



Young Living!

Our mission is to bring pure, authentic essential oils into every home in the world. People everywhere are looking for solutions for improving their wellness—physically, spiritually, emotionally, mentally, and financially. We're thrilled to invite you to not only discover the power of our mission for yourself but to also help share it with those around you.

People can be free when they are well and have the ability to travel, teach, and give to those in need. Young Living offers everyone, everywhere the opportunity to do just that: be well, discover your true potential, and live a purposeful life. We're so excited to see families, both parents and kids alike, joining together to take the opportunity to discover the incredible benefits of these products for themselves. This is such an exciting time of growth.

As the world leader in essential oils, we provide pure essential oils through our proprietary Seed to Seal® quality commitment and its three pillars: Sourcing, Science, and Standards. You can be a part of it by visiting our corporate-owned farms or partner farms throughout the world. By inviting members like you to participate in our unique standards, we're sharing a firsthand look at our passion for quality. We're thrilled to share what we love with you.

This Product Guide represents over 25 years of dedication in helping you find the freedom of whole-life wellness you've imagined but wondered if it would ever be possible. All of us at Young Living have made a great effort to offer you safe and effective essential oil-infused products to replace the harsh chemicals found in most homes and offices. This convenient, comprehensive guide is designed to help you quickly find what you are looking for and to discover new products that you haven't yet tried.

Our products are here to help you find an oasis of freedom with a feeling of well-being. It is your moment to experience the benefits of the pure essence of nature. These products are crafted for every part of your life as they support your body, calm your busy environment, and uplift your spirit. Read on, discover new favourites, and spread your passion for Young Living.



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For the most up-to-date pricing and product availability, please refer to the Product Section of youngliving.com.sg.

Like the products you see in this guide? Find them all in the Member Resources section of Virtual Office! You can also follow us on Facebook and Instagram for the latest updates and shareable materials.

facebook.com/youngliving.sg

instagram.com/younglivingsg

PURPOUR

Young Living is a universally known, household name that is revered and respected for the countless benefits it brings to humanity. Propelled by the world's purest essential oils and oil-infused products, along with our passionate commitment to empowering individuals to whole-life wellness, we champion the modern essential oil movement. A global, purpose-driven wellness revolution is underway, and Young Living leads the charge.









































Young Living Essential Oils honours its stewardship to champion nature's living energy essential oils—by fostering a community of healing and discovery while inspiring individuals to wellness, purpose, and abundance.















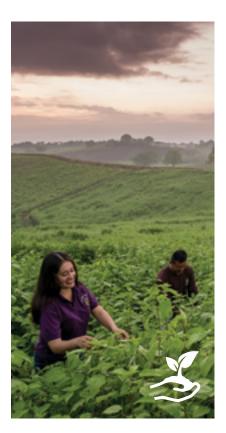
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SEED TO SEAL

For more than 25 years, Seed to Seal[®] has been both a quality commitment to you and a reflection of our sense of global stewardship and accountability. We believe you want only the best for your family and yourself—products that are genuine, free from harmful synthetics, and of unmatched purity. Our proprietary Seed to Seal[®] quality commitment is our way of ensuring that Young Living products will be the best available, now and always.

Seed to Seal[®] and its three pillars—Sourcing, Science, and Standards—are infused into every aspect of our exacting essential oil production processes, both on our own farms and our carefully curated family of partner farms. Seed to Seal[®] is infused into our painstaking quality testing and retesting to ensure that your family enjoys the purest essential oil products on the planet. Ultimately, Seed to Seal[®] is infused into everything we do. We know that for us—and for you—simply nothing else will do.





SOURCING

We source from our corporate-owned farms, as well as carefully curated partner farms and Seed to Sealcertified suppliers that adhere to our Partnership Principles. This empowers us to source conscientiously with priority on quality, sensitivity to community impact, and mindfulness toward ecosystems. This empowers you to feel confident that Young Living products will be the best available now and always.

SCIENCE

While our product quality starts in the fields, it's proven in the lab. Seed to Seal® is infused into our meticulous quality testing and retesting, performed by more than 50 highly trained scientists in our D. Gary Young Research Institute. We also spot test product samples as needed with independent, respected, and accredited labs to validate our testing. We create our pure, effective formulas to offer products that contain the cleanest and most innovative ingredients available, ensuring that your family enjoys products that are genuine, free from harmful synthetics, and as pure as nature intended.

STANDARDS

As the leader of the modern essential oils movement and a close partner with the earth, it's part of our global stewardship and accountability to do business responsibly—from sustainably sourcing rare botanicals, to uplifting local communities, to going above and beyond to comply with local environmental rules. We choose to partner with sources we know produce pure essential oils and ingredients ethically and legally, setting a gold standard for sustainability that you can trust.

Seed to Seal® is infused into everything we do. We know that for us-and for you-simply nothing else will do.

For more detailed information on our Seed to Seal® pillars, visit SeedtoSeal.com.

GLOBAL Farms

Young Living farms stand apart in the essential oil industry and set the standard for distilling essential oils. That's why our essential oil farms play such an integral role in our Seed to Seal® quality commitment. We've invested unprecedented time and resources to ensure that these standards are prioritised at each of our corporate-owned farms, partner farms, and Seed to Seal-certified suppliers, so your home and family get the very best nature has to offer.

FINCA BOTANICA FARM AND DISTILLERY

YOUNG LIVING LAVENDER FARM AND DISTILLERY

MONA, UTAH, USA

The Young Living Lavender Farm and Distillery is an iconic lavender farm, not only to Young Living but also to the essential oils movement and the wellness community. This lavender farm and distillery is just a short drive from Young Living Global Headquarters and is home to events such as the Lavender Day festival, the Essential Oils and Animals Conference, and the Fall Festival and Draft Horse Show and Rodeo.

OILS FROM THIS FARM:

Lavender • Clary Sage • Goldenrod • Melissa Juniper • Blue Yarrow • White Fir



HIGHLAND FLATS TREE FARM AND DISTILLERY

NAPLES, IDAHO, USA



The Highland Flats Tree Farm and Distillery is home to beautiful conifer trees from which essential oils with scents reminiscent of the great outdoors are produced. It's the location of Young Living's annual Winter Harvest and Spring Planting projects, which allow members to participate in Seed to Seal® firsthand in a rural, peaceful setting and experience the thrill of working at the world's first fully automated, state-of-the-art essential oil distillery.

OILS FROM THIS FARM:

Idaho Blue Spruce • White Fir

SKYRIDER WILDERNESS RANCH

TABIONA, UTAH, USA

This ranch is one of our most-beloved locations, where many Young Living global leaders have attended retreats and events. Nestled in the hills of Tabiona, Utah, and home to stunning vistas and wildlife, this farm was close to Gary Young's heart. It's a location where our unique einkorn grain can grow, as well as a place where research is performed on distillation methods and new botanicals.

PRODUCT FROM THIS FARM:

Einkorn

SKYRIDER RIVER RANCH

TABIONA, UTAH, USA

This ranch is a new addition to our Tabiona ranch family. Located near Young Living's Skyrider Wilderness Ranch, this ranch grows many botanicals for essential oil research.

ST. MARIES LAVENDER FARM AND DISTILLERY

ST. MARIES, IDAHO, USA



Our St. Maries Lavender Farm and Distillery is where everything started. Decades ago Gary Young brought pure, authentic lavender and melissa seeds from France and planted them on the 200 acres of land that now make up this beautiful farm. Today this farm contributes to the production of our famous Lavender essential oil and other botanicals.

OILS FROM THIS FARM:

 $Lavender \cdot Melissa \cdot Goldenrod$



NORTHERN LIGHTS FARM AND DISTILLERY

FORT NELSON, BRITISH COLUMBIA, CANADA

After extensive scouting and research in 2014, Young Living purchased land in British Columbia, Canada, for the Northern Lights Farm and Distillery to be a main source of Black Spruce essential oil, an important oil in many popular blends. This pristine land remains free of synthetic chemicals and fertilisers.

OIL FROM THIS FARM:

Northern Lights Black Spruce

VIDA DE SEVILLE DISTILLERY

ALMADEN DE LA PLATA, SEVILLE, SPAIN



Located less than an hour from Seville city, this distillery crafts some of our most-beloved essential oils. This distillery puts passion and craft into the process, including distilling Cistus oil from handpicked, wildcrafted flowers that grow in the Sierra Norte Nature Park. The distillation process and zero-waste practices further our efforts to sustain the land and produce the highestquality products straight from nature.

OILS FROM THIS FARM:

Cistus • Frankincense • Myrrh

KONA SANDALWOOD REFORESTATION PROJECT

BIG ISLAND, HAWAII, USA



Young Living's partnership with the Kona Sandalwood Reforestation Project is a great example of how our partnerships strive to preserve cultural values. At this location only dead or dying sandalwood is harvested to maintain the ecological balance and to follow the deeply rooted Hawaiian belief in humans' responsibility to maintain a respectful relationship with the land.

OIL FROM THIS FARM:

Royal Hawaiian Sandalwood®**

**Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC.

FINCA BOTANICA FARM AND DISTILLERY

CHONGON (GUAYAQUIL), ECUADOR

Building this farm and its state-of-the-art distillery started as one of Gary Young's passion projects. Today, Chongon's tropical climate helps nurture Young Living's 2,000 acres of rich soil, year-round harvests, and lush botanical life.

OILS AND PRODUCTS FROM THIS FARM:

Ylang Ylang • Palo Santo • Mastrante • Lemongrass • Eucalyptus Blue • Dorado Azul™ Ocotea • Plectranthus Oregano • Ruta Graveolens • Chocolate

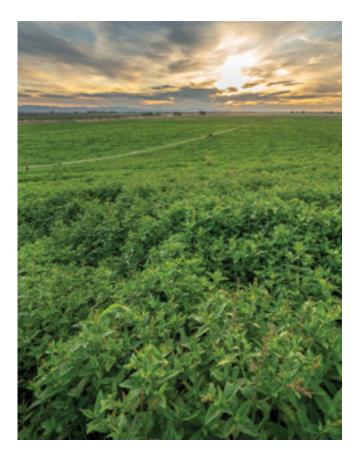
DALMATIA AROMATIC FARM AND DISTILLERY

SPLIT, CROATIA

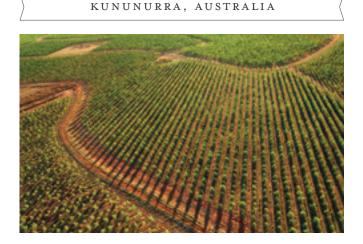
Dalmatia's striking landscape is home to a rich history, as well as the highly specific conditions required to grow helichrysum. That's why this farm was established to be a sustainable source for our popular Helichrysum oil. It has since continued to grow and cultivate even more botanicals.

OILS FROM THIS FARM:

Helichrysum · Sage · Juniper · Bay Laurel



DOWN UNDER SANDALWOOD FARM AND DISTILLERY



While this farm is headquartered in Perth, the sandalwood plantations extend across Australia's tropical northern outback. The Down Under Sandalwood Farm and Distillery developed its own seed orchards, which allows for continual improvement of the seed stock. This location uses a remarkable approach to producing and cultivating sandalwood trees with the industry's highest quality, sustainability, and environmental stewardship.

OIL FROM THIS FARM:

Sacred Sandalwood $^{{}^{\mathrm{TM}}}$

LABBEEMINT PARTNER DISTILLERY

WHITE SWAN, WASHINGTON, USA

The Labbeemint Partner Distillery has been producing worldclass mint oils at its family-run facility since the 1940s. With four strategic locations that include a distillery at its main location in Washington and warehouses and blending capabilities in other locations, Labbeemint provides a scalable, sustainable mint source. These operations make Labbeemint a leader in high-quality mint essential oils and in relationships with the U.S. farming community. Labbeemint's level of unmatched supply chain honesty and transparency make it the ideal primary *Mentha piperita* supplier for Young Living.

OILS FROM THIS FARM:

Peppermint · Spearmint

OUTBACK BOTANICAL RESERVE AND DISTILLERY

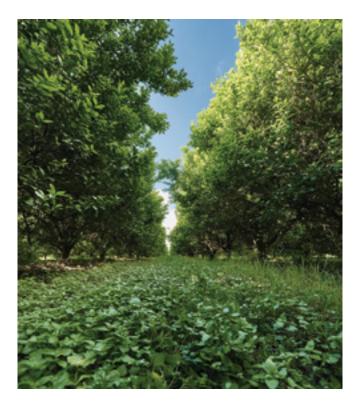
DARWIN, AUSTRALIA



Australia's Northern Territory outback is the backdrop for this location's plantations of Australian cypress trees. Drawing on ethnobotanical use in the aboriginal pharmacopeia, the founder of the Outback Botanical Reserve and Distillery discovered a new, now-patented method of distillation that resulted in our unique Blue Cypress essential oil.

OIL FROM THIS FARM:

Blue Cypress



FINCA VICTORIA FARM

CIUDAD VICTORIA, TAMAULIPAS, MEXICO

The Finca Victoria Farm comprises 2,400 acres of rich farmland, with 50 groves of hand-tended fruit trees. Fresh lime and grapefruit rinds are cold-pressed on site to produce essential oils of the highest quality. Because this farm is a zero-waste facility, every remaining part of the fruit is put to good use.

OILS FROM THIS FARM:

 $Grape fruit \ \bullet \ Lime$

BALKAN BOTANICAL FARM AND DISTILLERY

MANOLOVO, BULGARIA



Located in Bulgaria, one of the most valued rose-growing regions in the world, the Balkan Botanical Farm and Distillery specialises in roses and has expanded its essential oil farm offerings to include Roman Chamomile and Valerian as part of its partnership with Young Living. The Balkan Botanical Farm and Distillery builds upon the deep history and worldwide recognition of botanical farming in the region.

HAPPY PILI TREE FARM AND DISTILLERY

BICOL REGION, PHILIPPINES



Chosen as a partner farm because of its ethical and conscientious harvesting methods, the Happy Pili Tree Farm and Distillery is Young Living's main supplier of Elemi essential oil. With expertise on how to legally and sustainably source this precious plant and provide fair wages to workers, the farm protects natural resources and helps ensure long-term viability of high-quality Elemi essential oil. The farm has also vertically integrated the production process by building a distillery on site, keeping job opportunities and expertise within the community.

OILS FROM THIS FARM:

Roman Chamomile • Rose • Valerian

OIL FROM THIS FARM:

Elemi

ARABIAN FRANKINCENSE DISTILLERY

MUSCAT, OMAN

Young Living is the first company in the world to distill and export Omani Sacred Frankincense oil and bring it into the Western world. The *Boswellia sacra* trees in this region carry a rich history, having been harvested from for the past 5,000 years. Today, their resin is harvested by the same method and on the same schedule to continue this centuries-old story.

OIL FROM THIS FARM:

Sacred Frankincense TM

SIMIANE-LA-ROTONDE LAVENDER FARM AND DISTILLERY

SIMIANE-LA-ROTONDE, FRANCE

Young Living's Simiane-la-Rotonde Lavender Farm and Distillery is located in charming Provence, a region of France renowned for its beauty, fragrant lavender fields, and summer-long festivals. This farm has become a popular destination for essential oil lovers, artists, and visitors looking to breathe in the captivating spirit of this special location.

> OILS AND PRODUCT FROM THIS FARM:

Lavender • Clary Sage • Rosemary • Lavandin • Einkorn



TAIWAN COOPERATIVE FARM AND DISTILLERY

TAITUNG, TAIWAN



This cooperative farm and distillery is actually made up of smaller individual farm operations that each focus on different oils. Like each unique operation, each oil has its own story and background that includes its preservation, generational history and family significance, and the ingenuity and innovation necessary to create it.

AMANZI AMAHLE FARM AND DISTILLERY

CAPE TOWN, SOUTH AFRICA

Headquartered in the Witwatersrand hills of South Africa, the Amanzi Amahle Farm and Distillery works with local growers throughout the region to produce some of Young Living's most popular essential oils. This partnership provides the valuable resources smaller farms need to produce high-quality essential oils, while also dedicating efforts to conscientious treatment of the people, land, and resources.

OILS FROM THIS FARM:

Tea Tree • Eucalyptus Radiata • Lemon Orange • Grapefruit

GIHNDAGUN FARM

TATHAM, AUSTRALIA



Gihndagun—which means "respect the earth"—boasts 100 acres of rich soil that is cultivated with all-natural tree biomass, wood chips, and naturally derived fertiliser. Crops are nourished with captured and reused irrigation water, as well as with licensed water accessed from a natural creek and river. We are proud to partner with a farm that is dedicated to sustainability practices and socially conscious principles and that contributes to our globally recognised essential oil expertise.

OILS FROM THIS FARM:

Jade Lemon[™] • Hong Kuai • Xiang Mao • Camphor Wood

OIL FROM THIS FARM:

Tea Tree

Partnership Principles

We dedicate significant resources to providing the purest oils possible. Purity starts on the farm, and we proudly source our essential oils from corporate-owned farms, partner farms, and Seed to Seal-certified suppliers. These locations embrace our Seed to Seal® Partnership Principles to help ensure the purity of our products at every point in the supply chain. Young Living believes that authenticity matters. As part of your wellness journey, we invite you to discover how pure, authentic essential oils are the core of who we are.

PRINCIPLE 1	PRINCIPLE 2	PRINCIPLE 3	PRINCIPLE 4	PRINCIPLE 5
Established Relationships	Seed to Seal® Specifications	Binding Agreements	Stringent Testing	Ongoing Audits
Our Sourcing and executive teams have been hand- selecting renowned suppliers of premium botanicals and building relationships with them for decades. We continue to foster and expand these relationships.	All farms—whether a partner farm, Seed to Seal- certified supplier, or our very own corporate farms— sign declarations that they will follow our strict Seed to Seal® specifications.	We back up these signed Seed to Seal® declarations with legally binding contracts that require our partners to deliver on those declarations.	We have spent millions of dollars on a state-of-the-art lab with cutting- edge testing instruments, as well as a world-class team of researchers. If this team finds that a supplier's product doesn't meet our demanding standards, it won't reach our warehouse.	In addition to testing, Young Living verifies the quality of our oils via audits of our supply chain members. Our intricate global sourcing network is designed to bring our members superior products, and we are proud to have implemented an objective audit process.

