

# Welcome to Young Living

While each year we are excited to release a product guide featuring more life-changing products than the year before, the catalogue you hold in your hands is historic! It not only contains the best, most innovative additions to our product line, but it also offers a glimpse into the monumental transformations we are making as a company.

Our aim is to help every member of the global Young Living family on his or her journey of personal transformation with the purest, highest quality essential oils and personal care products available anywhere. The following pages are a convenient guide to creating remarkable changes in every area of your life.

Over the years we have worked diligently to discover the highest-quality essential oils that bring nature's living energy to everyone, everywhere! We are thrilled to share these phenomenal products with you. No matter where you are on your journey in life, we invite you to experience greater purpose and abundance through the natural products found in this guide and through the life-enriching experiences that await you at Young Living.

Tany young Mary Young



Founders Mary and Gary Young.

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#### **ESSENTIAL OILS**

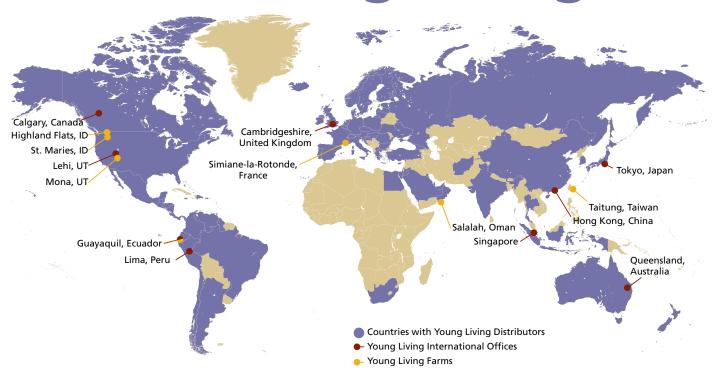
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# About Young Living



After sustaining serious injuries in a logging accident, Gary Young began searching for natural alternatives to traditional medical treatments. He experimented with many different modalities, which helped him regain feeling in his legs and eventually enabled him to walk again. Although still in great pain, he began a path of helping others to heal themselves as well.

A few years later, he discovered nature's gift of essential oils. He became passionate about their potential and began conducting extensive research to discover their wonderful properties.

This research, combined with his years of farming experience, inspired Gary to learn to grow and harvest plants and trees for the extraction of their precious oils. He built his first extraction chamber in 1993; and in 1994 he built his first stationary distillery, where he developed a proprietary distillation technique to produce essential oils and Young Living Essential Oils was born!

Over the last two decades, Young Living has experienced remarkable growth. Gary has developed innovative farms and distilleries, and made amazing discoveries from ancient history and present-day science! Because of his commitment and dedication, Young Living stands as the world leader in essential oils.

Young Living is the only essential oil company that

owns, operates, and meticulously oversees its own farms and distilleries. With seven farms and six distilleries on four continents, partners across the globe who grow and distill for Young Living, and hundreds of thousands of customers around the world, we truly are the leaders in our field.

We are committed to fulfilling our mission: to champion nature's living energy, essential oils, by fostering a community of healing and discovery while inspiring individuals to purpose and abundance.

### YOUNG LIVING AROUND THE WORLD

Young Living takes its vitality worldwide by shipping to over 100 countries. We currently have offices in the United States, Japan, the United Kingdom, Australia, Singapore, Peru, Canada, Ecuador and Hong Kong; and we anticipate opening one to two new markets every year for the next decade.

# **Experience** Essential Oils

Essential oils are the aromatic liquids found within shrubs, flowers, trees, roots, bushes, resins, and seeds. These oils, also known as nature's living energy, contain unique constituents that provide results. Essential oils are extracted from plant sources using steam distillation and are highly concentrated, far more potent than dry herbs. Essential oils have been used throughout history by ancient cultures, and can be incorporated into modern daily life in a variety of ways, whether by inhalation, or topical use.

Young Living's dedication to quality ensures that we provide pure, essential oils with the complete, optimal blend of plant chemicals to ensure maximum potency and results.

See page 5 for more information on Young Living's Seed to Seal process.



## How to Use Essential Oils

Follow the guide below—along with the individual instructions on each label to experience the amazing benefits of essential oils.

#### INHALATION

Inhaling certain essential oils heightens the senses and can have many positive effects. Try these ideas to use essential oils for inhalation:

- Inhale directly from the bottle.
- Diffuse with any of Young Living's premium diffusers.
- Carefully pour hot water into a bowl and add a few drops of essential oil.
   Cover your head and bowl in a tent-like fashion with a towel. Breathe deeply and slowly.



#### TOPICAL APPLICATION

Many essential oils are safe to use directly on the skin:

- Place 2–3 drops of oil in the palm of your hand or directly on the desired application area. Massage the oil in a circular motion onto the skin. Repeat if desired.
- Use one of Young Living's essential oil roll-ons or add a Roller Fitment to your favourite essential oil for targeted application.

