 Retail \$21.71 PV 16.50  



Envision™ stimulates creativity and resourcefulness, encouraging renewed faith in the future and the emotional strength necessary to achieve your dreams.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Spruce, Orange, Sage, Geranium, Lavender, Rose

## Evergreen Essence *Seasonal*

Item No. **3353** 15 ml Whsl. \$21.75 Retail \$28.62 PV 21.75 



Evergreen Essence™ takes you back to nature by combining the scents of a variety of aromatic pine, cedar, and spruce trees. Crisp and invigorating, it refreshes your senses.

**How to Use:** Diffuse or inhale directly.

**Essential Oils:** Blue Spruce, Ponderosa Pine, Scotch Pine, Red Fir, Western Red Cedar, White Fir, Black Pine, Pinyon Pine, Lodgepole Pine

## Exodus II

Item No. **3338** 5 ml Whsl. \$21.50 Retail \$28.29 PV 21.50  



Exodus II™ is a blend of purifying essential oils that have cleansing properties, particularly when applied to the feet.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Cassia, Calamus, Spikenard, Myrrh, Galbanum, Frankincense, Cinnamon Bark, Hyssop

## Forgiveness

Item No. **3339** 5 ml Whsl. \$48.00 Retail \$63.16 PV 48  



Forgiveness™ enhances the ability to forgive yourself and others while letting go of negative emotions, which is an important part of personal growth.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Melissa, Angelica, Bergamot, Geranium, Lavender, Ylang Ylang, Frankincense, Lemon, Palmarosa, Jasmine, Helichrysum, Sandalwood, Roman Chamomile, Rose, Coriander

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Gathering

Item No. **3342** 5 ml Whsl. \$27.50 Retail \$36.18 PV 27.50 ★ 🏆



Gathering™ helps you overcome the chaotic energy of everyday life and keeps you on the path to higher achievement.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Lavender, Frankincense, Spruce, Geranium, Sandalwood, Rose, Galbanum, Ylang Ylang, Cinnamon Bark

## Gentle Baby

Item No. **3345** 15 ml Whsl. \$43.50 Retail \$57.24 PV 43.50 🌟 🌱 🏆



Gentle Baby™ is a soothing blend of pure essential oils that helps calm emotions for mothers and children.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Geranium, Jasmine, Ylang Ylang, Rosewood, Roman Chamomile, Rose, Lemon, Lavender, Palmarosa, Coriander

## GLF

Item No. **3340** 15 ml Whsl. \$131.25 Retail \$172.70 PV 131.25 🌟 🌱



GLF™ is a gallbladder and liver flush that aids in eliminating the negative effects of toxins in the body.

**How to Use:** Dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Grapefruit, Ledum, Helichrysum, Hyssop, Celery, Spearmint

## Gratitude

Item No. **3346** 5 ml Whsl. \$22.75 Retail \$29.93 PV 22.75 ★ 🏆



Foster a grateful attitude and embrace the blessings in your life. Gratitude™ supports emotional and spiritual progress.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Idaho Balsam Fir, Galbanum, Frankincense, Myrrh, Ylang Ylang, Geranium, Bergamot, Coriander

## Grounding

Item No. **3348** 5 ml Whsl. \$16.75 Retail \$22.04 PV 16.75 🌱 🏆



Grounding™ is a stress-relieving blend used for clarity, balance, or to enhance spirituality.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** White Fir, Pine, Angelica, Spruce, Cedarwood, Juniper, Ylang Ylang

## Harmony

Item No. **3351** 15 ml Whsl. \$64.75 Retail \$85.20 PV 64.75 ★ 🏆



Harmony™ is a blend of pure essential oils that helps bring harmonic balance to the energy centers of the body.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Geranium, Angelica, Bergamot, Lavender, Spruce, Ylang Ylang, Sandalwood, Hyssop, Palmarosa, Spanish Sage, Rose, Frankincense, Jasmine, Lemon, Orange, Roman Chamomile, Coriander

## Highest Potential

Item No. **3373** 5 ml Whsl. \$31.25 Retail \$41.12 PV 31.25 ★ 🏆



Highest Potential™ harnesses the uplifting and inspirational power of blue cypress and other pure essential oils. Enhance your self-confidence and achieve greater unity and purpose in life.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Australian Blue, Jasmine, Gathering, Ylang Ylang

## Hope

Item No. **3357** 5 ml Whsl. \$52.25 Retail \$68.75 PV 52.25 ★ 🏆



Hope™ allows you to restore your faith by reconnecting with feelings of strength and stability.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Melissa, Myrrh, Juniper, Spruce



## Humility

Item No. **3354** 5 ml Whsl. \$25.00 Retail \$32.89 PV 25 ★ 🏆



True humility is the foundation of emotional strength. Humility™ is a balancing blend of pure essential oils that promote deeper spiritual and emotional awareness.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Melissa, Myrrh, Ylang Ylang, Frankincense, Neroli, Geranium, Spikenard, Rose, Bergamot, Coriander

## ImmuPower

Item No. **3363** 15 ml Whsl. \$62.75 Retail \$82.57 PV 62.75 🌿 🏆



ImmuPower™ is formulated to support the body's natural defenses when applied to Vita Flex points on the hands and feet.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Hyssop, Ravintsara, Clove, Mountain Savory, Frankincense, Cumin, Cistus, Oregano, Idaho Tansy

## Inner Child

Item No. **3360** 5 ml Whsl. \$26.00 Retail \$34.21 PV 26 🌿 🏆



Inner Child™ stimulates memory response to help you connect with your authentic self and take steps toward finding emotional balance.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Orange, Jasmine, Spruce, Tangerine, Sandalwood, Neroli, Ylang Ylang, Lemongrass

## Inspiration

Item No. **3366** 15 ml Whsl. \$55.25 Retail \$72.70 PV 55.25 ★ 🏆



Inspiration™ is a blend of pure essential oils that were traditionally used by native people of Arabia, India, and North America for enhancing spirituality and meditation.\*\*

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Cedarwood, Myrtle, Mugwort, Spruce, Sandalwood, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium

## Into the Future

Item No. **3369** 5 ml Whsl. \$22.75 Retail \$29.93 PV 22.75 🌿 🏆



Into the Future™ encourages you to leave the past behind and move forward with confidence.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Clary Sage, Idaho Tansy, Juniper, Ylang Ylang, Frankincense, Orange, White Fir, Jasmine, Cedarwood

## Joy

Item No. **3372** 15 ml Whsl. \$39.75 Retail \$52.30 PV 39.75 🌟 ★ 🏆



Joy™ is an uplifting blend of pure essential oils that creates magnetic energy and brings happiness to the heart.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Bergamot, Lemon, Palmarosa, Ylang Ylang, Mandarin, Rose, Geranium, Jasmine, Roman Chamomile, Coriander

## JuvaCleanse

Item No. **3395** 15 ml Whsl. \$101.50 Retail \$133.55 PV 101.50 🌟 🌿 🏆 🌀



JuvaCleanse® is a premium blend of pure essential oils that supports healthy liver function.\*

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex to apply topically over Vita Flex points, or take as a dietary supplement.

**Essential Oils:** Helichrysum, Ledum

## JuvaFlex

Item No. **3375** 15 ml Whsl. \$42.75 Retail \$56.25 PV 42.75 ★ 🏆 🌀



JuvaFlex™ oil blend is carefully formulated to provide support for the liver and digestive system.\*

**How to Use:** Diffuse, inhale directly, apply topically over Vita Flex points, or take as a dietary supplement.

**Essential Oils:** Fennel, Rosemary, Blue Tansy, Geranium, Roman Chamomile, Helichrysum

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## Lady Sclareol

Item No. **3376** 15 ml Whsl. \$49.75 Retail \$65.46 PV 49.75 ★ 🏆



Lady Sclareol™ is an oil blend created especially for women to balance emotions, promote mental stability, and provide endocrine support while menstruating.

**How to Use:** Diffuse, inhale directly, or apply topically along the hips and navel area.

**Essential Oils:** Clary Sage, Jasmine, Vetiver, Ylang Ylang, Idaho Tansy, Geranium, Sandalwood, Orange, Sage, Lavender, Coriander, Bergamot

## Live with Passion

Item No. **3392** 5 ml Whsl. \$68.00 Retail \$89.47 PV 68 🌿 🏆



Live with Passion™ fosters an optimistic attitude and revives enthusiasm for life.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Clary Sage, Ginger, Sandalwood, Angelica, Cedarwood, Helichrysum, Jasmine, Melissa, Neroli, Patchouli

## Longevity

Item No. **3388** 15 ml Whsl. \$31.25 Retail \$41.12 PV 31.25 🌿 🏆 🌱



Longevity™ oil blend contains powerful antioxidants that neutralize free radicals in the body and lessen oxidative damage.\*

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

**Essential Oils:** Thyme, Clove, Orange, Frankincense

## Magnify Your Purpose

Item No. **3377** 5 ml Whsl. \$35.50 Retail \$46.71 PV 35.50 🌿 🏆



Magnify Your Purpose™ oil blend stimulates creativity, desire, focus, and motivation, encouraging you to seize initiative.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Sandalwood, Nutmeg, Ginger, Patchouli, Sage, Cinnamon Bark, Coriander, Bergamot, Ylang Ylang, Geranium

## Melrose

Item No. **3378** 15 ml Whsl. \$17.75 Retail \$23.36 PV 17.75 🌿 🏆



Melrose™ combats minor skin irritations with its powerful cleansing properties.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Rosemary, Clove, Melaleuca (M. Alternifolia), Niaouli

## M-Grain

Item No. **3387** 15 ml Whsl. \$41.75 Retail \$54.93 PV 41.75 🌿 🏆



M-Grain™ soothes head and muscle tension when applied along the neck, temples, forehead, shoulders, and behind the ears.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex, or apply topically.

**Essential Oils:** Basil, Lavender, Roman Chamomile, Marjoram, Peppermint, Helichrysum

## Mister

Item No. **3381** 15 ml Whsl. \$37.75 Retail \$49.67 PV 37.75 ★ 🏆



Created for males of all ages, Mister™ oil blend helps balance emotions and promotes mental stability during stressful times.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Sage, Lavender, Peppermint, Fennel, Myrtle, Blue Yarrow

## Motivation

Item No. **3384** 5 ml Whsl. \$46.00 Retail \$60.53 PV 46 🌿 🏆



Motivation™ enables you to overcome procrastination while promoting feelings of action and accomplishment. This blend enhances your ability to move forward in a positive direction.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Roman Chamomile, Spruce, Ylang Ylang, Lavender

## PanAway

Item No. **3390** 15 ml Whsl. \$74.50 Retail \$98.03 PV 74.50

Item No. **3391** 5 ml Whsl. \$32.50 Retail \$42.76 PV 32.50



Containing wintergreen and clove, PanAway® aids the body's natural response to irritation and injury, minimizes bruising, and relieves muscle tension.\*

**How to Use:** Dilute and apply topically on location as needed or use in massage.

**Essential Oils:** Wintergreen, Clove, Helichrysum, Peppermint

## Peace & Calming

Item No. **3393** 15 ml Whsl. \$32.75 Retail \$43.09 PV 32.75



The gentle scent of Peace & Calming® encourages deep relaxation and can assist with meditation to promote a peaceful night's sleep.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex, or apply topically.

**Essential Oils:** Tangerine, Ylang Ylang, Blue Tansy, Orange, Patchouli

## Present Time

Item No. **3396** 5 ml Whsl. \$82.25 Retail \$108.22 PV 82.25



Present Time™ helps you focus on the here and now so that you can get beyond the past and move forward.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Neroli, Spruce, Ylang Ylang

## Purification

Item No. **3399** 15 ml Whsl. \$18.75 Retail \$24.67 PV 18.75



The sweet, refreshing scent of Purification® instantly deodorizes and neutralizes the air. This blend also contains citronella to deter insects and soothe minor bites.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Lemongrass, Rosemary, Melaleuca (M. alternifolia), Myrtle, Citronella

## Raven

Item No. **3402** 15 ml Whsl. \$34.75 Retail \$45.72 PV 34.75



Raven™ is a cleansing blend of ravintsara, peppermint, eucalyptus (*E. radiata*), and other essential oils. When applied topically, Raven is deeply soothing to the chest and throat.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Ravintsara, Wintergreen, Eucalyptus (*E. radiata*), Lemon, Peppermint

## R.C.

Item No. **3405** 15 ml Whsl. \$21.75 Retail \$28.62 PV 21.75



R.C.™ is an invigorating blend that includes cypress, spruce, and three varieties of eucalyptus that is comforting when applied to the chest and throat.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Eucalyptus (*E. globulus*, *E. radiata*, *E. citriodora*), Myrtle, Spruce, Peppermint, Pine, Lavender, Marjoram, Cypress

## Release

Item No. **3408** 15 ml Whsl. \$36.00 Retail \$47.37 PV 36



Release™ is a blend of sandalwood, ylang ylang, and other essential oils that facilitates the ability to let go of anger and frustration. It also promotes harmony and balance of the mind and body.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Ylang Ylang, Geranium, Blue Tansy, Lavandin, Sandalwood

## Relieve It

Item No. **3411** 15 ml Whsl. \$41.75 Retail \$54.93 PV 41.75



Relieve It™ is a comforting blend of pure spruce and black pepper essential oils that soothes muscle and joint discomfort.

**How to Use:** Dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Spruce, Hyssop, Black Pepper, Peppermint

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## RutaVaLa

Item No. **3419** 5 ml Whsl. \$31.50 Retail \$41.45 PV 31.50 🌿 🍷



RutaVaLa™ is a calming blend of lavender, valerian, and ruta that relieves stress, soothes tension, and promotes relaxation for the body and mind.

**How to Use:** Diffuse, dilute with V-6 Vegetable Oil Complex, apply topically, or inhale directly.

**Essential Oils:** Lavender, Valerian, Ruta

## Sacred Mountain

Item No. **3414** 15 ml Whsl. \$31.25 Retail \$41.12 PV 31.25 🌿 🍷



Sacred Mountain™ is a blend of ylang ylang and conifer oils that evokes the sense of sanctity found in nature and promotes feelings of strength, empowerment, grounding, and protection.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Spruce, Idaho Balsam Fir, Ylang Ylang, Cedarwood

## SARA

Item No. **3417** 5 ml Whsl. \$25.75 Retail \$33.88 PV 25.75 🌿



SARA™ is a blend of geranium, ylang ylang, rose, and blue tansy designed to soothe deep emotional wounds and help begin recovery from traumatic memories.