KONA SANDALWOOD REFORESTATION PROJECT

The D. Gary Young Young & Living Foundation

Celebrating 10 years of service in 2019

The D. Gary Young, Young Living Foundation is committed to empowering individuals to achieve their potential and to defy limitations by providing wellness and education opportunities to underserved communities. This mission has driven the Foundation since it began in 2009 and continues to fuel our efforts as we celebrate 10 years of service. Our mission is supported by the 100 percent model. Young Living covers the Foundation's administrative costs, so 100 percent of every donation provides direct impact to those in need, and every cent you donate goes to lifting others up.



YOUNG LIVING ACADEMY, ECUADOR



REBUILD NEPAL



HOPE FOR JUSTICE



SOLE HOPE



HEALING FAITH UGANDA

Our Projects and Partners

This is where the Young Living Foundation began. Young Living Founder D. Gary Young and Co-Founder and CEO Mary Young built the Young Living Academy, Ecuador in 2009. The Young Living Academy now educates 350 students in grades pre-K through 12, with highly successful outcomes. While many children in Ecuador drop out of school by the eighth grade and only 20 percent of local students graduate from high school, the Academy maintains a 97 percent attendance rate, and 100 percent of our seniors have graduated each year!

In 2015 major earthquakes in Nepal claimed nearly 9,000 lives and destroyed more than 900,000 homes, tragically leaving millions without roofs over their heads. Seeing a desperate need, the Young Living Foundation successfully rebuilt the primary school and all the homes in Yarsa, Nepal, a mountain village completely destroyed by these earthquakes. The Foundation will continue to rebuild Nepal as we turn our focus to restoring 16 schools and building two centers for women in another neglected community.

The mission of Hope for Justice is to end human trafficking and modern-day slavery in our generation. The Young Living Foundation is joining the fight by fully funding 10 of Hope for Justice's Lighthouse Centers: five in Ethiopia, three in Uganda, and two in Cambodia. Each Lighthouse Center provides children rescued from slavery or from the streets with a safe place to heal, recover, and learn. The Foundation also funds the Shine Career School in Cambodia, where girls recovering from the trauma of human trafficking receive education and vocational training and are empowered to follow their dreams in a career field of their choice.

Thousands of children and adults in Uganda are victims of parasitic insects called jiggers. Jiggers burrow into an individual's feet and can cause life-threatening infections. Worse still, individuals with jiggers are often bullied and ostracised. One of Sole Hope's primary focuses is to help children and adults become and remain jiggerfree. In January 2019 we opened the Young Living Foundation Hope Center for Sole Hope. This new facility will employ 36 care workers in Uganda and is projected to serve 1,600 patients with severe jigger cases each year.

Healing Faith Uganda provides malaria education, prevention, and treatment to rural villages. In Uganda, 42 children die each day from malaria, and it is the leading cause of death on the continent for children under the age of five. With the Young Living Foundation Malaria Center, this organisation will be able to provide 80,000 individuals in the surrounding area with access to malaria treatment. With just \$1 USD, Healing Faith can test and treat a child with malaria. We believe no child should die and no parent should lose a child for want of \$1. Every penny counts when it comes to fighting this preventable and curable disease.

Learn how you can get involved by visiting YoungLivingFoundation.org

WHAT ARE ESSENTIAL OILS?

Lovingly harvested from farm-grown and wildcrafted plants, herbs, and trees, essential oils are concentrated plant extracts obtained by careful steam distillation, cold pressing, or resin tapping. These pure essential oils are far more powerful than the botanicals from which they are extracted. We offer hundreds of single oils, blends, and oil-infused products, each containing the optimal levels of specific, naturally occurring constituents to maximise their potency. Whether you use oils for aromatherapy, personal care, or household solutions, every aspect of daily life can benefit from the incorporation of essential oils!

HOW TO USE ESSENTIAL OILS







AROMATICALLY

Use essential oils aromatically to uplift the spirit.

- Rub 2-3 drops of essential oil between your palms and inhale.
- Add a few drops of essential oil to a bowl of hot water. Cover your head and bowl with a towel. Breathe deeply and slowly.
- Use your favourite essential oils in our diffusers.

TOPICALLY

Many essential oils are safe and beneficial to use directly on the skin.

• Place 2-3 drops of essential oil directly on the desired area and massage in. Repeat as desired. Always follow the label's dilution instructions.

CAUTION: Essential oils are very potent and may be irritating to the skin. If irritation occurs, apply Young Living's V-6[™] Vegetable Oil Complex or any pure vegetable oil to the area to dilute. Citrus-based oils and blends may cause temporary photosensitivity.

INTERNALLY

When taking Young Living Plus oils internally, try these tips:

- Add 1-2 drops of essential oil to a glass of water, NingXia Red[®], juice, yogurt, your favourite sweetener, or plant-based milk and consume.
- Add 1-2 drops of oil (to taste) to meals when cooking.

NOTE: Always consult individual product labels for usage directions.

ESSENTIAL OILS & OIL-INFUSED PRODUCTS

Pure, authentic essential oils are the foundation of everything Young Living does. We offer products in four categories designed to enrich and simplify your life every day:





ESSENTIAL OILS

Infuse your body, mind, and spirit to discover the pure, grounded life that you've always wanted. Essential oil singles, blends, or custom infusions invite a new measure of wellness to your life.

See page 23 for Essential Oils.



HEALTHY & FIT

Satisfy your body's nutritional needs while keeping your taste buds happy. This lineup of nutritional supplements and healthful, tasty treats is full of options that your whole family will love.

See page 61 for Healthy & Fit.

Keep your family and home clean and protected with naturally derived products that are perfect for everyday use. Our home care products feature the ingredients you want, without the ones you don't.

AT HOME

See page 51 for At Home.



PERSONAL CARE

Reveal your natural glow with our line of essential oil-infused personal care products. Cleanse, nourish, moisturise, and more with formulas free from harmful, damaging chemicals.

See page 71 for Personal Care.

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ESSENTIAL OIL products

Essential oils are the heart of Young Living and the foundation of our product line. Browse through our products to discover versatile, powerful essential oils and blends backed by our Seed

to Seal[®] promise and find the essential oils that are right for you.



ESSENTIAL OIL SINGLES

With more than 20 years of research and experience, Young Living has perfected our proprietary Seed to Seal[®] standard to ensure that our essential oils are the finest available. This dedication to excellence is what makes our essential oils stand out from the rest and what makes a noticeable quality difference you can experience with every bottle.





AUSTRALIAN ERICIFOLIA

Melaleuca ericifolia

ITEM NO.	SIZE
3522515	5 ml

Australian Ericifolia is a powerful addition to your beauty routine and aromatherapy sessions. It's also great to keep on hand for everyday skin irritations. Its dynamic benefits and familiar aroma will have you reaching for this unique oil day and night.

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



BASII

ITEM NO.

3500515

Ocimum basilicum

SIZE

15 ml

Basil essential oil has a fresh,

herbaceous aroma that can be

calming and refreshing. Dilute

with V-6 or another carrier oil when

applying directly to desired area.

HOW TO USE | 555 I Diffuse,

Vegetable Oil Complex and apply topically.

directly inhale, or dilute with V-6



BERGAMOT Citrus aurantium bergamia

ITEM NO.	SIZE
3503515	15 ml

Bergamot has a light, citrusy scent that can be both uplifting and relaxing when diffused.

HOW TO USE | *solution in the second second*



BLACK PEPPER

Piper nig	rum
ITEM NO.	SIZE
3611515	5 ml

Black Pepper is beautifully fragrant when used aromatically. Inhale directly for its energising aroma or pair with other oils such as Peppermint, Wintergreen, or Clove.

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



BLUE TANSY

Tanacetum annum



Blue Tansy is a rare botanical with a sweet, floral fragrance that is best known for its use in luxury beauty products. Blue Tansy can cleanse the skin, help reduce the appearance of blemishes, and help moisturise when added to your favourite lotion.

HOW TO USE | *\$\$* | Diffuse, directly inhale, or apply topically.



CARROT SEED

Daucus carota

ITEM NO.	SIZE
3081515	5 ml

Produced from distillation of the seeds of the wild carrot plant, Carrot Seed has a mildly sweet aroma with earthy, herbaceous notes.

HOW TO USE | 555 \diamond | Diffuse, directly inhale, or apply topically.



CEDARWOOD

Cedrus atlantica

ITEM NO.	SIZE
3509515	15 ml

With a warm balsamic aroma, Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Add Cedarwood essential oil to your favourite skin care products and apply topically or massage into the scalp for the appearance of healthy-looking hair.

HOW TO USE | *states in the second structure of the se*



CINNAMON BARK

Cinnamomum verum

ITEM NO.	SIZE
3515515	5 ml

Cinnamon Bark has a hot and spicy fragrance that is said to unlock feelings of abundance. Many use it aromatically for its warm, inviting tones.

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

- PHOTOSENSITIVITY: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
- TOPICAL: Apply directly to skin. Dilution may be required. See label for use.
- DILUTE: Topical or dietary dilution required. See label for use.
- SS AROMATIC: Inhale directly or use a Young Living diffuser.

YL



CISTUS

ITEM NO.

3518515

Cistus ladanifer

and uplifting.

SIZE

5 ml

Cistus is believed to be the

biblical rose of Sharon, and its

HOW TO USE | 555 🍐 | Diffuse,

directly inhale, or apply topically.

honey-like fragrance is soothing



CITRONELLA

ITEM NO.

3085515

the air.

Cymbopogon nardus

SIZE

15 ml

Citronella essential oil is ideal

for diffusing indoors to refresh

HOW TO USE | 555 💧 S | Diffuse,

Vegetable Oil Complex and apply topically.

directly inhale, or dilute with V-6



CLARY SAGE Salvia sclarea





CLOVE Syzygium aromaticum

3524515 15 ml	

Clove is an important ingredient in Young Living's Thieves oil blend and has a very warm and inviting scent.



COPAIBA Copaifera reticulata

ITEM NO.	SIZE
3431515	15 ml

The gum resin tapped from the copaiba tree in Brazil is steam distilled to produce Copaiba essential oil, which is known for its high levels of betacaryophyllene and a sweet aroma.

HOW TO USE | *states in the set of the set o*



CYPRESS *Cupressus sempervirens*

ITEM NO.	SIZE
3530515	15 ml

Cypress has a fresh, herbaceous aroma that can promote a sense of security and grounding. HOW TO USE | *SS () Diffuse, directly inhale, or apply topically.*



DORADO AZUL Hyptis suaveolens

ITEM NO.	SIZE
3598515	5 ml

A unique essential oil from Ecuador, Dorado Azul is exclusive to Young Living. Its fresh scent is perfect for aromatic or topical use. HOW TO USE | \$\\\$ \\$ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.



EUCALYPTUS BLUE

Eucalyptus bicostata

ITEM NO.	SIZE
3597515	5 ml

Eucalyptus Blue is grown and distilled on Young Living's farm in Ecuador. This essential oil is high in eucalyptol, which has a calming and invigorating scent when diffused.

HOW TO USE | 555 I Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

ESSENTIAL OIL PRODUCTS

YL



EUCALYPTUS RADIATA

Eucalyptus globulus

ITEM NO.	SIZE
3538515	15 ml

Eucalyptus Radiata essential oil is loved for its fresh, pungent, and fruity aroma, making it ideal for massage after activity. Diffuse Eucalyptus Radiata to promote a stimulating and rejuvenating environment.

HOW TO USE | 555 • | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



FENNEL

ITEM NO.

3542515

Foeniculum vulgare

SIZE

15 ml

Fennel has a sweet, spicy

aroma that has a long history of

encouraging grounding feelings.

HOW TO USE | 555 I Diffuse,

directly inhale, or apply topically.



FRANKINCENSE Boswellia carterii

ITEM NO.	SIZE
3548515	15 ml

Diffuse Frankincense essential oil during meditation to help with grounding and purpose or add it to your personal care products to promote a radiant complexion.

HOW TO USE | *SSS* • | Diffuse, directly inhale, or apply topically.



GERANIUM Pelargonium graveolens

ITEM NO.	SIZE
3554515	15 ml

Geranium essential oil is produced from the steam distillation of the geranium's fragrant flowers and leaves and has an aroma that encourages peaceful, spiritual feelings. HOW TO USE | \$\\ \ Diffuse, directly inhale, or apply topically.



GERMAN CHAMOMILE

Matricaria recutita

ITEM NO.	SIZE
3086515	5 ml

German Chamomile has a calming aroma that helps create feelings of peace and patience. This oil can be applied neat or as part of massage to desired areas. HOW TO USE | \$\string\$ \leftharpoonumber | Diffuse, directly inhale, or apply topically.



GINGER

Zingiber officinale

ITEM NO.	SIZE
3557515	5 ml

Ginger has a warm, energising aroma that can be added to BodyEase[™] massage oil after workouts.

HOW TO USE | 555 I Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



GOLDENROD Solidago canadensis

ITEM NO.	SIZE
3562515	5 ml



GRAPEFRUIT

Citrus paradisi

ITEM NO.	SIZE
3560515	15 ml

Grapefruit has a wonderfully uplifting citrus aroma. Brighten your home by diffusing Grapefruit essential oil in the morning.

HOW TO USE | *SS* ▲ ◆ ◆ ↓ Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

Y



HELICHRYSUM

ITEM NO.

3563515

be without.

Helichrysum italicum

SIZE

5 ml

A great oil to diffuse when

studying or doing homework,

Helichrysum has a stimulating

aroma that no home should

HOW TO USE | 555 🍐 | Diffuse,

directly inhale, or apply topically.



IDAHO BALSAM FIR

SIZE

15 ml

Idaho Balsam Fir has a woodsy

and refreshing scent. Diffuse for

a grounding and calming aroma.

HOW TO USE | 555 🍐 | Diffuse,

directly inhale, or apply topically.

Abies balsamea

ITEM NO.

3316515



IDAHO BLUE SPRUCE

Picea pungens



Idaho Blue Spruce is an exclusive oil that is distilled at Young Living's St. Maries Farm. This remarkable essential oil contains high percentages of alpha-pinene and limonene and has a pleasing and relaxing evergreen aroma. HOW TO USE | \$\$\$ Diffuse, directly inhale, or apply topically.



JADE LEMON

Citrus limon eureka var. formensensis



Jade Lemon has a unique lemon-lime scent that is pleasing and uplifting. Diffuse for a wonderful, zesty fragrance that is clean and inviting.

HOW TO USE | 555 • 56 • 56 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



JASMINE

Jasminum officinale

ITEM NO.	SIZE
3569515	5 ml

Considered to be exotic and romantic, Jasmine supports the skin's appearance and is used in several Young Living personal care products. The sweet, floral aroma of Jasmine relaxes the mind and boosts self-confidence.

HOW TO USE | *SSS* (Diffuse, directly inhale, or apply topically. Jasmine is an absolute, or essence, rather than an essential oil.



JUNIPER

Juniperus osteosperma

ITEM NO.	SIZE
3572515	15 ml

The earthy, woodsy aroma of Juniper creates a peaceful atmosphere when diffused. HOW TO USE | 555 I Diffuse,

directly inhale, or dilute with V–6 Vegetable Oil Complex and apply topically.



KUNZEA Kunzea ambigua

ITEM NO.	SIZE
23264	5 ml

Kunzea essential oil has comparable properties and uses to Tea Tree oil but offers a more pleasant aroma and milder sensation when applied topically. HOW TO USE | \$\string\$ \$\\$ | Diffuse, directly inhale, or apply topically.



LAVENDER Lavandula angustifolia

ITEM NO.	SIZE
3575515	15 ml

Lavender is a popular essential oil long loved for its calming, soothing fragrance. When diffused, Lavender adds a clean and fresh scent to any room. It is also a relaxing addition to body care products and baths.

HOW TO USE | *SSS* • | Diffuse, directly inhale, or apply topically.

ESSENTIAL OIL PRODUCTS

YL



IFDUM

ITEM NO.

3579515

oil blends.

Ledum groenlandicum

SIZE

5 ml

Ledum was used traditionally

of the key ingredients in Juva

Cleanse[®] and GLF[™] essential

directly inhale, or dilute with V-6

to support energy flow. It is one

HOW TO USE | 555 💧 🚺 Diffuse,

Vegetable Oil Complex and apply topically.



IFMON

ITEM NO.

3578515

Citrus limon

SIZE

15 ml

Containing the naturally

occurring constituent limonene,

infused products. Lemon is used

worldwide in cleaners and soaps

Diffuse, directly inhale, or dilute with V-6

Vegetable Oil Complex and apply topically.

Lemon is a key component in

many popular essential oil-

HOW TO USE | 🐝 🍐 🌎 🌣 |

for its refreshing scent.



LEMON MYRTLE Backhousia citriodora



The fresh aroma of Lemon Myrtle is uplifting and refreshing, which may help clear the mind.



LEMONGRASS

Cymbopogon flexuosus

ITEM NO.	SIZE
3581515	15 ml

Lemongrass is a key ingredient in Purification® blend and Soothing Sport® Massage Oil. Lemongrass essential oil can be worn alone or mixed with other complementary oils to help awaken the senses.

HOW TO USE | 555 • 5 • 1 Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



LIME Citrus aurantifolia

ITEM NO.	SIZE
3074515	15 ml

Lime has a wonderfully light and uplifting aromatic scent. Diffuse it to encourage feelings of positivity.

HOW TO USE | 555 I to 556 HOW TO USE | 556 I to 556 HOW TO USE | 556 I to 5



MANUKA Leptospermum scoparium

ITEM NO.	SIZE
5322515	5 ml

Manuka essential oil supports the appearance of healthy-looking skin, reduces the appearance of blemishes, and can be added to your favourite skin care products. HOW TO USE | \$\$\$ • | Diffuse, directly inhale, or apply topically.



MARJORAM Origanum majorana

ITEM NO.	SIZE
3584515	15 ml

Marjoram is a key oil used in the Raindrop Technique[®] and can be used in massage after exercise. HOW TO USE | *sss* **()** *Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.*



MELISSA Melissa officinalis

ITEM NO.	SIZE
3589515	5 ml

Melissa has a grassy lemon scent that is pleasant, uplifting, and encouraging.

HOW TO USE | *states in the second structure of the se*

YL



MYRRH

ITEM NO.

3593515

Commiphora myrrha

SIZE

15 ml

Myrrh has a long history of use

in skin care for its moisturising

properties to cleanse dry skin.

a deeper sense of spirituality.

HOW TO USE | 555 🍐 | Diffuse,

directly inhale, or apply topically.

It was highly regarded in biblical times and has an aroma that brings



MYRTLE

ITEM NO.

3596515

Myrtus communis

SIZE

15 ml

Myrtle has an elevating aroma

that is pleasing when diffused.