Caution: Always read the label for instructions before applying. Essential oils are very potent and some may be irritating to the skin. If irritation occurs, apply V-6 Vegetable Oil Complex or any pure vegetable oil to dilute.



## Seed to Seal

Young Living offers the purest, essential oils by carefully controlling the entire Seed to Seal process from the time the seed is sourced until the oil is sealed in the bottle.

#### **OUR SEED TO SEAL COVERS FIVE CRUCIAL STEPS:**



#### **SEED**

Potent essential oils come from plant species that have been authenticated by Young Living and industry experts through scientific research, field study, university partnerships, and on-site planting certification. Selecting seeds that produce the highest value is a vital first step in the Seed to Seal process.



#### **CULTIVATE**

Young Living's knowledge of soil preparation, balance of sun and water, responsible weed and pest control, and wild-craft harvesting ensures that stringent standards are met. We continue to conduct research and remain dedicated to growing the highest-quality aromatic plants.



#### DISTILL

Young Living's proprietary low-temperature, low-pressure steam distillation process ensures that the beneficial plant compounds in every batch of essential oil remain uncompromised during the extraction process. This process is completed at just the right time to ensure all beneficial constituents are present to maximise the quality of the oil.



#### **TEST**

Each batch of distilled oil passes through stringent testing—at our own internal labs and in third-party audits—to ensure its purity and potency. Each oil is tested during various stages of distillation to determine the release of different plant constituents.



#### SFAL

Young Living completes the Seed to Seal process by carefully sealing and inspecting each bottle of essential oil at our own clean-room facility and shipping to members worldwide. Individual bottle labels are encoded with detailed tracking information that allows Young Living to trace each bottle of essential oil back to its source.

For more detailed information on the Seed to Seal process, visit www.youngliving.com

# Young Living Farms

Having Young Living's farms allows us to control the growing, distilling, sourcing, and testing of our essential oils. Gary Young personally travels the globe to locate prime farm land that provides the optimal climate, soil, and growing conditions for the plants that become Young Living's essential oils. Having our own farms allowed us to develop our exclusive Seed to Seal process, which ensures that each Young Living product delivers the world-class quality customers have come to expect.



#### ST. MARIES, IDAHO, USA

These 200 acres of pristine farmland were purchased by Gary in 1992. The property had never before been ploughed or subjected to chemicals, pesticides, or fertilisers of any kind. The soil, climate, and pure air make it an ideal location for crops such as lavender, melissa, and tansy.



#### MONA, UTAH, USA

This farm encompasses nearly 1,600 acres and is home to the largest, privately owned essential oil distillery in the world. Roman chamomile, hyssop, clary sage, golden rod, and lavender are grown for distillation for our world market, and many other crops are grown here for research and display.



#### HIGHLAND FLATS IN NAPLES, IDAHO, USA

Since 2000 the Highland Flats farm has produced Young Living's balsam oil. This farm is the site of our annual Balsam Harvest, where many distributors join us for the hard, but rewarding, work of harvesting and chipping the overgrown balsam fir trees and then transporting the chips for distillation in St. Maries. However, if you don't make it to the harvest, you can join us for the annual spring reforestation project, where thousands of young balsam fir trees are planted each year to replace the harvested overgrowth and secure our future supply.



#### SIMIANE-LA-ROTONDE, FRANCE

Well-known for its rolling hills and farms of fragrant lavender, the region of Provence, France, is home to Young Living's third farm, the only American-owned lavender farm in the country. The farm produces lavender, lavandin, rosemary, and clary sage.



#### GUAYAQUIL, ECUADOR

Since 2005 Young Living has operated a farm in Guayaquil, Ecuador. Plants that are grown, harvested, and distilled here include eucalyptus blue, dorado azul, zaragosa, lemongrass, rosa morta, oregano, ylang ylang, basil, and many more. The plant material of palo santo, ruta, rosewood, and ocotea is transported to the farm from different areas of Ecuador and Peru for distillation. The Ecuador farm's state-of-the-art distillery is the largest in South America.



#### SALALAH, OMAN

In 2010 Gary started his operation for the extraction of Boswellia sacra, sacred frankincense, in Salalah, Oman. Young Living has contracted with local harvesters to secure our supply of this resin and acquired farm acreage in Oman to increase cultivation and meet the growing demand for this precious oil. For the first time in centuries, Boswellia sacra is being distilled in Oman, and Young Living is the first and only company in the world to obtain permission to export this precious oil.



#### PUCALLPA, PERU

Gary is currently looking for suitable areas for building another farm for the production and distillation of rosewood oil and other new oils from the Amazon.

## How to Get Started

Take the first step to living a healthier, happier, and more abundant life by enrolling as a Young Living Independent Distributor. As a Distributor you will receive many benefits including:

- 24 percent discount off retail price
- Potential to earn commissions
- Ability to enroll in the Essential Rewards programme
- Knowledge that you are part of a world-wide mission dedicated to helping others

Simply select one of our Starter Kits—Basic, Basic Plus, or Premium—for an excellent overview of the Young Living product offering and business opportunity. Then sign up as a distributor by contacting your local Young Living distributor, calling our Customer Care Department, or visiting www.youngliving.com for more information.



