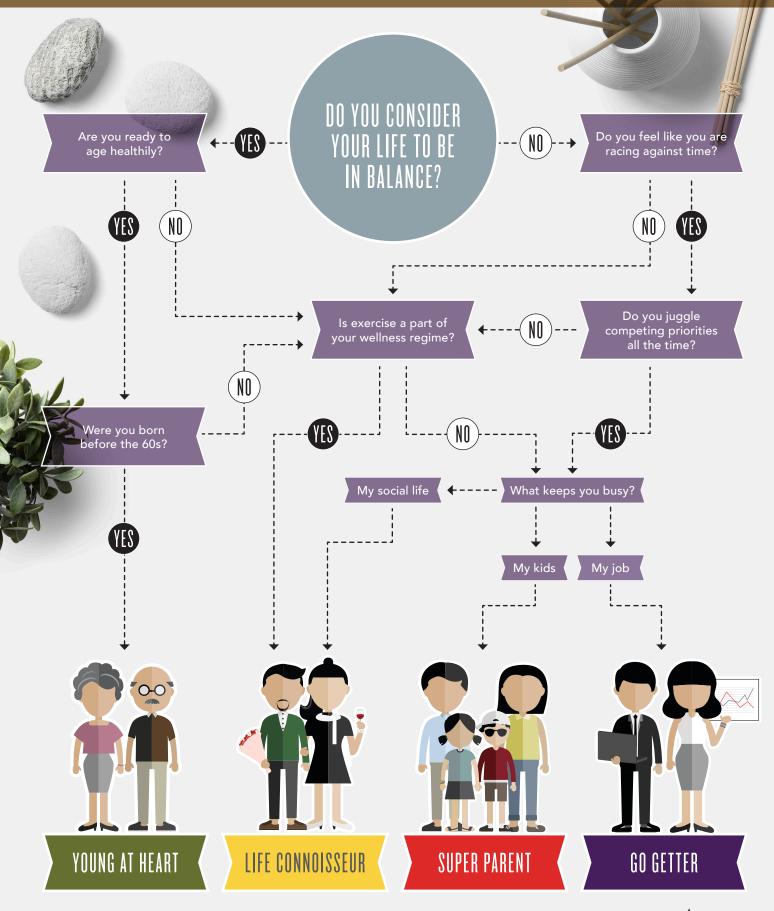
## WHAT IS YOUR HOLISTIC WELLNESS PERSONALITY?

When it comes to holistic wellness, what works for our mind, body and spirit, is largely influenced by our lifestyles. Take this quiz to find out your Holistic Wellness Personality and see if our recommendation matches your need.



\* These products are not intended to diagnose, treat, cure, or prevent any disease. Refer to individual product labels for safety information.



# **READY TO START SHOPPING WITH YOUNG LIVING?**

To begin your holistic wellness journey with a comprehensive range, choose a Premium Starter Kit (100PV).

#### with ESSENTIAL OIL



Contains 12 bottles of the most popular oils in 5ml size and 2 sachets of Ningxia Red® to try.



with THIEVES

Contains a complete set of Thieves® household and personal care products 15ml Thieves® Essential Oil Blend and two bottles of 5ml essential oils.

#### with NINGXIA RED



Contains 4 bottles and 2 sachets of Ningxia Red® with two bottles of 5ml essential oils.

popular oils with Dew Drop

Diffuser to get you started.

#### For Premium Starter Kit with Essential Oil, choose your preferred Ultrasonic Diffuser:



#### To meet your needs based on your holistic wellness personality, **choose a Specialty Kit.** SUPER PAREN GO GETTER /NIING AT HFAR () T MIND & BODY RETREAT SET **KIDSCENTS OWL-SOME SET** IOOPV **RESTORE & RELIEF SET** 100.50PV ENERGISE & REJUVENATE SET 100.25PV 103.25PV Treat your body well with Pamper yourself with Only the best for your little Get a boost with Deep Relief™ S\$188 S\$205 \$\$20 \$\$199 NingXia Red<sup>®</sup>, Sulfurzyme<sup>®</sup> one with the Feather the Roll-On and NingXia NITRO™, Sacred Mountain™ & Deep Relief™ Roll-On. Essential Oil Blend and Owl Diffuser, KidScents™ while you unwind with Stress Away<sup>™</sup> Essential Oil Blend. personal care and three NingXia Red<sup>®</sup> singles. bottles of 5ml essential oils. THIEVES SELF-CARE SET IOOPV YOUR PERFECT DIFFUSION IOOPV Contains 3 Thieves<sup>®</sup> home Contains 5 of our most S\$20 S\$205