It also has properties that can

help beautify and enhance the

appearance of healthy-looking

HOW TO USE | 555 I Diffuse,

Vegetable Oil Complex and apply topically.

skin when applied topically.

directly inhale, or dilute with V-6



NORTHERN LIGHTS BLACK SPRUCE

Picea mariana



Northern Lights Black Spruce essential oil comes from Young Living's Northern Lights Farm in British Columbia, Canada. Diffuse this rich, woodsy, and invigorating scent during meditation to create a fresh aromatic atmosphere. HOW TO USE | \$\sum \u00e9 () | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



OCOTEA

Ocotea quixos

TEM NO.	SIZE
3556515	5 ml

Produced from the distillation of an Ecuadorian tree, Ocotea has a complex aroma that is known for its skin-cleansing properties.

HOW TO USE | 555 I Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, and apply topically.



ORANGE

Citrus sinensis

ITEM NO.	SIZE
3602515	15 ml

Orange is a favourite for diffusion and aromatic uses. It may be calming and bring feelings of inspiration.

HOW TO USE | *SS* ♠ ♠ ♥ ↓ Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



OREGANO

Origanum vulgare

ITEM NO.	SIZE
3605515	15 ml

Oregano essential oil is a key oil used in the Raindrop Technique[®] and has a strong, herbaceous fragrance.

HOW TO USE | 555 **6** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



PALO SANTO Bursera graveolens

ITEM NO.	SIZE
3607515	5 ml

Palo Santo has an inspiring fragrance and can be diffused for a cleansing and refreshing atmosphere. It can also be used for massage after activity. HOW TO USE | \$\\ \ USE | \ Uffuse, directly inhale, or dilute withV-6 Vegetable Oil Complex and apply topically.



PEPPERMINT

Mentha piperita

ITEM NO.	SIZE
3614515	15 ml

Peppermint can be used topically to cool the skin or diffused for a scent that invites feelings of peace.

HOW TO USE | 555 **&** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.

ESSENTIAL OIL PRODUCTS

Y



PINE

ITEM NO.

3618515

scent.

Pinus sylvestris

SIZE

15 ml

Pine essential oil has a refreshing

and empowering aroma. When

diffused, this oil has a calming

HOW TO USE | 555 🍐 🚺 Diffuse,

Vegetable Oil Complex and apply topically.

directly inhale, or dilute with V-6



RAVINTSARA

ITEM NO.

3620515

Cinnamomum camphora

SIZE

5 ml

Ravintsara has a pleasant and

clean scent, is commonly used

in meditation, and contains

HOW TO USE | 555 I Diffuse,

Vegetable Oil Complex and apply topically.

skin-cleansing properties.

directly inhale, or dilute with V-6



ROSE

ITEM NO.

3623515

Rosa damascena

oil produced.

SIZE

5 ml

Rose has a beautiful aroma

that encourages feelings of

positive self-reflection. Twenty-

two pounds of rose petals are

HOW TO USE | 555 🍐 | Diffuse,

directly inhale, or apply topically.

distilled for every 5-ml bottle of



ROSEMARY Rosmarinus officinalis

ITEM NO.	SIZE
3626515	15 ml

Rosemary is a familiar herb with a strong woodsy scent that can promote feelings of clarity.

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.



ROYAL HAWAIIAN SANDALWOOD

Santalum paniculatum

ITEM NO.	SIZE
4746515	5 ml

Royal Hawaiian Sandalwood has a rich, sweet, warm, and woody aroma that is sensual and romantic. Used traditionally for meditation, this oil is uplifting and relaxing and is valued in skin care for its moisturising properties.

HOW TO USE | *states in the second structure of the se*



ITEM NO.	SIZE
3552515	15 ml

Sacred Frankincense[™] essential oil comes from the distillation of the resin of the *Boswellia sacra* frankincense tree. This oil is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level. HOW TO USE | \$\$\$ | *Diffuse, directly inhale, or apply topically.*



SACRED SANDALWOOD

ITEM NO.	SIZE
20581	5 ml

This variety of sandalwood is native to India and is cultivated at our partner farm in Australia's tropical northern outback. Sacred Sandalwood[™] essential oil provides an uplifting, warm, woodsy, and sweet aroma, while offering a variety of skin benefits. HOW TO USE | \$\$\$\$ Imes | Diffuse, directly inhale, or apply topically.



SPEARMINT

Mentha spicata

ITEM NO.	SIZE
3638515	5 ml

Spearmint is milder than Peppermint and is characterised by an invigorating fragrance that is uplifting and calming.

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



YL



Tangerine essential oil is loved for

its delightful, sweet citrus aroma.

Diffuse, directly inhale, or dilute with V-6

Vegetable Oil Complex and apply topically.

HOW TO USE | 🐝 🍐 🌎 🌣 |

TANGERINE

Citrus reticulata

SIZE

15 ml

ITEM NO.

3644515



TARRAGON

ITEM NO

3647515

Artemisia dracunculus

SI7F

5 ml

when diffused.

Tarragon oil brings a soothing

HOW TO USE | 555 🍐 | Diffuse,

Vegetable Oil Complex and apply topically.

directly inhale, or dilute with V-6

and uplifting scent to any space





ITEM NO.	SIZE
3587515	15 ml

Tea Tree oil, also known as Melaleuca alternifolia, is often used in skin care for its cleansing properties. HOW TO USE | \$\\ | Diffuse, directly inhale, or apply topically.



THYME Thymus vulgaris

ITEM NO.	SIZE
3650515	15 ml



VETIVER

Vetiveria zizanoides

ITEM NO.	SIZE
3651515	5 ml

Vetiver has an earthy and grounding aroma. Diffuse this unique essential oil for a calming and relaxing fragrance throughout the home.

HOW TO USE | *solution in the second second*



WINTERGREEN

Gaultheria procumbens

ITEM NO.	SIZE
3658515	15 ml

Wintergreen's refreshing minty aroma is stimulating and invigorating. It's a great addition to lotions that are applied after activity. HOW TO USE | \$\minimum \left \le

directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



YLANG YLANG

Cananga odorata

ITEM NO.	SIZE
3659515	15 ml

Ylang Ylang essential oil is perfect for diffusing to enjoy its romantic and relaxing sweet floral aroma. HOW TO USE | \$\min b | Diffuse, directly inhale, or apply topically.

PHOTOSENSITIVITY: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

TOPICAL: Apply directly to skin. Dilution may be required. See label for use.

DILUTE: Topical or dietary dilution required. See label for use.

SS AROMATIC: Inhale directly or use a Young Living diffuser.

ESSENTIAL OIL PRODUCTS

*These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.

YL

Blue Tansy BATH BAATH SALTS

Vegetable Oil Complex

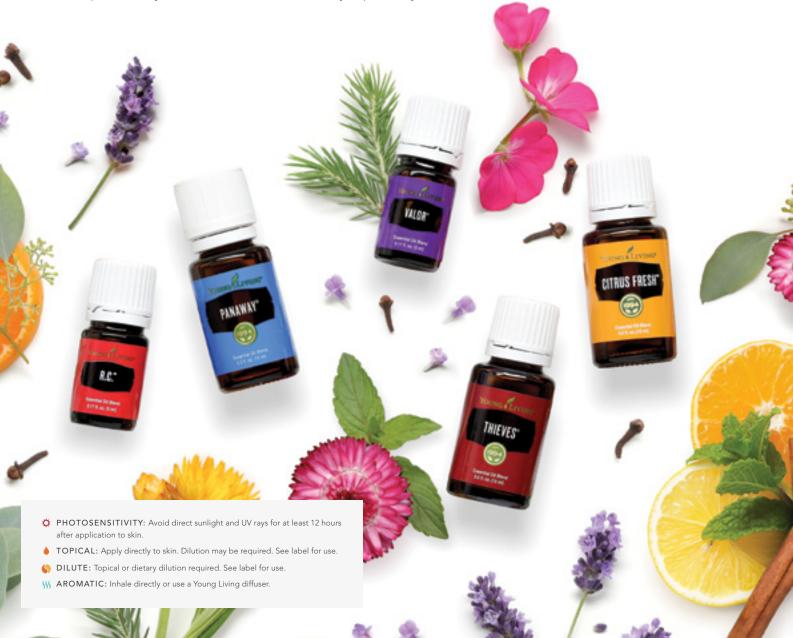
ENHANCE

Customiza you esential oil exper Enjoy Blue Tansy's skin-cleansing benefits and help create a relaxing atmosphere by adding the following ingredients to your bath.

2 cups EPSOM SALT 5 -10 drops BLUE TANSY ESSENTIAL OIL 2 tablespoons V-6[™] VEGETABLE OIL COMPLEX

ESSENTIAL OIL BLENDS

When essential oils work in harmony, the combined effect can be transformative. Our blends are the results of years of rigorous testing and practical application, producing synergistic blends of complementary oils that can be used in every aspect of your life.





3 WISE MEN

ITEM NO.	SIZE
3426515	15 ml

The 3 Wise Men[™] blend contains Sandalwood, Frankincense, Myrrh, and other essential oils and is designed to promote feelings of reverence and spiritual awareness.

INGREDIENTS | Sweet Almond Oil, Royal Hawaiian Sandalwood, Juniper, Frankincense, Black Spruce, Myrrh HOW TO USE | SSS ♠ | Diffuse, inhale directly, or apply topically.



ABUNDANCE

S17F

15 ml

Abundance[™] combines oils such

were used by ancient cultures to

attract prosperity and magnify joy

as Orange and Ginger, which

INGREDIENTS | Orange, Clove,

Black Spruce, Patchouli, Myrrh

to the desired area as needed.

HOW TO USE | 555 🍐 🌑 🌣 |

Cinnamon Bark, Frankincense, Ginger,

Diffuse, directly inhale, or dilute with V-6

Vegetable Oil Complex and apply topically

ITEM NO

3300515

and peace.



AROMAEASE

ITEM NO.	SIZE
4749515	5 ml

AromaEase[™] has a cool, minty aroma and contains powerful essential oil constituents that contribute to a calming aroma.

INGREDIENTS | Peppermint, Spearmint, Ginger, Cardamom, Fennel HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



AROMA LIFE

ITEM NO.	SIZE
3306515	15 ml

Aroma Life[™] uses Marjoram and Ylang Ylang essential oils to energise your spirit and create a sense of connection.

INGREDIENTS | Sesame Seed Oil, Cypress, Helichrysum, Ylang Ylang, Marjoram

HOW TO USE | *states in the second state of the second states of apply topically.*



AROMA SIEZ

ITEM NO.	SIZE
3309515	15 ml

A key blend in Young Living's exclusive Raindrop Technique, Aroma Siez combines Lavender and Peppermint essential oil to provide relaxing sensation.

INGREDIENTS | Basil, Marjoram, Lavender, Peppermint and Cypress HOW TO USE | 555 b | Diffuse, directly inhale, or apply topically.



AUSTRALIAN KURANYA

ITEM NO.	SIZE
25677	5 ml

The term "Kuranya," meaning "Rainbow," perfectly represents this Australia-sourced essential oil blend—a synergy of oils that creates something beautiful. Each oil in the Australian Kuranya[™] blend is extracted from a powerful plant native to Australia, from the vast desert to the island of Tasmania. **INGREDIENTS** | *Lemon Myrtle, Kunzea, Blue Cypress, Sacred Sandalwood, Fennel, Australian Ericifolia, Eucalyptus Radiata and Tea Tree*

HOW TO USE | 555 🌢 | Diffuse,

directly inhale, or apply topically.

These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.



BELIEVE

ITEM NO.	SIZE
4661515	15 ml

Believe[™] contains Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, and other essential oils that may encourage feelings of strength and faith when used aromatically. INGREDIENTS | Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium

HOW TO USE | 555 • | Diffuse, directly inhale, or apply topically.



BRAIN POWER

SIZE
5 ml

Brain Power[™] is a blend of essential oils high in sesquiterpenes—like Royal Hawaiian Sandalwood, Blue Cypress, and Frankincense to promote a sense of clarity and focus when used aromatically.

INGREDIENTS | Royal Hawaiian Sandalwood, Melissa, Helichrysum, Cedarwood, Blue Cypress, Frankincense, Lavender

HOW TO USE | 555 \blacklozenge | Diffuse, directly inhale, or apply topically.

ESSENTIAL OIL PRODUCTS



BUILD YOUR DREAM

ITEM NO.	SIZE
4834515	5 ml

Combining essential oils chosen by D. Gary Young for their connections to our history, Build Your Dream[™] empowers and clarifies to help you find the way to achieve your dreams when used aromatically.

INGREDIENTS | Lavender, Sacred Frankincense, Melissa, Blue Cypress, Hong Kuai, Idaho Blue Spruce, Ylang Ylang, Dream Catcher, Believe, Blue Lotus

HOW TO USE | 555 • 5 • 5 • 1 Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



Featuring the fresh, bright aromas

Spearmint, Citrus Fresh[™] is perfect

fragrance or to diffuse and freshen

INGREDIENTS | Orange, Grapefruit,

Mandarin, Tangerine, Lemon, Spearmint

Diffuse, directly inhale, or dilute with V-6

Vegetable Oil Complex to apply topically.

HOW TO USE | 555 🍐 🌑 🌣 |

to wear as an inspiring personal

any indoor environment.

of five citrus essential oils plus

CITRUS FRESH

SIZE

15 ml

ITEM NO

3318515



CLARITY

ITEM NO.	SIZE
3321515	15 ml

Clarity[™] blends Basil, Rosemary, Peppermint, and other essential oils for an aroma that invites a sense of clarity and alertness.

INGREDIENTS | Basil, Roman Chamomile, Cardamom, Geranium, Bergamot, Rosemary, Lemon, Ylang Ylang, Peppermint, Jasmine, Palmarosa, Coriander

HOW TO USE | 555 • 5 • 1 Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



COMMON SENSE

ITEM NO.	SIZE
3091515	5 ml

Common Sense[™] essential oil is a proprietary blend of Young Living essential oils formulated to enhance rational decision-making abilities leading to increased wellness, purpose, and abundance.

INGREDIENTS | Frankincense, Ylang Ylang, Ocotea, Goldenrod, Ruta, Dorado Azul, Lime

HOW TO USE | 555 I Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



COOL AZUL

ITEM NO.	SIZE
5399515	15 ml

Apply Cool Azul[™] topically for a cool, aromatic experience or use after physical activities for a fresh, cooling sensation.

INGREDIENTS | Wintergreen, Peppermint, Sage, Plectranthus Oregano, Copaiba, Niaouli, Lavender, Blue Cypress, Elemi, Vetiver, Caraway, Dorado Azul, Oregano, German Chamomile

HOW TO USE | 555 **6** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



DIGIZE		
ITEM NO.	SIZE	
3324515	15 ml	

A unique and proprietary Young Living essential oil blend, DiGize[™] combines Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, and Patchouli essential oils.

INGREDIENTS | Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli

HOW TO USE | 555 | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



DRAGON TIME

SIZE
15 ml

The aroma of Dragon Time[™] is designed to invite positive emotions for women, especially during their monthly cycle. This blend is recommended for both young and mature women.

INGREDIENTS | Clary Sage, Lavender, Blue Yarrow, Fennel, Marjoram, Jasmine

HOW TO USE | 555 | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



DREAM CATCHER

ITEM NO.	SIZE
3330515	15 ml

Dream Catcher[™] is designed to harness the power of positive dreams when used aromatically, helping you realise your desires and stay on the path to fulfillment.

INGREDIENTS | Royal Hawaiian Sandalwood, Tangerine, Ylang Ylang, Black Pepper, Bergamot, Juniper, Anise, Geranium, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

HOW TO USE | ∭ ♦ ♥ ☆ | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

ESSENTIAL OIL PRODUCTS





ENDOFLEX

SIZE

15 ml

EndoFlex[™] is a blend of

Spearmint, Geranium, and

other pure essential oils that

environment when diffused.

Sage, Myrtle, Nutmeg

creates a calming and balancing

INGREDIENTS | Spearmint, Sesame

Seed Oil, Geranium, German Chamomile,

HOW TO USE | 555 I Diffuse,

Vegetable Oil Complex and apply topically.

inhale directly, or dilute with V-6

ITEM NO.

3333515



En-R-Gee™ is a revitalising blend

Lemongrass, and other essential

INGREDIENTS | Rosemary, Nutmeg,

Black Pepper, Juniper, Idaho Balsam Fir,

HOW TO USE | 555 🍐 🌖 | Diffuse,

Vegetable Oil Complex and apply topically.

inhale directly, or dilute with V-6

of pure Rosemary, Juniper,

oils that has an uplifting and

EN-R-GEE

S17F

15 ml

energising aroma.

Lemongrass, Clove

ITEM NO

3336515



FORGIVENESS

ITEM NO.	SIZE
3339515	5 ml

Forgiveness[™] contains an aroma that supports the ability to forgive yourself and others while letting go of negative emotions, an important part of personal growth.

INGREDIENTS | Sesame Seed Oil, Melissa, Angelica, Bergamot, Geranium, Lavender, Ylang Ylang, Frankincense, Lemon, Palmarosa, Jasmine, Helichrysum, Royal Hawaiian Sandalwood, Roman Chamomile, Rose, Coriander

HOW TO USE | 555 • | Diffuse, inhale directly, or apply topically.



GATHERING

ITEM NO.	SIZE
3342515	5 ml

Gathering[™] features a blend of aromas that invites you to overcome the chaotic energy of everyday life and keeps you on the path to higher achievement.

INGREDIENTS | Lavender, Northern Lights Black Spruce, Geranium, Frankincense, Royal Hawaiian Sandalwood, Ylang Ylang, Vetiver, Cinnamon Bark, Rose

HOW TO USE | 555 🍐 | Diffuse, inhale directly, or apply topically.



GENTLE BABY

ITEM NO.	SIZE
3362515	5 ml

Gentle Baby™ is a soothing blend of pure essential oils with an aroma that invites a sense of calming for mothers and children.

INGREDIENTS | Coriander,

Geranium, Palmarosa, Lavender, Ylang Ylang, Roman Chamomile, Bergamot, Lemon, Jasmine, Rose

HOW TO USE | 🐝 🍐 🌎 🌣 |

Diffuse, inhale directly, or dilute with V–6 Vegetable Oil Complex to apply topically.



GLF		
ITEM NO.	SIZE	
3340515	15 ml	

GLF[™] is a blend of essential oils that includes Helichrysum, Spearmint, and Celery Seed.