**How to Use:** Dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Ylang Ylang, Orange, Rose, Geranium, Blue Tansy, White Lotus, Lavender, Cedarwood

## SclarEssence

Item No. **3418** 15 ml Whsl. \$27.75 Retail \$36.51 PV 27.75 🌿 🍷



SclarEssence™ supports women's health with the balancing properties of pure essential oils, including clary sage and fennel.\*

**How to Use:** Diffuse, apply topically, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

**Essential Oils:** Clary Sage, Fennel, Sage, Lavender, Peppermint

## Sensation

Item No. **3420** 5 ml Whsl. \$33.25 Retail \$43.75 PV 33.25 🌿 🍷



Sensation™ combines pure ylang ylang and coriander essential oils to encourage feelings of love and affection.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Ylang Ylang, Jasmine, Geranium, Bergamot, Coriander

## Slique Essence

Item No. **4586** 15 ml Whsl. \$26.00 Retail \$34.21 PV 26 🌿 🍷



Slique™ Essence combines powerful essential oils with stevia extract in a unique blend that supports healthy weight-management goals, especially when used in conjunction with other Slique products.\*

**How to Use:** Shake vigorously before use. Inhale directly, apply topically, dilute with V-6 Vegetable Oil Complex, or take internally as a dietary supplement.

**Essential Oils:** Grapefruit, Tangerine, Lemon, Spearmint, and Ocotea with Stevia Extract

## Stress Away

Item No. **4630** 15 ml Whsl. \$29.75 Retail \$39.14 PV 29.75 🌿 🍷



Stress Away is the first product to contain the unique stress-relieving combination of lime and vanilla pure, therapeutic-grade essential oils. Stress Away also includes copaiba and lavender to reduce mental rigidity and restore equilibrium.

**How to Use:** Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex to apply topically, or take as a dietary supplement.

**Essential Oils:** Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender

## Surrender

Item No. **3424** 5 ml Whsl. \$22.75 Retail \$29.93 PV 22.75 🌿 🍷



Surrender™ is a blend of lavender, spruce, Roman chamomile, and other essential oils that helps cast off inhibitions that may be controlling your life or limiting your potential.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Lavender, Spruce, Mountain Savory, Lemon, Angelica, Roman Chamomile, German Chamomile

## The Gift

Item No. **6500** 5 ml Whsl. \$45.00 Retail \$59.21 PV 45 ★ 🏆



The Gift™ is a blend of seven ancient oils that have been sought after for centuries for their calming and health-supporting properties. This blend was inspired by the fictional character Shutran from *The One Gift*, a novel by D. Gary Young.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Sacred Frankincense, Idaho Balsam Fir, Jasmine, Galbanum, Myrrh, Cistus, Spikenard

## Three (3) Wise Men

Item No. **3426** 15 ml Whsl. \$83.75 Retail \$110.20 PV 83.75 ★ 🏆



The 3 Wise Men™ oil blend contains sandalwood, frankincense, and myrrh essential oils and is designed to open up the subconscious and promote feelings of reverence and spiritual awareness.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Sandalwood, Frankincense, Myrrh, Juniper, Spruce

## Trauma Life

Item No. **6350** 5 ml Whsl. \$45.00 Retail \$59.21 PV 45 ★ 🏆



Trauma Life™ is a therapeutic blend of pure sandalwood, helichrysum, rose, and other essential oils designed to release emotional trauma that may be buried or forgotten.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Frankincense, Davana, Citrus Hystrix, Sandalwood, Spruce, Rose, Valerian, Geranium, Lavender, Helichrysum

## White Angelica

Item No. **3432** 15 ml Whsl. \$59.75 Retail \$78.62 PV 59.75 🌞 🌿 🏆



White Angelica™ contains pure melissa and bergamot essential oils, promotes feelings of protection and security, and can be used to guard against negative energy.

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

**Essential Oils:** Bergamot, Melissa, Geranium, Ylang Ylang, Rose, Myrrh, Spruce, Sandalwood, Hyssop

## Thieves

Item No. **3423** 15 ml Whsl. \$33.75 Retail \$44.41 PV 33.75 🌿 🏆 🌞



The revolutionary Thieves® blend contains powerful essential oils that defend and protect. Diffuse throughout the home to kill dangerous airborne bacteria or apply on the bottoms of feet for internal support.

**How to Use:** Diffuse, apply topically, dilute with V-6 Vegetable Oil Complex, or take as a dietary supplement.

**Essential Oils:** Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus (E. radiata)

## Transformation

Item No. **3060** 15 ml Whsl. \$63.75 Retail \$83.88 PV 63.75 🌞 🌿 🏆



Transformation™ is now reformulated to include Idaho blue spruce, palo santo, and ocotea. These powerful essential oils empower you to replace negative beliefs with uplifting thoughts.

**How to Use:** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Essential Oils:** Lemon, Frankincense, Sandalwood, Peppermint, Cardamom, Clary Sage, Idaho Blue Spruce, Palo Santo, Ocotea

## Valor

Item No. **3429** 15 ml Whsl. \$21.75 Retail \$28.62 PV 21.75 ★ 🏆



Valor® is an empowering blend that promotes feelings of strength, courage, and protection. Valor has also been found to support energy alignment in the body.

**How to Use:** Diffuse, inhale directly, or apply topically.

**Essential Oils:** Spruce, Blue Tansy, Frankincense

## Oola Balance & Grow Essential Oils

Item No. **5022** Balance 5 ml Whsl. \$29.75 Retail \$39.14 PV 29.75 🌿 🏆 🌞

Item No. **5021** Grow 5 ml Whsl. \$39.75 Retail \$52.30 PV 39.75 🌿 🏆 🌞



Oola Balance is designed to align and balance your center for a positive outlook and amplify the ability to focus on passions, behaviors, and health.\* Oola Grow gives you courage to focus on the task at hand and helps you move forward toward positive advancement and progression.\*

**How to Use:** Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Breathe Again Roll-On

Item No. **3528** 10 ml Whsl. \$21.75 Retail \$28.62 PV 21.75



Breathe Again™ Essential Oil Roll-On is formulated to support respiratory health in a convenient roll-on application. This blend features four types of eucalyptus oil, including eucalyptus blue, grown and distilled at the Young Living farm in Ecuador.

**How to Use:** Apply generously to chest and neck as desired.

**Essential oils:** Eucalyptus (*E. staigeriana*, *E. globulus*, *E. radiata*), Laurus Nobilis, Peppermint, Copaiba, Myrtle, Blue Cypress, Eucalyptus Blue

## Deep Relief Roll-On

Item No. **3534** 10 ml Whsl. \$21.75 Retail \$28.62 PV 21.75



Deep Relief™ Essential Oil Roll-On provides support for head and muscle tension. It blends essential oils known for their soothing, long-lasting benefits.

**How to Use:** Apply generously on temples, back of neck, or wherever necessary to ease tension.

**Essential oils:** Peppermint, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba

## RutaVaLa Roll-On

Item No. **4471** 10 ml Whsl. \$31.75 Retail \$41.78 PV 31.75



Young Living's RutaVaLa™ Essential Oil Roll-On is a proprietary blend of ruta, lavender, and valerian that promotes relaxation of the body and mind, soothes stressed nerves, and induces sleep.

**How to Use:** Apply generously to wrists, temples, neck, or any desired area as needed.

**Essential oils:** Lavender, Valerian, Ruta

## Stress Away Roll-On

Item No. **4472** 10 ml Whsl. \$24.75 Retail \$32.57 PV 24.75



Stress Away™ Essential Oil Roll-On is a light, fragrant, and unique blend of vanilla, lime, copaiba, and other pure essential oils that relieve daily stress, encourage relaxation, and reduce nervous tension.

**How to Use:** Apply generously to wrists, temples, neck, or any desired area as needed.

**Essential oils:** Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender

## Tranquil Roll-On

Item No. **3533** 10 ml Whsl. \$24.75 Retail \$32.57 PV 24.75



Tranquil™ Essential Oil Roll-On provides stress relief and relaxation in a convenient roll-on application. The lavender, cedarwood, and Roman chamomile in this blend are known for their ability to decrease anxiety and induce tranquility.

**How to Use:** Apply generously on wrists or back of neck for relaxation.

**Essential oils:** Lavender, Cedarwood, Roman Chamomile

## Valor Roll-On

Item No. **3529** 10 ml Whsl. \$21.75 Retail \$28.72 PV 21.75



Valor® Essential Oil Roll-On is an empowering combination of spruce, rosewood, frankincense, and blue tansy essential oils that increase strength, courage, and self-esteem.

**How to Use:** Apply generously on wrists, back of neck, or shoulders to ease tension.

**Essential oils:** Spruce, Rosewood, Blue Tansy, Frankincense



## Cel-Lite Magic Massage Oil

Item No. **3035** 8 fl. oz. Whsl. \$31.75 Retail \$41.78 PV 31.75



Cel-Lite Magic™ Massage Oil tones and nourishes the skin with pure vegetable oils, vitamin E, and therapeutic-grade essential oils. Grapefruit oil improves skin texture, while juniper oil helps detoxify and cleanse.

**How to Use:** Massage on locations where firming and toning are desired. Shake well before using.

**Essential oils:** Grapefruit, Cedarwood, Clary Sage, Cypress, Juniper

## Dragon Time Massage Oil

Item No. **3034** 8 fl. oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Dragon Time™ Massage Oil is specially blended to balance and stabilize the body. This blend is recommended for both young and mature women.

**How to Use:** Gently massage onto lower abdomen and lower back. Shake well before using.

**Essential oils:** Lavender, Sage, Yarrow, Fennel, Ylang Ylang, Jasmine, Clary Sage

## Ortho Ease Massage Oil

Item No. **3033** 8 fl. oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Designed to relax and soothe tired, stressed muscles, Ortho Ease® Massage Oil is a calming blend of vegetable oils and therapeutic-grade essential oils such as wintergreen, peppermint, juniper, and marjoram.

**How to Use:** Gently massage into areas of body experiencing stress. Shake well before using.

**Essential oils:** Wintergreen, Eucalyptus (*E. globulus*, *E. radiata*), Thyme, Juniper, Lemongrass, Peppermint, Marjoram, Vetiver

## Ortho Sport Massage Oil

Item No. **3032** 8 fl. oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Ortho Sport® Massage Oil provides soothing relief for tired, over-worked muscles after exercise and sports. This blend combines pure vegetable oils with therapeutic-grade essential oils such as wintergreen, peppermint, thyme, and oregano.

**How to Use:** Thoroughly massage into areas of the body feeling stress following exercise.

**Essential oils:** Wintergreen, Eucalyptus (*E. globulus*), Lemongrass, Peppermint, Elemi, Thyme, Oregano, Vetiver

## Relaxation Massage Oil

Item No. **3037** 8 fl. oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Relaxation™ Massage Oil promotes tranquility and eases tension to restore vitality. This formula blends specially selected vegetable oils with soothing essential oils such as lavender, tangerine, coriander, and spearmint for maximum stress relief.

**How to Use:** Gently massage onto skin as needed. Shake well before using.

**Essential oils:** Tangerine, Peppermint, Lavender, Spearmint, Ylang Ylang, Coriander, Bergamot, Geranium

## Sensation Massage Oil

Item No. **3036** 8 fl. oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Sensation™ Massage Oil inspires the senses and encourages feelings of romance and youthfulness. This special blend of vegetable oils and essential oils leaves skin feeling smooth and soft.

**How to Use:** Massage liberally onto skin as desired. Shake well before using.

**Essential oils:** Ylang Ylang, Jasmine, Coriander, Geranium, Bergamot

## V-6 Vegetable Oil Complex

Item No. **3031** 8 fl. oz. Whsl. \$21.75 Retail \$28.62 PV 21.75



V-6™ Vegetable Oil Complex can be used to create custom massage oils or to dilute essential oils for sensitive skin.

**How to Use:** For direct application blend 1 drop essential oil in 1–8 teaspoons V-6. For topical applications, apply 15–30 drops of essential oils to 1/8–1/4 cup V-6. Stronger oils (e.g., cinnamon, clove, oregano) require more dilution than gentler oils. Shake well before using.

## V-6 Vegetable Oil Complex Refill

Item No. **3030** 32 fl. oz. Whsl. \$48.75 Retail \$64.14 PV 48.75



V-6™ Vegetable Oil Complex in a 32 oz. economy size reduces waste and allows you to order less frequently.

**How to Use:** For direct application blend 1 drop essential oil in 1–8 teaspoons V-6. For topical application, apply 15–30 drops of essential oils to 1/8–1/4 cup V-6. Stronger oils (e.g., cinnamon, clove, oregano) require more dilution than gentler oils. Shake well before using.

# Sharing Tools

Sharing essential oils has just become simpler with Young Living's industry-first 10-count sample pack. You can now share essential oils with these 0.25-ml samples that will send any prospect off with a memorable impression of Young Living and the benefits of 100% pure, therapeutic-grade essential oils. To order custom sharing business cards, visit [youngliving.com/shareyoungliving](http://youngliving.com/shareyoungliving).

## Lavender Essential Oil Sample Packets

Item No. **4770** 10 packets Whsl. \$10.00 Retail \$13.16 PV 5



## Peppermint Essential Oil Sample Packets

Item No. **4771** 10 packets Whsl. \$10.00 Retail \$13.16 PV 5



## Thieves Essential Oil Sample Packets

Item No. **4773** 10 packets Whsl. \$10.00 Retail \$13.16 PV 5



## Lemon Essential Oil Sample Packets

Item No. **4772** 10 packets Whsl. \$10.00 Retail \$13.16 PV 5



## Peace & Calming Essential Oil Sample Packets

Item No. **4774** 10 packets Whsl. \$10.00 Retail \$13.16 PV 5



## Essential Oil Sample Packets 5 Pack

Item No. **4940** 50 Packets Whsl. \$45.00 Retail \$59.21 PV 22.50 Includes all five oils



## Aroma Complete

Item No. **3100** Whsl. \$1,995.00 Retail \$2,625.00 PV 1,995



Aroma Complete™ contains a 5-ml bottle of over 120 different Young Living essential oil singles and blends. This kit includes a sturdy carrying case. Collection does not contain rose, melissa, and a few seasonal oils.

