

JANUARY 2019

YOUNG LIVING MALAYSIA TRAINING CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		1 <i>Happy New Year!</i>	2	3	4 IGNITE - Goal Setting by Lim Kit Wah (Kit) 2.00pm - 4.00pm http://bit.ly/kit0401	5
6	7	8 EMPOWER - Get Savvy with Mineral-based Makeup! (Hands-on Workshop) by Angelina Teh, Silver 10.30am - 12.00pm http://bit.ly/angelina0901	9 IGNITE - What's Your Why? by Lim Kit Wah (Kit) 2.00pm - 3.30pm http://bit.ly/kit1001 IGNITE - Goal Setting by Lim Kit Wah (Kit) 7.00pm - 9.00pm http://bit.ly/kit1001-2	10	11	12
13	14	15	16	17	18	19
20	21 <i>Thaipusam</i>	22 IGNITE - Building Rapport by Lim Kit Wah (Kit) 2.00pm - 3.30pm http://bit.ly/kit2301	23 IGNITE - Emotional Detox by Dr. Shibanii Subodh Kasulla 10.00am - 12.00pm http://bit.ly/shibanii2401-1 IGNITE - Creating Abundance by Dr. Shibanii Subodh Kasulla 2.00pm - 4.00pm http://bit.ly/shibanii2401-2	24	25	26
27	28 IGNITE - Handling Objection and Getting the Close by Lim Kit Wah (Kit) 2.00pm - 4.00pm http://bit.ly/kit2901	29	30	31		

Description of workshops are listed on the back page of training calendar | Classes held in Young Living Malaysia are open to non- members | All classes are free of charge unless otherwise stated.

IGNITE – Goal Setting

TOPIC : Goal Setting

Ever set goals and then not achieve them? Or perhaps you no longer set goals or resolutions anymore? If you are having trouble following through to achieve your goals, it could be because your goal isn't compelling enough. Or it could be that your goal is not aligned with your values.

Setting the proper goal and setting goals properly will enable you to find your inner motivation that will excite you and give you the momentum towards realising your dreams.

What better way to start 2019 than to join NLP Master Trainer Lim Kit Wan (Kit) and set your Young Living goal towards an awesome 2019.

Register via Eventbrite:

4 Jan 2019, 2.00pm – 4.00pm

<http://bit.ly/kit0401>

10 Jan 2019, 7.00pm – 9.00pm

<http://bit.ly/kit1001-2>

IGNITE – What's Your Why

Most of us go through life thinking we know what we want, and what are our goals and our dreams. Yet there are times when we set goals but don't seem compelled to work towards achieving them. It may not be the goal. It is likely that we lack the motivation to achieve the goal because the goal is not aligned with our inner driving forces or our values. In other words, we are not fulfilling our WHY!

However, most of us do not truly know what drives us, What's our Why. In this series of workshops NLP Master Trainer Lim Kit Wan (Kit) will take you through a simple yet insightful exercise to discover your Why, to Build Rapport, and to Handle Objections and Get the Close.

Join this 3 introductory sessions and discover some simple exercises you can start doing today to be more mindful, to increase your awareness and have a more fulfilling life's journey. Kit will also be incorporating essential oils into her workshops to demonstrate how oils work with your unconscious mind to create powerful results.

TOPIC : What's Your Why?

Most of us go through life thinking we know what we want, and what are our goals and our dreams. Yet there are times when we set goals but don't seem compelled to work towards achieving them. It may not be the goal. It is likely that we lack the motivation to achieve the goal because the goal is not aligned with our inner driving forces or our values. In other words, we are not fulfilling our WHY!

However, most of us do not truly know what drives us, What's our Why. In this workshop Kit will take you through a simple yet insightful exercise to discover your Why.

Register via Eventbrite:

10 Jan 2019, 2.00pm – 3.30pm

<http://bit.ly/kit1001>

TOPIC : Building Rapport

When you have rapport with another person, there is a level of trust and understanding that makes interaction much easier. You will find that others are more responsive and relaxed towards you, more open to your suggestions and feel more comfortable with you. Whether in business or in your personal life, the ability to build rapport easily and effortlessly will enhance communication and create stronger bonds in your relationships.

Join this session where Kit will share with you deep rapport strategies that can be the difference that makes the difference for you.

Register via Eventbrite:

23 Jan 2019, 2.00pm – 3.30pm

<http://bit.ly/kit2301>

TOPIC : Handling Objections and Getting the Close

No matter how great you are at communicating, you will still meet prospects who have concerns about what you are presenting. How you handle their objections could be the key to your success.

You find your leads, you deliver your presentation, you answer their queries and handle their objections, and yet, you didn't get the enrollment. The question is – did you close the sale? Without closing, everything else is in vain.

Come and discover strategies to handle some typical objections that you may be facing, and learn how to get the close.

Register via Eventbrite:

29 Jan 2019, 2.00pm – 4.00pm

<http://bit.ly/kit2901>

EMPOWER – Get Savvy with Savvy

Minerals!

- A Beginner's Guide to Savvy

Minerals -

Makeup doesn't need to shake up your routine! And you certainly don't need a glam squad to help you with the lipsticks, blushers, and whatnots. Learning how to get that Savvy look even when you don't have the time for it is exactly the skill that Angelina Teh, talent, model and Miss Malaysia Model of the World 1999/2000 title holder, will impart in her beginner's guide to Savvy Minerals workshop.

Juggling motherhood, workshops and running her Young Living business, Angelina knows all about the tips, tricks and right touches to achieve that naturally polished look with Savvy Minerals mineral-based makeup when time is of the essence. She is looking forward to sharing these handy know-hows with you in a fun, light-hearted hands-on workshop.

Be sure to join us and learn the fast, fuss-free ways to start your year looking like a brand new you!

Register via Eventbrite:
9 Jan 2019, 10:30am - 12:00pm
<http://bit.ly/angelina0901>

IGNITE – Emotional Detox

Healthy emotions is the key to healthy relationships and being appreciative of what the universe has to offer. We cleanse our body by eating clean, sweating, taking care of our digestion and drinking plenty of water, but your body will need a way to dispel unneeded or negative emotions too! Come learn from Dr Shibanii on understanding emotions and performing emotional detox with essential oils!

What will be covered in the workshop:

- ❖ Awareness of our emotions
- ❖ Understanding what needs to change
- ❖ Meditation for emotional detox
- ❖ Essential oils, mudras, and crystals that will help you

Register via Eventbrite:
24 Jan 2019 , 10:00am – 12:00pm
<http://bit.ly/shibanii2401-1>

IGNITE – Creating Abundance

What do you want in the coming years? Love, financial stability, career or all of the above? Set the tone for the New Year with positive thoughts; attend this workshop and learn from Dr Shibanii on the techniques to attract abundance in your life!

What will be covered in the workshop:

- ❖ What do you desire in your life
- ❖ Techniques for creating abundance
- ❖ Practices to ensure that your abundance stays
- ❖ Essential oils and techniques for daily practice

Register via Eventbrite:
24 Jan 2019 , 2:00pm – 4:00pm
<http://bit.ly/shibanii2401-2>