GRATITUDE

ITEM NO.	SIZE
3346515	5 ml

Foster a grateful attitude and embrace the blessings in your life. The uplifting aroma of Gratitude[™] invites a feeling of emotional and spiritual progress.

INGREDIENTS | Idaho Balsam Fir, Frankincense, Coriander, Myrrh, Ylang Ylang, Bergamot, Northern Lights Black Spruce, Vetiver, Geranium

HOW TO USE | *states inhale directly, or apply topically.*



GROUNDING

ITEM NO.	SIZE
3348515	5 ml

Grounding[™] is a balancing blend of scents used for feelings of clarity or to enhance spirituality.

INGREDIENTS | White Fir, Pine, Angelica, Black Spruce, Cedarwood, Juniper, Ylang Ylang

HOW TO USE | ∭ **S** ☆ | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.





HARMONY

SIZE

15 ml

aromatic experience.

Harmony[™] is a blend of pure

scents to provide an uplifting

INGREDIENTS | Geranium, Angelica,

Bergamot, Lavender, Black Spruce, Ylang

Ylang, Royal Hawaiian Sandalwood,

Hyssop, Palmarosa, Spanish Sage, Rose,

Frankincense, Jasmine, Lemon, Orange,

HOW TO USE | 555 🌢 🌣 | Diffuse,

Roman Chamomile, Coriander

inhale directly, or apply topically.

essential oils that contains

ITEM NO.

3351515

HIGHEST POTENTIAL

SIZE

5 ml

essential oil scents.

Lemon, Ocotea

Highest Potential[™] harnesses

the uplifting and inspiring power

of Blue Cypress and other pure

INGREDIENTS | Blue Cypress, Ylang

Ylang, Jasmine, Cedarwood, Geranium,

Lavender, Northern Lights Black Spruce,

Davana, Rose, German Chamomile, Blue Tansy, Grapefruit, Tangerine, Spearmint,

HOW TO USE | 555 • | Diffuse, inhale directly, or apply topically.

White Fir, Vetiver, Cinnamon Bark,

Frankincense, Royal Hawaiian Sandalwood,

ITEM NO

3373515



HOPE

ITEM NO.	SIZE
3357515	5 ml

The blend of essential oils found in Hope[™] brings an aroma that invites you to restore your faith by reconnecting with feelings of strength and stability.

INGREDIENTS | Sweet Almond Oil, Melissa, Myrrh, Juniper, Black Spruce HOW TO USE | 555 🌢 | Diffuse, inhale directly, or apply topically.



IMMUPOWER

OILL
15 ml

ImmuPower[™] is a powerful blend of essential oils with an aroma that encourages positive energy. INGREDIENTS | Hyssop, Mountain Savory, Cistus, Ravintsara, Frankincense, Oregano, Clove, Cumin, Dorado Azul HOW TO USE | 555 ♠ (\$) | Diffuse,

inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



INNER CHILD

ITEM NO.	SIZE
3360515	5 ml

The sweet fragrance of Inner Child[™] can be used aromatically to encourage you to connect with your authentic self.

INGREDIENTS | Orange, Jasmine, Black Spruce, Tangerine, Royal Hawaiian Sandalwood, Neroli, Ylang Ylang, Lemongrass



JOURNEY ON

ITEM NO.	SIZE
25128	5 ml

Journey On[™] contains a powerful, herbaceous, earthy, and inspiring aroma that can be used aromatically to help inspire and

motivate your personal journey. INGREDIENTS | Peppermint,

Copaiba, Hyssop, Mountain Savory, Cistus, Ravintsara, Frankincense, Oregano, Sandalwood, Tangerine, Ylang Ylang

HOW TO USE | *states in the second se*



JUVA CLEANSE

ITEM NO.	SIZE
3395515	15 ml

Juva Cleanse[®] is a premium blend of pure essential oils that includes the naturally occurring constituents neryl acetate, gamma-curcumene, and alpha-pinene.

INGREDIENTS | Helichrysum, Ledum, Celery Seed

HOW TO USE | 555 • | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



LADY SCLAREOL

ITEM NO.	SIZE
3376515	15 ml

desired.

Lady Sclareol[™] is an oil blend created especially for women to enhance the feminine nature and provide a relaxing experience when diffused.

ESSENTIAL OIL PRODUCTS





The aroma of Joy[™] invites a sense

of romance, bliss, and warmth

when diffused. When worn as a

INGREDIENTS | Bergamot, Lemon,

fragrance, it invites togetherness.

Palmarosa, Ylang Ylang, Rose, Geranium,

Jasmine, Roman Chamomile, Coriander,

HOW TO USE | 555 🌢 🌣 | Diffuse,

inhale directly, or apply topically.



MAGNIFY YOUR PURPOSE

The aroma of our Magnify Your

stimulates creativity, desire, focus,

you to seize initiative when used

Purpose[™] essential oil blend

and motivation, encouraging

INGREDIENTS | Royal Hawaiian

Sage, Cinnamon Bark, Coriander,

Bergamot, Ylang Ylang, Geranium

Sandalwood, Nutmeg, Ginger, Patchouli,

HOW TO USE | 555 | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

SIZE

5 ml

ITEM NO.

3377515

aromatically.



MELROSE

ITEM NO.	SIZE
3378515	15 ml

Melrose[™] is a blend of essential oils with powerful cleansing properties that supports the appearance of skin.

INGREDIENTS | Rosemary, Clove, Tea Tree, Niaouli

HOW TO USE | 555 I Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



MISTER

ITEM NO.	SIZE
3381515	15 ml

Created for men, Mister™ oil blend is uplifting when diffused. INGREDIENTS | Sesame Seed Oil, Sage, Lavender, Peppermint, Fennel, Myrtle, Yarrow

HOW TO USE | *states inhale directly, or apply topically.*



MOTIVATION

ITEM NO.	SIZE
3384515	5 ml

The powerful scent of Motivation[™] may promote feelings of action and accomplishment when diffused. INGREDIENTS | Roman Chamomile, Black Spruce, Ylang Ylang, Lavender HOW TO USE | 555 ♠ (\$) | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



PANAWAY

ITEM NO.	SIZE
3390515	15 ml

Apply PanAway® after exercise or to the neck and back anytime for a soothing and stimulating aromatic experience.

INGREDIENTS | Wintergreen, Clove, Helichrysum, Peppermint

HOW TO USE | • • • | Dilute with V-6 Vegetable Oil Complex to apply topically on location as needed or use in a massage.



PEACE & CALMING

ITEM NO.	SIZE
3398515	5 ml

Peace & Calming® provides a soothing and relaxing atmosphere when diffused, added to a bath, or during meditation and yoga. When applied topically, Peace & Calming® may improve the appearance of skin and support a healthy-looking glow.

INGREDIENTS | Tangerine, Ylang Ylang, Blue Tansy, Orange, Patchouli HOW TO USE | 555 ♠ ♥ ↓ Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



PEACE & CALMING II

ITEM NO.	SIZE
5327515	5 ml

This proprietary blend creates a relaxing and pleasant aroma when inhaled or diffused. Dilute and apply topically to moisturise and beautify the appearance of skin.

INGREDIENTS | Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, Northern Lights Black Spruce

HOW TO USE | 555 I Solution In International Content of International In

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42

JOY

ITEM NO

3372515

Tangerine

S17F

15 ml



PRESENT TIME

ITEM NO.	SIZE
3396515	5 ml

When diffused, Present Time™ helps you focus on the here and now, so you can get beyond the past and move forward.



PURIFICATION

annoyance free.

Citronella, Lavandin

SIZE

The sweet, refreshing scent of

and neutralises the air. Apply

INGREDIENTS | Lemongrass,

HOW TO USE | 555 🍐 | Diffuse,

inhale directly, or apply topically.

Rosemary, Tea Tree, Myrtle,

topically to enjoy the outdoors

Purification[®] instantly deodorises

ITEM NO.

3399515



RAVEN

ITEM NO.	SIZE
3402515	15 ml

Raven[™] is a cleansing blend of Ravintsara, Peppermint, Eucalyptus Radiata, and other essential oils. Raven creates a cooling sensation when applied topically to the chest and throat.

INGREDIENTS | Ravintsara, Peppermint, Eucalyptus Radiata, Wintergreen, Lemon

HOW TO USE | 555 • 56 • 56 | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



R.C.

ITEM NO.	SIZE
3405515	15 ml

R.C.™ is an ideal complement to V-6 Vegetable Oil Complex for creating a spa-like atmosphere during massage. It can also be used in place of Aroma Siez in the Raindrop Technique.

INGREDIENTS | Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Citriodora, Myrtle, Black Spruce, Peppermint, Pine, Lavender, Marjoram, Cypress

HOW TO USE | 555 Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



RELEASE

ITEM NO.	SIZE
3408515	15 ml

Release[™] is a blend with a relaxing aroma that facilitates the ability to let go of anger and frustration. It also promotes harmony and balance when diffused.

INGREDIENTS | Ylang Ylang, Olive Oil, Lavandin, Geranium, Royal Hawaiian Sandalwood, Blue Tansy, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

HOW TO USE | ∭ **●** ☆ | Diffuse, inhale directly, or apply topically.



RELIEVE IT

ITEM NO.	SIZE
3411515	15 ml

Relieve It[™] is a comforting balance of pure Black Spruce, Black Pepper, and other essential oils that combines their soothing properties into one useful topical blend.

INGREDIENTS | Black Spruce, Black Pepper, Hyssop, Peppermint HOW TO USE | 555 ♠ ♥ | Diffuse, directly inhale, or dilute with V-6

Vegetable Oil Complex and apply topically.



RUTAVALA

ITEM NO.	SIZE
3419515	5 ml

RutaVaLa[™] is a calming blend of Ruta, Valerian, and Lavender that promotes feelings of relaxation when diffused.

INGREDIENTS | Lavender, Valerian, Ruta

HOW TO USE | 555 • Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



SACRED MOUNTAIN

ITEM NO.	SIZE
3414515	15 ml

Sacred Mountain[™] is a blend of Ylang Ylang and conifer oils that evokes the sense of sanctity found in nature and promotes feelings of strength, empowerment, grounding, and protection when diffused.

INGREDIENTS | Ylang Ylang, Black Spruce, Idaho Balsam Fir, Cedarwood

HOW TO USE | *SSS* • Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

ESSENTIAL OIL PRODUCTS

YL



SCLARESSENCE

SIZE

15 ml

SclarEssence[™] supports overall

wellness with the properties of

INGREDIENTS | Clary Sage, Fennel,

HOW TO USE | 555 I Diffuse,

Vegetable Oil Complex and apply topically.

inhale directly, or dilute with V-6

pure essential oils, including

Clary Sage and Fennel.

Spanish Sage, Peppermint

ITEM NO.

341815

STRESS AWAY

SIZE

15 ml

Stress Away[™] is the first

product to contain the unique

combination of pure Lime and

aroma that is the perfect blend of

tropical and citrus, Stress Away is

uniquely relaxing and comforting.

Vanilla essential oils. With an

INGREDIENTS | Copaiba, Lime,

HOW TO USE | 🐝 🍐 🌑 🌣 |

Cedarwood, Vanilla, Ocotea, Lavender

Diffuse, inhale directly, or dilute with V-6

Vegetable Oil Complex and apply topically.

ITEM NO.

4630515



THIEVES

ITEM NO.	SIZE
3423515	15 ml

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves who formulated a special aromatic combination composed of Clove, Rosemary, and other botanicals. Thieves is a powerful blend that contains the naturally derived constituents limonene, eugenol, and eucalyptol.

INGREDIENTS | Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata HOW TO USE | 555 ♠ ↓ | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



TRANSFORMATION

ITEM NO.	SIZE
3060515	15 ml

Transformation[™] includes Idaho Blue Spruce, Palo Santo, and Ocotea. These powerful essential oils empower you to replace negative beliefs with uplifting thoughts when diffused.

INGREDIENTS | Lemon, Sacred Frankincense, Royal Hawaiian Sandalwood, Peppermint, Cardamom, Clary Sage, Idaho Blue Spruce, Palo Santo, Ocotea

HOW TO USE | 555 I S C I Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.



TRAUMA LIFE

ITEM NO.	SIZE
6350515	5 ml

Trauma Life[™] is a natural blend of essential oils designed to offer support during difficult emotional exploration.

INGREDIENTS | Frankincense, Davana, Citrus Hystrix, Royal Hawaiian Sandalwood, Black Spruce, Rose, Valerian, Geranium, Lavender, Helichrysum

HOW TO USE | *SSA* (S) | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.



VALOR

ITEM NO.	SIZE
3430515	5 ml

Valor® essential oil blend is a top seller and one of Young Living Founder D. Gary Young's favourite blends. Apply to wrists, chest, base of neck, and bottoms of feet or add to Young Living Bath & Shower Gel Base to feel empowered and uplifted.

INGREDIENTS | Coconut Oil, Black Spruce, Blue Tansy, Frankincense, Camphor Wood, Geranium HOW TO USE | 555 🌢 | Diffuse,

inhale directly, or apply topically.

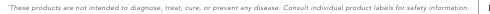
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	Matta
	10

WHITE ANGELICA

ITEM NO.	SIZE
3428515	5 ml

White Angelica[™] contains pure Melissa and Bergamot essential oils, promotes feelings of protection and security when diffused, and can be used to guard against negative energy.

INGREDIENTS | Sweet Almond Oil, Bergamot, Melissa, Geranium, Ylang Ylang, Rose, Myrrh, Royal Hawaiian Sandalwood, Hyssop, Coriander, Black Spruce HOW TO USE | SSS ♠ ✿ | Diffuse, inhale directly, or apply topically.



Y

YOUNG LIVING PLUS

Young Living Plus is an essential oil series that gives you a new way to discover the versatility of pure essential oils. Perfect for adding flavours to your favourite food, Young Living's Plus dietary essential oils give you the freedom to share and explore some of the best-loved essential oils in a variety of delicious ways for yours and your family's wellness.

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CELERY SEED PLUS

ITEM NO.	SIZE
5584515	5 ml

Produced from the steam distillation of dried seeds, Celery Seed Plus brings a pleasant aroma and taste to pickling blends and brines. Celery Seed Plus offers a flavour profile that is commonly described as earthy and grassy. It can add a unique depth of taste to coleslaw and salad dressings and can also be used for seasoning poultry.



Use Cilantro Plus to add a bright,

sharp flavour to recipes calling

for fresh cilantro. Add to soups,

curries, dips, dressings, sauces

and marinades for a delicious

CILANTRO PLUS

flavour boost.

SIZE

5 ml

ITEM NO

26986



DILL PLUS

ITEM NO.	SIZE
5622515	5 ml

Provides a fresh, pungent flavour to replace fresh or dried dill in dressings and dips. Its flavour also pairs beautifully with Lemon Plus as a flavourful ingredient for soups and stews. With fresh dill being a key flavour in many traditional Russian, European, Mediterranean, Asian, and Scandinavian dishes, Dill Plus can be a great way to lend a rich flavour to a wide variety of cuisines!



LEMON PLUS

SIZE
5 ml

Lemon Plus essential oil can add a bright and dynamic flavour to many dishes. Its versatility in sweet and savoury recipes is what makes this fruit a popular item in kitchens around the world. Use Lemon Plus to add flavour to savoury foods like fish and chicken or sweet foods like pastries and cakes. Instead of zesting or juicing, use Lemon Plus for a convenient way to add a punch of flavour.



PARSLEY PLUS

ITEM NO.	SIZE
26269	5 ml

Parsley Plus has a mild yet vibrant and fresh taste that adds bright freshness to a variety of cuisines. Use it as a seasoning to balance and brighten seafood, poultry, meat and eggs.



PEPPERMINT PLUS

ITEM NO.	SIZE
5628515	5 ml

Peppermint Plus essential oil has a bright, cool flavour that is instantly recognisable and welcomed in the hot local weather. Beyond being a brisk addition to water during workouts or to herbal tea after a day on the slopes, Peppermint Plus can be added for both culinary and dietary use. This versatile oil can make its way into baked goods, beverages, and even entrees for the more daring!



ROSEMARY PLUS

ITEM NO.	SIZE
5629515	5 ml

Rosemary is a flavourful herb that's celebrated for its role in the culinary world, especially in Italian dishes. Rosemary Plus essential oil lends a uniquely herbaceous taste to every dish it's featured in, making it perfect for many savoury recipes.

ESSENTIAL OIL ROLL-ONS

With beautiful, contemporary labels, these roll-ons are an excellent way to use the same essential oil blends that you love when you're on the move.

BREATHE	AGAIN
ROLL-ON	

ITEM NO.	3528525	
SIZE	10 ml	

Breathe Again[™] Roll-On features four types of Eucalyptus essential oils, including Eucalyptus Blue, which is grown and distilled at the Young Living farm in Ecuador.

INGREDIENTS | Coconut Oil, Eucalyptus Staigeriana, Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Blue, Laurus Nobilis, Peppermint, Copaiba, Myrtle, Blue Cypress, Rosehip

HOW TO USE | Apply generously to chest and neck as desired.

PEACE & I Roll-on	CALMING	1
ITEM NO.	26497	1
SIZE	10 ml	

Peace & Calming® Roll-On is a soothing blend that is pre-diluted with fractionated coconut oil and is simple to apply with the roll-on bottle. Keep it in your bag to have a calming and sweet aroma anytime, anywhere!

INGREDIENTS | Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender HOW TO USE | Apply generously to wrists, temples, neck, or any desired area as needed.



Apply the comforting aromas of Lavender, Cedarwood, and Roman Chamomile wherever you go with the ease of Tranquil[™] Roll-On. INGREDIENTS | Coconut Oil, Lavender, Cedarwood, Roman Chamomile HOW TO USE | Apply generously on wrists or back of neck as needed. DEEP RELIEF ROLL-ON

ITEM NO.	3534525	q
SIZE	10 ml	

Blended with Peppermint essential oil, Deep Relief[™] Roll-On creates a cooling sensation when applied topically. With a fresh aroma that is both invigorating and relaxing, this blend is perfect to keep in your gym bag to use during a workout. **INGREDIENTS** | *Peppermint, Coconut Oil, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul* **HOW TO USE** | *Apply generously on temples, back of neck, or wherever necessary.*

STRESS AWAY Roll-on



Stress Away[™] Roll-On is a unique, light blend of Vanilla, Lime, Copaiba, and other pure essential oils with a relaxing fragrance.

INGREDIENTS | Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender HOW TO USE | Apply generously to wrists, temples, neck, or any desired area as needed.