**How to Use:** See individual products.

Because oils may vary according to season and availability, Young Living reserves the right to substitute oils of equal or greater value.

## Essential 7

Item No. **3120** Whsl. \$75.25 Retail \$99.01 PV 75.25



Essential 7™ is a collection of Young Living's top seven singles and blends. Each oil has a wide variety of uses, from skin care to nutritional supplements. CD and instructional booklet included.

**How to Use:** See individual products.

Seven 5-ml bottles: Lavender, Lemon, Peppermint, Joy, PanAway, Peace & Calming, Purification

## Feelings

Item No. **3125** Whsl. \$155.75 Retail \$204.93 PV 155.75



The Feelings™ collection features six essential oil blends that promote emotional and psychological balance and well-being. CD included.

**How to Use:** See individual products.

Six 5-ml bottles: Harmony, Forgiveness, Inner Child, Present Time, Release, Valor

## Raindrop Technique

Item No. **3137** Whsl. \$124.25 Retail \$163.49 PV 124.25



Raindrop Technique® combines the benefits of diffusing essential oils with the art of massage and Vita Flex. This kit is designed to bring physical, emotional, and mental balance to the mind and body. DVD and booklet included.

**How to Use:** See individual products.

Nine 5-ml bottles: Aroma Siez, Basil, Cypress, Marjoram, Oregano, Peppermint, Thyme, Valor, Wintergreen. Two 8-oz. massage bottles: Ortho Ease, V-6 Vegetable Oil Complex

## Essence of the Season

Item No. **3118** Whsl. \$71.50 Retail \$94.08 PV 71.50



Essence of the Season™ lifts spirits with festive, seasonal scents. Containing Christmas Spirit oil blend and the biblical oils and gum resins of Frankincense and Myrrh, this collection can be used during the holidays or year round to invoke memories or enhance spiritual awareness.

Five 5-ml bottles: Christmas Spirit, Frankincense, Myrrh, frankincense gum resin, myrrh gum resin

## Everyday Oils

Item No. **3695** Whsl. \$121.25 Retail \$159.54 PV 121.25



The Everyday Oils™ collection is the perfect beginner kit, containing nine of our most versatile essential oils for cooking, first aid, cleaning, and more. DVD and instructional booklet included.

**How to Use:** See individual products.

Nine 5-ml bottles: Frankincense, Lavender, Lemon, Peppermint, PanAway, Peace & Calming, Purification, Thieves, Valor

## Golden Touch 1

Item No. **3130** Whsl. \$80.75 Retail \$106.25 PV 80.75



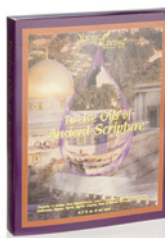
Golden Touch 1™ contains seven essential oil blends that help support the body's natural defenses.\* CD included.

**How to Use:** See individual products.

Seven 5-ml bottles: DiGize, EndoFlex, JuvaFlex, Melrose, Raven, R.C., Thieves

## Twelve Oils of Ancient Scripture

Item No. **3143** Whsl. \$222.25 Retail \$292.43 PV 222.25



The Twelve Oils of Ancient Scripture™ collection contains 12 of the most significant oils found in the Bible. CD included.

**How to Use:** See individual products.

Twelve 5-ml bottles: Aloe (Sandalwood), Cassia, Cedarwood, Cypress, Frankincense, Galbanum, Hyssop, Myrrh, Myrtle, Onycha, Rose of Sharon (Cistus), Spikenard

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\*\* Modern scientific research has not yet validated these historical claims.  
Consult individual product labels for safety information.



## Aria Ultrasonic Diffuser

Item No. **4524** Whsl. \$225.00 Retail \$296.05 PV 112.50



The Aria™ combines the latest in ultrasonic technology with useful features such as a remote control, music capabilities, soothing built-in sounds, and LED lights. Inside the Aria is a small ultrasonic plate that vibrates over a million times per second, vaporizing the water and oil to disperse into the air.

**How to Use:** Fill well with distilled water and add 15–20 drops of the desired oil. See instruction booklet for complete usage details. Diffuser comes with two 5-ml essential oils.

## Essential Oil Diffuser

Item No. **3660** Bronze Whsl. \$125.00 Retail \$164.47 PV 62.50

Item No. **3661** Silver Whsl. \$125.00 Retail \$164.47 PV 62.50

Item No. **3662** Green Whsl. \$125.00 Retail \$164.47 PV 62.50



The Essential Oil Diffuser releases large amounts of oil into the air as a microfine vapor. The oils are diffused without being heated to retain their maximum potency.

*Note: Some essential oils should not be diffused in the Essential Oil Diffuser due to their thickness.*

**How to Use:** Pour 15–20 drops of oil directly into the well and turn the knob on the flow control valve. See instruction booklet for complete usage details.

## Home Diffuser

Item No. **4589** Whsl. \$75.00 Retail \$98.68 PV 37.50



Young Living's newly designed Home Diffuser combines a humidifier, air purifier, atomizer, and aromatherapy diffuser into one product that safely releases essential oils into the air to eliminate odors and create a spa-like atmosphere.

**How to Use:** Fill well with distilled or purified water, add 8–12 drops of the desired essential oil, and turn on diffuser. See instruction booklet for complete usage details.

## Resin Burner

Item No. **4880** Whsl. \$32.75 Retail \$43.09 PV 16.25

Frankincense Resin Item No. **4881** Whsl. \$16.25 Retail \$21.38 PV 0



Experience the essence of the Frankincense Trail with Young Living's Resin Burner, specially selected by Gary Young.

**How to Use:** Place a few pieces of resin on the burner and plug in. See instruction booklet for complete usage details. Resin Burner comes with a bag of frankincense resin.

## TheraPro Premium Diffuser

Item No. **4495** Whsl. \$150.00 Retail \$197.37 PV 75

Item No. **4546** Atomizer Single Whsl. \$13.25 Retail \$17.43 PV 0

Item No. **4590** Atomizer 3 pk. Whsl. \$39.75 Retail \$52.30 PV 0



The most advanced diffuser technology, the TheraPro™ nebulizes essential oils and disperses them into the air in an ultrafine mist for concentrated therapy.

**How to Use:** Attach 15-ml essential oil bottle to housing and select desired setting. See instruction booklet for complete usage details. Diffuser comes with 15-ml Thieves essential oil blend.

## Travel Fan Diffuser

Item No. **4457** Whsl. \$35.00 Retail \$46.05 PV 15

Item No. **4458** 10 pk. Whsl. \$3.00 Retail \$3.00 PV 0 Travel Fan Replacement Pads



The Travel Fan Diffuser is a simple way to diffuse therapeutic-grade essential oils when you are on the go. This small, portable diffuser blows cool air through an oil pad to release the therapeutic benefits. It can run on batteries or be plugged in.

**How to Use:** Place 15–20 drops of essential oil on inserted oil pad; plug in or insert batteries. See instruction booklet for complete usage details. Diffuser comes with 5-ml Lavender and five replacement pads.

## AromaGlide

Item No. **4578** 10 pk. Whsl. \$9.75 Retail \$12.83 PV 0



Transform any of your favorite Young Living essential oils into an easy-to-use roll-on bottle with the patented AromaGlide™ advanced roller fitments technology. Each fitment is customized to fit a 5- or 15-ml bottle with an "Sb" marking on the bottom. Includes 10 AromaGlide fitments and caps.

## Blender Bottle

Item No. **4609** Green Whsl. \$6.00 Retail \$7.89 PV 0

Item No. **4622** Purple Whsl. \$6.00 Retail \$7.89 PV 0



Shake up a nutrient-rich Balance Complete, Pure Protein Complete, or Power Meal shake in this portable blender bottle. Holds 12 oz. (400 ml).

## Clear Vegetable Capsules

Item No. **3193** 250 ct. Whsl. \$7.50 Retail \$9.87 PV 0



Clear vegetable capsules are an excellent way to get your daily dose of essential oils. These NPcaps™ are all natural and ideal for those with vegetarian, diabetic, or other restrictive dietary needs. They are made from pullulan, a safe, water-soluble polysaccharide.

## Diffuser Well and Jet

Item No. **3824** Bronze Well and Jet Whsl. \$50.00 Retail \$65.79 PV 0

Item No. **3821** Green Well and Jet Whsl. \$50.00 Retail \$65.79 PV 0

Item No. **3764** Silver Well and Jet Whsl. \$50.00 Retail \$65.79 PV 0



**3660** Bronze Well

**3661** Silver Well

**3662** Green Well

## Easy-Fill Pipettes

Item No. **4927** 15 pk. Whsl. \$4.00 Retail \$5.26 PV 0



Easy-Fill Pipettes provide a simpler way to transfer oil from the 5- and 15-ml bottles to the 2-ml sample bottles. Designed with a narrow tip, the pipette can be easily inserted through the 2-ml orifice, reducing spillage and allowing for simple and quick refilling. These pipettes are a must-have for keeping your 2-ml Vitassage™ and sample bottles filled and ready to go.

## Essential Oil Carrying Cases

Item No. **3819** Case 130 Whsl. \$38.00 Retail \$50.00 PV 0

Item No. **3847** Case 30 Whsl. \$28.50 Retail \$37.50 PV 0

Item No. **3851** Case 16 Whsl. \$20.00 Retail \$26.32 PV 0



The Essential Oil Carrying Case is a convenient way to transport your essential oils. The cases are made of durable cloth with zipper close and a handle, and each includes a foam insert.

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\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Essential Oil Diffuser Accessories

Item No. **3812** Glass Nebulizer Whsl. \$18.50 Retail \$24.34 PV 0

Item No. **3801** Tubing Whsl. \$2.00 Retail \$2.63 PV 0



## Essential Oil Sampler Bottles

Item No. **3194** 25 pk. Whsl. \$9.50 Retail \$12.50 PV 0



Essential oil sampler bottles are a convenient, simple way to pass out essential oil samples to friends, family, and prospective customers and distributors. Take these empty 2-ml bottles on the go to fill with your choice of essential oil. All 25 bottles come with lids and drop reducers.

## Foam Insert Soft Case

Item No. **3843** Whsl. \$10.00 Retail \$13.16 PV 0



The foam insert protects essential oil bottles and fits neatly inside the large (130) Essential Oil Carrying Case.

## Glass Oil Droppers

Item No. **3810** 6 pk. Whsl. \$5.00 Retail \$6.58 PV 0



The Young Living glass droppers are a convenient way to get just the right amount of essential oil that you need. They also come in handy if you want to remove any excess oil from your diffuser well.

## Oil Bottle Cap Labels

Item No. **3939** 208 cap labels/1 set Whsl. \$3.00 Retail \$3.95 PV 0



These color-coded labels fit perfectly on any 5- or 15-ml essential oil bottle cap to help you stay organized and find the right bottle quickly and easily.

## Vitassage with Storage Case

Item No. **4625** Whsl. \$69.00 Retail \$90.79 PV 34.50

Item No. **4898** Storage Case Only Whsl. \$19.75 Retail \$25.99 PV 0



Created by D. Gary Young, Vitassage™ incorporates Young Living's therapeutic essential oils into the massage experience by dispensing up to three different oils simultaneously, while three stainless-steel roller balls massage sore, tired muscles.

**How to Use:** Fill each sample bottle with your favorite Young Living essential oil and massage directly on the skin.



# NingXia Red

NingXia Red® is Young Living's superfruit supplement specially formulated to energize, fortify, and replenish the body and mind. This proprietary blend contains pure essential oils, renowned wolfberry puree from China's Ningxia province, and a variety of vitamin-rich whole fruits such as raspberries, blueberries, and pomegranates. Just 1 ounce of NingXia Red supplies the body with vital antioxidants and phytonutrients that provide a natural energy supply. At the same time, this nutritious supplement fortifies and supports the immune system and rejuvenates the body.



## NingXia Red 2 Pack

Item No. **3042** 2 pk., 750 ml ea. Whsl. \$67.00 Retail \$88.16 PV 67



NingXia Red® is a powerful antioxidant drink that contains whole Ningxia wolfberry puree—a super blend of blueberry, aronia, cherry, pomegranate, and plum juices, natural stevia extract, grape seed extract, pure vanilla extract, and orange, yuzu, lemon, and tangerine essential oils. Its health benefits include support from head to toe via a whole-body nutrient infusion.

**How to Use:** Drink 1 to 2 fl. oz. 2 times daily.

## NingXia Red 4 Pack

Item No. **3044** 4 pk., 750 ml ea. Whsl. \$120.00 Retail \$157.89 PV 120



## NingXia Red 6 Pack

Item No. **3045** 6 pk., 750 ml ea. Whsl. \$177.00 Retail \$232.89 PV 177



## NingXia Red 8 Pack

Item No. **3046** 8 pk., 750 ml ea. Whsl. \$230.00 Retail \$302.63 PV 230



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## NingXia Red Singles 30 Pack

Item No. **3525** 30 pk., 2 fl. oz. ea. Whsl. \$79.75 Retail \$104.93 PV 79.75



These on-the-go packets deliver the same powerful benefits of NingXia Red® in an easy 2-oz. packet that is perfect for your purse, backpack, or bag. Each box comes with 30 individual single-serve packets.

**How to Use:** Drink 2 fl. oz. 2 times daily.

## NingXia Red Singles 60 Pack

Item No. **3526** 60 pk., 2 fl. oz. ea. Whsl. \$155.75 Retail \$204.93 PV 155.75



## NingXia Red Singles 90 Pack

Item No. **3523** 90 pk., 2 fl. oz. ea. Whsl. \$231.75 Retail \$304.93 PV 231.75



## NingXia Red Combo Pack

Item No. **4710** (2) 750 ml, 30 singles Whsl. \$139.75 Retail \$183.88 PV 139.75

Includes two 750-ml of NingXia Red® and 30 single-serve packets.

**How to Use:** Drink 1 to 2 fl. oz. 2 times daily.



## Ningxia Wolfberries (Dried)

Item No. **6360** 16 oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Great as a snack, in a smoothie, or on top of yogurt or cereal, dried wolfberries add flavor, texture, and health-boosting benefits to many of your favorite foods or recipes.