& personal care products and 3 essential oils to offer

you the best of oils and toxic-free living.

#### Here's how you get started:

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# YOUNG AT HEART

Who says you need to slow down as you age? The key to healthy aging is to start developing good habits when you are young. Keep your body in shape and make smart choices today, so that you can accelerate and pursue the things you want as you age.



#### DEEP RELIEF ROLL-ON

Easily apply to shoulders, temples, or chest to experience a refreshing, cooling sensation in areas where you need relief.

## RESTORE & Relief Set

### #33161 WHSL \$\$188.00 RETAIL \$\$247.37 PV 110.50 Young Living

### SULFURZEURE DIETARY SUPPLEMENT AMSM Supplement

#### SULFURZYME CAPSULES

Support your joints, skin and hair with MSM, a natural form of dietary sulfur.

#### NINGXIA RED (750ML) 2-PACK

Want to start your day with a burst of energy? NingXia Red® gives you the antioxidant boost of whole Ningxia wolfberry puree, pure essential oils and a blend of superfruit juices.



YOUNG LIVING

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### WISH YOU COULD SLEEP LIKE A BABY AGAIN?



READY

#### DESERT MIST DIFFUSER

**STEP 3** 

Take 1-2 softgels 30-60 minutes

before bedtime

Want to create the perfect environment to snooze? Turn on the candle-light flicker mode and diffuse essential oils like Peace & Calming™ with this elegant diffuser.

#### STEP 2 Diffuse Rutavala and prepare the

room for bedtime

STEP I Apply Tranquil roll-on on wrists and back of neck after a relaxing shower to prepare yourself for a restful sleep

TRANQUIL

#### TRANQUIL<sup>™</sup> ROLL-ON

YL

Apply generously to your wrists or back of neck to calm and relax your body and mind.

#### RUTAVALA™ ESSENTIAL OIL BLEND

Overcome negative feelings and lull the mind into a sense of comfort when you apply on the back of your neck, base of spine, the feet, or just under the nose before bed.

#### SLEEPESSENCE

Enhance your sleep naturally, with a combination of melatonin and four powerful Young Living 100% pure essential oils - lavender, vetiver, valerian, and Ruta graveolens.

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24 hours a day just doesn't seem enough time for you to achieve all that you want. While you go all out to complete your tasks, you need wellness solutions that work as hard as you do. The busier you are, the stronger you need to be.

# ENERGISE & Rejuvenate set

#33158 WHSL \$\$199.00 RETAIL \$\$261.84 PV 100.25

#### SWEET AROMA DIFFUSER

Bring essential oils like Clarity and Highest Potential to your desk with this compact and sleek diffuser.

#### DEEP RELIEF ROLL-ON

(B) DEEP RELIE

Quickly and easily apply to shoulders, temples, or chest to experience a refreshing, cooling sensation as you multi-task.



#### NINGXIA NITRO

Power through the day without the crash! NingXia NITRO™ lifts mental clarity and focus, while providing a surge of energy when you need it most.\*

### STRESS AWAY ISML

TRESS AW

Need a short mental getaway to unwind? Relax with the sweet and calming aroma of Stress Away.





## YOUR WORK SURVIVAL KIT: MUST-HAVES



#### **SLIQUE SHAKE**

Don't fret when all you have is 5 minutes for your meal. Have a Slique-On-The-Go! Slique™ Shake provides healthy, balanced nutrition at any time of day.