Thieves® Roll-On is formulated with a powerful legendary blend that imparts a warm and spicy note when used. It comes prediluted and ready for application. You will adore its ability to purify the air as well as its cozy and comforting aroma. INGREDIENTS | Clove, Lemon, Cinnamon Bark, Eucalyptus Radiata, and Rosemary essential oils

HOW TO USE | Apply generously on wrists or back of neck as needed.

VALOR ROLL-ON

47

ITEM NO.	3529525	
SIZE	10 ml	

Valor® Roll-On makes it possible for you to take the uplifting aroma of Valor with you throughout the day so that it is always within reach when you need it most.

INGREDIENTS | Black Spruce, Blue Tansy Camphor Wood, Geranium, Frankincense HOW TO USE | Apply generously to wrists, temples, neck, or any desired area as needed.

Each roll-on comes neatly packaged in a beautiful, vibrant case.

ESSENTIAL OIL PRODUCTS

DEEP

MASSAGE OILS

Take the power of massage to a whole new level with our line of massage oils. The unique essential oil blends in our massage oils have the power to bring your massage experience to new heights.

BODYEASE	
MASSAGE	OIL

	ITEM NO.	3033515	
VULUME 236 ml	VOLUME	236 ml	

BodyEase® Massage Oil is a calming blend of vegetable oils and essential oils, including Wintergreen, Peppermint, Juniper, and Marjoram.

INGREDIENTS | Coconut Oil, Wintergreen, Grape Seed Oil, Peppermint, Juniper, Eucalyptus Globulus, Eucalyptus Radiata, Thyme,

Lemongrass, Marjoram, Vetiver, Wheat Germ Oil, Sweet Almond Oil, Olive Oil

HOW TO USE | Gently massage onto areas of body as desired. Shake well before using.

CEL-LITE MAGIC Massage oil



Cel-Lite Magic[™] Massage Oil tones and nourishes the skin with pure vegetable oils, vitamin E, and authentic essential oils.

INGREDIENTS | Coconut Oil, Grape Seed Oil, Grapefruit, Cedarwood, Clary Sage, Cypress, Juniper, Wheat Germ Oil, Sweet Almond Oil, Olive Oil

HOW TO USE | Massage on locations where firming and toning are desired. Shake well before using.

SENSATION Massage oil		
ITEM NO.	3036515	
VOLUME	236 ml	

Sensation[™] Massage Oil inspires and encourages feelings of romance and youthfulness with the beautifully blended fragrances of Ylang Ylang, Jasmine, Geranium, and other essential oils. This special blend leaves the skin feeling smooth and soft.

INGREDIENTS | Coconut Oil, Grape Seed Oil, Ylang Ylang, Jasmine, Coriander, Geranium, Bergamot Wheat Germ Oil, Sweet Almond Oil, Olive Oil

HOW TO USE | Massage liberally onto skin as desired. Shake well before using.

V-6 VEGETABLE OIL Complex

ITEM NO.	3031515	
VOLUME	236 ml	

V-6[™] Vegetable Oil Complex can be used to create custom massage oils or to dilute essential oils for sensitive skin. INGREDIENTS | Coconut Oil, Sesame Seed Oil, Grape Seed Oil, Sweet Almond Oil, Wheat Germ Oil, Sunflower Seed Oil, Olive Oil

HOW TO USE | For direct application blend 1 drop essential oil in 1–8 teaspoons V-6. For topical

applications, apply 15–30 drops of essential oils to 1/8–1/4 cup V-6. Stronger oils (e.g., Cinnamon, Clove, Oregano) require more dilution than gentler oils. Shake well before using.

SOOTHING SPORT Massage oil

 ITEM NO.
 3032515

 VOLUME
 236 ml

Soothing Sport[®] Massage Oil combines pure vegetable oils with essential oils such as Wintergreen, Peppermint, Thyme, and Oregano.

INGREDIENTS | Coconut Oil, Grape Seed Oil, Wintergreen, Peppermint, Oregano, Eucalyptus Globulus, Elemi, Wheat Germ Oil, Vetiver,

Lemongrass, Sweet Almond Oil, Thyme, Olive Oil

HOW TO USE | Thoroughly massage onto areas of the body following exercise.

ESSENTIAL OIL COLLECTIONS

Let our expertly assembled collections guide you toward harmony and wellness. This selection of essential oils and blends makes it easy to choose the best Young Living products for your unique needs.

EVERYDAY OILS

ITEM NO. 3695515		
	ITEM NO.	3695515



The Everyday Oils™ collection is the perfect beginner kit, containing 10 of our most versatile

essential oils. Instructional booklet included.

CONTENTS | Ten 5 ml bottles: Frankincense, Lavender, Lemon, Peppermint, Tea Tree , PanAway®, Purification®, Thieves®, Stress Away™, Joy™

FEELINGS	
ITEM NO.	3125515



The Feelings[™] collection features six essential oil blends that uplift and encourage emotional well-being when diffused.

CONTENTS | Six 5 ml bottles: HarmonyTM, ForgivenessTM, Inner ChildTM, Present TimeTM, ReleaseTM, Valor[®]

RAINDROP TECHNIQUE



The Raindrop Technique® combines the authenticity of pure essential oils with the principles of

massage. Instructional booklet and online video tutorial included.

CONTENTS | Nine 5 ml bottles: Aroma Siez[™], Basil, Cypress, Marjoram, Oregano, Peppermint, Thyme, Valor[®], Wintergreen. Two 8-oz. massage bottles: BodyEase[™], V-6[™] Vegetable Oil Complex

49 ESSENTIAL OIL PRODUCTS

RAINDROP TECHNIQUE from the comfort of your home

Combining the art of aromatherapy with the techniques of massage, the Raindrop Technique® teaches you how to apply essential oils to various areas of the body. This collection is a revolutionary way of marrying authentic essential oils with centuries-old massage techniques.



ESSENTIAL OIL DIFFICULT OIL

Transform your home, office, or personal space into your personal aromatherapy oasis! Our elegantly designed diffusers will allow you to infuse essential oils into every part of your space and create a spalike experience anywhere life takes you.



ARIA ULTRASONIC Diffuser

ITEM NO. 4524515



Aria[™] combines the latest in ultrasonic technology with useful features such as a remote control, music capabilities, soothing

built-in sounds, and LED lights. Inside Aria™ is a small ultrasonic plate that vibrates over a million times per second, vaporising the water and oil to disperse into the air.

HOW TO USE | **0** | Fill well with water and add 15–20 drops of the desired oil. See instruction booklet for complete usage details. Comes with two 5 ml essential oils.

AROMALUX ATOMIZING DIFFUSER Item ND. 4695515



A combination atomiser, air purifier, and diffuser, the AromaLux[™] is the most powerful way to create a beneficial environment with

essential oils. Designed by D. Gary Young and available exclusively through Young Living, the AromaLux[™] incorporates proprietary design principles, technology, and features to simplify and enhance the aromatic experience.

HOW TO USE () Attach a 5 ml or 15 ml bottle of essential oil to the atomiser's top and select desired setting. See instruction booklet for complete usage details. Comes with two 5 ml essential oils.

CAR VENT DIFFUSER

ITEM		GRAY ROSE GOLD	
ITEM NO		25197 25188	
ITEM		CAR VENT DIFFUSER Replacement pads	
ITEM NO	١.	25111	
COUNT		10 pads	

-OOL

Infuse your car with the sweet scents of Young

Living essential oils with the Car Vent Diffuser! Available in rose gold or gray, this simple and stylish diffuser uses oil-absorbing cotton pads and the cool and breezy air from your air vents to fill your vehicle with the aromatic benefits of Young Living essential oils!

HOW TO USE | Add a few drops and place in front of car air-conditioning vent.

DESERT MIST Ultrasonic Diffuser

ITEM NO. 21695



With its Moroccan-inspired design and soft glow, the Desert Mist[™] Ultrasonic Diffuser is an elegant addition to your home décor. It features remarkably long run

times, a full spectrum of lighting options, and a customisable design.

HOW TO USE | **0** | See instruction booklet for complete usage directions. Comes with two 5 ml essential oils.

DEWDROP DIFFUSER



Young Living's Dewdrop™ Diffuser functions as a humidifier, atomizer, and aroma diffuser in one simple-to-use product. Custom designed with choice of 5 or 8-hour

continuous-run diffusion, as well as a 10-hour timer with an intermittent mode, this will provide great flexibility to your diffusing needs. Young Living's Dewdrop[™] Diffuser also comes with 11 LED colored light options, including a candlelike flicker mode which create endless ambiance possibilities, transforming any space into a spa-like atmosphere. HOW TO USE | ① | Fill well with room temperature water (tap or spring is recommended), add 8-12 drops of the desired essential oil, and turn on the diffuser. See instruction booklet for complete usage directions. Comes with two 5 ml essential oils.

FEATHER THE OWL KIDS' DIFFUSER



Say hello to the world's cutest diffuser! A humidifier, atomiser, aroma diffuser, night-light, and white-noise machine, you can easily transform your child's living

space into a cozy forest wonderland. Pair it with your favourite Young Living essential oils and feel the magic! HOW TO USE $| \bigcirc |$ Fill well with room temperature water (tap or spring is recommended), add 8-12 drops of the desired essential oil, and turn on the diffuser. See instruction booklet for complete usage directions. Comes with one 5 ml essential oil.

GENTLE MIST PERSONAL DIFFUSER ITEM NO. 23235



Whether you're traveling from home to the gym or from Rome to Milan, the Gentle Mist[™] Personal Diffuser will help keep your skin and space fresh and invigorated.

Small enough to fit in the palm of your hand and cord-free, this sleek travel accessory provides a 30-second stream of essential oil-infused mist with the press of a button.

HOW TO USE |0| *See instruction booklet for complete usage directions.*



Enjoy your favourite essential oils with the Lantern Diffuser's top-of-the-line ultrasonic technology and elegant, classic lantern design. Easily customise your aromatherapy experience to fit any mood with 11 different light features and three different diffuser settings.

HOW TO USE | **U** | Fill well with room temperature water (tap or spring is

recommended), add 8–12 drops of the desired essential oil, and turn on the diffuser. See instruction booklet for complete usage directions. Comes with two 5 ml essential oils.

RAINSTONE Ultrasonic Diffuser

ITEM NO. 5331515



Young Living's Rainstone™ Ultrasonic Diffuser combines state-of-the-art ultrasonic technology and traditional Chinese craftsmanship with

robust features, including up to eight hours of diffusion, ambient light settings, a negative ioniser, and a remote control.

HOW TO USE [1] Fill with room temperature tap or mineral water, add 8–10 drops of essential oil, and turn on the diffuser. See instruction booklet for complete usage details. Comes with two 5 ml essential oils.

SWEET AROMA Diffuser



Young Living's Sweet Aroma Ultrasonic Diffuser is the perfect addition to your home. It's compact, fresh and modern design offers big features

ITEM NO. 5331515

without taking up precious counter space. The timeless wicker pattern, along with the popular Cloud Blue colour, were carefully selected to accent your home décor and bring a calming serenity to your house.

HOW TO USE $| \bigcirc |$ Fill with room temperature tap or mineral water, add 8–10 drops of essential oil, and turn on the diffuser. See instruction booklet for complete usage details. Comes with one 5 ml essential oil.





Diffuse your favourite essential oils wherever you go with Young Living's USB Diffuser. Use it with your laptop, your car, your office, or bring it along when you travel.

It's mobile, compact, and silent, with 10-second, 30-second, or 60-second diffusion interval settings.

HOW TO USE | Fill essential oil bottle, insert into USB Diffuser, then plug diffuser into a USB port. See instruction booklet for complete usage details.

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ESSENTIAL OIL ACCESSORIES

Bring your essential oils experience into full balance. Including everything from durable carrying cases to colourcoded bottle labels, our accessories make it easy to keep your precious essential oils organised.

30-OIL CASE





This essential oil carrying case allows you to transport up to 30 essential oils or blends with style. This case is made out of sturdy EV

foam and designed with a durable handle and foam insert to secure and protect each bottle while on the go.

AROMASPINNER



The AromaSpinner[™] is an exciting, innovative way to diffuse Young Living's pure essential oils and is an excellent outlet for built-

up energy. Create your own blends with our custom-designed aroma buttons and spin your favourite aromas into the air around you.

HOW TO USE | See instruction card for complete usage directions.

AROMAGLIDE Roller fitments

4578515

ITEM NO



Transform many of your favourite Young Living essential oils into an easyto-use roll-on bottle with the patented AromaGlide™

advanced roller fitments technology. Each fitment is customised to fit a 5 or 15 ml bottle with an "Sb" marking on the bottom. Includes 10 AromaGlide fitments and caps.

ESSENTIAL OIL Sample Bottles

ITEM NO.	3194
COUNT	25 ct.



with your choice of essential oil. All 25 bottles come with lids and drop reducers.

AROMASPINNER Accessory Pack

ITEM NO.	21778
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The AromaSpinner[™] Accessory Pack contains nine aroma buttons (three yellow, three green, and three lavender) and a removal tool to help replace the buttons.

OIL BOTTLE Cap labels

ITEM NO.	3939	
COUNT	1 pk./ 312 ct. cap labels	

These colour-coded labels fit perfectly on any 5 or 15 ml essential oil bottle cap to help you stay organised and find the right bottle quickly and easily.

GLASS OIL DROPPERS

6 ct

COUNT

Young Living glass oil droppers are a
convenient way to get just the right
amount of essential oil that you need.
They also come in handy if you want to
remove any excess oil from your diffuser's
well.

AT HOME

Your home is your sanctuary—a place where life's treasured memories are made with family and friends. We created our At Home line to bring you effective products that are free from dangerous chemicals and toxins. These powerful, essential oilinfused products provide you safe solutions that work the way nature intended. From the cleaning products you use to the toothpaste in your cabinet, your home should be the place where total wellness begins.



THIEVES

Young Living's unique Thieves[®] blend is crafted in the tradition of four 15th-century French thieves who created a special aromatic combination of Clove, Rosemary, and other botanicals. Our Thieves line of products brings safe alternatives to your home, so you can replace harsh chemicals with naturally derived formulas that work hard and smell amazing.



THIEVES

ITEM NO.	3423515
SIZE	15 ml



Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves who formulated a special aromatic combination composed of Clove, Rosemary, and other botanicals they used while robbing the dead and dying. Thieves® is a powerful blend that contains the naturally derived constituents limonene,

eugenol, and eucalyptol.

INGREDIENTS | Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

HOW TO USE | *ssi bereformed for the second apply topically.* HOW TO USE | *ssi bereformed apply topically.*

THIEVES Aromabright Toothpaste

WEIGHT 4 oz.

Harnessing the power of Thieves® essential oil blend, Thieves AromaBright[™] Toothpaste can help promote clean teeth and gums. Free from fluoride, synthetic dyes, and preservatives, Thieves AromaBright[™] Toothpaste is a great choice for the whole family for minty-fresh flavour and long-lasting fresh breath.

HOW TO USE | Brush teeth every morning and night, and preferably after each meal.

THIEVES Cleansing Soap

ITEM	SINGLE	3 PK.
ITEM NO.	3679515	867915
COUNT	1 ct.	3 pk.



HOW TO USE | Lather. Wash. Rinse.

purifying the skin.

pure essential oils. Containing the legendary

Thieves® oil blend, this bar soap is ideal for

Thieves® Cleansing Soap offers ultra-cleansing benefits plus the power of

THIEVES DENTAL FLOSS

IIEM	SINGLE	3 PK.
ITEM NO.	4463560	446415
COUNT	1 ct.	3 pk.



Thieves® Dental Floss is made with strong fibers that resist fraying and easily glide between teeth for those hardto-reach places. Saturated twice, this hard-wearing floss

provides two layers of essential oils, offering double the protection to freshen your breath. HOW TO USE | *For daily use as needed*.

THIEVES DISH SOAP

5350515	
12 fl. oz.	



With naturally derived ingredients, Thieves® Dish Soap effectively cleans your dishes without chemicals, dyes, or synthetics. Young Living pure essential oils—Thieves®, Jade Lemon, and Bergamot—work with other plant-based ingredients to leave your dishes sparkling clean.

HOW TO USE | Dispense a small amount of soap with warm running water. Add additional soap as needed.

THIEVES FOAMING Hand Soap

ITEM NO. 3674515 364315 VOLUME 8 fl. oz. 8 fl. oz.	ITEM	SINGLE	3 PK.
VOLUME 8 fl. oz. 8 fl. oz.	ITEM NO.	3674515	364315
	VOLUME	8 fl. oz.	8 fl. oz.

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves®, Lemon, and Orange essential oils with other natural ingredients, it is a gentle and effective alternative to chemical soaps. Pump included.

HOW TO USE | Pump foam onto hands, lather, and then rinse thoroughly.



THIEVES FRESH ESSENCE PLUS MOUTHWASH

ITEM NO.	3683515
VOLUME	8 fl. oz.



seconds or as needed.

Thieves[®] Fresh Essence Plus[™] Mouthwash is powered by Thieves[®] essential oil blend for incredibly clean teeth and gums. Combined with naturally derived ingredients, Young Living's mouthwash is safe and effective without any use of alcohol, synthetic dyes, or artificial flavours.

THIEVES FRUIT & VEGGIE SOAK

I



Thieves[®] Fruit & Veggie Soak is a perfect choice when cleaning larger amounts of produce. With the help of DiGize[™], Purification[®], and Thieves[®] essential oil blends. you can prepare produce for a meal or a healthy snack.

HOW TO USE | See product label for usage directions.

THIEVES FRUIT & **VEGGIE SPRAY**

ITEM NO.	5348515
VOLUME	2 fl. oz.

Thieves Fruit & Veggie Spray is great for single-use servings or for on-the-go use. With just a few spritzes, you can quickly and efficiently clean fruits and vegetables no matter where

1 tablespoon or capful of Fresh Essence Plus[™] for 30–60

HOW TO USE | See product label for

usage directions.



CLEANER ITEM 426MI 1.8L ITEM NO. 3743515 4475515 VOLUME 14.4 fl. oz. 64 fl. oz.

THIEVES HOUSEHOLD



Combining naturally derived, plant-based ingredients, Thieves® Household Cleaner provides exceptional home cleaning and purifying power. This multipurpose solution can be used for virtually any surface in your home or office and is safe to use around every member of your family, including children and pets.

HOW TO USE | Use for household

cleaning purposes as needed. Dilute or use straight for extra strength. Dilution ratios are listed on the label.