**How to Use:** Eat 1/2 oz. (approx. 1 tablespoon) as desired. Add to baked goods, cereal, salad, trail mix, etc.

# Essential Nutrition

Young Living is one of the first companies to infuse nutritional supplements with pure essential oils. Our nutritional line offers an effective, convenient way to get all of the benefits of essential oils daily, while also providing other necessary vitamins, minerals, and nutrients. These superior supplements provide a ready-to-go solution that increases overall health and vitality in the user. In addition, our innovative nutritional line offers targeted solutions such as enzymes and probiotics, meal replacements, cleansing programs, and digestive aids.



## AlkaLime

Item No. **3199** 8 oz. Whsl. \$35.75 Retail \$47.04 PV 35.75



AlkaLime™ is a precisely balanced, effervescent, acid-neutralizing pH mineral complex formulated to regulate acid in the digestive system.\* Infused with lemon and lime essential oils, AlkaLime also features biochemic cell salts.

**How to Use:** Stir 1 level teaspoon in 4–6 oz. of distilled water; let sit 20–25 seconds. Gently stir until thoroughly mixed and drink immediately.\*

## Allerzyme

Item No. **3288** 90 ct. Whsl. \$34.75 Retail \$45.72 PV 34.75



Allerzyme™ is a complex blend of enzymes, complementary botanicals, ginger, peppermint, and other essential oils that supports proper digestion, waste elimination, and nutrient utilization.\*

**How to Use:** Take 1 capsule 3 times daily just prior to all meals or as needed.

## Balance Complete

Item No. **3292** 26.4 oz. Whsl. \$49.75 Retail \$65.46 PV 49.75



Balance Complete™ is a superfood-based meal replacement. Formulated to energize and cleanse, it features Young Living's proprietary V-Fiber™ blend, which supplies an impressive 11 grams of fiber per serving.

**How to Use:** Add 2 scoops to 8 oz. cold water or milk and blend until smooth. For added flavor, add fruit or essential oils.

## BLM

Item No. **3234** 90 ct. Whsl. \$40.75 Retail \$53.62 PV 40.75

Item No. **3258** 3 oz. Whsl. \$40.75 Retail \$53.62 PV 40.75



BLM™ combines Idaho balsam fir, clove, and powerful natural ingredients such as type II collagen, MSM, and glucosamine sulfate. These ingredients have been shown to support joints, tissue health, and cell function.\*

**How to Use:** See product label for detailed usage instructions.



## Blue Agave

Item No. **3221** 8 oz. Whsl. \$12.00 Retail \$15.79 PV 12

Item No. **3224** 32 oz. Whsl. \$34.75 Retail \$45.72 PV 34.75



Blue Agave is an organic nectar from *Agave tequilana*. It is a safe, natural alternative to refined table sugar or artificial sweeteners.

**How to Use:** Use 1/2 to 3/4 cup in place of 1 cup sugar or honey.

## Cleansing Trio

Item No. **3115** Whsl. \$87.75 Retail \$115.46 PV 87.75



Including ICP, ComforTone, and Essentialzyme, the Cleansing Trio™ kit contains ingredients believed to help eliminate waste in the body to support overall health.\* The supplements are enhanced with herbs, minerals, enzymes, amino acids, fiber, and essential oils for greater energy and well-being.\*

**How to Use:** See individual products.

## ComforTone

Item No. **3204** 150 ct. Whsl. \$33.75 Retail \$44.41 PV 33.75



ComforTone® is an effective combination of fiber, minerals, herbs, and essential oils like peppermint and ginger that support digestive health.\* ComforTone supports colon health and enhances its ability to function optimally.\*

**How to Use:** Take 2–3 capsules before breakfast and bedtime. Drink at least 8, 8-oz. glasses of water daily for best results.

## Core Supplements

Item No. **3504** 30 pkts. Whsl. \$104.75 Retail \$137.83 PV 104.75



Core Supplements™ provides daily doses of foundational nutrition in one easy box. Four premium products support overall health and wellness, including Omega Blue, Longevity, True Source, and Life 5. Supplements are divided into portable packets for a.m., noon, and p.m. consumption.

**How to Use:** Take 1 pack in the morning, at noon, and in the evening.

## CortiStop Women's

Item No. **3275** 60 ct. Whsl. \$53.75 Retail \$70.72 PV 53.75

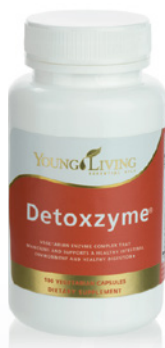


Infused with peppermint, frankincense, and fennel essential oils, CortiStop® is designed to help support the female glandular system and promote balanced cortisol levels within the body.\*

**How to Use:** Take 2 capsules in the morning before breakfast. If desired, for extra benefits, take another 2 capsules before bedtime. Use daily for 8 weeks. Discontinue use for 2–4 weeks before resuming.

## Detoxzyme

Item No. **3203** 180 ct. Whsl. \$41.75 Retail \$54.93 PV 41.75



Detoxzyme® capsules contain powerful vegetarian-based enzymes that support digestion.\* These, combined with anise seed and fennel essential oils, work with the body to support and maintain digestive health.\*

**How to Use:** Take 2 capsules 3 times daily between meals or as needed. This product may be used in conjunction with a cleansing or detoxifying program.

## Digest & Cleanse

Item No. **3293** 30 ct. Whsl. \$27.75 Retail \$36.51 PV 27.75



Digest & Cleanse™ is formulated with essential oils like peppermint, lemon, ginger, and fennel to support the body's natural digestive process.\* Precision delivery softgels release in the small intestines for optimal absorption and benefits.

**How to Use:** Take 1 softgel capsule 1–3 times daily with water 30–60 minutes prior to meals.

## EndoGize

Item No. **3090** 60 ct. Whsl. \$42.75 Retail \$56.25 PV 42.75



EndoGize™ supports a healthy endocrine system.\* This supplement is a unique blend of natural ingredients and pure essential oils, such as clary sage and myrrh, that help restore balance to the body.

**How to Use:** Take 1 capsule 2 times daily. Use daily for 4 weeks. Discontinue for 2 weeks before resuming.

## Essentialzyme

Item No. **3272** 90 ct. Whsl. \$39.75 Retail \$52.30 PV 39.75

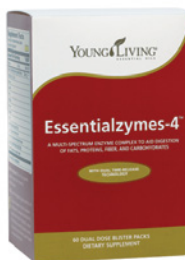


Essentialzyme™ is a multienzyme and herbal complex to balance the body's overall enzyme activity. It has been formulated with dual time-release bilayer caplets to reduce stress, assist with healthy pancreas function, and balance digestive health and wellness.\*

**How to Use:** Take 1 caplet 3 times daily between meals.

## Essentialzymes-4

Item No. **4645** 120 ct. Whsl. \$49.75 Retail \$65.46 PV 49.75



Essentialzymes-4™ is a multispectral enzyme complex that aids the digestion of fats, proteins, fiber, and carbohydrates. The dual time-release technology releases the animal- and plant-based enzymes at separate times within the digestive tract, allowing for optimal nutrient absorption.

**How to Use:** Take 2 capsules (1 dual-dose blister pack) 2 times daily with largest meals (4 capsules total).

## Estro

Item No. **3257** 1.8 fl. oz. Whsl. \$28.75 Retail \$37.83 PV 28.75



Designed to address women's needs, Estro™ assists the body in maintaining normal glandular function.\* This product is enhanced with fennel, lavender, and clary sage essential oils to help balance emotions.

**How to Use:** Take 3 half droppers (3 ml) 3 times daily in distilled water or as needed.

## FemiGen

Item No. **3206** 60 ct. Whsl. \$22.75 Retail \$29.93 PV 22.75



FemiGen™ supports a woman's reproductive system and helps maintain balance during menopause.\* This supplement is formulated with amino acids, essential oils like clary sage and ylang ylang, and whole-food herbs like wild yam for optimal results.

**How to Use:** Take 2 capsules with breakfast and 2 capsules with lunch daily.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## 5-Day Nutritive Cleanse

Item No. **4890** Whsl. \$121.25 Retail \$159.54 PV 121.25



The 5-Day Nutritive Cleanse™ facilitates gentle and effective cleansing in the body to improve overall health and well-being. This collection includes NingXia Red, Balance Complete, and Digest & Cleanse.

**How to Use:** See individual products.

## ICP

Item No. **3208** 8 oz. Whsl. \$25.75 Retail \$33.88 PV 25.75

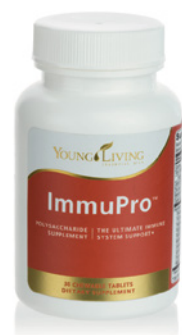


ICP™ supports colon health with an advanced mix of soluble and insoluble fibers, enzymes, and lemongrass essential oil.\* This supplement aids in the body's natural cleansing process.\*

**How to Use:** Mix 2 teaspoons with 8 oz. of juice or water daily. If cleansing or eating a high-protein diet, use 3 times daily. For best taste, mix with carrot juice, apple juice, or a wholesome smoothie.

## ImmuPro

Item No. **3213** 30 ct. Whsl. \$38.75 Retail \$50.99 PV 38.75



ImmuPro™ combines ingredients like Ningxia wolfberries, orange essential oil, and beta-glucan in a chewable tablet to support the body's natural defenses.\* This supplement is also enhanced with calcium and zinc.

**How to Use:** Chew 1 tablet before bed. If stressed, chew 1 tablet 2–4 times daily.

## Inner Defense

Item No. **3295** 30 ct. Whsl. \$26.75 Retail \$35.20 PV 26.75



Using Young Living's protective Thieves essential oil blend, Inner Defense™ strengthens the body's systems and keeps the gastrointestinal tract in balance.

**How to Use:** Take 1 softgel daily in the morning or take 1 softgel 3–5 times daily when stressed. For best results, use Life 5 probiotic 8 hours later.

## JuvaPower

Item No. **3276** 8 oz. Whsl. \$42.75 Retail \$56.25 PV 42.75



JuvaPower® is a vegetable powder and fiber complex that contains liver-supporting nutrients and antioxidants.\* Pure anise and fennel essential oils are included for optimal support.

**How to Use:** Sprinkle 1 tablespoon on food (e.g., baked potato, salad, rice, eggs) or add to 4–8 oz. purified water, rice milk, or almond milk. Not to replace balanced meals. Use JuvaPower 3 times daily for maximum benefits.

## JuvaSpice

Item No. **3279** 4 oz. Whsl. \$23.75 Retail \$31.25 PV 23.75



JuvaSpice® is a vegetable powder complex that contains liver-supporting nutrients and antioxidants.\* Enhanced with fennel and anise essential oils, this supplement adds extra fiber to your diet.

**How to Use:** Sprinkle 1 gram (approx. 1/3–1/2 teaspoon) on food (e.g., baked potato, salad, rice, eggs) or add to 4–8 oz. purified water, rice milk, or almond milk and drink.



## JuvaTone

Item No. **3214** 150 ct. Whsl. \$34.75 Retail \$45.72 PV 34.75



Enhanced with pure lemon, German chamomile, and other essential oils, JuvaTone® supports proper liver function and is an excellent source of choline, a vital nutrient for a healthy liver.\*

**How to Use:** Take 2 tablets 2 times daily. Increase as needed up to 4 tablets 4 times daily. Best when taken between meals.

## K&B

Item No. **3262** 1.8 fl. oz. Whsl. \$29.75 Retail \$39.14 PV 29.75



K&B™ liquid supplement contains herbal extracts traditionally used to support kidney and bladder health\* and is enhanced with pure clove, Roman chamomile, and other essential oils.

**How to Use:** Take 3 half droppers (3 ml) 3 times daily in distilled water or as needed.

## KidScents MightyVites

Item No. **3215** 90 ct. Whsl. \$24.75 Retail \$32.57 PV 24.75



MightyVites™ deliver a full spectrum of vitamins, minerals, and antioxidants.\* Designed to provide balanced nutrition, MightyVites use only nutrient-dense, whole-food sources like the Ningxia wolfberry. Orange cream and wild berry flavors.

**How to Use:** Take 1 tablet 3 times daily prior to or with meals.

## KidScents MightyZyme

Item No. **3259** 90 ct. Whsl. \$39.75 Retail \$2.30 PV 39.75



KidScents® MightyZyme is an all-natural, vegetarian chewable that may help children with the digestion of proteins, carbohydrates, and fats.\*

**How to Use:** Children age 6 or older chew 1 tablet 3 times daily prior to or with meals.

## Life 5

Item No. **3099** 30 ct. Whsl. \$26.75 Retail \$35.20 PV 26.75



Life 5™ is a high-potency probiotic that supports core intestinal health and promotes healthy immune function.\* Five strains, including 2 super strains, enhance colonization up to 10 times.\*

**How to Use:** Take 1 capsule every night following a meal or as needed.

## Longevity Softgels

Item No. **3289** 30 ct. Whsl. \$29.75 Retail \$39.14 PV 29.75



Longevity™ is a potent blend of cell-protecting essential oils like frankincense, clove, thyme, and orange. Ingredients in Longevity have been shown to provide optimal antioxidant protection.\*

**How to Use:** Take 1 softgel 1 time daily with food or as needed.

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\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Master Formula HERS

Item No. **3216** 120 ct. Whsl. \$38.75 Retail \$50.99 PV 38.75



Master Formula HERS™ contains vitamins, minerals, antioxidants, and other nutrients—vitamins E, B12, and magnesium—specially formulated to support the nutritional needs of women.\*

**How to Use:** Take 4 tablets daily throughout the day or as needed.

## Master Formula HIS

Item No. **3218** 120 ct. Whsl. \$38.75 Retail \$50.99 PV 38.75



Master Formula HIS™ is an array of vitamins, minerals, antioxidants, and other nutrients specially formulated to support the nutritional needs of men.\* Master Formula HIS is enhanced with pure lemon essential oil.

**How to Use:** Take 4 tablets daily throughout the day or as needed.

## MegaCal

Item No. **3280** 15.6 oz. Whsl. \$39.75 Retail \$52.30 PV 39.75



MegaCal™ is a powerful calcium and mineral powder formulated to support normal bone and vascular health.\* This supplement blends pure lemon essential oil, calcium, magnesium, manganese, and vitamin C.

