



Welcome to
PREMIUM EXPERIENCE KIT



YOUNG LIVING
ESSENTIAL OILS



*I don't make a product for a profit,
I make it for a purpose.*

A stylized, light brown line-art signature of D. Gary Young, written in a cursive script.

D. Gary Young
Founder of Young Living





A NEW WELLNESS CHAPTER

Finally, in your hands – the ultimate Young Living kit to transform your well-being and build a healthy home!

Your Premium Experience Kit comes at an extraordinary value with 10 essential oils and proprietary V-6[®] Enhanced Vegetable Oil Complex. It's a perfect introduction to the world of wellness by Young Living.

Backed by our Seed to Seal[®] quality commitment, these versatile essential oils and blends will allow you to create wholesome experiences for you and your family.

Get ready

to experience the power of
essential oils every day.

INSIDE THE KIT?

Your Premium Experience Kit contains 11 oils that are perfect to begin your Young Living wellness journey. These are your starter oils:

Lavender 5ml

R.C.® 5ml

Lemon 5ml

Purification® 5ml

Peppermint 5ml

Deep Relief 5ml

Frankincense 5ml

DiGize® 5ml

Thieves® 5ml

Valor 5ml

V-6® Enhanced Vegetable Oil Complex 58ml

How to Use Your Oils?

Each oil has different constituents and properties.
Here are some things to remember:



Aromatic

Inhale directly
or use a
Young Living
diffuser.



Topical

Apply directly to
skin. Dilution may
be required. See
label for use.



Dilute

Topical dilution
required. See
label for use.



Photosensitivity Caution

Avoid direct sunlight
and UV rays for at
least 12 hours after
applying to skin.

Let's get to know the oils in your Premium Experience Kit!

Lavender



LAVENDER

This beautifully balancing, floral oil is soothing and refreshing – a comforting companion to help you unwind before bed.

Did you know that lavender is part of the mint family and is one of the most celebrated and versatile essential oils? Lavender is steam distilled from the flowering tops of the botanical, and it takes 9 square feet of lavender plants to make one 5ml bottle of Lavender essential oil.

Lavender essential oil is obtained from botanicals harvested at:
Young Living Lavender Farm and Distillery, Utah, USA
St. Maries Lavender Farm and Distillery, Idaho, USA
Simiane-la-Rotonde Lavender Farm and Distillery, Simiane-la-Rotonde, France

Usage:  

Single

Lemon



LEMON

This bright, fresh oil energizes both the mind and body with its joyful aroma.

Lemon trees are small evergreens that are thought to have first grown in northeast India. Once the fruit is picked, the oil is collected by cold pressing the rinds. It takes approximately 25 lemons to create one 5ml bottle of Lemon essential oil.

Lemon essential oil is obtained from botanicals harvested at:
Amanzi Amahle Cooperative Farm and Distiller, KwaZulu-Natal, South Africa

Usage:    

Single

Peppermint



PEPPERMINT

This crisp, stimulating oil can help renew your focus when you need a little extra boost to get through your to-do list.

It takes more than 150 grams of the flowering tops and leaves of the peppermint plant to create a 5ml bottle of Young Living's Peppermint essential oil. Using steam distillation, we extract the purest, most potent Peppermint oil for daily use.

Peppermint essential oil is obtained from botanicals harvested at: Labbeemint Partner Distillery, Washington, USA

Usage:   

Single

Frankincense



FRANKINCENSE

Known as the king of essential oils, this all-star oil adds a touch of opulence with its rich, sweet, and woody scent. Frankincense has been used throughout the ages to enhance beauty rituals as well as to boost mindfulness practices.

Frankincense essential oil is considered a holy oil in the Middle East, where it has been used in religious ceremonies for thousands of years. Young Living distills Frankincense oil from the resin of *Boswellia carterii* trees located in northern Africa, near the Arabian Peninsula.

Frankincense essential oil is distilled at:
Vida de Seville Distillery, Seville, Spain

Usage:  

Single

Thieves



THIEVES

Inspired by the power of plants and botanicals, this spicy, inviting blend creates an instant sense of warmth and comfort. Our signature essential oil blend is based on the legend of four 15th century French thieves who made a special aromatic combination infused with Clove, Rosemary, and other botanicals. Thieves® essential oil blend is inspired by this tale of old, combining Clove, Cinnamon Bark, Lemon, Eucalyptus Radiata, and Rosemary essential oils.

Thieves essential oil blend is obtained from botanicals harvested at:
Young Living Lavender Farm and Distillery, Utah, USA
St. Maries Lavender Farm and Distillery, Idaho, USA
Simiane-la-Rotonde Lavender Farm and Distillery, Simiane-la-Rotonde, France

Usage:    

Blend



R.C.