THIEVES LAUNDRY SOAP

ITEM NO.	5349515
VOLUME	32 fl. oz.



With a plant-based formula, Thieves[®] Laundry Soap gently and naturally washes your clothes, cleaning them without any chemical or synthetic residue. Natural enzymes and powerful essential oils add to the formula's strength to leave your clothes fresh and clean with a light citrus scent.

HOW TO USE | See product label for usage directions.

THIEVES ROLL-ON



Thieves[®] Roll-On is formulated with a powerful legendary blend that imparts a warm and spicy note when used. It comes prediluted and ready for application. You will adore its ability to purify the air as well as its cozy and comforting aroma. **INGREDIENTS** | Clove, Lemon, Cinnamon Bark, Eucalyptus Radiata, and Rosemary essential oils HOW TO USE | Apply generously on wrists or back of neck as needed.

THIEVES SPRAY

ITEM	SINGLE	3 PK.
ITEM NO.	3265515	326615
VOLUME/CT.	1 fl. oz.	3 pk.



Thieves® Spray is a portable cleaning spray ideal for purifying small surfaces. Thieves Spray can be used on doorknobs, handles, toilet seats, and more.

HOW TO USE | Spray on surfaces to clean as needed.



Convenient, portable, and long lasting, Thieves® Waterless Hand Purifier is enhanced with natural Peppermint oil to cleanse and purify hands.

HOW TO USE | Use daily as often as necessary to purify hands.

All-Purpose Cleaner

of Thieves® Household Cleaner and 2–3 cups of water in a glass or stainless steel spray bottle. Liberally spray surfaces and wipe clean.

Combine 1 capful

Deep-Cleaning Scrub Combine baking soda and Thieves® Household Cleaner to form a thick paste. Apply mixture with a clean cloth or sponge and scrub surface thoroughly. Rinse clean.





Mix 1 capful of Thieves® Household Cleaner with 1 cup of water. Apply solution with a cloth to remove buildup. Once grease is removed, wipe surface with a clean, damp cloth.





TIP

Add 4–5 drops each of Thieves® and Peppermint essential oils to a wool dryer ball or damp washcloth and throw into dryer to freshen laundry.

SEEDLINGS

Made specially for your baby's needs, Young Living's Seedlings[™] line provides soothing, gentle products free from harmful ingredients such as alcohol, parabens, synthetic fragrances and dyes. With naturally derived, plant-based formulas diluted to a safe strength for your baby, Seedlings[™] leaves you with peace of mind and your little one feeling snug and secure.



SEEDLINGS BABY LOTION. CALM

ITEM NO.	20442
SIZE	4 oz.

Seedings

Moisturise baby's delicate skin with Seedlings[™] Baby Lotion, a plant-based formula that's lightly scented with the calming aroma of pure essential oils. This mild lotion quickly absorbs into the skin to gently moisturise, nourish, smooth, and support heathy looking skin.

HOW TO USE | Squeeze a small amount into your hands. Rub your hands together to warm the lotion and then gently massage into baby's skin.

SEEDLINGS BABY OIL. CALM

ITEM NO.

SIZE





Formulated specifically for infants, Seedlings[™] Baby Oil moisturises, soothes, and nourishes delicate skin with plant-based ingredients and essential oils. Use throughout the day or as part of a nighttime routine for a peaceful, relaxing scent.

HOW TO USE | Apply a small amount to your hands. Rub your hands together to warm the oil and gently massage into baby's skin.



Seedlings[™] Baby Wash & Shampoo gently cleanses your baby's skin and hair, leaving a soft, smooth, and lightly ed aroma of pure essential s sulfate-free, non-drying la is also

olay.



	3		Seedings		
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	54	6	and a	2	

Seedlings[™] Baby Wipes use a mild formula and pure essential oils for

a gentle clean and soothing scent. Made from a strong yet soft material, these wipes thoroughly clean while also leaving skin fresh and smooth.

HOW TO USE | Close lid firmly after each use to keep moist. Do not flush. Store at room temperature.

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Seedings.	oils. Its
	formul
ALC CONT	tear-fre
-	time p
	HOW .

ee and ready for bath TO USE | Lather. Wash. Rinse.

/IPES,	CALM		1
ITEM NO.	20435	25384	25385

M NO.	20435	25384	25385	a
SIZE	1 pk.	3 pk.	6 pk.	l N



Dreamland is only a few drops away with Young Living Seedlings[™] Calm essential oil blend. This soothing, gentle scent formulated with the littlest members of your family in mind, relaxes and helps the whole family unwind together. INGREDIENTS | Lavender, Coconut

Oil, Coriander, Bergamot, Ylang Ylang, and Geranium HOW TO USE | 555 | Diffuse up to 30 minutes 3 times daily.

SEEDLINGS DIAPER CREAM





Young Living's Seedlings[™] Diaper Cream gently rubs onto infants' skin to relieve skin comfort. Made with only naturally derived ingredients, it also reduces redness, seals out wetness, protects the skin, and provides immediate relief on contact. HOW TO USE | Cleanse the diaper

area and allow to dry. Apply cream

liberally with each diaper change, especially at bedtime or anytime when exposure to wet diapers maybe prolonged.

ΑΤ ΗΟΜΕ 62 Y L

SEEDLINGS LINEN Spray, calm

ITEM NO.	20385
SIZE	2.7 oz.

Envelop your child in the calming aroma of Seedlings Linen Spray. This naturally derived spray is made without alcohol, artificial fragrances or dyes, or synthetic preservatives; so it safely freshens bedding, car seats, and clothing throughout

your everyday play and nighttime routine. HOW TO USE | Shake well before use. Spray on linens as needed. Do not spray directly on skin or face.





Create a Calming

Formulated without harmful ingredients, Young Living Seedlings[™] products are created to comfort infants and give parents peace of mind. The gentle, plant-based formulas are lightly scented with our Calm[™] blend of Lavender, Ylang Ylang, Coriander, Bergamot and Geranium to soothe and comfort.



Seedlings Bathtime Routine

- 1 Gently cleanse your baby with tear-free *Seedlings Baby Wash*.
- 2 Wrap them in a cuddly towel.
- 3 Smooth on *Seedlings Baby Lotion* to leave baby's delicate skin moisturised, soft, and smooth.
- 4 Apply *Seedlings Diaper Rash Cream* to soothe and protect tender bottoms.

KIDSCENTS

Our KidScents[®] line is an essential oil-infused collection that addresses the most common concerns of childhood. These proprietary blends are safe alternatives to comparable products found on many store shelves. You'll love our kid-focused essential oil blends.

KIDSCENTS BATH Gel

ITEM NO.	3684515
VOLUME	8 fl. oz.

KidScents[®] Bath Gel is a safe, gentle soap that cleanses and protects sensitive skin. Formulated with MSM, aloe vera, antioxidants, and pure Lemon, Cedarwood, and other essential oils, this liquid soap is pH balanced for children's skin. HOW TO USE | *Apply a small amount of KidScents Bath Gel to washcloth or directly to the skin. Rub gently and rinse.*

KIDSCENTS LOTION





KidScents[®] Lotion contains safe, gentle ingredients to moisturise and soften sensitive skin. The premium blend of MSM, shea butter, aloe vera, and pure Cedarwood, Geranium, and other essential oils supports healthy-looking skin for children of all ages.

HOW TO USE | Apply liberally to skin as needed.

KIDSCENTS SHAMPOO ITEM NO. 3686515 VOLUME 7.2 fl. oz.

1	
3686515	H-Scent
7.2 fl. oz.	1
	SHAMPO

KidScents[®] Shampoo contains no synthetic perfumes, colours, or toxic ingredients. The natural components in this shampoo—aloe, MSM, Chamomile, and Tangerine and Lemon essential oils—effectively and gently cleanse without causing irritation.

HOW TO USE | Apply a small amount of shampoo to hair. Lather, then rinse.



ITEM NO.

SIZE



KidScents[®] Slique[™] Toothpaste uses Thieves[®] and Slique[®] Essence essential oil blends to gently clean and protect teeth. This safe and effective blend promotes healthy teeth without the use of fluoride, dyes, synthetic colours, artificial flavours, or preservatives.

HOW TO USE | Use morning, night, and after meals to help young smiles stay healthy and vibrant.

KIDSCENTS TENDER TUSH

ITEM NO.	3689515
WEIGHT	2 oz.



KidScents[®] Tender Tush[™] is a mild and gentle balm, formulated with natural vegetable oils and pure essential oils that moisturise, soothe, and nourish to promote healthy skin. HOW TO USE | Apply liberally to diaper area as often as needed to help soothe and protect skin.

KIDSCENTS T-GIZE



T-Gize[™] is a relaxing, quieting blend that can be applied to little tummies. INGREDIENTS | Coconut Oil, Spearmint, Peppermint, Tangerine, Fennel, Anise, Ginger, Cardamom

HOW TO USE | *state* | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult

supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

- PHOTOSENSITIVITY: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
- TOPICAL: Apply directly to skin. Dilution may be required. See label for use.
- S DILUTE: Topical or dietary dilution required. See label for use.
- SS AROMATIC: Inhale directly or use a Young Living diffuser.

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KIDSCENTS GENEYUS ITEM NO. 5310515 SIZE 5 ml

An excellent blend to diffuse for young minds that are focusing and concentrating on projects by creating a positive environment to inspire creativity.

INGREDIENTS | Sacred Frankincense, Blue Cypress, Cedarwood, Idaho Blue Spruce, Palo Santo and Melissa essential oils

HOW TO USE | 555 🍐 | Diffuse, directly inhale, or apply topically (dilution may be necessary for kids with highly sensitive skin). Suitable for children aged 2 and above.

KIDSCENTS KIDCARE ITEM NO. 5308515

SIZE

COUNT



Helps to support the appearance of your child's skin or to promote positive feelings. Formulated with seven powerful wellness essential oils, KidCare is a must-have for your kids.

INGREDIENTS | Coconut oil, Idaho Balsam Fir, Tea Tree, Helichrysum, Elemi, Cistus, Hinoki and Clove essential oils

HOW TO USE | 555 🍐 | Diffuse, directly inhale, or apply topically (dilution may be necessary for kids with highly sensitive skin). Suitable for children aged 2 and above.

KIDSCENTS REFRESH ITEM NO. 5306515 SIZE 5 ml

With 11 essential oils, Refresh offers a crisp, calming aroma to help rejuvenate and relax your kiddo before bedtime after a long day out and about.

INGREDIENTS | Coconut oil, Eucalyptus, Dorado Azul and Pine essential oils

HOW TO USE | 555 🍐 | Diffuse, directly inhale, or apply topically (dilution may be necessary for kids with highly sensitive skin). Suitable for children aged 2 and above.



ITEM NO. 26983 120 tablets KidScents[®] MightyVites[™] include a full range of vitamins, minerals, antioxidants, and phytonutrients that deliver whole-food multinutrient support to your child's general health and wellbeing.

HOW TO USE | 555 🍐 | Children ages 4-12, take 4 chewable tablets daily. Can be taken separately or in a single daily dose.

KIDSCENTS MIGHTYZYME CHEWABLE TABLETS

ITEM NO.	3259515
COUNT	90 tablets



A healthy gut aids the absorption of nutrients vital to growth and development. KidScents[®] MightyZyme[™] supplies the digestive system with beneficial, naturally occuring enzymes that promote an ideal environment for healthy digestion in your little ones.

HOW TO USE | 555 🍐 | Take 1 tablet, three times daily prior to or with meals.

HEALTHY & FIT

True wellness starts from within, and our Healthy & Fit line offers optimal nutrition with a boost of pure, potent essential oils to jump-start your journey. Go the distance with foods and supplements that nourish your vitality, satisfy your nutritional needs, and tantalise your taste buds!



NINGXIA RED

For more than 700 years, the northwest region of China known as Ningxia has earned a reputation for producing and cultivating premium wolfberries. Also known as goji berries, wolfberries have a rich nutritional profile. NingXia Red[®] is our powerful superfruit supplement designed to energise, fortify, and revitalise the body and mind. This delicious, proprietary blend features pure essential oils, Ningxia wolfberry puree, and other superfruits to supply the body with vital phytonutrients.



NINGXIA NITRO

ITEM NO.	3064515
COUNT	14 ct. tubes



A unique blend of essential oils, botanical extracts, and other select ingredients, NingXia Nitro™

supports cognitive alertness and fitness. A great support for body and mind, its mix of naturally occurring caffeine and D-Ribose increases athletic performance, endurance, and recovery.

HOW TO USE | Consume NingXia Nitro directly from the tube or mix with 2–4 oz. NingXia Red or 4 oz. water.

NINGXIA RED

ITEM NO.	3042515	3044515
COUNT	2 pk.	4 pk.
VOLUME	750 ml ea.	750 ml ea.
ITEM NO.	3045515	3046515
COUNT	6 pk.	8 pk.
VOLUME	750 ml ea.	750 ml ea.



NingXia Red[®] is a healthy daily supplement beverage that contains whole Ningxia wolfberry puree; a superfruit blend of blueberry, aronia, cherry, pomegranate, and plum juices; natural stevia extract; grape seed extract; pure vanilla extract; and Orange, Yuzu, Lemon, and Tangerine essential oils.

HOW TO USE | Drink 2 fl. oz. 2 times daily.

NINGXIA RED Combo pack

ITEM NO.	4710515
SACHETS	30 singles
BOTTLES	(2) 750 ml



Includes two 750 ml bottles of NingXia Red® and 30 singleserve packets. HOW TO USE | Drink 2 fl. oz. 2 times daily.

NINGXIA RED Singles

 ITEM ND.
 3525515
 3526515

 COUNT
 30 ct.
 60 ct.

 VOLUME
 2 fl. oz. ea.
 2 fl. oz. ea.





These on-the-go packets deliver the same powerful benefits of NingXia Red® in a single 2-ounce serving that is perfect for your purse, backpack, or bag.

HOW TO USE | Drink 1 packet (2 fl. oz.) 2 times daily.

NINGXIA ZYNG

ITEM NO.	3071515	307215
COUNT	12 ct. cans per case	24 ct. cans per case
VOLUME	8.2 fl. oz. (245 ml) per can	8.2 fl. oz. (245 ml) per can



NingXia Zyng[™] is a light, sparkling beverage that delivers a splash of hydrating energy fueled by its proprietary blend of pure Black Pepper and Lime essential oils, wolfberry puree, and white tea extract. HOW TO USE | Drink one can as desired. Best served chilled.

HEALTHY & FIT

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SLIQUE

With Slique's unique combination of exotic ingredients and powerful essential oils, you can take a step in the right direction—toward a healthier, happier you! When combined with a proper diet and exercise, Slique[®] products can help manage weight, create feelings of satiety, and provide nutritional support.*



SLIQUE BARS

ITEM NO.	5024515
COUNT	6 ct. bars



12 oz. of water to help control hunger.

Slique[®] Bars' dualtargeted satiety approach and medley of exotic fruits, nuts, and science creates the perfect functional, nutritious snack.

SLIQUE ESSENCE

ITEM NO.	4586515
SIZE	15 ml



Slique[®] Essence combines powerful essential oils with stevia extract in a unique blend that supports healthy weightmanagement goals, especially when used in conjunction with other Slique® products.

INGREDIENTS | Grapefruit, Tangerine,

Lemon, Spearmint, and Ocotea with Stevia Extract HOW TO USE | Shake vigorously before use. Add 2-4 drops to 4-6 oz. of your favourite beverage, Slique Tea, or water.

SLIQUE TEA

ITEM	SINGLE	3 PK.
ITEM NO.	4572523	507715
COUNT	25 ct.	3 pk.



Slique® Tea is an exotic drink formulated with cinnamon, cacao powder, and other natural ingredients to help support individual weight goals.

HOW TO USE | Bring 8 oz. of water to a boil. Place 1 pouch in a cup

and add water. Steep for at least 3 minutes.

SLIQUE SHAKE

ITEM NO. 20865 SIZE 758.2 ml



Slique[®] Shake offers a satisfying plant-based meal replacement option to keep you full, focused, and away from the office candy bowl.

HOW TO USE | Add 2 scoops to 250ml water or milk of your choice.

Shake, stir, or blend until smooth. Fruits or vegetables mnay be added for additional variety or to enhance flavour.



HOW TO USE | Consume before or between meals with

NUTRITION

Vitamins and minerals are two of the foundations of a healthy diet. However, diet alone can't always provide sufficient amounts of these important nutrients. Our convenient multivitamin supplement solutions feature bioavailable food-sourced vitamins and minerals that contain an infusion of powerful essential oils to give you the support you need.



AGEWISE

ITEM	SINGLE	3 PK.
ITEM NO.	328915	302115
COUNT	30 ct.	3 pk.



AgeWise is a potent blend of essential oils such as Frankincense, Clove, Thyme, and Orange.

HOW TO USE | Take 1 softgel 1 time daily with food or as needed.

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ITEM	SINGLE	3 PK.
ITEM NO.	319915	475315
VOLUME/CT.	8 oz.	3 pk.



AlkaLime[™] is a precisely balanced, effervescent, acid-neutralising pH mineral complex formulated to support normal acid levels in the digestive system. Infused with Lemon and Lime essential oils, AlkaLime also

features biochemic cell salts.

HOW TO USE | Stir 1 level teaspoon in 4–6 oz. distilled water and let sit for 20–25 seconds. Gently stir until thoroughly mixed and drink immediately."

AGILEASE

ITEM	SINGLE	3 PK.
ITEM NO.	576415	26740
COUNT	60 ct.	3 pk.



AgilEase[™] contains unique and powerful ingredients such as frankincense powder, UC-II undenatured collagen, hyaluronic acid, calcium fructoborate, and a specially formulated proprietary essential oil blend of Wintergreen, Copaiba, Clove, and

Northern Lights Black Spruce—oils that are known for their joint support benefits.

HOW TO USE | Take 2 capsules daily for best results.

PK.
2415

90 ct.

3 pk.

COUNT



BLM[™] combines Idaho Balsam Fir, Clove, and powerful natural ingredients such as type II collagen, MSM, and glucosamine sulfate. These ingredients have been shown to support joints, tissue health, and cell function.

HOW TO USE | If you weigh less than 120 lbs., take 1 capsule 3 times daily. For 120 to 200 lbs., take 1 capsule 4 times daily. For 200 lbs. and above, take 1 capsule 5 times daily.

DIGEST & CLEANSE

ITEM	SINGLE	3 PK.
ITEM NO.	329315	302015
COUNT	30 ct.	3 pk.