**How to Use:** Take 1 teaspoon daily mixed in 1 cup of water or juice 1 hour after meals (or medications) or before bed.

## Mineral Essence

Item No. **3222** 3.6 fl. oz. Whsl. \$28.75 Retail \$37.83 PV 28.75



Mineral Essence™ is a natural liquid mineral supplement enhanced with lemon and cinnamon bark essential oils.\* It has a low sodium profile and contains more than 60 of the most efficiently absorbed ionic minerals available.

**How to Use:** Take 5 half droppers (1 ml each) morning and evening or as needed. May be added to 4–8 oz. of distilled water or juice before drinking.

## MultiGreens

Item No. **3248** 120 ct. Whsl. \$39.75 Retail \$52.30 PV 39.75



MultiGreens™ blends chlorophyll-rich botanicals, choline, and amino acids to boost vitality and relieve stress.\* Pure rosemary, lemon, and melissa essential oils are added to increase absorption.

**How to Use:** Take 3 capsules 2 times daily.

## NingXia Nitro™ *New!*

Item No. **3064** 14 tubes Whsl. \$38.75 Retail \$50.99 PV 38.75



NingXia Nitro™ combines 100% pure essential oils with naturally powerful ingredients to lift one's mental clarity and focus while also providing a surge of energy when needed.

**How to Use:** Consume NingXia Nitro directly from the tube or mix with 2–4 oz. NingXia Red or 4 oz. water.

## OmegaGize<sup>3</sup>

Item No. **3097** 120 ct. Whsl. \$58.75 Retail \$77.30 PV 58.75



OmegaGize<sup>3</sup>™ combines the power of three core daily supplements—omega-3 fatty acids, vitamin D3, and CoQ10 (ubiquinone). These supplements combine with our proprietary enhancement essential oil blend to create an omega-3, DHA-rich fish oil supplement that may support general wellness. Used daily these ingredients work synergistically to support normal brain, heart, eye, and joint health.

**How to Use:** Take 2 capsules 2 times daily or as needed.

## ParaFree

Item No. **6201** 180 ct. Whsl. \$89.75 Retail \$118.09 PV 89.75



ParaFree<sup>™</sup> is an advanced essential oil supplement containing thyme and fennel for their cleansing abilities.\* Take ParaFree to maintain a healthy, internal microbiological environment and to support the body's natural defense system.\*

**How to Use:** Take 3 softgels 2 times daily or as needed. For best results, take for 21 days and rest for 7 days.

## PD 80/20

Item No. **3263** 30 ct. Whsl. \$62.75 Retail \$82.57 PV 62.75



PD 80/20<sup>™</sup> is a supplement formulated to provide natural hormone support.\* PD 80/20 replenishes the body's pregnenolone and DHEA—two substances that decrease with age.\*

**How to Use:** Take 1 capsule daily.

## Power Meal

Item No. **6300** 27 oz. Whsl. \$54.75 Retail \$72.04 PV 54.75

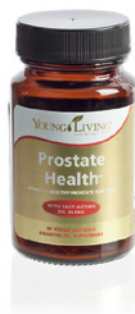


Power Meal<sup>™</sup> is a vegetarian, rice-based meal replacement that is rich in calcium, antioxidants, and amino acids. It delivers 20 grams of protein per serving and is enhanced with lemon, grapefruit, and other essential oils.

**How to Use:** Add 2 scoops to 8 oz. of cold water or milk; blend until smooth. Add fruit or essential oils to enhance flavor.

## Prostate Health

Item No. **4644** 60 ct. Whsl. \$34.75 Retail \$45.72 PV 34.75



Prostate Health<sup>™</sup> is a fast-acting, vegetable-based herbal product formulated with high-quality saw palmetto and pumpkin seed oil to provide support for prostate function and the male glandular system.

**How to Use:** Take 1 softgel 2 times daily.

## Pure Protein Complete

Item No. **3291** 23.8 oz. Whsl. \$49.75 Retail \$65.46 PV 49.75



Providing 20 grams of whey protein per serving, Pure Protein Complete<sup>™</sup> is perfect for an on-the-go protein boost. This nutritional supplement is supported by a specialized enzyme blend, pure orange essential oil, and several vitamins and minerals.

**How to Use:** Add 2 level scoops to 8 oz. of cold water or milk; blend until smooth. Add fruit or essential oils to enhance flavor.

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\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.



## Rehemogen

Item No. **3264** 1.8 fl. oz. Whsl. \$28.75 Retail \$37.83 PV 28.75



Rehemogen™ is formulated with cascara sagrada bark and melaleuca (*M. alternifolia*), thyme, and other essential oils to enhance digestion\* and contains other natural ingredients that have been used historically for their internal cleansing and building properties.

**How to Use:** Take 3 ml in distilled water 3 times daily just prior to or with meals containing protein.

## SleepEssence

Item No. **4760** 30 ct. Whsl. \$24.75 Retail \$32.57 PV 24.75



SleepEssence™ contains four powerful essential oils that have unique sleep-enhancing properties. Lavender, vetiver, ruta, and valerian essential oils combine with the hormone melatonin—a well-known sleep aid—for a natural good night's rest.\*

**How to Use:** Take 1–2 softgels 30–60 minutes before bedtime.

## Slique Bars *New!*

Item No. **5024** 6 bars Whsl. \$17.75 Retail \$23.36 PV 9



Slique Bars' dual-targeted satiety approach and medley of exotic fruits, nuts, and science creates the perfect functional, nutritious snack to help you feel fuller, longer.

**How to Use:** Consume before or between meals with 12 oz. of water to help control hunger.

## Slique Essence

Item No. **4586** 15 ml Whsl. \$26.00 Retail \$34.21 PV 26



Slique™ Essence combines powerful essential oils with stevia extract in a unique blend that supports healthy weight-management goals, especially when used in conjunction with other Slique products.\*

**How to Use:** Shake vigorously before use. Inhale directly, apply topically, or take internally as a dietary supplement.

**Essential Oils:** Grapefruit, tangerine, lemon, spearmint, and oco tea with stevia extract

## Slique Gum

Item No. **4579** 8 ct. Whsl. \$7.75 Retail \$10.20 PV 7.75

Item No. **4627** 3 pk. Whsl. \$22.75 Retail \$29.93 PV 22.75

Item No. **4628** 12 pk. Whsl. \$88.75 Retail \$116.78 PV 88.75



Ancient travelers throughout the Middle East used raw frankincense resin for its nutritional content and ability to help control hunger. Slique™ Gum offers those same benefits in a modern delivery system that helps control food cravings and improve oral health.

**How to Use:** Chew 1 tablet before or after meals to control cravings, induce feelings of fullness, and improve oral health.

## Slique Slim Caps

Item No. **4573** 30 twin pks. Whsl. \$82.75 Retail \$108.88 PV 82.75



Slique™ Slim Caps combine essential oils, dietary fibers, and other key ingredients into a weight-management supplement that may induce feelings of satiety, increase metabolic activity, and decrease excessive eating and over indulgence.

**How to Use:** Take 1 packet 45 minutes before your 2 largest meals of the day with 8–12 oz. of cold water.

## Slique Tea

Item No. **4560** 25 ct. Whsl. \$19.75 Retail \$25.99 PV 19.75



Slique™ Tea is an exotic drink that has been formulated with ocotea, frankincense powder, and other natural ingredients to help support individual weight goals.\* This blend is rich in flavonoids, polyphenols, and antioxidants, which are generally associated with helping maintain normal healthy body functions.

**How to Use:** Bring 8 oz. of water to a boil. Place 1 pouch in a cup and add water. Steep for at least 3 minutes.

## Stevia Extract

Item No. **3239** 1 fl. oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Stevia Extract is a low-calorie supplement with a glycemic index of zero. Stevia has a variety of dietary uses and also supports healthy pancreatic function.\*

**How to Use:** Supplement diet as desired.

## Sulfurzyme

Item No. **3243** 300 ct. Whsl. \$57.75 Retail \$75.99 PV 57.75

Item No. **3241** 8 oz. Whsl. \$47.25 Retail \$62.17 PV 47.25



Sulfurzyme® offers the powerful effects of MSM, which is a natural form of dietary sulfur known to support normal metabolic functions, circulation, and aid in the body's natural defense system.\* Wolfberry is added to promote the absorption of sulfur.

**How to Use: Powder:** Mix 1/2 teaspoon with juice or water and take 2 times daily 1 hour before or after meals. **Capsules:** Take 2 capsules 2 times daily 1 hour before or after meals.

## Super B

Item No. **3240** 90 ct. Whsl. \$22.75 Retail \$29.93 PV 22.75



Super B™ is a special blend of eight essential B vitamins that are crucial for optimal health.\* Selenium, magnesium, and zinc are added to support proper absorption and digestion.

**How to Use:** Take 1 tablet daily with a meal.

## Super C & Super C Chewable

Item No. **3242** Super C 120 ct. Whsl. \$28.75 Retail \$37.83 PV 28.75

Item No. **3251** Super C Chewable 90 ct. Whsl. \$21.75 Retail \$28.62 PV 21.75



Super C™ provides the body with the powerful antioxidant vitamin C.\* This supplement contains 2,166 percent of the recommended dietary intake of vitamin C and is enhanced with minerals, bioflavonoids, and pure orange, lemon, and other essential oils.

**How to Use:** To reinforce immune strength, take 2 tablets daily. For maintenance, take 1 tablet daily. Best if taken before meals.

## SuperCal

Item No. **3244** 120 ct. Whsl. \$24.75 Retail \$32.57 PV 24.75



SuperCal™ combines minerals, calcium, and magnesium with potassium and zinc to help maintain proper health.\* Wintergreen, lemongrass, and other essential oils enhance the synergistic effects of this specially blended supplement.

**How to Use:** Take 2 capsules before each meal or as needed.

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\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Thyromin

Item No. **3246** 60 ct. Whsl. \$41.75 Retail \$54.93 PV 41.75



Thyromin™ is a premium blend of bovine glandular extracts, herbs, amino acids, minerals, and pure myrrh, spearmint, and other essential oils that support a healthy thyroid.\*

**How to Use:** Take 1–2 capsules daily immediately before going to sleep.

## True Source

Item No. **3502** 30 pk. Whsl. \$38.75 Retail \$50.99 PV 38.75



True Source™ is a whole-food-based multivitamin that uses colorful, nutrient-dense superfruits, plants, vegetables, and other quality ingredients to deliver a full spectrum of bioactive vitamins, minerals, antioxidants, and phytonutrients.\*

**How to Use:** Take 1 of each color capsule daily.

For our kids' multivitamin, see page 43.

## Ultra Young Plus

Item No. **3245** 1 fl. oz. Whsl. \$45.75 Retail \$60.20 PV 45.75

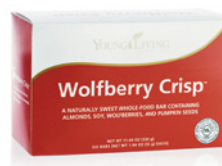


Ultra Young® Plus oral spray supports healthy pituitary gland function.\* This supplement contains sandalwood essential oil and other pure ingredients like wolfberry, MSM, eleuthero, bee pollen, and DHEA.

**How to Use:** Shake well before using. Spray 3 mists into mouth, swish, then swallow. Use 2 times daily.

## Wolfberry Crisp

Item No. **6315** 6 pk. Whsl. \$16.75 Retail \$22.04 PV 12



Certified dairy kosher and naturally sweet, Wolfberry Crisp™ bars are a delicious way to add protein to your diet. Ideal for on-the-go snacking, these nutrient-packed bars complement a healthy lifestyle.

**How to Use:** For a high-protein snack, eat 1 bar as desired.

## Yacon Syrup

Item No. **4570** 8 oz. Whsl. \$36.75 Retail \$48.36 PV 18.25



Yacon Syrup is a natural, alternative sweetener made from the yacon root (*Smallanthus sonchifolius*). Its low glycemic index makes it a perfect substitute in recipes calling for refined sugars or artificial sweeteners.

**How to Use:** Yacon Syrup can be used like honey in beverages, cereal, cooking, baking, and other recipes. Use 3/4 cup in place of 1 cup sugar. You may also need to reduce the amount of liquid, as you would with honey.



# Thieves

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves, who formulated a special aromatic blend composed of clove, rosemary, and other botanicals to use while robbing the dead and dying.

Young Living's one-of-a-kind Thieves blend, crafted in the spirit of that legendary blend, can be found in many of our most popular products and is a safe, natural alternative to harsh chemicals and cleaners.

Thieves blend combines pure clove, cinnamon bark, rosemary, lemon, and eucalyptus (*E. radiata*) essential oils and has been university tested and proven to be 99.9 percent effective at killing airborne bacteria. The antibacterial properties of Thieves inspired an entire line of natural home and body products, including oral care, hand care, and household cleaning solutions.



## Thieves Cleansing Bar Soap

Item No. **3679** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Thieves® Cleansing Bar Soap offers ultracleansing benefits plus the power of pure essential oils. Containing the legendary Thieves oil blend, this bar soap is ideal for purifying the skin.

**How to Use:** Rub liberally over body during a bath or shower.

## Thieves Foaming Hand Soap

Item No. **3674** 8 fl. oz. Whsl. \$11.75 Retail \$15.46 PV 11.75

Item No. **3643** 3 pk. Whsl. \$32.25 Retail \$42.43 PV 32.25



Cleanse, defend, and condition your skin with Thieves® Foaming Hand Soap. Blending Thieves, lemon, and orange essential oils with other natural ingredients, it is a gentle yet effective alternative to chemical soaps.

**How to Use:** Pump foam onto hands, lather, and then rinse thoroughly.

## Thieves Foaming Hand Soap Refill

Item No. **3594** Refill 32 fl. oz. Whsl. \$35.00 Retail \$46.05 PV 35.00



Cleanse, defend, and condition your skin with Thieves® Foaming Hand Soap. Blending Thieves, lemon, and orange essential oils with other natural ingredients, it is a gentle yet effective alternative to chemical soaps.

**How to Use:** Pump foam onto hands, lather, and then rinse thoroughly.

## Thieves Household Cleaner

Item No. **3743** 14.4 fl. oz. Whsl. \$22.00 Retail \$28.95 PV 22



Thieves® Household Cleaner is an all-purpose, concentrated cleaner formulated with 100 percent plant- and mineral-based ingredients. Thieves Household Cleaner is biodegradable and complies with EPA standards.