This blend brings together a powerful, invigorating combination of Spruce, Cypress, and three types of Eucalyptus for a breath of fresh air. The three Eucalyptus essential oils are derived from different varieties of eucalyptus, a tiny fraction of the more than 700 species in the world. R.C.® also contains Peppermint, which has naturally occurring menthol for a cooling sensation when applied to skin.

R.C. essential oil blend is obtained from botanicals harvested at:
Labbeemint Partner Distillery, Washington, USA
Northern Lights Farm and Distillery, British Columbia, Canada

Usage:   

Blend

Purification



PURIFICATION

Crafted to freshen the air, Purification® combines Citronella, Lavandin, Lemongrass, Rosemary, Myrtle, and Tea Tree essential oils for a refreshing, bright, uplifting blend that keeps your home smelling fresh and clean.

We source the botanicals for these oils from beautiful locations around the world. Lemongrass is native to India, Guatemala, and other tropical countries; and Citronella originated in Sri Lanka. Purification combines these and other carefully selected essential oils to brighten and freshen up any space.

Purification essential oil blend is obtained from botanicals harvested at:
Amanzi Amahle Cooperative Farm and Distillery, KwaZulu-Natal, South Africa
Finca Botanica Farm and Distillery, Chongon, Ecuador
Simiane-la-Rotonde Lavender Farm and Distillery, Simiane-la-Rotonde, France

Usage:  

Blend

Deep Relief



DEEP RELIEF

This convenient blend is formulated with nine key essential oils, including Peppermint and Dorado Azul, which are known for their cooling, invigorating benefits. Deep Relief™ creates a refreshing, cooling sensation and aroma that will inspire feelings of greater energy and positivity to help you stay motivated.

Deep Relief essential oil blend is obtained from botanicals harvested at:
Finca Botanica Farm and Distillery, Chongon, Ecuador
Labbeemint Partner Distillery, Washington, USA

Usage:  

Blend

DiGize



DIGIZE

Comprising essential oils from plants long associated with digestive support, DiGize® is a great complement to any meal, so you can enjoy the food you eat and the people you dine with.

DiGize includes essential oil from fennel seeds — which some cultures munch on after meals — as well as Ginger, Peppermint, and other powerful essential oils. This rich, potent blend has a spicy scent and flavor that supports digestive system.

DiGize essential oil blend is obtained from botanicals harvested at:
Amanzi Amahle Cooperative Farm and Distillery, KwaZulu-Natal, South Africa
Young Living Lavender Farm and Distillery, Utah, USA
Finca Botanica Farm and Distillery, Chongon, Ecuador
Dalmatia Aromatic Farm and Distillery, Split, Croatia
Labbeemint Partner Distillery, Washington, USA

Usage:   

Blend

Valor



VALOR

This powerful, calming blend can be used for inspiring an upbeat and positive attitude. It is an original blend formulated by Young Living Founder D. Gary Young and is a long-standing member favorite.

Each essential oil in Valor® was carefully selected for its unique aromatic and topical benefits: Frankincense for its uplifting and skin-smoothing properties; Black Spruce for its grounding, woody fragrance; Blue Tansy for its inspiring aromatic profile; Geranium for its sweet, floral fragrance; and Camphor Wood for its skin-benefiting properties.

Valor essential oil blend is obtained from botanicals harvested at:
Taiwan Cooperative Farm and Distillery, Taitung, Taiwan
Amanzi Amahle Cooperative Farm and Distillery, KwaZulu-Natal, South Africa
Northern Lights Farm and Distillery, British Columbia, Canada
Vida de Seville Distillery, Seville, Spain

Usage:  

Blend



V - 6

V-6® Enhanced Vegetable Oil Complex is a skin-nourishing carrier oil blend that combines coconut oil, sesame seed oil, grapeseed oil, sweet almond oil, wheat germ oil, sunflower seed oil, and olive oil.

V-6 can be used to create custom massage oils or to dilute essential oils for sensitive skin. This oil complex nourishes the skin, has a long shelf life, doesn't clog pores, and will not stain clothes.

Carrier Oil



BM



中文版

Young Living Malaysia Sdn. Bhd.



GF & L1, Tower 7, Avenue 3,
Bangsar South, No. 8 Jalan Kerinchi
59200 Kuala Lumpur, Malaysia



1800 18 9889



www.youngliving.com/en_MY



Young Living Malaysia



[younglivingmy](https://www.instagram.com/younglivingmy)



youngliving.com/blog/malaysia



YOUNG LIVING
ESSENTIAL OILS