#### **Premium Starter™ Kit**

Item No. 467229 Whsl. \$1,465.00 Retail \$1,465.00 PV 100

- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide (1) Stress Away (5 ml)
- (1) Distributor Resource Guide
- (1) S.E.E.D. Sharing for Success Booklet
- (1) Product Guide
- (3) Sample Packet Business Cards
- (1) AromaGlide Roller Fitment
- (2) Lavender Sample Packets
- (2) Peppermint Sample Packets
- (2) Lemon Sample Packets
- (2) Peace & Calming Sample Packets
- (2) Thieves Sample Packets
- (2) NingXia Red 60 ml Singles
- (1) Home Diffuser (220 Volt)
- (1) Everyday Oils Kit



#### **Basic Plus Starter Kit**

Item No. **467129** Whsl. \$740.00 Retail \$740.00 PV 0

- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Distributor Resource Guide
- (1) S.E.E.D. Sharing for Success Booklet
- (1) Product Guide

- (3) Sample Packet Business Cards
- (1) AromaGlide Roller Fitment
- (1) Stress Away (5 ml)
- (2) Lavender Sample Packets
- (2) Peppermint Sample Packets
- (2) Lemon Sample Packets
- (2) Peace & Calming Sample Packets
- (2) Thieves Sample Packets
- (2) NingXia Red 60 ml Singles
- (1) Home Diffuser (220 Volt)



#### **Basic Starter Kit**

Item No. **467029** Whsl. \$390.00 Retail \$390.00 PV 0

- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Distributor Resource Guide
- (1) S.E.E.D. Sharing for Success Booklet
- (1) Product Guide

- (3) Sample Packet Business Cards
- (1) AromaGlide Roller Fitment
- (1) Stress Away (5 ml)
- (2) Lavender Sample Packets
- (2) Peppermint Sample Packets
- (2) Lemon Sample Packets
- (2) Peace & Calming Sample Packets
- (2) Thieves Sample Packets
- (2) NingXia Red 60 ml Singles

## **Essential Rewards Kits**

Ensure you always have the benefits of your favourite Young Living products on hand with the convenience of the Essential Rewards autoship programme, where products are shipped hassle free from our door to yours! Available exclusively to Young Living Distributors, the Essential Rewards autoship programme offers many benefits and is available in three custom kits:

- Guaranteed monthly shipments
- Discounted pricing on exclusive product kits
- Reduced shipping rates
- Eligibility for compensation
- Rewards points for free product
- One grace month per year

Select your favourite Young Living products or choose one of our convenient Essential Rewards product kits to get started. Then sign up by contacting your local Distributor, calling our Customer Care Department or visit www.youngliving.com for more information.



#### **Everyday Oils™ Essential Rewards Kit**

Item No. **369529** Whsl. \$1,175.00 Retail \$1,546.05 PV 121.25

- (1) Lavender (5 ml)
- (1) Peppermint (5 ml)
- (1) Lemon (5 ml)
- (1) Thieves (5 ml)
- (1) Frankincense (5 ml)

- (1) Valor (5 ml)
- (1) PanAway (5 ml)
- (1) Peace & Calming (5 ml)
- (1) Purification (5 ml)
- (1) Everyday Essentials Booklet (Chinese)



### NingXia Red<sup>™</sup> Essential Rewards Kit Item No. **489329** Whsl. \$1,740.00 Retail \$2,289.47 PV 171.25

- (4) NingXia Red (750 ml)
- (30) NingXia Red Singles (60 ml)
- (1) NingXia Red Leaflet (Chinese)



#### **Thieves Essential Rewards Kit**

Item No. **369729** Whsl. \$1,140 Retail \$1,500.00 PV 115

- (1) Thieves Essential Oil Blend (15 ml)
- (1) Thieves Dentarome Ultra Toothpaste (120 ml)
- (1) Thieves Fresh Essence Plus Mouthwash (236 ml)
- (2) Thieves Household Cleaner (426 ml)

- (2) Thieves Foaming Hand Soap (236 ml)
- (2) Thieves Spray (29.5 ml)
- (2) Thieves Waterless Hand Purifiers (29.5 ml)
- (1) Thieves Booklet (Chinese)

# Essential Oil Singles

ver the past two decades, Young Living has researched and perfected a proprietary Seed to Seal process that creates the world's finest essential oils. We verify the most beneficial seed species, follow pure cultivating practices, participate in the entire distillation process, implement rigorous testing for quality assurance, and seal and inspect all individual bottles before carefully shipping them worldwide. Young Living's commitment to exceeding industry quality and efficacy standards means that every drop of essential oil contains the optimal levels of beneficial plant properties. Our dedication to perfection is what makes us stand out in our field as the world leader in essential oils.