#### CLARITY I5ML & Brain Power 5ML

Sharpen your sense of clarity and focus for projects that need extra attention.



#### SLIQUE TEA

Fight the food coma with a cup of Slique<sup>™</sup> Tea for a boost of natural energy and antioxidants.

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#### THIEVES SPRAY

Keep Thieves Spray on hand to easily clean your keyboard, mouse and workplace.



Craving for something to munch? Fight back with this easy-to-grab, nutritious snack that helps you feel fuller, longer.

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YOUNG LIVING



When it comes to life, the world is your oyster. While you live your life to the fullest, don't forget to take the time to pamper yourself and your loved ones. As one who appreciates the finer things in life, you will seek out wellness solutions that offer you an oasis wherever you are.

## MIND & BODY **RETREAT SET**

#### SWEET AROMA DIFFUSER

Create your desired ambience anywhere - your home, office, or even in the bathroom. Simply add essential oils of your choice based on your mood and you are all set.



#### SACRED MOUNTAIN<sup>™</sup> 5ML

Evoke feelings of strength, empowerment, grounding, and protection when you diffuse this blend of Ylang Ylang and coniferous essential oils.



#33160 WHSL S\$205.00 RETAIL S\$269.74 PV 103.25

#### NINGXIA RED SINGLES

Treat yourself to a NingXia Red® sachet to load up on antioxidants at any time of the day, even when you are on-the-go.

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## YOUR GUIDE TO PAMPERING YOURSELF





#### LEMON PLUS 5ML

When life gives you lemons, make lemonade. There is no better way to enjoy the essence of a Lemon.

#### **PEPPERMINT PLUS 5ML**

Add a dash of Peppermint freshness to your beverage, salad, your herbal tea or even your home-baked muffins.



#### VALOR ROLL-ON

Pamper yourself with the full roll-on collection. Valor® has a woodsy grounding aroma that provides a motivational scent and is great for massaging into targeted areas.



#### JOY 15ML

Up the romance and warmth factor with Joy<sup>M</sup> essential oil blend. Diffuse or even wear it as a perfume to create the loving mood.

SENSATION MASSAGE OIL

PEACE & CALMING®

Let your personal masseuse knead your knots away with Sensation Massage Oil and leave your skin feeling smooth and soft.

#### PEACE & CALMING ROLL-ON

Peace & Calming® Roll-On makes a great companion for activities like yoga, bedtime, and travel, with its comforting aroma.

> Sensation Massage OII

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VALOR





# SUPER PARENT

Nothing matters more to you than the well-being of your little one. As your kid grows up, let us support you at every milestone. While you work hard to provide the best for your family, always remember to show yourself some love too.

#### FEATHER THE OWL DIFFUSER

Whether it's time for studying, playtime or time to rest, Feather the Owl will be your kid's best friend. Just add KidScents® GeneYus™, Joy™ essential oil blend or Lavender essential oil based on your little one's need.

YOUNG LIVING

OOTHPAST

CITRUS FLAVOUR



#### LAVENDER ESSENTIAL OIL 5ML

Infuse the nursery or bedroom with the gentle floral scent during naptime for a welcoming and restful environment that sets your little one up for sweet dreams.



#### KIDSCENTS KIDCARE 5ML

Uh oh! When rough housing goes wrong, ease your kids' spirits and their tears with KidScents<sup>®</sup> KidCare<sup>™</sup> essential oil blend. Just make sure to follow up with a big hug!

# KIDSCENTS OWL-SOME SET

### #30279 WHSL \$\$205.00 RETAIL \$\$279.00 PV 100.00

YOUNG LIVING

BATH GE

ents



#### **KIDSCENTS REFRESH 5ML**

When stuffiness affects your little one, reach for this relaxing, quieting blend. Just apply it to your kid's chest and neck to inspire calm breathing.

#### KIDSCENTS SHAMPOO, Bathgel & Toothpaste

No nasties like synthetic perfumes, colours, or toxic ingredients. Only the goodness of natural ingredients and 100% pure essential oils for your most precious.