**How to Use:** Use for household cleaning purposes as needed. Dilute or use straight for extra strength. Dilution ratios are listed on the label.

## Thieves Household Cleaner Refill

Item No. **4475** 64 fl. oz. Whsl. \$85.25 Retail \$112.17 PV 85.25



Thieves® Household Cleaner is an all-purpose, concentrated cleaner formulated with 100 percent plant- and mineral-based ingredients. Thieves Household Cleaner is biodegradable and complies with EPA standards.

**How to Use:** Use for household cleaning purposes as needed. Dilute or use straight for extra strength. Dilution ratios are listed on the label.

## Thieves Waterless Hand Purifier

Item No. **3621** 1 oz. Whsl. \$5.00 Retail \$6.58 PV 5

Item No. **3622** 3 pk. Whsl. \$13.75 Retail \$18.09 PV 13.75



Convenient, portable, and long-lasting, Thieves® Waterless Hand Purifier is enhanced with natural peppermint oil to cleanse and purify hands.

**How to Use:** Use daily as often as necessary to purify hands.

## Thieves Spray

Item No. **3265** 1 fl. oz. Whsl. \$9.00 Retail \$11.84 PV 9

Item No. **3266** 3 pk. Whsl. \$23.75 Retail \$31.25 PV 23.75



Thieves® Spray is a portable cleaning spray ideal for purifying small surfaces. Thieves Spray can be used on doorknobs, handles, toilet seats, and more.

**How to Use:** Spray on surfaces to clean as needed.

## Thieves Wipes

Item No. **3756** 30 ct. Whsl. \$13.25 Retail \$17.43 PV 13.25



Thieves® Wipes are infused with the renowned benefits of Thieves essential oil blend.

**How to Use:** Wipe surfaces to clean as needed.

## Thieves Hard Lozenges

Item No. **3282** 30 ct. Whsl. \$18.50 Retail \$24.34 PV 18.50



Thieves® Hard Lozenges deliver the cleansing power of Thieves essential oil blend with the sweet flavor of peppermint, lemon, and other natural ingredients for long-lasting relief.

**How to Use:** Dissolve 1 lozenge in mouth as needed.

## Thieves Soft Lozenges

Item No. **3229** 30 ct. Whsl. 14.75 Retail \$19.41 PV 14.75



Infused with the power of Thieves, orange, and peppermint essential oils, Thieves® Soft Lozenges dissolve easily in the mouth and provide soothing relief.

**How to Use:** Dissolve 1 lozenge in mouth as needed.

## Thieves Dental Floss *New!*

Item No. **4463** single Whsl. 3.25 Retail \$4.28 PV 3.25

Item No. **4464** 3 pk. Whsl. 8.75 Retail \$11.51 PV 8.75



Thieves® Dental Floss is made with strong fibers that resist fraying and easily glides between teeth for those hard-to-reach places. Saturated twice, this hard-wearing floss provides two layers of essential oils, offering double the protection to freshen your breath and promote healthy gums.

**How to Use:** For daily use as needed.

## Thieves Fresh Essence Plus Mouthwash

Item No. **3683** 7.2 fl. oz. Whsl. \$11.00 Retail \$14.47 PV 11



Thieves® Fresh Essence Plus Mouthwash blends Thieves, peppermint, spearmint, and vetiver essential oils for an extra clean mouth and fresh breath. It contains only natural ingredients and uses a patented, time-release technology for lasting freshness.

**How to Use:** Rinse mouth with 1 tablespoon or capful of Fresh Essence Plus for 30–60 seconds or as needed.

## Thieves AromaBright Toothpaste *New!*

Item No. **3039** 0.25 oz. Whsl. \$9.75 Retail \$12.83 PV 9.75



This premium, all-natural toothpaste is made with pure, therapeutic-grade essential oils, including the cleansing and protective benefits of Thieves essential oil blend. Its safe and effective formula provides a fortress of support for healthy gums, strong teeth, and a confident smile. It is the optimal choice for health-minded consumers.

**How to Use:** Brush teeth every morning and night and preferably after each meal.

## Thieves Dentarome Plus Toothpaste

Item No. **3738** 4 oz. Whsl. \$6.75 Retail \$8.88 PV 6.75



Thieves® Dentarome Plus Toothpaste contains ingredients such as thymol and eucalyptol that are found in clove and thyme essential oils, along with gentle, odor-absorbing baking soda.

**How to Use:** Brush teeth and gums thoroughly morning and night.

## Thieves Dentarome Ultra Toothpaste

Item No. **3744** 4 oz. Whsl. \$8.75 Retail \$11.51 PV 8.75



Thieves® Dentarome Ultra Toothpaste is an advanced formula of all-natural ingredients that gently cleans and whitens your teeth while harnessing the power of pure, therapeutic-grade Thieves essential oil blend for fresh breath. Dentarome Ultra is preferred by those concerned with the appearance of whiter teeth.

**How to Use:** Brush teeth and gums thoroughly morning and night.

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Consult individual product labels for safety information.



# Essential Living

Natural plant extracts have long been regarded for their tremendous skin-rejuvenating benefits. Young Living's premium face creams, cleansers, and toners combine the highest quality constituents available, including plants, botanicals, and the added benefit of pure essential oils. These exclusive skin-care products offer a wide range of benefits, including reduced signs of aging, deep conditioning, cleansing, hydration, relief from multiple skin irritations, and much more. Young Living has the perfect natural skin-care solution for every skin type, and each product is expertly formulated to help keep your skin healthy, smooth, and looking great.



## A·R·T Beauty Masque

Item No. **5168** 8 pk. Whsl. \$89.75 Retail \$118.05 PV 89.75



The A·R·T® Beauty Masque is a premium, orchid-based formula designed to soothe skin and leave it feeling healthier and more radiant. Our blend of exotic orchid petals and pure essential oils nourishes and fortifies the most delicate areas of the face, helping promote a more vibrant and youthful appearance. Suitable for all skin types.

**How to Use:** Wash face, apply mask to face, leave for 20 minutes, and then gently remove. For optimum results, combine with A·R·T Renewal Serum.

## A·R·T Creme Masque

Item No. **5173** 1 fl. oz. Whsl. \$44.75 Retail \$58.88 PV 44.75



The A·R·T® Creme Masque is formulated to deeply moisturize and protect skin using an exclusive blend of hyaluronic acid and pure essential oils. Other natural, spa-quality botanicals are added to help soothe, tighten, and restore the look of youthfulness to the skin. Suitable for all skin types.

**How to Use:** Wash and dry face. Apply evenly to face. Let sit 20 minutes. Remove excess residue with moist towel.

## A·R·T Renewal Serum

Item No. **5175** 20 ml Whsl. \$74.75 Retail \$98.36 PV 74.75



A·R·T® Renewal Serum is an intricate blend of exotic orchids and essential oils that helps soothe and protect the most delicate areas of the face. These premium ingredients are formulated to deeply nourish, hydrate, and help restore youthfulness to skin.

**How to Use:** Wash face. Apply A·R·T Renewal Serum to delicate areas of face twice daily and allow to absorb. For best results, follow up with your choice of Young Living's moisturizing creams.

## A·R·T Day Activator

Item No. **5170** 30 ml Whsl. \$58.50 Retail 76.97 PV 58.50



A·R·T® Day Activator uses light-activated enzymes and essential oils like frankincense and sandalwood to repair DNA and reduce the appearance of fine lines, wrinkles, and sun damage.

**How to Use:** After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.

## A·R·T Gentle Foaming Cleanser

Item No. **5172** 3.38 fl. oz. Whsl. \$32.75 Retail \$43.09 PV 32.75



A·R·T® Gentle Foaming Cleanser supports healthy skin by gently cleansing away impurities without irritating or overdrying. This cleanser uses frankincense, sandalwood, and lavender essential oils to moisturize, soothe, and help balance pH levels in the skin.

**How to Use:** Massage gently over face and neck and rinse.

## A·R·T Night Reconstructor

Item No. **5171** 30 ml Whsl. \$58.50 Retail \$76.97 PV 58.50



A·R·T® Night Reconstructor is an advanced antiaging cream that contains energy-activated enzymes to repair skin's damaged DNA segments. Frankincense and sandalwood essential oils plus the antioxidant-rich wolfberry seed oil moisturize and condition skin at night.

**How to Use:** After cleansing and toning skin, apply nightly over face and neck as needed.

## A·R·T Purifying Toner

Item No. **5174** 4 fl. oz. Whsl. \$24.00 Retail \$31.58 PV 24



A·R·T® toner is an advanced formula that minimizes shine and reduces the appearance of pores. Pure frankincense, sandalwood, and peppermint essential oils soothe, revitalize, and energize the skin.

**How to Use:** After cleansing skin, sweep toner across face and neck with a cotton ball. Use morning and evening as needed.

## A·R·T Skin Care System

Item No. **3131** Whsl. \$122.00 Retail \$160.53 PV 122



Young Living's Age Refining Technology™ uses essential oils and advanced DNA repair enzymes to renew damaged skin cells, while a peptide complex helps increase skin density and reduce the appearance of fine lines, wrinkles, and sun damage. System includes cleanser and day and night creams.

**How to Use:** See individual products for usage.

## Essential Beauty Serum (Acne-Prone Skin)

Item No. **3783** 15 ml Whsl. \$20.25 Retail \$26.64 PV 20.25



Specially formulated for acne-prone skin, this Essential Beauty™ Serum blend contains pure oils like melaleuca (*M. alternifolia*) and cedarwood that are known for their ability to protect, strengthen, and nourish the skin.

**How to Use:** Add 3–5 drops to daily moisturizer and apply gently over face and neck. For spot treatment, apply serum directly onto desired area and rub gently into skin.

## Essential Beauty Serum (Dry Skin)

Item No. **3782** 15 ml Whsl. \$20.25 Retail \$26.64 PV 20.25



Young Living's Essential Beauty™ Serum for dry skin contains essential oils like blue cypress and lavender, known for their ability to restore the skin's natural moisture balance.

**How to Use:** Add 3–5 drops to daily moisturizer and apply gently over face and neck. For spot treatment, apply serum directly onto desired area and rub gently into skin.

## ClaraDerm

Item No. **3750** 2 fl. oz. Whsl. \$64.00 Retail \$84.21 PV 64



ClaraDerm™ spray soothes dry, chapped, or itchy skin. Its gentle blend of lavender, frankincense, and other essential oils is expertly formulated to relieve skin ailments.

**How to Use:** Apply topically as needed.

## LavaDerm Cooling Mist

Item No. **3249** 2 fl. oz. Whsl. \$13.75 Retail \$18.09 PV 13.75



LavaDerm™ Cooling Mist contains lavender essential oil and aloe to soothe and rejuvenate stressed skin. It provides comforting relief for minor burns, abrasions, dryness, and other skin irritations.

**How to Use:** Spray topically onto desired area. Repeat every 10–15 minutes as needed.

## Orange Blossom Facial Wash

Item No. **5136** 4 fl. oz. Whsl. \$41.00 Retail \$53.95 PV 41



This gentle, soap-free facial wash cleanses the skin without stripping natural oils. It contains MSM for softening, help to improve elasticity, and lavender essential oil to soothe acne-prone skin and other problem areas.

**How to Use:** Lather gently over face and neck with warm water; rinse thoroughly. Use daily.

## Satin Facial Scrub, Mint

Item No. **3735** 2 fl. oz. Whsl. \$16.25 Retail \$21.38 PV 16.25



Satin Facial Scrub™, Mint is a water-based exfoliant. It contains jojoba oil, mango butter, MSM, aloe, and peppermint essential oil to minimize the appearance of pores and rejuvenate dull skin.

**How to Use:** Massage gently over face and neck with warm water; rinse thoroughly. Use as needed.

## Boswellia Wrinkle Cream

Item No. **5141** 2 oz. Whsl. \$66.75 Retail \$87.83 PV 66.75



Boswellia Wrinkle Cream contains pure essential oils like frankincense and sandalwood that moisturize the skin while minimizing shine, relaxing facial tension, and reducing the effects of sun damage.

**How to Use:** After cleansing and toning skin, apply gently over face and neck.

## Rose Ointment

Item No. **3709** 1 oz. Whsl. \$22.00 Retail \$28.95 PV 22



Rose Ointment™ is a deeply soothing and nourishing blend for dry skin. Rose essential oil and vitamin A improve skin texture, while melaleuca (*M. alternifolia*) and rosewood work to rejuvenate rough, irritated skin.

**How to Use:** Apply to desired areas several times daily. Do not use on heat-stressed skin.

## Sandalwood Moisture Cream

Item No. **5148** 4 oz. Whsl. \$61.25 Retail \$80.59 PV 61.25



Sandalwood Moisture Cream is an ultrahydrating moisturizer infused with pure Young Living essential oils.

**How to Use:** Massage gently onto face, neck, and other desired areas. Use daily after cleansing and toning your face.

## Wolfberry Eye Cream

Item No. **5145** 0.5 oz. Whsl. \$45.75 Retail \$60.20 PV 45.75



Wolfberry Eye Cream is a natural, water-based moisturizer. Containing the antiaging and skin-conditioning properties of wolfberry seed oil, this cream soothes tired eyes and minimizes the appearance of bags, circles, and fine lines.

**How to Use:** After cleansing and toning, massage gently onto soft skin under the eyes. Use in the evening.

## Cinnamint Lip Balm

Item No. **5150** 0.16 oz. Whsl. \$4.25 Retail \$5.59 PV 4.25



Moisturize and protect your lips with an all-natural lip balm. Featuring pure cinnamon bark and peppermint essential oils, Cinnamint Lip Balm helps prevent skin dehydration for soft, smooth lips.

**How to Use:** Apply to lips as needed.

## Grapefruit Lip Balm

Item No. **5178** 0.16 oz. Whsl. \$4.25 Retail \$5.59 PV 4.25



Infused with grapefruit essential oil, wolfberry seed oil, and antioxidants, this refreshing lip balm seals in moisture to prevent dehydration for smooth, supple lips.