#### Balsam Fir (Idaho) Abies balsamea

Item No. **331629** 15 ml Whsl. \$580.00 Retail \$763.16 PV 59.75



Balsam Fir (Idaho) oil is distilled from conifers grown on our Highland Flats tree farm in northern Idaho. It is commonly used in massage and has a refreshing and uplifting scent.

#### Basil Ocimum basilicum

Item No. **350029** 15 ml Whsl. \$240.00 Retail \$315.79 PV 24.75



Often used in massage or topically, Basil has a strong, spicy aroma that is invigorating to both body and spirit. Used topically, it can help refresh the mind and restore mental alertness.

#### Cedarwood Cedrus atlantica

Item No. **350929** 15 ml Whsl. \$110.00 Retail \$144.74 PV 11.25



Cedarwood has a warm cedar aroma. It is relaxing and soothing when used for massage. Cedarwood has a long history of use as a beneficial ingredient in cosmetic preparations for oily skin.

#### Clary Sage Salvia sclarea

Item No. **352129** 15 ml Whsl. \$460.00 Retail \$605.26 PV 47.50



Clary Sage essential oil has a mellow, warm, herbal scent that is uplifting and relaxing.



#### Clove Syzygium aromaticum

Item No. **352429** 15 ml Whsl. \$150.00 Retail \$197.37 PV 15.25



Clove has a sweet, spicy fragrance that is stimulating and revitalising and is an important ingredient in our Thieves blend.

**Caution:** Check with a physician before using if taking blood-thinning medication.



Item No. **343129** 15 ml Whsl. \$415.00 Retail \$546.05 PV 43



Copaiba is the only essential oil extracted through tapping, similar to how rubber and maple are obtained. Once tapped, the copaiba resin is distilled to produce a clear essential oil that has a rich, uplifting, woody scent.

**Caution:** Check with a physician before using if taking blood-thinning medication.

#### **Cypress** Cupressus sempervirens

Item No. **353029** 15 ml Whsl. \$190.00 Retail \$250.00 PV 19.25



Cypress is a fresh, herbaceous, slightly evergreen aroma that is refreshing and grounding.

#### **Dorado Azul**

Item No. **359829** 5 ml Whsl. \$285.00 Retail \$375.00 PV 29.50



Dorado Azul has an herbaceous scent and is for topical or aromatic use.

#### **Eucalyptus Radiata**

Item No. **353829** 15 ml Whsl. \$180.00 Retail \$236.84 PV 18.50



This variety is one of the most versatile of the eucalyptus oils and is suitable for topical use, diffusing, and even direct inhalation. It has long been an ingredient in some of Young Living's most popular blends.

#### Frankincense Boswellia carteri

Item No. **354829** 15 ml Whsl. \$700.00 Retail \$921.05 PV 71.75



Frankincense is a sweet, warm, balsamic aroma that is stimulating and elevating to the mind. Frankincense is also a valuable ingredient in skin care products for aging and dry skin. The ancient Egyptians used it in rejuvenation face masks.

#### Grapefruit Citrus paradisi

Item No. **356029** 15 ml Whsl. \$165.00 Retail \$217.11 PV 16.75



Grapefruit has a fresh, citrusy aroma that is energising and uplifting. Rich in the powerful antioxidant d-limonene, it is known for its skinsoothing properties.

**Caution:** Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

#### Helichrysum Helichrysum italicum

Item No. **356329** 5 ml Whsl. \$810.00 Retail \$1,065.79 PV 83.75



Helichrysum has a fresh, earthy, herbaceous scent that lifts the spirit. Helichrysum flowers are commonly called Everlasting or Immortelle.

#### Idaho Blue Spruce Picea pungens

Item No. **309329** 5 ml Whsl. \$240.00 Retail \$315.79 PV 24.75



Idaho Blue Spruce is an exclusive oil that is distilled directly from Young Living's St. Maries farm in Idaho. This versatile oil contains high percentages of alphapinene and limonene, with a pleasing evergreen aroma.

#### Lavender Lavandula angustifolia

Item No. **357529** 15 ml Whsl. \$230.00 Retail \$302.63 PV 23.50



Lavender has a fresh, sweet, floral, herbaceous aroma that is soothing and refreshing. Because it is the most versatile of all essential oils, no home should be without it. Lavender is highly regarded for skin and beauty.

#### Lemon Citrus limon

Item No. **357829** 15 ml Whsl. \$110.00 Retail \$144.74 PV 11.25



Lemon is a highly popular oil and has a strong, clean, purifying citrus scent that is revitalising and uplifting.

**Caution:** Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

#### Marjoram Origanum majorana

Item No. **358429** 15 ml Whsl. \$340.00 Retail \$447.37 PV 34.75



Marjoram has a woody, spicy aroma. A calming oil, it has a warming effect on both mind and body.

#### Melaleuca Alternifolia

Item No. **358729** 15 ml Whsl. \$255.00 Retail \$335.53 PV 26



Melaleuca Alternifolia is highly regarded as an essential oil with a wide range of uses. It can be beneficial for the skin.