\* These products are not intended to diagnose, treat, cure, or prevent any disease. Refer to individual product labels for safety information.

YOUNG LIVIN

SHAMPOC

### SUPER PARENT TOP 5 MUST-HAVES

### THIEVES SPRAY

NG LIVING

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Vaterless

PURIFIER

WITH PEPPERMINT OIL

A little spray goes a long way to keep small surfaces like table-top, doorknob, handle clean and free from grime.

#### THIEVES WATERLESS HAND PURIFIER

Keep little hands clean and smelling fresh with natural Peppermint oil and denatured alcohol.

ieves

### THE SCONTS FUEL THE SCONTS FUEL THE SCONTS

#### KIDSCENTS TUMMYGIZE 5ML

Say yes to more belly laughs and fewer belly discomfort! TummyGize™ is the calming, relaxing blend for your little one's stomach when feelings of discomfort arise.\*

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#### KIDSCENTS MIGHTYVITES Chewable tablets

Support your kid's general health and well-being with a full range of vitamins, minerals, antioxidants, and phytonutrients that deliver whole-food multinutrient.\*



MIGHTY

### KIDSCENTS GENEYUS 5ML

Homework first! When young minds need to focus, help keep the distractions at bay by diffusing KidScents® GeneYus™ during projects or lessons.\*







**MORE OPTIONS TO JOIN US** on this wellness journey!

Embarking on a journey of whole-life wellness is now made even more accessible with 3 attractive sets specially assembled to amplify well-being both inside and out!

### INTRODUCING 3 GREAT WELLNESS VALUE SETS!

### WELLNESS SUPPORT SET

Boost and support your natural defence system with a super dose of antioxidants with the great tasting NingXia Red wolfberry juice drink! Infuse it with either Peppermint Plus or Lemon Plus essential oil to add zest and further fortify your defence by maintaining optimal gastrointestinal health with Life 9™ probiotic supplement.

> Set Includes: Ningxia Red – 2pkt (1), Life 9 – 30cap (1), Lemon Plus 5ml (1) & Peppermint Plus 5ml (1)

Item No. 29666 Whsl. \$170.00 Retail \$266.46 PV 100





Experience our most popular essential oils with this Perfect Diffusion set! Diffuse and humidify your home with our well-loved Lavender or Lemon essential oils for a calming or fresh and clean scent. To open up your breathing space, use R.C. essential oil blend that work to invigorate the senses. Peppermint is a go-to essential oil that gives you a sense of clarity and relief in your daily lifestyle while Thieves carry an effective blend of powerful essential oils that have a cleansing effect around you.

> Set Includes: Dewdrop Diffuser (1), Peppermint 15ml (1), Thieves 15ml (1), R.C. 15ml (1), Lavender 5ml (1) & Lemon 5ml (1)

Item No. 29668 Whsl. \$205.00 Retail \$317.10 PV 100

### THIEVES SELF-CARE SET

YOUNG

Living a toxic-free lifestyle starts at home and it's easy with the Thieves range of essential oil-infused products. They are your perfect companion for selfcare and homecarel AromaBright Toothpaste works to remove unsightly stains to let your smile truly shine while Thieves Foaming Hand Soap keeps your hands clean and also moisturises with natural essential oils.

Thieves Household Cleaner cleans with the power of nature and leaves your home smelling spicy-sweet with a hint of citrussy freshness. Complete your homecare by diffusing the aromatic Thieves essential oil blend, Lavender or Lemon to fill your living spaces with nature's natural fragrances.

Set Includes: Dewdrop Diffuser (1), Thieves AromaBright Toothpaste (1), Thieves Foaming Hand Soap – Single (1), Thieves Household Cleaner 428ml (1), Thieves 15ml (1), Lavender 5ml (1) & Lemon 5ml (1)

Item No. 29667 Whsl. \$205.00 Retail \$320.38 PV 100



Terms and conditions: These new enrollment sets are available for the first Essential Rewards order or for Standard Order only. Order via Virtual Office and Experience Centre. Young Living Singapore reserves the right to amend the terms and conditions without prior notice.