**How to Use:** Apply to lips as needed.

## Lavender Lip Balm

Item No. **5203** 0.16 oz. Whsl. \$4.00 Retail \$5.26 PV 4



Lavender Lip Balm soothes dry lips, harnessing the power of lavender essential oil and the moisturizing benefits of jojoba oil and vitamin E.

**How to Use:** Apply to lips as needed.

## Copaiba Vanilla Moisturizing Shampoo

Item No. **5194121** 10 fl. oz. Whsl. \$22.75 Retail \$29.93 PV 22.75



Plant-based, safe, and environmentally responsible, Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating cleanser for dry or damaged hair.

**How to Use:** Use daily to hydrate dry or damaged hair.

## Copaiba Vanilla Moisturizing Conditioner

Item No. **5195121** 10 fl. oz. Whsl. \$22.75 Retail \$29.93 PV 22.75



Plant-based, safe, and environmentally responsible, Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair.

**How to Use:** Use daily to hydrate dry or damaged hair.

## Lavender Mint Daily Shampoo

Item No. **5191121** 10 fl. oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Plant-based, safe, and environmentally responsible, Lavender Mint Daily Shampoo is an invigorating daily cleansing blend suitable for all hair types.

**How to Use:** Use daily to cleanse and nourish hair.

## Lavender Mint Daily Conditioner

Item No. **5192121** 10 fl. oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Plant-based, safe, and environmentally responsible, Lavender Mint Daily Conditioner is an invigorating daily moisture blend suitable for all hair types.

**How to Use:** Use daily to cleanse and nourish hair.

## Lavender Shampoo

Item No. **5100** 8 fl. oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Lavender Shampoo™ gently cleanses and volumizes fine hair while nourishing and restoring balance. Added botanical extracts, vitamins, and essential oils remove buildup while maximizing body. Lavender Shampoo contains MSM, a sulfur compound that is known for strengthening hair.

**How to Use:** Use daily to cleanse and nourish hair.

## Lavender Conditioner

Item No. **5102** 8 fl. oz. Whsl. \$19.75 Retail \$25.99 PV 19.75



Lavender Conditioner™ gently conditions and volumizes fine hair. A fabulous follow-up to Lavender Shampoo, it is formulated with MSM, milk protein, and vitamins to strengthen limp and weak hair. Essential oils are added to ensure that nutrients penetrate the hair follicle and leave the hair clean and perfumed.

**How to Use:** Use daily to cleanse and nourish hair.

## Genesis Hand & Body Lotion

Item No. **3706** 8 oz. Whsl. \$20.50 Retail \$26.97 PV 20.50



Genesis™ Hand & Body Lotion is an ultra-moisturizing cream containing coconut oil and other natural botanicals to soothe and nourish dry, dehydrated skin. Geranium, jasmine, and other pure essential oils are included for their therapeutic skin-care benefits.

**How to Use:** Apply all over body to moisturize skin. Use daily.



## Lavender Hand & Body Lotion

Item No. **5201** 8 oz. Whsl. \$20.75 Retail \$27.30 PV 20.75



Infused with lavender essential oil and other plant-based ingredients, Lavender Hand & Body Lotion moisturizes and protects skin from overexposure for long-lasting hydration. This formula is eco-friendly and all natural.

**How to Use:** Use as needed to moisturize dehydrated skin.

## Sensation Hand & Body Lotion

Item No. **3707** 8 oz. Whsl. \$25.75 Retail \$33.88 PV 25.75



Sensation™ Hand & Body Lotion is an ultra-moisturizing cream that contains several pure essential oils revered by Cleopatra for enhancing feelings of love and romance. Ylang ylang encourages relaxation, and jasmine balances female energy.

**How to Use:** Apply all over body to moisturize skin. Use daily.

## Bath & Shower Gel Base

Item No. **3751** 8 fl. oz. Whsl. \$15.50 Retail \$20.39 PV 15.50



Young Living's Bath & Shower Gel Base is the perfect way to nourish and cleanse the skin with a custom-made bubble bath or shower gel. Add a few drops of a favorite essential oil single or blend to the gel base for a luxurious cleansing experience.

**How to Use:** Add 5–15 drops of one or more essential oils to 8 oz. of gel base.

## Dragon Time Bath & Shower Gel

Item No. **3739** 8 fl. oz. Whsl. \$20.25 Retail \$26.64 PV 20.25



Dragon Time™ Bath & Shower Gel is calming and soothing, especially during a woman's monthly cycle. Pure essential oils like mandarin and lavender are combined with the Young Living Bath & Shower Gel Base.

**How to Use:** Apply all over during daily shower or bath, paying particular attention to the abdominal area.

## Evening Peace Bath & Shower Gel

Item No. **3742** 8 fl. oz. Whsl. \$28.00 Retail \$36.84 PV 28



Evening Peace™ Bath & Shower Gel refreshes the skin and calms the mind. Essential oils such as sandalwood, Roman chamomile, ylang ylang, and geranium invoke feelings of serenity and relaxation to soothe and nourish the skin.

**How to Use:** Lather and apply liberally to the body during a bath or shower.

## Lavender Bath & Shower Gel

Item No. **5202** 8 fl. oz. Whsl. \$18.50 Retail \$24.34 PV 18.50



Infused with pure lavender oil, Lavender Bath & Shower Gel will cleanse and rejuvenate your skin while it soothes and relaxes your mind. It's free of chemicals and synthetic preservatives and contains plant-based ingredients like coconut oil and star anise.

**How to Use:** Pour in water for a luxurious bubble bath or place on a bath sponge and lather. Use Young Living's lavender lotion afterwards.

## Morning Start Bath & Shower Gel

Item No. **3745** 8 fl. oz. Whsl. \$18.75 Retail \$24.67 PV 18.75



Morning Start™ Bath & Shower Gel will help you feel refreshed every day with the benefits of pure essential oils. Peppermint, lemongrass, and rosemary oil uplift and energize the body and mind, while juniper purifies and cleanses the skin.

**How to Use:** Lather and apply liberally to the body during a bath or shower.

## Sensation Bath & Shower Gel

Item No. **3748** 8 fl. oz. Whsl. \$20.75 Retail \$27.30 PV 20.75



Sensation™ Bath & Shower Gel contains several pure essential oils known for their therapeutic benefits: ylang ylang encourages relaxation and jasmine balances female energy.

**How to Use:** Lather and apply liberally to the body during a bath or shower.

## Lavender Foaming Hand Soap

Item No. **4430** 8 fl. oz. Whsl. \$11.50 Retail \$15.13 PV 11.50

Item No. **4431** 3 pk. Whsl. \$31.50 Retail \$41.45 PV 31.50



Lavender Foaming Hand Soap cleanses and conditions your hands without leaving dryness or irritation. Infused with lavender essential oil, vitamin E, and aloe, this soap is effective yet gentle enough for the most sensitive skin.

**How to Use:** Pump foam onto hands, lather, then rinse thoroughly.

## Lavender-Rosewood Moisturizing Soap

Item No. **3673** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Young Living's premium bar soaps offer ultracleansing benefits plus the power of pure essential oils. Lavender and rosewood oils are known for their skin-enhancing benefits. Both oils in this moisturizing bar soap act as natural moisturizers to soothe and hydrate the skin as they cleanse.

**How to Use:** Rub liberally over body during a bath or shower.

## Lemon-Sandalwood Cleansing Soap

Item No. **3675** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



The lemon essential oil in Lemon-Sandalwood Cleansing Soap has clarifying properties to thoroughly cleanse the skin while sandalwood combats dryness.

**How to Use:** Rub liberally over body during a bath or shower.

## Melaleuca-Geranium Moisturizing Soap

Item No. **3678** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



The melaleuca (*M. alternifolia* and *M. ericifolia*) essential oils in Melaleuca-Geranium Moisturizing Soap are among the most powerful natural compounds for clarifying the skin, and geranium is known for its soothing properties.

**How to Use:** Rub liberally over body during a bath or shower.

## Morning Start Moisturizing Soap

Item No. **3676** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Morning Start™ Moisturizing Soap contains lemongrass, peppermint, rosemary, and juniper oils that revitalize the mind and awaken the skin each morning.

**How to Use:** Rub liberally over body during a bath or shower.

## Peppermint-Cedarwood Moisturizing Soap

Item No. **3677** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Offering ultracleansing benefits plus the power of pure essential oils, Young Living's Peppermint-Cedarwood Moisturizing Soap cleanses and invigorates the skin.

**How to Use:** Rub liberally over body during a bath or shower.

## Sacred Mountain Moisturizing Soap

Item No. **3671** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Sacred Mountain™ Moisturizing Soap soothes dehydrated skin, and the therapeutic-grade Sacred Mountain oil blend promotes feelings of protection and empowerment.

**How to Use:** Rub liberally over body during a bath or shower.

## Thieves Cleansing Soap

Item No. **3679** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Thieves® Cleansing Soap offers ultracleansing benefits plus the power of pure essential oils. Containing the legendary Thieves oil blend, this bar soap is ideal for purifying the skin.

**How to Use:** Rub liberally over body during a bath or shower.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.

## Valor Moisturizing Soap

Item No. **3680** 3.45 oz. Whsl. \$10.25 Retail \$13.49 PV 10.25



Containing Young Living's popular Valor oil blend, this bar soap helps moisturize and rejuvenate the skin.

**How to Use:** Rub liberally over body during a bath or shower.

## AromaGuard Meadow Mist Deodorant

Item No. **3752** 1.5 oz. Whsl. \$11.00 Retail \$14.47 PV 11



Young Living's natural deodorants are an aluminum-free alternative to commercial products. Meadow Mist™ deodorant contains coconut oil, beeswax, vitamin E, and pure essential oils like lemon and lavender for their skin-care benefits.

**How to Use:** Apply daily.

## AromaGuard Mountain Mint Deodorant

Item No. **3753** 1.5 oz. Whsl. \$11.00 Retail \$14.47 PV 11



Young Living's Mountain Mint™ deodorant contains the natural skin-soothing properties of coconut oil, beeswax, and vitamin E. Infused with lemon, rosemary, and other pure essential oils, Mountain Mint is an ideal alternative to aluminum-based products.

**How to Use:** Apply daily.

## Prenolone Plus Body Cream

Item No. **3732** 1.94 oz. Whsl. \$36.75 Retail \$48.36 PV 36.75



Prenolone® Plus Body Cream contains pregnenolone, DHEA, blue and black cohosh, plus ylang ylang, clary sage, and other oils to nourish the skin and help maintain healthy estrogen levels.

**How to Use:** Begin using 1 day after menstrual cycle ends. Apply 1/4–1/2 teaspoon 2 times daily for 21 consecutive days. Discontinue use for 7 days; then repeat. Massage thoroughly into soft tissue areas until absorbed.

## Progescence Plus

Item No. **4640** 15 ml Whsl. \$37.50 Retail \$49.34 PV 37.50



Progescence™ Plus is a pure, harmonizing serum formulated specifically for women and designed to balance natural levels of progesterone in the body. It contains progesterone from wild yam; frankincense, bergamot, and Peppermint essential oils; and vitamin E.

**How to Use:** Apply 2–4 drops 2 times daily on neck area. For added effect, apply 1–2 drops along forearms 2 times daily.

## Protec

Item No. **3231** 8 fl. oz. Whsl. \$80.25 Retail \$105.59 PV 80.25



Protec™ is a balancing blend of natural ingredients that supports health and hygiene for men and women. This formula is enhanced with frankincense, myrrh, sage, and cumin essential oils.

**How to Use:** Use rectally to support prostate health. It may also be balancing for women when used as a douche. Shake well before using.

## Regenolone Moisturizing Cream

Item No. **3729** 4 oz. Whsl. \$53.00 Retail \$69.74 PV 53



Regenolone™ is a natural moisturizer formulated to support proper estrogen levels in women. It contains wild yam, black and blue cohosh, peppermint, and wintergreen to invigorate the skin and enhance absorption.

**How to Use:** Apply a dime-sized amount directly onto dry skin as needed. Not to exceed 5 applications per day.

## KidScents Bath Gel

Item No. **3684** 8 fl. oz. Whsl. \$15.75 Retail \$20.72 PV 15.75



KidScents® Bath Gel is a safe, gentle soap that cleanses and protects sensitive skin. Formulated with MSM, aloe vera, antioxidants, and pure lemon, cedarwood, and other essential oils, this liquid soap is pH balanced for children's skin.

**How to Use:** Apply a small amount of KidScents Bath Gel to washcloth or directly to the skin. Rub gently and rinse.

## KidScents Lotion

Item No. **3682** 8 oz. Whsl. \$21.75 Retail \$28.62 PV 21.75



KidScents® Lotion contains safe, gentle ingredients to moisturize and soften sensitive skin. The premium blend of MSM, shea butter, aloe vera, and pure cedarwood, geranium, and other essential oils promotes healthy skin for children of all ages.

**How to Use:** Apply liberally to skin as needed.

## KidScents MightyVites

Item No. **3215** 90 ct. Whsl. \$24.75 Retail \$32.57 PV 24.75



MightyVites™ deliver a full spectrum of vitamins, minerals, and antioxidants.\* Designed to provide balanced nutrition, MightyVites use only nutrient-dense, whole-food sources like the Ningxia wolfberry. Orange cream and wild berry flavors.

**How to Use:** Take 1 tablet 3 times daily prior to or with meals.

## KidScents MightyZyme

Item No. **3259** 30 ct. Whsl. \$39.75 Retail \$52.30 PV 39.75



KidScents® MightyZyme is an all-natural, vegetarian chewable that may help children with the digestion of proteins, carbohydrates, and fats.\*

**How to Use:** Children age 6 or older chew 1 tablet 3 times daily prior to or with meals.

## KidScents Shampoo

Item No. **3686** 7.2 fl. oz. Whsl. \$16.00 Retail \$21.05 PV 16



KidScents® Shampoo contains no synthetic perfumes, colors, or toxic ingredients. The natural components in this shampoo—aloe, MSM, chamomile, and tangerine and lemon essential oils—effectively yet gently cleanse without causing irritation.

**How to Use:** Apply a small amount of shampoo to hair. Lather, then rinse.

## KidScents Tender Tush

Item No. **3689** 2 oz. Whsl. \$25.00 Retail \$32.89 PV 25.00



KidScents® Tender Tush™ is a safe, gentle ointment that moisturizes and nourishes dry, chapped skin. Formulated with natural vegetable oils and pure Young Living sandalwood, blue tansy, and other essential oils, Tender Tush is soothing and protective for delicate skin.