#### Myrrh Commipihora myrrha

Item No. **359329** 15 ml Whsl. \$625.00 Retail \$822.37 PV 64.75



Myrrh has a rich, smoky, balsamic aroma that is purifying, restorative, revitalising and uplifting.

#### Ocotea Ocotea quixos

Item No. **355629** 5 ml Whsl. \$340.00 Retail \$447.37 PV 34.75



Extracted from an Ecuadorian tree, Ocotea has high levels of alpha humulene.

**Caution:** Possible skin sensitivity. Keep out of the reach of children. If you are pregnant, nursing, taking medication, or have a medical condition please consult a healthcare practitioner prior to use.

#### Orange Citrus sinensis

Item No. 360229 15 ml Whsl. \$105.00 Retail \$138.16 PV 10.75



Orange has a rich, citrusy scent that lifts the spirit while providing a calming influence.

**Caution:** Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.



#### Oregano Origanum compactum

Item No. **360529** 15 ml Whsl. \$270.00 Retail \$355.26 PV 27.75



Oregano has a heavy, spicy, pungent aroma that helps create feelings of security.



#### Peppermint Mentha piperita

Item No. **361429** 15 ml Whsl. \$210.00 Retail \$276.32 PV 21.50



Peppermint has a strong, clean, fresh, minty aroma and is one of the oldest and most highly regarded herbs.

#### Rosemary Rosmarinus officinalis

Item No. **362629** 15 ml Whsl. \$145.00 Retail \$190.79 PV 14.75



Rosemary has a fresh, herbaceous, sweet, slightly medicinal aroma.

Caution: Do not use on children under 4 years of age.

#### Sandalwood Santalum album

Item No. **363429** 5 ml Whsl. \$865.00 Retail \$1,138.16 PV 89.75



Used traditionally as incense in religious ceremonies and for meditation, Sandalwood is uplifting and relaxing. It is valued in skin care for its moisturising and normalising properties.

#### Thyme Thymus vulgaris

Item No. **365029** 15 ml Whsl. \$330.00 Retail \$434.21 PV 33.75



Revered since ancient times, Thyme has a spicy, warm, herbaceous aroma that is both powerful and penetrating.

#### Wintergreen Gaultheria procumbens

Item No. **365829** 15 ml Whsl. \$175.00 Retail \$230.26 PV 17.75



Wintergreen has a sweet, minty scent. It contains the same active ingredient (methyl salicylate) as birch and is commonly used in massage to soothe.

#### Ylang Ylang Cananga odorata

Item No. **365929** 15 ml Whsl. \$395.00 Retail \$519.74 PV 40.75



Ylang Ylang is a sweet, flowery fragrance whose relaxing properties have made it a romantic favourite.



# Essential Oil Blends

The efficacy and harmony of the oils is of the utmost importance when developing an essential oil blend. Young Living's years of rigorous research combined with extensive lab testing and farming expertise means every essential oil blend contains complementary constituents that deliver the expected result. To meet such demanding standards, Gary Young oversees the development and formulation of Young Living's unique essential oil blends.



Helichrysum

#### Abundance™

Item No. **330029** 15 ml Whsl. \$325.00 Retail \$427.63 PV 33.25



Abundance was created to enhance the frequency of the harmonic magnetic energy field that surrounds us. This higher frequency creates what is called "the law of attraction", which refers to the things we attract to ourselves.

**Essential oils:** Orange, frankincense, patchouli, clove, ginger, myrrh, cinnamon bark, spruce

#### **Citrus Fresh™**

Item No. **331829** 15 ml Whsl. \$150.00 Retail \$197.37 PV 15.25



Citrus Fresh is a relaxing, calming blend loved by children and adults alike and can cleanse the air of unsavoury odours.

**Essential oils:** Orange, grapefruit, mandarin, tangerine, lemon, spearmint

**Caution:** Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

#### **Aroma Siez™**

Item No. **330929** 15 ml Whsl. \$305.00 Retail \$401.32 PV 31.50



Aroma Siez was designed for massaging away muscle and body discomfort associated with exercise. It also provides soothing comfort for head, neck, and tired feet.

**Essential oils:** Basil, cypress, peppermint, lavender, marjoram

#### Di-Gize™

Item No. **332429** 15 ml Whsl. \$320.00 Retail \$421.05 PV 32.75



Di-Gize is a blend of pure tarragon, ginger, peppermint, and other essential oils that may have a calming or soothing effect.

**Essential oils:** Tarragon, ginger, peppermint, juniper, fennel, lemongrass, anise, patchouli

#### Joy™

Item No. **337229** 15 ml Whsl. \$385.00 Retail \$506.58 PV 39.75



Joy is a luxuriously exotic blend with uplifting overtones that bring joy to the heart. When diffused, it can be refreshing and uplifting.

Essential oils: Geranium, jasmine\*, roman chamomile, rosewood, palmarosa, rose, lemon, bergamot, mandarin, ylang ylang

#### Melrose™

Item No. **337829** 15 ml Whsl. \$175.00 Retail \$230.26 PV 17.75



Melrose provides a protective barrier against skin challenges. When diffused, Melrose can help dispel odours.