Digest & Cleanse[™] is formulated with essential oils like Peppermint, Lemon, Ginger, and Fennel to support the body's natural digestive process.* Precision delivery softgels release in the small intestines for optimal

ILLUMINEYES

ITEM NO.

COUNT



Support healthy vision with IlluminEyes. This supplement contains lutein and zeaxanthin to help reduce eye fatigue and improve visual performance.

HOW TO USE | Take 1 capsule daily with food.

absorption and benefits. HOW TO USE | Take 1 softgel capsule 1-3 times daily

with water 30–60 minutes prior to meals.

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INNER DEFENSE

ITEM	SINGLE	3 PK.
ITEM NO.	329515	302615
COUNT	30 ct.	3 pk.



Inner Defense® contains Young Living's Thieves® essential oil blend, which is rich in thymol, carvacrol, and eugenol for immune support.

HOW TO USE | Take 1 capsule daily in the morning or 1 capsule

3–5 times daily when stressed. For best results, use Life 9 probiotic 8 hours later.

LIFE 9

ITEM	SINGLE	3 P.K.
ITEM NO.	20978	26582
COUNT	30 ct.	3 pk.



Life 9[™] is a high-potency probiotic that promotes natural digestive balance, supports a healthy immune system, and contains nine probiotic strains with 17 billion active cultures.

HOW TO USE | Take 1 capsule every night following a meal or as needed.

MASTER FORMULA

ITEM NO.	529215
COUNT	30 ct.



Master Formula[™] is a multinutrient complex that provides premium vitamins, minerals, and food-based

nutriment to support general health and wellness. Collectively, these ingredients provide a synergistic supplement to support your body.*

HOW TO USE | Take 1 packet (1 liquid capsule, 1 caplet, 2 capsules) daily with water or with 1–2 oz. NingXia Red. Do not take on an empty stomach.







Discover a keystone of the Mediterranean lifestyle with Olive Essentials. Formulated with a blend of essential oils including Parsley and Rosemary, Olive Essentials has powerful antioxidant

properties to support your overall well-being and vascular heart health. HOW TO USE | *Take 1 capsule daily with food.*

OMEGAGIZE³

ITEM	SINGLE	3 PK.
ITEM NO.	309715	497715
COUNT	120 ct.	3 pk.



Formulated to support general wellness, OmegaGize^{3™} offers special support for normal brain, heart, eye, and joint health. HOW TO USE | Take 2 capsules 2 times daily or as needed.

SLEEPESSENCE

TEN NO. 476015 COUNT 30 ct.		
COUNT 30 ct.	TEM NO.	476015
	COUNT	30 ct.



Looking for ways to meet the Sandman sooner every night? Try SleepEssence. It combines the benefits of four calming essentials oils with melatonin to aid relaxation and restfulness.

HOW TO USE | *Take 1–2 softgels 30–60* minutes before bedtime.

SULFURZYME

ITEM	SINGLE	3 PK.
ITEM NO.	324315	455715
COUNT	180 ct.	3 pk.



Sulfurzyme® offers the powerful effects of MSM, which is a natural form of dietary sulfur known to support normal joint health. Wolfberry is added to promote the absorption of sulfur.

HOW TO USE | Capsules: Take 2 capsules 2 times daily 1 hour before or after meals.

SUPER B

ITEM NO.	324015
COUNT	60 ct.



Replenish and restore all the eight essential energy boosting B vitamins you need with our Super B tablets! Super B doesn't only assist in maintaining healthy energy levels,

it also supports mood, cardiovascular and cognitive functions. Plus, it contains Nutmeg essential oil and highly bioavailable, chelated minerals such as magnesium, manganese, selenium, and zinc.

HOW TO USE | Take 2 tablets daily with a meal.

SUPER C CHEWABLE TABLETS

ITEM	SINGLE
ITEM NO.	325115
COUNT	90 ct.



Super C combines pure Orange essential oil with a proprietary blend of camu camu, acerola, cherry, and rose hips fruit powder to create a powerful immunesupporting supplement. Together, these premium ingredients deliver desirable polyphenols, carotenoids,

and optimal amounts of vitamin C in a convenient chewable tablet.

HOW TO USE | Take daily or when additional vitamin ${\it C}$ is desired.

SUPER C





Super C^{∞} provides the body with the powerful antioxidant vitamin C.* This supplement is enhanced with minerals, bioflavonoids, and pure essential oils.

HOW TO USE | For immune support, take 2 tablets daily. For maintenance, take 1 tablet daily. Best if taken before meals.

SUPER CAL

ITEM	SINGLE	3 PK.
ITEM NO.	324415	475415
COUNT	120 ct.	3 pk.



Super Cal[™] combines minerals, calcium, and magnesium with potassium and zinc to help support health. HOW TO USE | Take 2 capsules before each meal or as needed.



- ADVANCED NUTRIENT COMPLEX -

Young Living's Master Formula[™] is a full spectrum, multinutrient complex that provides premium vitamins, minerals, and food-based nutriment to support general health and well-being. By utilising a Synergistic Suspension Isolation process—SSI Technology—ingredients are delivered in three distinct delivery forms. Collectively, these ingredients provide a premium, synergistic complex to support your body.*

All your health support needs in one Master Formula!

INGREDIENT/BENEFIT	MASTER FORMULA
Vegetable Herb Blend	\checkmark
Clinically Studied Spectra [™] Fruit, Vegetable and Herb Blend	√
A blend of certified organic food extracts that provide vitamins B1, B2, B3, B5, B6, and B9	\checkmark
Vitamin K	\checkmark
Bioavailable Vitamin K2	\checkmark
Vitamin D	\checkmark
High-Potency Vegan Vitamin D3	\checkmark
Gut flora supporting Prebiotics	\checkmark
Trace Minerals	\checkmark
Proprietary Trace Mineral Blend of over 25 trace minerals	\checkmark
Delivering turmeric in oil and powder form	√
Mineral Chelates	\checkmark
Advanced mineral chelates including iron chelate	√
Contains the power of Young Living Essential Oils with fat soluble vitamins in a liquid capsule	\checkmark
3 distinct delivery forms dispensing synergistic ingredients	\checkmark
Pre-packaged sachets	\checkmark

- + Naturally supports general health and well-being for the body
- · Ingredients help neutralise free radicals in the body
- Pre-packaged sachets are convenient to take your vitamins on the go
- SSI Technology delivers ingredients in 3 forms chosen for their complementary properties
- Includes antioxidants, vitamins, minerals, and other food-based nutriment



77 HEALTHY & FIT

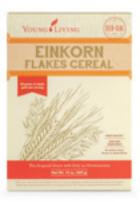
GARY'S TRUE GRIT EINKORN FLAKES

These lightly frosted flakes are delicious on the go as a snack and even more amazing with your favourite milk. The use of organic coconut helps them stay crispy and crunchy all through breakfast. We included oat bran to the formula to reach 25 grams of whole grains and to provide the added benefits of soluble fiber. With whole grains, complex carbohydrates and 4 grams of protein per serving, Einkorn Flakes cereal will keep you going well into the afternoon. Start each day with a cold cereal the whole family will love, or even treat yourself to a late-night snack!



GARY'S TRUE Einkorn flake Cereal

ITEM NO.	24362
COUNT	13 oz.



Gary's True Grit Einkorn Flake Cereal is a healthful breakfast the entire family can enjoy. Made with oat bran and einkorn, an ancient grain that contains higher levels of protein, trace minerals, and a lower gluten level than hybridized modern wheat. Tastes great, the way nature intended.

HOW TO USE | For a delicious twist to your morning cereal, add milk, fresh berries, sliced banana, or peach chunks to your bowl!



PERSONAL CARE

Free from harmful chemicals, Young Living's essential oil-infused shampoos, lotions, and targeted skin care products will cleanse and moisturise your skin for a natural, healthy-looking glow. Pamper your skin with the power of essential oils!



DENTAL CARE

Freshen up your routine with our dental care lineup! From toothpastes to mints, we have everything you need to keep your smile shining bright. Powered by the strength of our popular Thieves[®] essential oil blend, you can enjoy a fresh mouth all day long.

KIDSCENTS SLIQUE Toothpaste

4574515

4 07

ITEM NO.

SIZE



KidScents[®] Slique[™] Toothpaste uses Thieves and Slique Essence essential oil blends to gently clean and protect teeth. This safe and effective blend promotes healthy teeth without the use of fluoride, dyes, synthetic colors, artificial flavors, or preservatives.

HOW TO USE | Use morning, night, and after meals to help young smiles stay

healthy and vibrant.



WEIGHT



Harnessing the power of Thieves® essential oil blend, Thieves AromaBright™ Toothpaste can help promote clean teeth and gums. Free from fluoride, synthetic dyes, and preservatives, Thieves AromaBright™ Toothpaste is a great choice for the whole family for minty-fresh flavour and long-lasting fresh breath.

HOW TO USE | Brush teeth every morning and night, and preferably after each meal.

THIEVES FRESH Essence plus Mouthwash

ITEM NO.	3683515
VOLUME	8 fl. oz.



Thieves® Fresh Essence Plus™ Mouthwash is powered by Thieves® essential oil blend for incredibly clean teeth and gums. Combined with naturally derived ingredients, Young Living's mouthwash is safe and effective without any use of alcohol, synthetic dyes, or artificial flavours.

HOW TO USE | Rinse mouth with

1 tablespoon or capful of Fresh Essence Plus $^{\mbox{\tiny TM}}$ for 30–60 seconds or as needed.

THIEVES DENTAL Floss

ITEM	SINGLE	3 PK.
ITEM NO.	4463560	446415
COUNT	1 ct.	3 pk.



provides two layers of essential oils, offering double the protection to freshen your breath. HOW TO USE | For daily use as needed.

81 PERSONAL CARE

HAIR CARE

Give your hair the care it deserves! Our hair care products are made with safe, plant-based, and environmentally responsible ingredients, so you don't have to worry about introducing any unwanted toxins to your tresses. Infused with our potent essential oils, our hair care line will help invigorate your morning routine.

COPAIBA VANILLA Moisturizing Shampoo

5194515

10 fl. oz.

ITEM NO.

VOLUME

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CIPILI
TENEL
-
183.87-1

Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating cleanser for dry or damaged hair. HOW TO USE | Use daily to hydrate dry or damaged hair.

COPAIBA VANILLA Moisturizing Conditioner

ITEM NO.

VOLUME



Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair. HOW TO USE | Use daily to hydrate

dry or damaged hair.

LAVENDER MINT Daily Shampoo

ITEM NO.	5191515
VOLUME	10 fl. oz.



Lavender Mint Daily Shampoo is an invigorating daily cleansing blend suitable for all hair types. HOW TO USE | Use daily to cleanse and nourish hair.

LAVENDER MINT Daily conditioner

ITEM NO.	5192515
VOLUME	10 fl. oz.

And a set of the set o

Lavender Mint Daily Conditioner is an invigorating

daily moisture blend suitable for all hair types.

HOW TO USE | Use daily to cleanse and nourish hair.

MIRAH LUMINOUS Hair oil

ITEM NO.	23709
WEIGHT	1.8 fl. oz.



Infused with Argan, Monoi, and Abyssinian oils, your hair will love the hydration it gets from the fatty acids and vitamin E, as well as the luster and brightness.

HOW TO USE | Apply a small amount to damp hair, from mid-length to ends, before blow-drying or airdrying or smooth through dry hair to eliminate frizz and create a shiny finish.

These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.

PERSONAL CARE



SOAP AND BATH GELS

Treat your skin to the care it deserves! Discover our wide range of bath and body products, perfect for all of your skin care needs. Infused with our potent essential oils, this line will help invigorate your morning routine.

BATH & SHOWER GEL BASE

ITEM NO.	3751515
VOLUME	8 fl. oz.



Young Living's Bath & Shower Gel Base is the perfect way to nourish and cleanse your skin. Add a few drops of a favourite essential oil single or blend to the gel base for a luxurious custom bath or shower gel. HOW TO USE | Add 5-15 drops of one or more essential oils to 8 oz. of gel base.

LAVENDER BATH & SHOWER GEL



Infused with pure Lavender oil, Lavender Bath & Shower Gel cleanses, soothes, and relaxes your skin. It's free of chemicals and synthetic preservatives and contains plant-based ingredients such as coconut oil and star anise.

HOW TO USE | Lather, wash, and rinse.

CHARCOAL BAR SOAP

ITEM	SINGLE
ITEM NO.	24667
VOLUME	85 g



Made with a fresh orange blossom scent and powerful activated charcoal, our deepcleaning Charcoal Bar Soap is perfect for men, women, and teens. It's formulated for the body and face to wash away excess dirt and oil without stripping the skin.

HOW TO USE | Work soap into a lather with

water. Apply generously to face and body; rinse

thoroughly. Store in a cool, dry place.

9	UAP	Inco	
E	3 PK.		
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		1	

Times

Thieves® Cleansing Soap offers ultra cleansing benefits plus the power of pure

essential oils. Containing the legendary Thieves® oil blend, this bar soap is ideal for purifying the skin.

HOW TO USE | Lather, wash, and rinse.

THIEVES FOAMING HAND SOAP

ITEM	SINGLE	3 PK.	
ITEM NO.	3674515	364315	
VOLUME	8 fl. oz.	8 fl. oz.	



Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon, and Orange essential oils with other natural ingredients, it is a gentle and effective alternative to chemical soaps. Pump included.

HOW TO USE | Pump foam onto hands, lather, and then rinse thoroughly.

THIEVES CLEANSING SOAP

ITEM	SINGLE	3 PK.
ITEM NO.	3679515	867915
COUNT	1 ct.	3 pk.



LOTIONS AND MOISTURISERS

Your skin is your largest organ, so you know that it's important to keep it free from harsh chemicals. Whether you're looking for moisturising, essential oil-infused, or toxin-free products, this line has all your needs covered!



21403

2.82 oz

ITEM NO.

WEIGHT



Using mango and cupuacu butters with no added water, Coconut-Lime Replenishing Body

Butter naturally moisturises your skin to keep you hydrated all day long with a fresh, tropical scent.

HOW TO USE | Apply all over to moisturise skin. Use daily.

LAVENDER HAND & Body Lotion

ITEM NO.	5201515
WEIGHT	8.6 oz.



Infused with Lavender essential oil and other plant-based ingredients, Lavender Hand & Body Lotion moisturises and protects skin from overexposure for long-lasting hydration. HOW TO USE | Use as needed to moisturise dehydrated skin.

SKIN CARE GUIDE

Unsure where to start when using essential oils as a part of your beauty regimen? Although everyone's skin is different and may react differently to applying oil directly to the skin, this brief guide highlights the most common applications.

ESSENTIAL OIL	BENEFITS	BEST FOR
Frankincense	Moisturises and smooths	All skin types
Lavender	Soothes and nourishes	All skin types
Sacred Sandalwood™	Soothes and moisturises	All skin types
Rose	Soothes, smooths, nourishes, and moisturises	All skin types
Tea Tree	Cleanses and purifies	Oily skin
Geranium	Cleanses	Oily skin
Myrrh	Moisturises deeply	Dry skin

BODY CARE

Be radiant with products made with the plant-based, essential oil-infused ingredients your skin and hair crave and none of the ones they don't. Our body care line offers carefully formulated lotions, hair care, targeted skin care, and more to keep you fresh and beautiful from head to toe without harsh chemicals.



45 a

WEIGHT



Clinically shown to help maintain the balance of the skin's natural microbiome. This means that your skin is shielded from unwanted external and environmental influences, all while offering dynamic protection from odour-causing bacteria!

HOW TO USE | Apply 3 -4 light strokes to underarms daily. If necessary, turn dial to raise product.

COOL AZUL Sports gel

ITEM NO.	5436515
VOLUME	3.4 fl. oz.

Cool Azul[™] Sports Gel is formulated with 100 percent pure essential oils in every 3.4 ounce tube. Along with hydrating the skin, our sports gel boasts a topically cooling blend of Peppermint, Plectranthus Oregano, and Dorado Azul essential oils with menthol and camphor.

HOW TO USE | Shake well before use. Rub and massage generously onto skin. Wash hands after use.

INSECT REPELLENT

ITEM NO.	23311
SIZE	6 oz



Don't let bug bites ruin your family's
outdoor fun this summer! Young
Living's Insect Repellent is tested to
repel mosquitoes, ticks, and fleas
using only 100 percent naturally
derived plant-based ingredients.
HOW TO USE Dispense into hands and
apply anonly oner expected thin Perphils of

apply evenly over exposed skin. Reapply as needed. Avoid contact with clothing as product can stain fabric.

MINERAL Sunscreen

ITEM NO.	21403
WEIGHT	2.82 oz.



CODE AZUE

Try our easy-to-apply, fast-absorbing sunscreen anytime you're outside. This lightweight mineral sunscreen lotion leaves you residue-free, with skin that's both protected and moisturised! Give your body

the treatment and protection it deserves!

HOW TO USE | Apply liberally 20 minutes before sun exposure. Reapply after 80 minutes of swimming or sweating, immediately after towel drying, or at least every 2 hours.

PROGESSENCE Phyto plus

ITEM NO.	4581515
SIZE	15 ml



Progessence[™] Phyto Plus is a serum formulated specifically for women, designed to promote wellbeing and feelings for relaxation, harmony and balance. It features some of the most-loved essential oils including Frankincense, Bergamot and Peppermint. HOW TO USE | Apply 2-4 drops 2 times daily on neck area. For added effect, apply 1-2 drops along forearms 2 times daily.

SHUTRAN

	4835515
SIZE	15 ml



An empowering essential oil blend specially formulated for men to boost feelings of masculinity and confidence, Shutran[™] is perfect for use as a cologne that appeals to both men and women.

HOW TO USE | Apply 2-4 drops 2 times daily or as needed to neck or wrists.

INGREDIENTS | Idaho Blue Spruce, Ocotea, Ylang Ylang, Hinoki, Coriander,

Davana, Lavender, Cedarwood, Lemon, Northern Lights Black Spruce

85 PERSONAL CARE



FACIAL CARE

Young Living's skin care products bring together premium botanical and essential oil ingredients to support the appearance of your skin. This line offers essential skin care solutions for every skin type, with products that are expertly formulated to help keep your skin looking healthy and smooth.

BOSWELLIA WRINKLE CREAM

ITEM NO.	5141515
WEIGHT	2 oz.



Boswellia Wrinkle Cream[™] contains pure essential oils such as Frankincense and Sandalwood that moisturise the skin while minimising shine and

HOW TO USE | After cleansing and toning skin, apply gently over face and neck.