**How to Use:** Apply liberally to diaper area as often as needed to help soothe and protect skin.

## KidScents Slique Toothpaste

Item No. **4574** 4 oz. Whsl. \$7.25 Retail \$9.54 PV 7.25



This formula is an all-natural toothpaste for kids that uses Thieves and Slique Essence essential oil blends to gently clean and protect teeth. This safe yet effective blend promotes healthy teeth without the use of fluoride, dyes, synthetic colors, artificial flavors, or preservatives.

**How to Use:** Use morning, night, and after meals to help young smiles stay healthy and vibrant.

## Animal Scents Ointment

Item No. **5165** 6.3 oz. Whsl. \$20.75 Retail \$27.30 PV 20.75



Animal Scents™ Ointment is a protective, soothing salve designed specifically for external use on animals. The gentle and safe formula is enhanced with pure melaleuca (*M. alternifolia*) and myrrh, two of nature's most powerful essential oils.

**How to Use:** Clean area and apply as needed. If using Young Living's essential oils, apply oil(s) prior to application of Animal Scents Ointment.

## Animal Scents Shampoo

Item No. **5167** 8 fl. oz. Whsl. \$15.75 Retail \$20.72 PV 15.75



Animal Scents™ Shampoo cleans, conditions, and protects your pet's coat without harmful ingredients. Formulated with five pure essential oils and other natural ingredients, this shampoo is safe yet effective for animals.

**How to Use:** Pour a small amount of shampoo into palm; rub gently between hands. Massage thoroughly into pet's wet coat. Lather. Rinse thoroughly. Repeat if necessary.



## Healthy Cooking

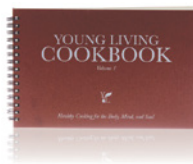
Item No. **4369** Whsl. \$14.75 Retail \$19.41 PV 7.25



Our latest cookbook features cooking with essential oil basics, helpful hints, essential oil ratios, as well as convenient measurements. Included are step-by-step instructions for refreshing beverages, nutritious side dishes, unique main courses, healthy desserts, and recipes submitted by Young Living distributors.

## Young Living Cookbook

Item No. **3947** Volume 1 Whsl. \$14.75 Retail \$19.41 PV 7.25



Volume 1 highlights creative and healthy ways to use Young Living's essential oils and products in everyday cooking. The recipes and tips in this cookbook feature a variety of great-tasting, healthy meals from Young Living members.

## Titanium Cookware

Young Living's premium titanium cookware is energy efficient and helps food retain maximum nutrients, enzymes, and flavor. Featuring a nonporous, nonstick, abrasion-resistant surface, these pans are designed for easy cleaning and maintenance. The hand-cast alloy surface conducts heat seven times faster than steel, allowing it to retain heat longer, reach a higher temperature, and distribute heat evenly. The thick Thermobasic base prevents warping, even after years of use.

**How to Use:** Use to cook on stove top.

### High-Rim Frying Pan

Item No. **4056** 20x7 cm Whsl. \$199.50 Retail \$262.50 PV 99.75

Item No. **4064** 28x7 cm Whsl. \$220.50 Retail \$290.13 PV 110.25



## Frying Pan

Item No. **4060** 20x5 cm Whsl. \$147.00 Retail \$193.42 PV 73.50

Item No. **4061** 28x5 cm Whsl. \$199.50 Retail \$262.50 PV 99.75



## Glass Lid

Item No. **4058** 20 cm Whsl. \$20.00 Retail \$26.32 PV 10

Item No. **4065** 28 cm Whsl. \$25.50 Retail \$33.55 PV 12.75



## Sauce Pan

Item No. **4057** 20x13 cm Whsl. \$220.50 Retail \$290.13 PV 110.25



## Steamer

Item No. **4059** 20 cm Whsl. \$63.00 Retail \$82.89 PV 31.50



# Essential Education

Young Living's products and business opportunity provide an excellent benefit and lifestyle that you will love sharing with your friends and family. Educating yourself is the first step in changing your life and the lives of others. The tools in these pages provide valuable information on everything from top-selling products to structuring your organization. The more you know, the easier it is to help yourself and others reach wellness, purpose, and abundance.



## 5-Day Nutritive Cleanse Brochure

Item No. **3987** 25 pk. Whsl. \$3.00 Retail \$3.00 PV 0



The *5-Day Nutritive Cleanse* brochure is the companion piece to Young Living's 5-Day Nutritive Cleanse program. It includes day-by-day instructions on how to cleanse your way to a life of better health and wellness.

## A•R•T Skin Care Brochure

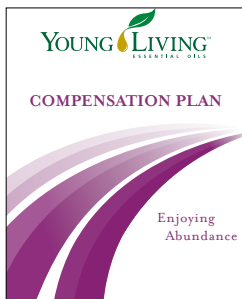
Item No. **3166** 25 pk. Whsl. \$9.50 Retail \$12.50 PV 0



The A•R•T® brochure contains information about Age Refining Technology, including key features and benefits of using the system. View the effects of the A•R•T skin-care line with amazing before and after pictures found in this brochure.

## Compensation Plan Highlights Flyer *New!*

Item No. **3486** 25 pk. Whsl. \$2.50 Retail \$2.50 PV 0



The *Compensation Plan Highlights* flyer provides an overview of Young Living's generous compensation plan and bonus opportunities.

## Distributor Agreement

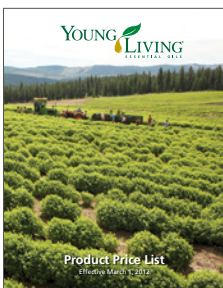
Item No. **3864** 25 pk. Whsl. \$6.00 Retail \$7.89 PV 0



This document is required to enroll friends and family as Young Living Independent Distributors. Help them become eligible to receive wholesale pricing, earn commissions, and much more.

## Product Price List

Item No. **4584** 10 pk. Whsl. \$3.00 Retail \$3.00 PV 0



Help customers and members of your organization stay current on prices and PV with the Price List. Product updates and pricing adjustments are readily available, making it easy for you and your customers to purchase all the right products for your wellness needs.

## Essential Oils: The Missing Link CD

Item No. **3974** single Whsl. \$1.00 Retail \$1.00 PV 0



An informative message from Young Living Founder Gary Young, this CD explains why essential oils are the missing link in our search for vibrant health and longevity.

## Everyday Essentials Brochure

Item No. **4921** 25 pk. Whsl. \$12.00 Retail \$15.79  
PV 0



*Everyday Essentials* introduces our most popular essential oils and highlights ways to incorporate them into your daily routine. Novice and advanced users alike will find a wealth of usage information, including a convenient application chart for all single and blended essential oils.

## Everyday Oils DVD

Item No. **4474** single Whsl. \$2.00 Retail \$2.00 PV 0



The *Everyday Oils* DVD introduces viewers to the nine most popular and versatile Young Living essential oils included in the Everyday Oils collection. This exciting DVD explores everyday use and tips for easy learning and sharing.

## From Seed to Abundance DVD

Item No. **3619** single Whsl. \$2.00 Retail \$2.00 PV 0



Learn what essential oils are, how they work, and why Young Living's are the most effective. See our commitment to quality and our mission to inspire individuals to lives of wellness, purpose, and abundance.

## Home Experience Kit

Item No. **9851** Whsl. \$41.00 Retail \$41.00 PV 0



The Home Experience Kit includes everything you need to host a home party and introduce others to Young Living's essential oils and business opportunity. The kit includes a host training guide, invitations, thank you cards, *Everyday Oils* booklets, distributor agreements, and order forms that fit neatly in a stylish messenger bag.

## NingXia Red Booklet

Item No. **4952** 10 pk. Whsl. \$4.00 Retail \$4.00 PV 0



The *NingXia Red* booklet contains everything you need to know about the power of NingXia Red. Great for meetings and friends, it's sure to interest people in the healing benefits of the Ningxia wolfberry.

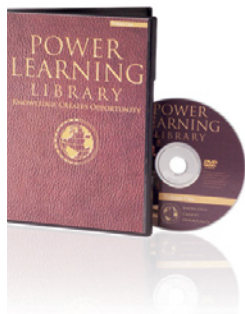
## Order Forms

Item No. **3862** 25 pk. Whsl. \$2.00 Retail \$2.63 PV 0

Order all of your favorite Young Living products. Carry extras with you to pass out to prospects and customers for convenient ordering.

## Power Learning Library DVD

Item No. **3943** single Whsl. \$2.00 Retail \$2.00 PV 0



The *Power Learning Library* DVD reveals the motivating and exciting sights and sounds of Young Living's finest inspirational and educational moments. Carefully edited segments capture the research, training, empowerment, distributor recognition, entertainment, and unique adventures in the world of Young Living.

## Product Guide

Item No. **3849** single Whsl. \$2.00 Retail \$2.63 PV 0

Item No. **3850** 10 pk. Whsl. \$15.00 Retail \$19.74 PV 0



The *Product Guide* is an A-to-Z reference for all Young Living products. With informative features, how-to-use tips, and detailed descriptions, the *Product Guide* makes it easy for you to learn about and share Young Living's products.

## Re-JUVA-Nate Your Health Booklet

Item No. **3874** single Whsl. \$2.00 Retail \$2.63 PV 0



The *Re-JUVA-Nate Your Health* booklet includes important facts about the liver as well as nutritious recipes and Young Living products that support liver health.

## Restore Your Core Brochure

Item No. **3908** 25 pk. Whsl. \$3.00 Retail \$3.00 PV 0



Young Living's *Restore Your Core* brochure provides an in-depth overview of our Core Essentials Complete nutritional program and outlines the four steps to controlling inflammation and attaining optimal health.

## Seed to Seal DVD

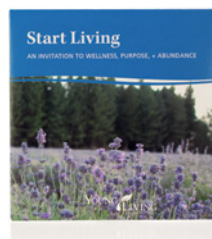
Item No. **4547** single Whsl. \$2.00 Retail \$2.00 PV 0



The *Seed to Seal*® DVD explains Young Living's unique, five-step Seed to Seal process and how each step ensures the quality of our essential oils. Gain credibility when speaking about the competitive advantages and superior quality exclusive to Young Living essential oils and oil-enhanced products.

## Start Living DVD

Item No. **3492** single Whsl. \$3.00 Retail \$3.00 PV 0



The *Start Living* DVD provides a great introduction to Young Living from essential oil experts and features real success stories from our members. Find answers and educate your downline about our natural products and lucrative business opportunity. The *Start Living* DVD is your personal invitation to a life of wellness, purpose, and abundance.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\* Modern scientific research has not yet validated these historical claims.

Consult individual product labels for safety information.



## Thieves Booklet

Item No. **3490** 25 pk. Whsl. \$6.75 Retail \$6.75 PV 0



The *Thieves* booklet is a comprehensive look at Young Living's Thieves line, complete with a history of the oil blend and how to use each Thieves product.

## Wellness, Purpose, Abundance DVD

Item No. **4736** single Whsl. \$2.00 Retail \$2.00 PV 0

Item No. **4737** 10 pk. Whsl. \$15.00 Retail \$15.00 PV 0



Experience the moving stories of several Young Living distributors as they search for the answers to life's challenges. From finding physical health to quests for financial independence, discover how the Young Living opportunity can empower you to change your own life and the lives of others.

# Spanish Education Materials

## 5-Day Nutritive Cleanse Brochure

Item No. **4394** 25 pk. Whsl. \$3.00 Retail \$3.00 PV 0

## Distributor Application

Item No. **3481** 25 pk. Whsl. \$6.00 Retail \$7.89 PV 0

## Essential Oils: The Missing Link CD

Item No. **4498** single Whsl. \$1.00 Retail \$1.00 PV 0

## Essential Oils User's Guide

Item No. **4389** 25 pk. Whsl. \$5.00 Retail \$5.00 PV 0

## Everyday Oils Booklet

Item No. **34930104** 25 pk. Whsl. \$7.00 Retail \$7.00 PV 0

## Product Guide

Item No. **38490104** single Whsl. \$2.00 Retail \$2.63 PV 0

## Restore Your Core Brochure

Item No. **39080104** 25 pk. Whsl. \$3.00 Retail \$3.00 PV 0

## Thieves Booklet

Item No. **3478** 25 pk. Whsl. \$6.75 Retail \$6.75 PV 0

## Vida Nueva (Spanish Start Living Kit)

Item No. **36930104** Whsl. \$40.00 Retail \$40.00 PV 0

## Vida Nueva with Everyday Oils

Item No. **37000104** Whsl. \$150.00 Retail \$150.00 PV 115

## Vida Nueva with NingXia Red

Item No. **36960104** Whsl. \$185.00 Retail \$150.00 PV 150

## Vida Nueva with Thieves

Item No. **36940104** Whsl. \$150.00 Retail \$155.00 PV 115

## Product Education Audio

Product education can unlock the keys to a healthier lifestyle. In an effort to make product education more readily available, a compilation of audio education content is now available online!

To access the available content, log in to your Virtual Office, click on the Distributor Resources tab, and look for the Product Education Audio section. New content will be available monthly, so be sure to check this page often.

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# How to Order

Order your favorite Young Living products quickly and hassle free:

1. Visit [youngliving.com](http://youngliving.com) for more information.
2. Call our Customer Care Department at 1.800.371.3515 Monday through Friday 6 a.m. to 8 p.m., MT, and Saturday 7 a.m. to 5 p.m., MT.
3. For international (NFR) ordering and support, call 1.800.763.9963 or e-mail [orders@youngliving.com](mailto:orders@youngliving.com).

Remember the added benefits of becoming a Young Living distributor:

- 24 percent off retail pricing
- Reduced shipping and free product when you enroll in the monthly Essential Rewards program
- Ability to earn commissions and bonuses through Young Living's lucrative compensation plan

For more information on becoming a distributor, turn to page 6.





3125 Executive Parkway, Lehi, UT 84043  
youngliving.com 1.800.371.3515

*For more information, please contact this  
Young Living distributor:*

## NINE OILS, ENDLESS USES

The Everyday Oils collection contains  
Young Living's nine most popular oils,  
from invigorating Peppermint  
to purifying Thieves.

Learn more on page 33!