**Essential oils:** Rosemary, clove, niaouli, melaleuca alternifolia

#### **PanAway**

Item No. **339029** 15 ml Whsl. \$720.00 Retail \$947.37 PV 74.50



PanAway was created by Gary Young following a severe injury to the ligaments in his leg. It contains wintergreen and clove essential oils.

**Essential oils:** Wintergreen, helichrysum, clove, peppermint

#### **Peace & Calming**

Item No. **339329** 15 ml Whsl. \$320.00 Retail \$421.05 PV 32.75



Peace & Calming is a gentle, fragrant blend. When diffused, it helps uplift the spirit and promote relaxation and a deep sense of peace.

**Essential oils:** Tangerine, blue tansy, patchouli, ylang ylang, orange

#### **Purification**

Item No. **339929** 15 ml Whsl. \$185.00 Retail \$243.42 PV 18.75



Purification can be used directly on the skin. When diffused, it helps to cleanse the air from cigarette smoke and disagreeable odours.

**Essential oils:** Citronella, lavandin, melaleuca alternifolia, rosemary, lemongrass, myrtle

#### Raven™

Item No. **340229** 15 ml Whsl. \$340.00 Retail \$447.37 PV 34.75



Raven is a combination of deeply soothing essential oils.

**Essential oils:** Ravensara, wintergreen, eucalyptus radiata, lemon, peppermint

#### R.C.™

Item No. **340529** 15 ml Whsl. \$215.00 Retail \$282.89 PV 21.75



R.C. contains the powerful essential oils eucalyptus globulus and eucalyptus radiata to create an exhilarating blend.

**Essential oils:** Marjoram, eucalyptus globulus, eucalyptus citriodora, eucalyptus radiata, peppermint, cypress, spruce, pine, myrtle, lavender

#### **Thieves**

Item No. **342329** 15 ml Whsl. \$330.00 Retail \$434.21 PV 33.75



The Thieves blend combines pure clove, cinnamon bark, rosemary, lemon, and eucalyptus (E. radiata) essential oils, and has inspired an entire line of natural home and body products, including oral care, hand care, and household cleaning solutions.

**Essential oils:** Clove, rosemary, eucalyptus radiata, cinnamon, lemon

#### **Valor**

Item No. **342929** 15 ml Whsl. \$215.00 Retail \$282.89 PV 21.75



Valor, an empowering combination of essential oils with a strengthening and uplifting aroma, is perfect for helping you feel confident in difficult situations.

**Essential oils:** Spruce, blue tansy, rosewood, frankincense

#### White Angelica™

Item No. **343229** 15 ml Whsl. \$580.00 Retail \$763.16 PV 59.75



White Angelica is a calming and soothing blend that encourages feelings of security. Many people use it as protection against negative energy.

**Essential oils:** Bergamot, rosewood, melissa, geranium, ylang ylang, rose, myrrh, spruce, sandalwood, hyssop

# Essential Living

Natural plant extracts have long been regarded for their tremendous skin-rejuvenating benefits. Young Living's premium face creams, cleansers, and toners combine quality plants, botanicals, and the added benefit of pure essential oils. These exclusive skin-care products offer a wide range of benefits, including reduced signs of aging, deep conditioning, cleansing, hydration, relief from multiple skin irritations, and much more. Young Living has the perfect natural skin-care solution for every skin type.

#### **Progessence™ Phyto Plus**

Item No. **464029** 15 ml Whsl. \$365.00 Retail \$480.26 PV 37.50



Progessence Phyto Plus contains a high quality wild yam extract optimally blended with vitex oil and essential oils. Specially formulated by D. Gary Young, ND, and Dan Purser, MD, Progessence Phyto Plus maximises the effects of wild yam extract and vitex oil by utilising an innovative suspension system. The first-ever skin serum of its kind on the market, this essential oil-infused product enhances moisture absorption through the skin and contains pure frankincense, bergamot, and peppermint essential oils.

#### Stress Away™ Roll-On

Item No. **447229** 10 ml Whsl. \$240.00 Retail \$315.79 PV 24.75



This unique blend of vanilla, lime, copaiba, and other pure essential oils helps relieve daily stress, encourages relaxation.

**Caution:** Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult a healthcare practitioner prior to use. Possible skin sensitivity. Do not apply to sensitive tissues. Not intended for children.

#### **Everyday Oils Kit**

Item No. **369529** Whsl. \$1,175.00 Retail \$1,546.05 PV 121.25



The Everyday Oils collection is ideal for making oils an essential part of your day, every day.

#### Nine 5ml bottles:

Frankincense, Lemon, Lavender, Peppermint, Purification, Panaway, Peace & Calming, Thieves, Valor

#### Raindrop Technique™ Kit



Item No. **313729** Whsl. \$1,205.00 Retail \$1,585.53 PV 124.25

Raindrop Technique collection combines the art of aromatherapy with the technique of Vita Flex in the application of essential oils to various areas of the body. Refer to individual oils for specific benefits.