CINNAMINT LIP BALM TRIO



Moisturise and protect your lips with our all-natural lip balm. Featuring pure Cinnamon Bark and Peppermint essential oils, Cinnamint[™] Lip Balm helps prevent skin dehydration for soft, smooth lips.

HOW TO USE | Apply to lips as needed.

GRAPEFRUIT LIP BALM TRIO

ITEM NO.	3 PK.
ITEM NO.	508015
WEIGHT	0.16 oz.

Infused with Grapefruit essential oil, wolfberry seed oil, and antioxidants, this refreshing lip balm seals in moisture to prevent dehydration for smooth lips.

HOW TO USE | Apply to lips as needed.

LAVENDER LIP **BALM TRIO**



Lavender Lip Balm soothes dry lips, harnessing the power of Lavender essential oil and the moisturising properties of jojoba oil and vitamin E.

HOW TO USE | Apply to lips as needed.

MIRAH LUMINOUS CLEANSING OIL

ITEM NO.	23715
WEIGHT	4 fl. oz.



Formulated with essential oils like Sandalwood, Rose, and Jasmine and pure carrier oils, including jojoba and argan, this facial cleanser removes pore-clogging impurities without stripping away the natural oils your skin needs. HOW TO USE | Apply three to four

Rinse off with warm water.

pumps to dry hands and massage onto face to cleanse and remove makeup.

ORANGE BLOSSOM FACIAL WASH



Made from 100 percent naturally derived ingredients, Orange Blossom Facial Wash is a hypoallergenic, gentle face wash for oily skin and leaves behind no poreclogging residue. It is perfect for sensitive skin as it reduces surface oils and removes dirt and makeup without making your skin feel overly dry or tight.

HOW TO USE | Wet your face with warm water and put a small amount of Orange Blossom Facial into the palm of your hand and gently cleanse your skin. Rinse and pat dry.

SATIN FACIAL Scrub, mint

ITEM NO.	20456
VOLUME	57 g



Polish and prep your skin with this naturally derived facial scrub. Made with apricot seed powder, our Satin Facial Scrub[™] gently exfoliates the face to lift and remove dry, dead skin cells and reveal bright, even-looking skin.

WOLFBERRY EYE CREAM

0.5 oz.

WEIGHT



Wolfberry Eye Cream is a natural, water-based moisturiser. Containing the anti-aging and skinconditioning properties of

wolfberry seed oil, this cream soothes tired eyes and minimises the appearance of fine lines.

HOW TO USE | After cleansing and toning, massage gently onto soft skin under the eyes. Use in the evening.

HOW TO USE | Apply directly to moistened skin in a circular motion. Rinse thoroughly; pat dry. Use as needed.

YL

ART

Our specially formulated ART[®] Skin Care System safely and effectively cleanses, tones, and moisturises your face to reveal the beauty you were born with!



ART GENTLE Cleanser

ITEM NO.	5361515
VOLUME	3.38 fl. oz.



ART® Gentle Cleanser promotes glowing skin by washing away impurities with a soft, gentle lather. Infused with skin-loving essential oils, your face will feel clean and refreshed with a renewed, radiant look.

HOW TO USE | Apply to wet hands and massage over face and neck with a circular motion.

ART REFRESHING Toner

ITEM NO.

VOLUME



ART® Refreshing Toner gently removes impurities without drying the skin. The perfect blend of essential oils helps balance your skin's pH, while leaving your face clean, toned, and refreshed.

HOW TO USE | After cleansing skin, sweep toner across face and neck with a cotton ball. Use morning and evening as needed.

ART LIGHT Moisturizer

ITEM NO.	5362515
VOLUME	30 ml

ART[®] Light Moisturiser helps your skin retain and maintain proper hydration. With Young Living essential oils and other premium ingredients, your skin will feel silky soft.

HOW TO USE | After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.





Young Living's new ART® Skin Care System safely and effectively cleanses, tones, and moisturises your face to bring out your natural and inherent beauty. That is the beauty of ART®!

HOW TO USE | See individual products for usage.

ART RENEWAL Serum

ITEM NO.	5175515
VOLUME	20 ml



ART[®] Renewal Serum is an intricate blend of exotic orchid extract and essential oils that benefits the most delicate areas of the face. These premium ingredients are formulated to deeply nourish, hydrate, and help maintain a youthful appearance. HOW TO USE | Wash face. Apply ART Renewal Serum to delicate areas of face 2 times

daily and allow to absorb. For best results, follow up with your choice of Young Living's moisturising creams.

"These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.

PERSONAL CARE



savvy MINERALS

Feel confident without compromise with Savvy Minerals by Young Living[™]. This mineral-based makeup line combines premium formulas with pure ingredients, so you can embrace your natural beauty without sacrificing your standards. With a variety of shades and colors, you can find the perfect products to help you make your mark.









BLUSH

Add a natural-looking flush to your cheeks with Savvy Minerals Blush. Get your perfect look—from natural to dramatic—with three flattering shades and buildable colours.

I DO BELIEVE YOU'RE BLUSHIN'

ITEM NO.	COLOUR
22257	503

SMASHING

ITEM NO.	COLOUR
22258	504

TAUDIUNAIL		
ITEM NO.	COLOUR	
22420	502	

PARCIONATE



BRONZER

Use Savvy Minerals Bronzer for sun-kissed skin. This mineral powder blends out smoothly and warms your complexion for radiant skin and a healthy, natural-looking glow.

CROWNED ALL OVER

ITEM NO.	COLOUR
22274	500

SUMMER LOVED

ITEM NO.	COLOUR
22275	501



FOUNDATION POWDER

Get flawless-looking skin and all-day wear with Savvy Minerals Foundation. Its lightweight texture and buildable formula blends into skin for a natural, radiant finish.

COOL NO. I		
ITEM NO.	COLOUR	
22277	100	
WARM	NO. 3	
WARM	NO. 3	

COOL	NO. 2	
ITEM NO.	COLOUR	
22278	101	
DARK NO. I		
ITEM NO.	COLOUR	

22286

300

COOL NO. 3		
ITEM NO.	COLOUR	
22280	102	
DARK	NO. 2	
DARK Item no.		

WARM NO. I		
ITEM NO.	COLOUR	
22281	200	
DARK NO. 3		

ITEM NO.	COLOUR
22292	302

WARM	NO. 2
ITEM NO.	COLOUR
22283	201

Y



VEIL- DIAMOND DUST

ITEM NO.	COLOUR
22298	505

Savvy Minerals Veil powder smooths and evens skin, absorbs oil, and adds a luminous finish with just a few strokes. Wear this translucent powder on its own or apply on top of foundation to help set your look.





EYELINER- JET SETTER

ITEM NO.	COLOUR
22276	408

Use Savvy Minerals Eyeliner to achieve a subtle or high-impact eye. Master every style—from a sultry smoky eye to a sleek cat eye—with its powder formula and buildable colour.

MULTITASKER – DARK

ITEM NO.	COLOUR
22297	409

Do it all with Savvy Minerals MultiTasker, our multipurpose powder that acts as an eyebrow filler, eyeshadow, and eyeliner. It has all-day staying power and glides on for a smooth finish wherever it's used.



EYESHADOW

With rich, highly pigmented colour and a variety of hues, Savvy Minerals Eyeshadow makes it easy to create any look. Its buildable, long-wear formula lasts all day, so you can feel confident from morning to night.

BEST KEPT SECRET

ITEM NO.	COLOUR
22272	400

SPOILED

Y

ITEM NO.	COLOUR
22264	403

RESIDUAL

 ITEM NO.
 COLOUR

 22267
 401

CRUSHIN'

ITEM NO.	COLOUR
22271	404

DETERMINED

ITEM NO.	COLOUR
22270	405

DIFFUSED		
	ITEM NO.	COLOUR
	22269	406

WANDERLUST

ITEM NO.	COLOUR
22265	402

UNSCRIPTED

ITEM NO.	COLOUR
22266	407





LIP GLOSS

Savvy Minerals Lip Gloss soothes and softens lips while adding shine and colour without synthetic colourants. Its naturally derived, buildable tint gives you perfect control over your shade from sheer to medium colour.

ABUNDANT

ITEM NO.	COLOUR
22282	600

EMBRACE	
ITEM NO.	COLOUR
22279	601

LIPSTICK

Made without synthetic colourants, Savvy Minerals Lipstick adds a pop of colour with a weightless formula, buildable color, and smooth application for a no-fuss lipstick that's perfect for everyday use.

DAYDREAM

ITEM NO. COLOUR 22288 602

WISH

ITEM NO.	COLOUR
22290	604

ON A WHIM

ITEM NO.	COLOUR
22291	603

UPTOWN GIRL

ITEM NO.	COLOUR
22289	605



MISTING SPRAY

ITEM NO. 22293

Help control pigment and particles with Savvy Minerals Misting Spray. The perfect complement to mineral-based makeup, this naturally derived spray is used to concentrate colour on brushes before powder application.







ESSENTIAL BRUSH SET

ITEN NO. 21257

The Savvy Minerals Essential Brush Set includes five highquality brushes specially created for our veil, foundation, blush, blending, and eyeshadow products. Plus, they come in a stylish case for convenient storage and transportation.

EYELINER BRUSH

ITEM	NO.	
253	56	

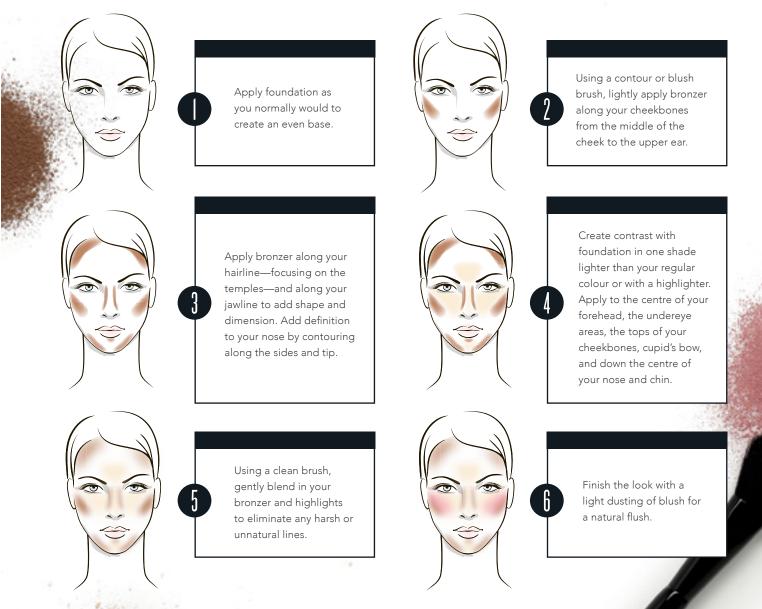
Master your makeup application! Made from high-quality premium brush synthetic fibers.

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TIPS AND TRICKS FOR YOUR PERFECT CONTOUR

Don't be intimidated by this professional technique! Put your boldest face forward with a few tips and tricks to help you create your perfect contour.



- YOUNG LIVING?

When you join Young Living, you join a supportive global community of individuals who are passionate about natural, authentic solutions for themselves and their families. Young Living membership is much more than access to our authentic essential oils and essential oil-infused products, it also offers:

- 24 percent off retail pricing on all Young Living products: This substantial discount allows you to discover more of your favourites and share our transformative products with others.
- The opportunity to participate in our compensation plan: One of the industry's most generous, our plan offers a higher-thanaverage payout through commissions, sizeable bonuses, and retail sales—just for sharing essential oils!
- The convenience of our Essential Rewards autoship program: Not only do your favourite products arrive hassle free at your door month after month, but you may also accumulate points toward free products just for placing a recurring monthly order! Plus, joining the Essential Rewards program offers shipping discounts, loyalty gifts, qualification for certain bonuses, and access to program-exclusive promotions!
- Recognition for your talents and hard work: Every year we host several retreats in beautiful locations around the world to reward and train those who have demonstrated exceptional dedication in building their businesses. Additionally, we offer on-stage recognition for the rank advancements of our members each year at our International Grand Convention.





SHARING THE YL LIFESTYLE

With more than 20 years dedicated to developing products that clean the home, nourish the body, beautify the skin and hair, and comfort the spirit, we are proud to bring you choices that support true wellness in every aspect. Without ever wavering in our uncompromising Seed to Seal[®] commitment, our goal is to provide you with more ways to incorporate wellness into your habits and your home. Achieving financial independence through sharing Young Living with those around you is your opportunity to invite another dimension of wellness into your life.



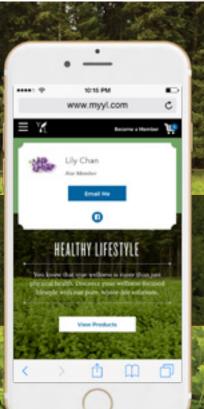
READY TO JOIN?

Joining Young Living is easy and full of perks! Here's how it works:

- 1. Go to YoungLiving.com.sg and click on Become a Member.
- 2. Follow the signup prompts, including selecting the **Member** or **Retail Customer** option:
 - a. Members enjoy a 24% product discount, plus the opportunity to take advantage of the Essential Rewards program and our generous compensation plan.
 - b. Retail Customers pay full price for Young Living products with no minimum orders to remain active. Retail Customers cannot take advantage of Essential Rewards or the compensation plan.
- 3. Select your Starter Kit and Essential Rewards Kit.
- 4. Add any additional products to your order.
- 5. Proceed to checkout and complete your enrollment.
- 6. Begin enjoying the highest quality essential oil-infused products in the world!

PUTTING THE **YOU** IN YOUNG LIVING

MyYL.com



ESSENTIAL REWARDS

Get your order automatically every month by enrolling in Essential Rewards! You can earn points toward free products, receive discounted shipping, customise your order each month, and get exclusive rewards. With so many perks and bonuses, there's no better time to start than now! Visit YoungLiving.com.sg/ER for more details.

ESSENTIAL REWARDS MEMBERS ENJOY:



- Priority shipments of your favourite Young Living products
- Reduced shipping rates
- Freedom to change or cancel your order anytime
- Discounted pricing on exclusive product kits
- Up to 25% back in PV with every order to use toward future orders
 - 1–3 months: 10% back on your ER order's PV
 - 4–24 months: 20% back on your ER order's PV
 - 25+ months: 25% back on your ER order's PV
- Loyalty gifts for 3, 6, 9, and 12 months of consecutive participation

EDUCATION

Learning more about Young Living and our commitment to quality has never been easier! Including everything from product guides to booklets, from brochures to compensation plan materials, our educational tools are comprehensive, inspiring, and essential for becoming a Young Living expert.

DE	000010000
84915	SINGAPURE
1	PRODUCT GUIDE
	84915

The Product Guide is an A-to-Z reference for all Young Living products. With informative features, usage tips, and detailed descriptions, the Product Guide makes it easy for you to learn and share

Young Living's products.

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- Set yourself up for success with a Young Living - STARTER KIT

Our introductory kits have been completely redesigned to include cutting-edge business-building materials and more product samples than ever before. These are the perfect way to introduce someone to the Young Living opportunity and lifestyle. Sign up with one of our Starter Kits and enjoy a host of exclusive benefits, including:

- A 24% wholesale discount
- The potential to earn commissions and bonuses
- Eligibility to participate in the Essential Rewards program and earn free products, discounted shipping, and more
- An opportunity to help others discover greater wellness and freedom



GET STARTED NOW AT YoungLiving.com.sg!

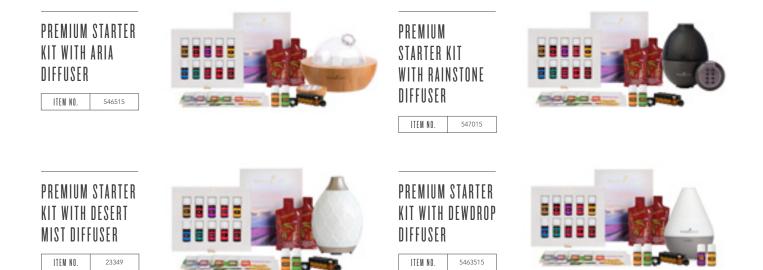
Because of our close partnership with nature, as well as the rigourous standards of our Seed to Seal® processes, some oils in the Starter Kits may become temporarily unavailable due to seasonality or our strict quality requirements. In these rare cases, oils in the Starter Kits may be substituted for other popular oils, known as our "flex oils." These substitutions help ensure that each Starter Kit goes out meeting our high standards and specifications.



PREMIUM STARTER KIT

- (1) Diffuser(Prices may vary depending on diffuser.)
- Premium Essential Oils Collection
 (Lavender 5 ml, Peppermint 5 ml, Lemon 5 ml, Copaiba 5 ml, Frankincense
 5 ml, Thieves 5 ml, Purification 5 ml, R.C.
 5 ml, DiGize 5 ml, PanAway 5 ml)*
- (1) Stress Away 5 ml
- (1) Citrus Fresh 5 ml
- (1) AromaGlide® Roller Fitment
- (10) Love It? Share It! Business Cards
- (10) Love It? Share It! Oil Bottles

- (2) NingXia Red 2 oz. Samples
- (1) Product Guide
- *Subject to change



Diffuser comes with two 5 ml essential oils

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BASIC STARTER KIT

ITEM NO. 546015

- Stress Away 5 ml
 AromaGlide® Roller Fitment
- AromaGlide[®] Roller Fitment
 Love It? Share It! Business Cards
- (10) Love It? Share It! Oil Bottles
- (2) NingXia Red 2 oz. Samples
- (1) Product Guide
- (1) Member Resource Materials





- (1) Basic Starter Kit
- (1) Dewdrop Diffuser
- (1) Lavender 5 ml
- (1) Lemon 5 ml
- (1) Citrus Fresh 5 ml





- (1) Basic Starter Kit
- (1) NingXia Red 4-pack
- (1) Citrus Fresh 5 ml



- (1) Basic Starter Kit
- (1) Thieves 15 ml
- (1) Thieves AromaBright Toothpaste
- (1) Thieves Fresh Essence Plus Mouthwash
- Thieves Household Cleaner -426 ml
- (1) Thieves Foaming Hand Soap
- (1) Thieves Laundry Soap
- (1) Thieves Dish Soap
- (1) Thieves Spray
- (1) Thieves Waterless Hand Purifier
- (1) Citrus Fresh 5 ml

WORLD LEADER in ESSENTIAL OILS®

We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth.