Nine 5ml bottles: Aroma Siez, Marjoram, Thyme, Basil, Oregano, Valor, Cypress, Peppermint, Wintergreen and Two 236 ml bottles (Ortho Ease™ Massage Oil and V-6™ Enhanced Vegetable Oil Complex)

#### **Ortho Ease Massage Oil**

Item No. **303329** 236 ml Whsl. \$340.00 Retail \$447.37 PV 34.75



A soothing massage oil with a warming sensation.

**Essential oils:** Wintergreen, thyme, eucalyptus globulus, juniper, lemongrass, eucalyptus radiata, peppermint, marjoram, vetiver

#### **Ortho Sport Massage Oil**

Item No. **303229** 236 ml Whsl. \$340.00 Retail \$447.37 PV 34.75



Ortho Sport Massage Oil is designed to massage away muscle and body discomfort associated with exercise. It combines pure vegetable oil with oils such as Wintergreen, Peppermint, Thyme, Oregano, and Vetiver.

**Essential oils**: Wintergreen, thyme, eucalyptus globulus, lemongrass, eucalyptus radiata, elemi, oregano, peppermint, marjoram, vetiver

#### V-6™ Enhanced Vegetable Oil Complex

Item No. **303129** 236 ml Whsl. \$215.00 Retail \$282.89 PV 21.75 Item No. **303029** refill 944 ml Whsl. \$485.00 Retail \$638.16 PV 48.75



V-6 Vegetable Oil Complex can be mixed with essential oils to create custom blends, formulas, and massage oils. This oil complex nourishes the skin, has a long shelf life, doesn't clog pores, and will not stain clothes.



# Diffuser

Young Living diffusers are designed to help you enjoy the aromatic benefits of essential oils without damaging their active constituents. Disperse Young Living's pure, powerful essential oils into the air in a cool, micro-fine vapour and enjoy!



#### **Home Diffuser**

Item No. **458929** Whsl. \$735.00 Retail \$967.11 PV 37.50



Young Living's beautifully designed Home Diffuser combines the benefits of a humidifier, air purifier, atomizer, and aromatherapy diffuser into one easy-to-use product. Its ultrasonic technology disperses a mixture of water and your favorite essential oils into the air, creating an invigorating, spa-like environment in your home or office. The Home Diffuser is also easy to clean and features light effects and an automatic shutoff.

Includes: Lavender 5ml and Citrus Fresh 5ml

## **Thieves**

The unique Thieves blend combines pure clove, L cinnamon bark, rosemary, lemon, and eucalyptus (E. radiata) essential oils. This popular blend has inspired an entire line of natural home and body products, including oral care, hand care, and household cleaning solutions.

#### Thieves Dentarome Ultra Toothpaste

Item No. **374429** 118 g Whsl. \$85.00 Retail \$111.84 PV 8.75



Thieves Dentarome Ultra Toothpaste is an advanced formula of all-natural ingredients that gently cleans your teeth while harnessing the power of pure Thieves essential oil blend for fresh breath.

Essential oils: Peppermint, clove, eucalyptus globulus, thieves, thyme, wintergreen



#### **Thieves Foaming Hand Soap**

Item No. **367429** 236 ml Whsl. \$120.00 Retail \$157.89 PV 11.75 Item No. **364329** 3 pk. Whsl. \$325.00 Retail \$427.63 PV 32.25 Item No. **359429** refill 946 ml Whsl. \$350.00 Retail \$460.53 PV 35



Thieves Foaming Hand Soap will cleanse, defend, and condition the skin with the essential oil blend Thieves, pure lemon and orange essential oils, aloe, Ginkgo biloba, and vitamin E. Dispenses in a rich foam.

**Essential oils:** Thieves

#### **Thieves Fresh Essence Plus Mouthwash**

Item No. **368329** 236 ml Whsl. \$110.00 Retail \$144.74 PV 11



Thieves Fresh Essence Plus Mouthwash contains a special formulation of essential oils that gives you incredibly fresh breath.

Essential oils: Thieves, spearmint, peppermint, vetiver

#### **Thieves Household Cleaner**

Item No. **374329** 428 ml Whsl. \$220.00 Retail \$289.47 PV 22



Experience the wonder of Thieves Household Cleaner, as tough stains and problem areas in your home become simple and easy to clean without using harsh or abrasive chemicals.

**Essential oils:** Thieves

#### **Thieves Spray**

Item No. **326529** 29.5 ml Whsl. \$90.00 Retail \$118.42 PV 9 Item No. **326629** 3 pk. Whsl. \$235.00 Retail \$309.21 PV 23.75



Thieves Spray is ideal for use on door handles, toilet seats, and any surface that needs cleansing.

Essential oils: Thieves

Caution: Not for use on infants or on sensitive areas of the body.

#### Thieves Waterless Hand Purifier

Item No. **362129** 29.5 ml Whsl. \$50.00 Retail \$65.79 PV 5 Item No. **362229** 3 pk. Whsl. \$135.00 Retail \$177.63 PV 13.75



As an all-natural product, Thieves Waterless Hand Purifier promotes good hygiene by cleaning and refreshing the hands without the use of water anytime, anywhere.

Essential oils: Clove, cinnamon, rosemary, lemon, peppermint, eucalyptus radiata



NingXia Red is a proprietary drink containing essential oils, renowned wolfberry purée from China's Ningxia province, and a variety of vitaminrich whole fruits such as raspberries, blueberries, and pomegranates.

Ningxia Wolfberries

#### NingXia Red™

Item No. **304229** 2 pk., 750 ml ea. Whsl. \$675.00 Retail \$888.16 PV 67

Item No. **304429** 4 pk., 750 ml ea. Whsl. \$1,215.00 Retail \$1,598.68 PV 120

Item No. **304529** 6 pk., 750 ml ea. Whsl. \$1,795.00 Retail \$2,361.84 PV 177

Item No. 304629 8 pk., 750 ml ea. Whsl. \$2,335.00 Retail \$3,072.37 PV 230



Energise, fortify, and replenish with NingXia Red, the naturally delicious, nutrient-infused wolfberry drink. Step up to a whole new level of health with NingXia Red.

#### NingXia Red<sup>™</sup> Singles

Item No. **352529** 30 ct., 60 ml ea. Whsl. \$795.00 Retail \$1,046.05 PV 79.75 Item No. **352629** 60 ct., 60 ml ea. Whsl. \$1,550.00 Retail \$2,039.47 PV 155.75 Item No. **352329** 90 ct., 60 ml ea. Whsl. \$2,305.00 Retail \$3,032.89 PV 231.75



Attractive, 60-ml packets are ideal for introducing the naturally delicious NingXia Red. Tough, small pouches protect the powerful benefits of the NingXia wolfberry. Throw them in your purse or backpack, or give them as samples to friends, family, and interested consumers.

#### NingXia Red<sup>™</sup> Leaflet

Item No. 495229 (Chinese) 10 pk. Whsl. \$30.00 Retail \$39.47 PV 0



The NingXia Red leaflet informs and delights with the latest research information about the power of NingXia Red. Great for displaying or handing out, this booklet is sure to attract attention.

#### **Essential**

# Education

oung Living's products and business opportunity provide an excellent benefit and lifestyle that you will love sharing with your friends and family. Educating yourself is the first step in changing your life and the lives of others. The tools in these pages provide valuable information on everything from top-selling products to structuring your organisation. The more you know, the easier it is to help yourself and others reach purpose and abundance.

#### **Compensation Plan Leaflet**

Item No. **472029** (Chinese) 25 pk. Whsl. \$25.00 Retail \$32.89 PV 0



The Compensation Plan Leaflet provides an overview of Young Living's generous compensation plan and bonus opportunities.

### Everyday Essentials Booklet Item No. 492129 (Chinese) 25 pk. Whsl. \$120.00 Retail \$157.89 PV 0



The Everyday Essentials booklet is the perfect introduction to Young Living's oils, and is the ideal tool for sharing our most popular essential oils.

#### **Product Guide**

Item No. 385629 (English) 10 pk. Whsl. \$145.00 Retail \$190.79 PV 0 Item No. **385029** (Chinese) 10 pk. Whsl. \$145.00 Retail \$190.79 PV 0



With beautiful photographs and detailed descriptions, the Product Guide makes it easy for you to share Young Living's products with others.

#### **Thieves Booklet**

Item No. **349029** (Chinese) 25 pk. Whsl. \$65.00 Retail \$85.53 PV 0



The Thieves booklet is a comprehensive look at Young Living's Thieves line, complete with a history of the oil blend, and how to use each Thieves product.

#### Seed to Seal™ DVD

Item No. **454729** (English) single Whsl. \$20.00 Retail \$26.32 PV 0



The Seed to Seal DVD explains Young Living's unique, five step Seed to Seal process and how each step ensures the quality of our essential oils. Gain credibility when speaking about the competitive advantages and superior quality exclusive to Young Living essential oils and oil enhanced products.

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## How to Order

#### Order your favourite Young Living products quickly and hassle free:

- 1. Contact your local Young Living distributor.
- 2. Call our International Support Department at 800.763.9963 or e-mail HK@youngliving.com.
- 3. Visit www.youngliving.com for more information.
- 4. Email HK@youngliving.com to contact the Hong Kong office.

#### Do not forget the added benefits of becoming a Young Living Distributor:

- 24 percent off retail pricing.
- Reduced shipping and free product when you enroll in the monthly Essential Rewards programme.
- The ability to earn commissions and bonuses through Young Living's lucrative compensation plan.





Young Living Hong Kong Limited Room 1702, 17/F East Exchange Tower 38 Leighton Road Causeway Bay, Hong Kong

For more information, please contact this Young Living distributor:

